

B U S I N E S S L U N C H E S

EMERALD MENU

HEALTHY OPTIONS

SALAD BOWLS

from £7.99^{inc VAT} PER PERSON
MINIMUM ORDER: FOUR BOWLS

OPTION 1: Individual salads bowls.

Choice of Salad Options:

Grilled chicken, chilli chicken; oriental salt and pepper chicken; BBO chicken; Chinese chicken; Coronation chicken; ham; bacon; Caesar; brie (V); mature Cheddar (V); tuna; egg (V); plain (V); beetroot, goats cheese and walnut (V); brie and grape (V); tomato, basil and mozzarella (V); beetroot and orange (V). For mackerel, smoked salmon or prawns please add £3.00 plus VAT per salad.

Optional Salad Dressings

Balsamic Vinegar	Mayonnaise	Salad Cream
Olive Oil	French	
Caesar dressing	Marie Rose	
Honey and Mustard	Honey	

POKE BOWLS

from £8.95^{inc VAT} PER PERSON
MINIMUM ORDER: FOUR BOWLS

OPTION 2: Individual poke bowls.

Either mixed leaves, rice noodles, protein noodles, egg noodles, Singapore noodles, steamed rice. Mixed vegetables.

with either:

Chinese chicken; chicken in soy sauce; oriental salt and pepper chicken; Coronation chicken; Teriyaki chicken; sweet chilli chicken; hot chilli chicken; black bean chicken; sweet chilli prawns; Chinese prawns; prawns in soy sauce; oriental salt and pepper prawns; Teriyaki prawns; savoury rice with vegetables (V); steamed rice with peppers, sweetcorn and carrot (V); wild rice with vegetables (Ve); noodles with spring onion, carrot, cabbage and peppers (Ve) Tofu (Ve)

PLEASE BE ADVISED

We are able to cater for all types of dietary requirements and allergens including gluten-free, dairy-free, lactose-free, egg-free, nut-free, halal or any other specific requirements. To ensure we can prepare a suitable meal for you, please inform us of your dietary requirements or allergens when placing your order. We will prepare a separate meal for you that is equivalent to the menu you have selected. Please note that depending on the number of guests and menu, there may be an additional cost for this.



PLANT BASED MENUS

PLANT BASED SAPPHIRE MENU

TWO SAVOURIES

FOUR SAVOURIES

from £8.49^{LV+} PER PERSON
MINIMUM ORDER: TEN PEOPLE

from £9.95^{LV+} PER PERSON
MINIMUM ORDER: TEN PEOPLE

Selection of freshly made sandwiches with vegan fillings.

Vegan crisps.

Choice of Two or Four Savoury Items:

Spinach bites; falafels; pakoras; onion bhajis; broccoli and purple carrot bites; meat free chicken nuggets; meat free sausage rolls; bubble and squeak bites; garlic mushrooms; vegetable spring rolls; vegetable samosas; no duck spring rolls; no-prawn tempuras.

Fresh fruit platter; fruit bowl or Vegan cake.

PLANT BASED RUBY MENU

from £14.99^{LV+} PER PERSON
MINIMUM ORDER: TEN PEOPLE

Selection of freshly made sandwiches with vegan fillings.

Vegan crisps.

Choice of Six Savoury Items:

Spinach bites; falafels; pakoras; onion bhajis; broccoli and purple carrot bites; meat free chicken nuggets; meat free sausage rolls; bubble and squeak bites; garlic mushrooms; vegetable spring rolls; vegetable samosas; no duck spring rolls; no-prawn tempuras..

Fresh fruit platter, fruit bowl or crudities with hummus dip.

Vegan cake.

