

Sytrinol



Beyond Statins: A Smarter Approach to Heart Health with GLP-1s + Sytrinol® LNA

For decades, statins and niacin have been the go-to options for lowering cholesterol. But the truth is, both have serious limitations:

- **Statins** often cause muscle pain, fatigue, and other side effects.
- **Niacin** can only work at very high doses—doses that most people can't tolerate.
- **Low-dose alternatives** often don't make a real impact.
- And worst of all, many of these treatments don't address the **root causes** of poor heart health.

That's why forward-thinking practices like **Total Body Health** are turning to a smarter combination: **GLP-1 medications (like Tirzepatide)** plus **Sytrinol® LNA**.

This dual-pathway approach tackles heart health from both the metabolic level and the molecular level—without the trade-offs of statins.

The Dual Power of GLP-1s + Sytrinol® LNA

GLP-1 medications (such as semaglutide and tirzepatide) are already well-known for improving blood sugar and helping with weight loss. Additionally, they also enhance the


body’s lipid-buffering capacity, meaning they help fat stay in the right places (like adipose tissue) instead of building up in organs or blood vessels. This lowers inflammation and cardiovascular risk.

When combined with **Sytrinol® LNA**, the benefits go much deeper:

- Sytrinol’s natural compounds (polymethoxylated flavones and tocotrienols) directly lower LDL cholesterol and triglycerides.
- Together, GLP-1s and Sytrinol LNA work to reduce cardiovascular risk at both the system-wide and cellular levels.


How Sytrinol® LNA Works

Sytrinol® LNA isn’t just another supplement. It’s a triple-mechanism lipid optimizer, designed to improve cholesterol, triglycerides, and overall vascular health through three synergistic ingredients.




Leucine (1.1 g)
The Metabolic Activator

- Activates SIRT1, a longevity enzyme that improves metabolic flexibility
- Enhances insulin sensitivity and energy use
- Mimics the protective effects of exercise on the heart



Nicotinic Acid (low-dose, high-efficiency)
The Triglyceride Controller

- Lowers triglyceride production in the liver
- Reduces VLDL (a type of bad cholesterol particle)
- Increases fat burning without the risks linked to high-dose niacin



Polymethoxylated Flavones & Tocotrienols
The LDL Reducers

- Lower LDL cholesterol and triglycerides by targeting HMG-CoA reductase (the same enzyme targeted by statins)
- Support blood vessel health with

Why ApoB Matters Most

While many people focus only on LDL or “total cholesterol,” the most accurate predictor of heart disease is actually **ApoB**—a protein found in the particles that cause plaque buildup.

Clinical research shows that Sytrinol® LNA can help:

- Reduce ApoB levels
- Improve cholesterol ratios (higher HDL, lower LDL)
- Lower triglycerides
- Enhance metabolic flexibility

When used alongside GLP-1 therapy, this protocol can significantly cut the risk of heart attacks, strokes, and vascular disease.

Why This Approach Works When Others Don’t

Unlike statins or high-dose niacin, this protocol:

- Uses **natural nutrient signaling** to optimize lipid metabolism.

- Avoids common side effects like muscle pain, insulin resistance, or flushing.
- Provides **deeper cardiovascular protection** by targeting multiple pathways at once.

In short, it's a smarter, safer, and more effective way to protect your heart.

Patient-Friendly FAQ

1. What is Sytrinol® LNA?

It's a clinically developed formula that combines leucine, nicotinic acid (at safe, low doses), and plant compounds (flavones and tocotrienols) to optimize cholesterol and triglycerides naturally.

2. How is this different from taking a statin?

Statins work only on one pathway and often cause side effects. Sytrinol® LNA works on three pathways at once—improving cholesterol, triglycerides, and metabolic health—without muscle pain or fatigue.

3. Can I use this with a GLP-1 medication like semaglutide or tirzepatide?

Yes. In fact, the two work best together. GLP-1s improve how the body stores and uses fat, while Sytrinol® LNA directly lowers cholesterol and triglycerides.

4. How soon will I see results?

Some patients notice changes in energy and metabolism within weeks. Blood tests usually confirm improved lipid markers after 8–12 weeks.


5. Is it safe?

Yes. The ingredients in Sytrinol® LNA are well-studied and well-tolerated. Always check with your doctor before making changes to your protocol.

Take the Next Step with Total Body Health

Dr. Greene and his team specialize in advanced, functional medicine—helping patients lower cardiovascular risk, optimize metabolism, and extend their healthspan using evidence-based, precision protocols.

If you're ready to go beyond statins and finally optimize your heart health at the root level, **Sytrinol® LNA protocols are available through Dr. Kevin Greene and Total Body Health.**

 **Ask Total Body Health about GLP-1 + Sytrinol® LNA today—and take the first step toward statin-free, heart-smart health optimization.**

Total Body Health

(860) 249-6579

Bristol, CT

Delray Beach, FL