

# Our Lady of Perpetual Help Parish



## ***Parish Mission Statement***

*Our Lady of Perpetual Help Catholic Parish is a faith-filled community for all cultures and ages dedicated to Building the Kingdom of God. We come closer to God by following Jesus Christ through His Word and the Sacraments. Through the Holy Spirit and with the intercession of our Blessed Mother, we provide a sense of belonging to all God's people through prayer, service, and the sharing of our gifts for the praise and glory of God.*

## 4TH SUNDAY IN ORDINARY TIME FEBRUARY 1, 2026



### Liturgical Readings

**Monday, February 2**  
**The Presentation of the Lord (Feast)**  
1st Reading: Malachi 3: 1-4  
2nd Reading: Hebrews 2: 14-18  
Gospel: Luke 2: 22-40

**Tuesday, February 3**  
1st Reading: 2 Samuel 18: 9-10, 14, 24-25, 30: 19: 3  
Gospel: Mark 5: 21-43

**Wednesday, February 4**  
1st Reading: 2 Samuel 24: 2, 9-17  
Gospel: Mark 6: 1-6

**Thursday, February 5**  
**Saint Agatha, Virgin and Martyr (Memorial)**  
1st Reading: 1 Kings 2: 1-4, 10-12  
Gospel: Mark 6: 7-13

**Friday, February 6**  
**Saint Paul Miki and Companions, Martyrs (Memorial)**  
1st Reading: Sirach 47: 2-11  
Gospel: Mark 6: 14-29

**Saturday, February 7**  
1st Reading: 1 Kings 3: 4-13  
Gospel: Mark 6: 30-34

**Next Sunday's Readings**  
**February 8, 2026**  
**5th Sunday in Ordinary Time!**

1st Reading: Isaiah 58: 7-10  
2nd Reading: 1 Corinthians 2: 1-5  
Gospel: Matthew 5: 13-16

♦ **Fr. Edmundo Naceno Barut, Pastor** ♦ **Fr. Preston "PJ" Castro, Parochial Vicar**  
♦ **Eric Kim and Rey Dinulong, Ronald Paglinawan (Ret.) Deacons**

# THAT THEY MAY BE ONE!

## Our Lady of Perpetual Help Parish

**NEW** Office Hours: Monday-Friday, 9am-3pm  
Phone: (808) 689-8681 Weekends & Holidays: Closed

Fr. Edmundo Barut, Pastor, ext. 102  
Fr. Preston "PJ" Castro, Parochial Vicar, ext. 103  
Eric Kim, Deacon & Rey Dinulong, Deacon ext. 103  
Ron Paglinawan, Deacon (Ret.), ext. 100  
Mela Kim, Office Manager, ext. 101  
Emily Tui, Receptionist/Secretary, ext. 100  
Julia Torres, Director of Religious Education, ext. 107  
Edwin Albano, Book Keeper, ext. 104  
Hollie Arquette, Janitor & Lordy Luis, School Groundskeeper ext. 100

## OLPH Ministries & Groups

### LITURGICAL ACTIVITIES/MINISTRIES

Adoration w/Benediction, Every First Friday, 7am & Wednesday, 5pm (Ch)  
Infant Baptism, 1st Saturday of Month 1pm & 3rd Saturday of the Month 10am (Ch)  
Combined Choir Practice, (to be announced)  
Liturgy Committee Mtg, (to be announced)  
Marian Devotions & Novena to the Holy Trinity, 1<sup>st</sup> Saturday, 8:30am (Ch)  
Rosary to Our Lady of Perpetual Help, M-F 7:50am (Ch)  
Sacred Heart Society, 1st Sunday, 9:00am Mass (Ch)  
Samoan Choir practice, (to be announced)

### PARISH ADMINISTRATION

Staff Mtg, [as needed] (Parish Office)

### PARISH MAINTENANCE

Church Cleaning, Every Saturday morning after the 7:00am Mass (Ch)  
Parking Security (to be announced)  
Repair & Maintenance Committee (as needed)

### YOUNG MINISTRY

Life Teen (Grades 9-12) & Edge Ministry Sunday at 3pm (Church)

### RELIGIOUS EDUCATION CLASSES

Evangelization Team Meeting  
RCIA-Adults Every Saturday, 3pm (School Lanai)  
Religious Ed. Classes, PreK-8<sup>th</sup>, Every Sunday, 12:30pm (Church)

### RELIGIOUS ORGANIZATIONS

Filipino Catholic Club, 1st Sunday - 8:15am (School Lanai)  
Knights of Columbus, 1<sup>st</sup> Saturday - 9am (Conf. Rm 2)  
Samoan Ministry (to be announced)

### SOCIAL MINISTRIES

Bereavement Ministry  
Food Distribution, Last Saturday, 9:00am-11:00am (School ground)  
Health Ministry, Blood Pressure Screening every 3rd Sunday @ All Masses (Ch)  
Non-Perishable Food Collection, Every Saturday & Sunday, All Masses (Ch)  
Respect Life Ministry (to be announced)  
Seniors Exercise (low impact), Every Thursday, 9:00am (Conf. Rm 2)

Interested in joining a ministry? Please call the Church Office for more information and Point of Contact Person.

## Parish Schedule This Week

### SUNDAY, February 1, 2026 4th Sunday in Ordinary Time

7am, 9am, 11am & 5pm Masses - (Ch)  
12:30pm: CCD Classes  
3:00pm: EDGE and LifeTeen

### MONDAY, February 2, 2026

7:50am: Rosary (Ch)  
8:15am: Sacrifice of the Holy Mass (Ch)

### TUESDAY, February 3, 2026

7:50am: Rosary (Ch)  
8:15am: Sacrifice of the Holy Mass (Ch)

### WEDNESDAY, February 4, 2026

7:50am: Rosary (Ch)  
8:15am: Sacrifice of the Holy Mass (Ch)

### THURSDAY, February 5, 2026

7:50am: Rosary (Ch)  
8:15am: Sacrifice of the Holy Mass (Ch)

### FRIDAY, February 6, 2026

7:50am: Rosary (Ch)  
8:15am: Sacrifice of the Holy Mass (Ch)

### SATURDAY, February 7, 2026

6:35am: Rosary (Ch)  
7:00am: Sacrifice of the Holy Mass (Ch)  
5:00pm: Vigil Mass (Ch)

### SUNDAY, February 8, 2026 5th Sunday in Ordinary Time!

7am, 9am, 11am & 5pm Masses (Ch)  
12:30pm: CCD Classes  
3:00pm: EDGE and LifeTeen

## *Mahalo For Sharing Your Treasures* January 17 & 18, 2026 Collections

Regular Offering	\$ 6,141.00
Mahele Na Makana Collection	\$ 1,388.00
<b>Sub Total:</b>	<b>\$ 7,529.00</b>
Building Fund (Envelopes)	\$ 1,465.00
Building Fund	\$ 75.00
Blessings	\$ 150.00
Church in Latin American Collection	\$ 40.00
Initial Offering Envelopes	\$ 20.00
Mass Intentions	\$ 750.00
Peter's Pence Collection	\$ 4.00
RE Congress Fund	\$ 270.00
Simbang Gabi	\$ 83.00
Sunday Offering - Loose	\$ 75.00

**Sub Total:** \$ 2,932.00  
**Total:** \$ 10,461.00

<>< ><> <>< ><> <><

*Thank you very much for your Stewardship*

## *Mahalo For Sharing Your Treasures*

### January 20-23, 2026 Collections - ParishSOFT

Regular Offering	\$ 5,166.50
Mahele Na Makana Collection	\$ 677.00
<b>Sub Total:</b>	<b>\$ 5,843.50</b>
Building Fund ParishSOFT Weekly	\$ 80.00
Building Fund ParishSOFT	\$ 2,170.00
Church in Latin America Collection	\$ 25.00
RE Congress	\$ 10.00
Solemnity of Mary	\$ 90.00
<b>Sub Total:</b>	<b>\$ 2,375.00</b>
<b>Total:</b>	<b>\$ 8,218.50</b>

January 17 & 18, 2026 Collections: 10,461.00  
January 20 - 23, 2026 Collections: 8,218.50

**Grand Total:** \$ 18,679.50

## *Points of Reflection for the 4th Sunday in Ordinary Time* *February 1, 2026*

<> <> <> <> <> <> <> <> <>

- It's difficult to imagine a more countercultural way for Jesus to begin the first of his five sermons that make up Matthew's Gospel. At that time and as far back as Adam and Eve, poverty and misery were regarded as punishment for sin. These were signs that you certainly did not have God's blessing. To some extent this is still true, though our culture often puts the blame on the people themselves. In any case, no one who is poor in any way is usually considered blessed. But this is what Jesus leads with. Not only that, so are those in mourning, those too meek to get their way, victims of injustice, and so on. If God truly is blessing them, why are they still so misfortunate?
- Perhaps the answer is that the world does not see how God sees. The world sees the outward signs of a difficult life; God sees someone in need of grace and mercy. The wise person puts their trust in God, not trusting the fickle finger of fate, which could upend anyone's life at any time, but leaning on God to help them overcome their obstacles. In the end, God has come to save us, in the person of Jesus Christ. Thus, Jesus can tell his disciples that the kingdom of heaven awaits the poor and persecuted of the world.
- But it is in this world that Jesus is teaching his disciples how to live. He has just called them to leave everything behind and follow him. To the folks they left behind, it seemed a foolish thing to abandon their families, homes, and livelihoods to wander off without any concrete plans. But they have chosen to rely on God's grace instead of worldly possessions. As Paul later writes, he has made the same choice, enabling him to "boast in the Lord" (1 Corinthians 1:31).
- **Question of the Week**  
How will I allow myself to be meek, merciful, and poor in spirit, choosing to rely more often on God's grace?

From PASTORAL PATTERNS; Copyright © 2025 World Library Publications, a division of GIA Publications, Inc.,  
7404 South Mason Avenue, Chicago, IL 60638

## STEWARSHIP QUOTES

- Stewardship involves the conscientious, firm decision, carried out constantly in action; to conduct oneself as a follower of Jesus, regardless of the cost.
- "For He is a God who always repays and will give back to you sevenfold." (Sirach 35:13)

### Please Call the Office First

#### **Getting Married?**

Wedding preparations begin at least 6 months PRIOR to the actual wedding.

#### **Funeral Arrangements?**

Call WHEN you meet with the mortuary to make funeral arrangements.

#### **Homebound Ministry**

Inform the parish office with the name, address and phone number of the person who would like to receive Communion at home.

#### **Planning a Baptism**

Call BEFORE making any baptism celebration plans

### OLPH Parish Info

#### **Sunday Masses**

7am, 9am, 11am & 5pm

#### **Vigil Mass**

Saturday, 5pm

#### **Weekday Daily Masses**

Mon-Fri, 8:15am  
Saturday, 7am

#### **Holy Rosary**

Monday through Sunday preceding the daily and Sunday Masses

#### **Sacrament of Reconciliation**

Sat, 4p-4:30pm or by appointment

#### **Adoration with Benediction**

Every First Friday at 7am  
Every Wednesday at 5pm



# RELIGIOUS EDUCATION!!

*Congratulations  
Third Place Winner  
Our Lady of Perpetual Help*



March for Life 2026  
Pinwheel Display Contest  
January 23, 2026



Congratulations! Our parish won third prize in the Pinwheels Poster Contest. Thank you to all of you who planted pinwheels, especially our children from Religious Education. The "heart" poster in the background was prepared by our Pre-Kinder/Kinder class under Ms. Aileen Leonardo-Pila and Ms. Susan Marbella. Our "model" is Briella Alvarez, daughter of Oz and Melanie Alvarez.



**Our First Communicants  
preparing their banner!**



New Catechumens who were received into the Order of Catechumens has January 25, 2026 by Deacon Eric. Shown in the picture are Ezra Dy (next to Deacon) and Shane Quiambao. Please welcome them and pray for them as they continue with their faith journey.

Some members of our liturgical ministries who attended the Eucharist Retreat last January 24, 2026



## FOOD PANTRY

Please bring in your donations of

### CANNED FRUIT

*Thank you* for your kind generosity!

We also accept  
other non-perishable food items.

*Your donations of gently used paper  
GROCERY bags and plastic bags are  
greatly appreciated!*

## FISH FRY FRIDAYS

Lent is just around the corner! Honor your Lenten sacrifice by fasting from meat on the Fridays of Lent. The Knights of Columbus will be pre-selling Fish Bentos beginning next weekend. Purchase your tickets after any Mass on January 31<sup>st</sup> & February 1<sup>st</sup>, and February 14 & 15. First pick-up will be on Friday, February 20, 2026.

## ASH WEDNESDAY MASS SCHEDULE on February 18, 2026

Ash Wednesday is a universal day of fast and abstinence in the Church.

Distribution of Ashes will take place at the:

- 8:15am morning Mass
- 5pm afternoon Mass
- 7pm evening Mass

*Come, "Repent, and believe in the Gospel."*

## MASS INTENTIONS

*We pray for those who have gone before us. May their souls and all souls of the faithful departed through the mercy of God rest in peace. We also offer prayers for healing, thanksgiving or for what ever intentions one might need to offer during the sacrifice of the Mass.*

Saturday, January 31, 2026

**5:00pm:** +Victoriano C. Ramos, Sr., +Aniceto Ramos

**Prayer for Healing:** Shawn Ries

Sunday, February 1, 2026

**7am:** +Corazon Crisostomo

**9am:** *In Thanksgiving:* 45th Wedding Anniversary-Efren & Susan Valdez

**11am:** +Charles Herring, +Estanislao Gregorio, +Encarnacion Gregorio,  
+Alberta Gregorio

**5pm:** +Evarista Padron Baysa

*In Thanksgiving:* Corazon Alegre

Monday, February 2, 2026

**8:15am:** +Evarista Padron Baysa

Tuesday, February 3, 2026

**8:15am:** +Evarista Padron Baysa

Wednesday, February 4, 2026

**8:15am:** +Evarista Padron Baysa

Thursday, February 5, 2026

**8:15am:** *In Thanksgiving - Birthday:* Leslie Ragojo

Friday, February 6, 2026

**8:15am:** +Evarista Padron Baysa

Saturday, February 7, 2026

**8:15am:** +Peter Wokoun, Jr.

*We pray for those who have gone before us. May their souls and all souls of the faithful departed through the mercy of God rest in peace.*

*We also offer prayers for healing, thanksgiving, anniversaries or other good intentions one might need to offer during the sacrifice of the Mass.*



## MARCH FOR LIFE 2026



PLEASE READ!



## SPECIAL COLLECTION

Date: February 7 & 8, 2026

SHOW YOUR SUPPORT FOR CATHOLIC EDUCATION IN HAWAII - There are nearly 6,000 students in Hawaii Catholic Schools. Become our partner in Catholic education, support the Augustine Educational Foundation's Tuition Scholarship Program on February 7th & 8th. Money raised in this collection will go to support our parish and vicariate families with tuition assistance for the upcoming school year. You may visit the Augustine Educational Foundation online to make a gift or include your check in our parish's offertory. Join the Augustine Educational Foundation's campaign Make a Student Smile – Give the Gift of Catholic Education by making a gift! Mahalo!

*"Come Aside and Rest Awhile"*

SATURDAY, FEBRUARY 7, 2026  
8 A.M. - 3 P.M.  
ST. ANTHONY RETREAT CTR.  
3351 KALIHI ST, HONOLULU

*BCCH Annual 1-day Spiritual Retreat*

In the busyness of life, it's easy to forget that **the soul needs stillness**. Join us for a guided day of reflection, solitude, and community. Come with an open heart and be refreshed in God's presence.

- ✓ Quiet contemplation and gentle rest
- ✓ Escape the chaos, embrace the serenity
- ✓ Mindful moments, meaningful life

Fr. Kurt Meyer, Spiritual Presenter >>>

Basic Christian Community of Hawaii offers this 1-day retreat to the faithful of the Diocese of Honolulu.

ALL  
ARE  
W  
E  
L  
C  
O  
M  
E

**+ EADM**  
EUCHARISTIC APOSTLES OF THE DIVINE MERCY

**DIVINE MERCY**  
A WEEKEND OF GRACE  
ST. JOSEPH CHURCH WAIPAHU  
94-675 FARRINGTON HWY, WAIPAHU, HI  
**FEBRUARY 6 - 8, 2026**

Event Schedule:

**FRIDAY, FEBRUARY 6**

5pm - 6:20pm: Adoration, Rosary & Chaplet  
6:30pm - 7:30pm: Installation of the First Class of St. Faustina  
Main celebrant: Bishop Larry Silva  
Homily: Fr. Kazimierz Chwalek, MIC  
7:30pm - 7:45pm: Veneration of the First Class Relic  
7:45pm - 9:00pm: Dinner and fellowship

**SATURDAY, FEBRUARY 7**

7am - 7:30am: Morning Mass celebrated by Fr. Kaz  
8am - 9am: Confession to follow with Fr. Kaz  
9am - 9:45am: Talk by Fr. Kaz - "The Eucharist and Divine Mercy"  
10:15am - 11am: Talk by Fr. Kaz - "Divine Mercy and the Sacred Heart"  
11:15am - 11:45am: Witness Talk | Confession to follow with Fr. Kaz  
3:30pm: Closing  
6pm - 7pm: Vigil Mass celebrated by Fr. Kaz

**SUNDAY, FEBRUARY 8**

10am - 11am: Mass celebrated by Fr. Kaz  
12pm - 1pm: Mass celebrated by Fr. Kaz  
1:30pm: Talk by Fr. Kaz - "St. Faustina - Future Doctor of the Church"

CONTACT: Lumi Fernandez (808) 782-1854, Rose Aceret (808) 256-0725, mikmibologmail.com

ST. JOSEPH CHURCH WAIPAHU



# MASTER PLAN UPDATE

Earlier this year the Diocese converted over to new accounting software. Unfortunately, the conversion did not go smoothly, and we were unable to receive any financial data as they worked through the issues. A few weeks ago, we received data through September. Construction work continued during that time.

## A summary of the major milestones:

- Glu Lam beams have been erected & installed with the exception of those at the Narthex.
- Lower roofs have been sheathed with plywood and roof top AC curbs have been prepared in advance of TPO roofing.
- Electrical/Data Com/Fire Alarm/Security room:
  - ◇ HECO meter installed & inspected
  - ◇ Cabling from new transformer to meter completed
  - ◇ Awaiting HECO to power up to the meter
  - ◇ Initial coordination meeting with all service providers requiring rack/wall space
- High roof framing has commenced in preparation for plywood sheathing/roofing.
- Liturgical furnishings from Peru artisans received & stored.
- Altar, ambo, stations, crucifix, stained glass, mosaics for baptismal font
- Audio/Visual equipment ordered, received, and stored.

The table below summarizes the capital & liturgical campaign progress and financial status.

Capital Campaign Update As Of 9/30/25		
Capital Campaign Pledged Amount*	\$ 3,190,996.86	100%
Written Off	\$ 771,152.59	24.17%
Net Pledged Amount	\$ 2,419,844.27	75.83%
Total Collected	\$ 2,419,844.27	75.83%
Less: Campaign Fees	\$ 17,031.90	
Withdrawals**	\$ 2,413,247.74	
Cash Received After Cut-off	\$ -	
Account Balance	0	
Pledge Balance	\$ -	0.00%
*Includes Non-Pledge Gifts		

Building Fund		
Beginning Balance 9/1/25	\$ 1,011,882.84	
Deposits	\$ 13,187.01	
Withdrawals**	\$ -	
Interest Reinvested	\$ 864.63	
Total Building Fund	\$ 1,025,934.48	
<b>Building Fund &amp; Campaign Totals</b>	<b>\$ 1,605,037.57</b>	
** Project Management, Topographical, Geotechnical, Infiltration, & Hazmat Surveys. Capital Campaign & Architectural Design Permitting & Construction Startup. Liturgical Furnishings		

Liturgical Furnishings Campaign Update 9/30/25		
Furnishings Campaign Pledged Amount*	\$ 990,629.22	100%
Written Off	\$ 59,564.45	6.01%
Net Pledged Amount	\$ 931,064.77	93.99%
Total Collected	\$ 845,598.24	85.36%
Less: Campaign Fees	\$ 6,212.95	
Withdrawals**	\$ 251,054.88	
Cash Received After Cut-off		
Account Balance	\$ 579,103.09	
Pledge Balance	\$ 85,466.53	8.63%
*Includes Non-Pledge Gifts		



## The FILCOM Vision Center Dr. Calvin Alonzo, Optometrist

**(808) 677-7222**

WAIPAHAU – The Filipino Community Center  
94-428 Mokuola St., Ste 102

**(808) 847-7222**

HONOLULU – Kuakini Physician's Tower  
405 N. Kuakini St., Ste 605

Filipino Speaking  
Doctor and Staff

Most Insurances  
Accepted

Same Day &  
Walk-In Appts  
Available



## Armas Financial Services

### I can help with your:

- Medicare Advantage Plans
- Prescription Drug Plans
- Medicare Supplemental Plans
- Dental Plans & Vision Plans
- Life Insurance & Final Expense

**NO-Cost Consultation with  
NO Obligation to Enroll**



**Angie Armas**  
**808-382-6290**  
**8am - 5pm**

94-210 Pupukahi St. Ste. 203, Waipahu

## Shafer's Roofing

Cont. Lic. #BC-32095 • Fully Insured & Bonded

- Photovoltaic
- Residential Re-roofing
- Rain Gutters
- Roof Vents
- Roof Gardens
- Skylights
- Solar Shingles
- Solar Fans
- Service & Maintenance Programs
- Long Term/Extended Warranties
- Flexible Financing



**Bernadette  
Shafer Robins**  
President & RME  
Since 2000



In Loving  
Memory of  
Sam Shafer

\*Discount for Seniors & Parish Members\*  
**Residential • Commercial • New Construction**  
Proudly serving Hawaii for over 30 years  
**www.shaferroofing.com**  
**(808) 688-9082 • FREE ESTIMATES!**

## Professional Image

PRINTING • COPYING • GRAPHICS  
Making Hawaii Look Good In Print

- ◆ Color Copies
- ◆ B/W Copies
- ◆ Bindery/Finishing
- ◆ Litigation Copying
- ◆ Document Scanning
- ◆ Offset Printing
- ◆ Mounting, Laminating
- ◆ Oversize B/W & Color
- ◆ Graphic Design
- ◆ CD, DVD, USB Duplication
- ◆ U.S. Postal Service Partner

**KAPOLEI MARKETPLACE • 590 FARRINGTON HWY**  
**MON THRU FRI: 8AM-7PM • SAT: 9AM-4PM**  
**TEL: (808) 674-8388**  
**KAPOLEI@PROIMAGEHAWAII.COM**

## Funeral Photo & Video Services

"Preserve memories of the love shared, the stories told, & the legacy of loved ones."

Photography♥Videography  
Memorial Slideshow♥Drone

★Earn rewards for referrals

- \$150 for every successful photo AND video referral.
- \$100 for every successful photo OR video referral.

\*Rewards require a minimum 4-hour booking.\*

**www.visionaryviewsllc.com/funeral**



**Jerome Adarna Jr.**  
**(808)342-7508**  
Jerome@visionaryviewsllc.com



## WORSHIP, LIVE, LEARN, OR WORK IN WAIPAHAU?

Call and make an appointment to visit our caring, friendly staff at our Waipahu Community Office and become a member!

**Building Better Financial Futures**

Phone: **677-6206**  
94-226 Leoku St., #4,  
Waipahu, HI  
**www.mvfcu.coop**



**Alissa F. Jose**  
Assistant Office  
Manager

Email: [josea@mvfcu.coop](mailto:josea@mvfcu.coop)



## MILL TOWN DENTAL CLINIC

### OUR SERVICES :

- ✓ Family & Cosmetic Dentistry
- ✓ White Fillings, Same Day Crowns
- ✓ Digital Dental Office
- ✓ Metal Free Dentures
- ✓ Implants
- ✓ Invisalign

**(808) 678-8300**

Located at the  
**Filipino Community Center in Waipahu**



- Most Insurances Accepted, Including Devoted Plans
- Payment Options Available
- No Insurance, No Problem! Ask about our New Patient Special!

DR. MARILOU CABALO CABABAT



### OFFICE HOURS

Mon, Tue, Thurs, Fri  
8am-12pm and 1pm-5pm  
Closed Wednesday  
**Weekend Appointments Available**

This bulletin is made possible by your advertisers at **no cost** to the church. Please consider advertising and support the advertisers whenever possible.  
**Call 808-674-8388 for advertising space.**

**MATANUSKA VALLEY  
FEDERAL CREDIT UNION**

HAWAII ALASKA

Federally insured by NCUA



**Alissa F. Jose**  
Assistant Office  
Manager  
Email: [josea@mvfcu.coop](mailto:josea@mvfcu.coop)