

# Our Lady of Perpetual Help Parish



## ***Parish Mission Statement***

*Our Lady of Perpetual Help Catholic Parish is a faith-filled community for all cultures and ages dedicated to Building the Kingdom of God. We come closer to God by following Jesus Christ through His Word and the Sacraments. Through the Holy Spirit and with the intercession of our Blessed Mother, we provide a sense of belonging to all God's people through prayer, service, and the sharing of our gifts for the praise and glory of God.*

## 3RD SUNDAY IN ORDINARY TIME JANUARY 25, 2026



### Liturgical Readings

**Monday, January 26**  
**Saints Timothy and Titus, Bishops (Memorial)**  
1st Reading: 2 Timothy 1: 1-8  
Gospel: Mark 3: 22-30

**Tuesday, January 27**  
1st Reading: 2 Samuel 6: 12-15, 17-19  
Gospel: Mark 3: 31-35

**Wednesday, January 28**  
**Saint Thomas Aquinas, Priest and Doctor of the Church (Memorial)**  
1st Reading: 2 Samuel 7: 4-17  
Gospel: Mark 4: 1-20

**Thursday, January 29**  
1st Reading: 2 Samuel 7: 18-19, 24-29  
Gospel: Mark 4: 21-25

**Friday, January 30**  
1st Reading: 2 Samuel 11: 1-4, 5-10, 13-17  
Gospel: Mark 4: 26-34

**Saturday, January 31**  
**Saint John Bosco, Priest (Memorial)**  
1st Reading: 2 Samuel 12: 1-7, 10-17  
Gospel: Mark 4: 35-41

**Next Sunday's Readings**  
**February 1, 2026**  
**4th Sunday in Ordinary Time!**

1st Reading: Zephaniah 2: 3; 3: 12-13  
2nd Reading: 1 Corinthians 1: 26-31  
Gospel: Matthew 5: 1-12

♦ **Fr. Edmundo Naceno Barut, Pastor** ♦ **Fr. Preston "PJ" Castro, Parochial Vicar**  
♦ **Eric Kim and Rey Dinulong, Ronald Paglinawan (Ret.) Deacons**

# THAT THEY MAY BE ONE!

## Our Lady of Perpetual Help Parish

**NEW** Office Hours: Monday-Friday, 9am-3pm  
Phone: (808) 689-8681 Weekends & Holidays: Closed

Fr. Edmundo Barut, Pastor, ext. 102  
Fr. Preston "PJ" Castro, Parochial Vicar, ext. 103  
Eric Kim, Deacon & Rey Dinulong, Deacon ext. 103  
Ron Paglinawan, Deacon (Ret.), ext. 100  
Mela Kim, Office Manager, ext. 101  
Emily Tui, Receptionist/Secretary, ext. 100  
Julia Torres, Director of Religious Education, ext. 107  
Edwin Albano, Book Keeper, ext. 104  
Hollie Arquette, Janitor & Lordy Luis, School Groundskeeper ext. 100

## OLPH Ministries & Groups

### LITURGICAL ACTIVITIES/MINISTRIES

Adoration w/Benediction, Every First Friday, 7am & Wednesday, 5pm (Ch)  
Infant Baptism, 1st Saturday of Month 1pm & 3rd Saturday of the Month 10am (Ch)  
Combined Choir Practice, (to be announced)  
Liturgy Committee Mtg, (to be announced)  
Marian Devotions & Novena to the Holy Trinity, 1<sup>st</sup> Saturday, 8:30am (Ch)  
Rosary to Our Lady of Perpetual Help, M-F 7:50am (Ch)  
Sacred Heart Society, 1st Sunday, 9:00am Mass (Ch)  
Samoan Choir practice, (to be announced)

### PARISH ADMINISTRATION

Staff Mtg, [as needed] (Parish Office)

### PARISH MAINTENANCE

Church Cleaning, Every Saturday morning after the 7:00am Mass (Ch)  
Parking Security (to be announced)  
Repair & Maintenance Committee (as needed)

### YOUNG MINISTRY

Life Teen (Grades 9-12) & Edge Ministry Sunday at 3pm (Church)

### RELIGIOUS EDUCATION CLASSES

Evangelization Team Meeting  
RCIA-Adults Every Saturday, 3pm (School Lanai)  
Religious Ed. Classes, PreK-8<sup>th</sup>, Every Sunday, 12:30pm (Church)

### RELIGIOUS ORGANIZATIONS

Filipino Catholic Club, 1st Sunday - 8:15am (School Lanai)  
Knights of Columbus, 1<sup>st</sup> Saturday - 9am (Conf. Rm 2)  
Samoan Ministry (to be announced)

### SOCIAL MINISTRIES

Bereavement Ministry  
Food Distribution, Last Saturday, 9:00am-11:00am (School ground)  
Health Ministry, Blood Pressure Screening every 3rd Sunday @ All Masses (Ch)  
Non-Perishable Food Collection, Every Saturday & Sunday, All Masses (Ch)  
Respect Life Ministry (to be announced)  
Seniors Exercise (low impact), Every Thursday, 9:00am (Conf. Rm 2)

Interested in joining a ministry? Please call the Church Office for more information and Point of Contact Person.

## Parish Schedule This Week

### SUNDAY, January 25, 2026 3rd Sunday in Ordinary Time

7am, 9am, 11am & 5pm Masses - (Ch)  
1:00pm: CCD Classes  
3:00pm: EDGE and LifeTeen

### MONDAY, January 26, 2026

7:50am: Rosary (Ch)  
8:15am: Sacrifice of the Holy Mass (Ch)

### TUESDAY, January 27, 2026

7:50am: Rosary (Ch)  
8:15am: Sacrifice of the Holy Mass (Ch)

### WEDNESDAY, January 28, 2026

7:50am: Rosary (Ch)  
8:15am: Sacrifice of the Holy Mass (Ch)

### THURSDAY, January 29, 2026

7:50am: Rosary (Ch)  
8:15am: Sacrifice of the Holy Mass (Ch)

### FRIDAY, January 30, 2026

7:50am: Rosary (Ch)  
8:15am: Sacrifice of the Holy Mass (Ch)

### SATURDAY, January 31, 2026

6:35am: Rosary (Ch)  
7:00am: Sacrifice of the Holy Mass (Ch)  
5:00pm: Vigil Mass (Ch)

### SUNDAY, February 1, 2026 4th Sunday in Ordinary Time!

7am, 9am, 11am & 5pm Masses (Ch)  
1:00pm: CCD Classes  
3:00pm: EDGE and LifeTeen

## Mahalo For Sharing Your Treasures January 10 & 11, 2026 Collections

Regular Offering	\$ 6,581.41
Mahele Na Makana Collection	\$ 1,546.00
<b>Sub Total:</b>	<b>\$ 8,127.41</b>
Building Fund (Envelopes)	\$ 2,155.00
Building Fund	\$ 105.00
Christmas	\$ 20.00
Blessings	\$ 130.00
Donations/Breaking Bread	\$ 366.00
Initial Offering Envelopes	\$ 35.00
Mass Intentions	\$ 550.00
Immaculate Conception	\$ 20.00
Simbang Gabi	\$ 110.00
Solemnity of Mary	\$ 5.00

**Sub Total: \$ 3,496.00**  
**Total: \$ 11,623.41**

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*Thank you very much for your Stewardship*

## Mahalo For Sharing Your Treasures

### January 13-14, 2026 Collections - ParishSOFT

Regular Offering	\$ 1,941.50
Mahele Na Makana Collection	\$ 5.00
<b>Sub Total:</b>	<b>\$ 1,946.50</b>
Building Fund ParishSOFT	\$ 25.00
All Souls Day	\$ 25.00
<b>Sub Total:</b>	<b>\$ 50.00</b>
<b>Total:</b>	<b>\$ 1,996.50</b>

January 10 & 11, 2026 Collections: 11,623.41  
January 13 & 14, 2026 Collections: 1,996.50

**Grand Total: \$ 13,619.91**

## *Points of Reflection for the 3rd Sunday in Ordinary Time* *January 25, 2026*

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- Interestingly, when Jesus begins his mission and goes out to call disciples, he does not go to Jerusalem, to the temple, or to a synagogue at all. No, he goes down to the shores of the Sea of Galilee. As he told religious authorities later, he came to call sinners, not the righteous. Therefore, he chooses to go down to the sea to walk among sailors and fishers, not up to the synagogue to find those at prayer. When you wonder whether you are being called by the Lord and think yourself to be unworthy, know that you *are* unworthy. But this is exactly why Jesus is calling you.
- By our baptism, we are each called to be disciples of the Lord. We are called to follow Jesus. What do we see when we follow him? We see him “teaching in their synagogues, proclaiming the gospel of the kingdom, and curing every disease and illness among the people” (Matthew 4:23). When he later sends out his disciples in pairs, these are the things he calls upon them to do. We are Jesus’ hands and voices now, called to spread the gospel, to teach lessons by word and deed, to bring healing to the afflicted, and to care for those in need. Today we hear how he sets an example for the first disciples . . . and for his current disciples.
- Saint Paul urges the Corinthians to unity in Christ. The problem Paul addresses is not one of diversity, for indeed Paul initiated diversity by proselytizing in cities and towns all over the Mediterranean, where he encountered many different cultures, languages, and traditions. No, the problem was divisiveness and rivalries. Corinthians were allying with the person who introduced them to Christ, rather than with Christ himself. The church, Paul realized, must be one, and be one in Christ.
- **Question of the Week**

The first disciples left their old lives behind to follow Jesus. What is Jesus calling me to leave behind?

## **STEWARSHIP QUOTES**

- All too often, stewardship is presented only with the Church support or the funding of other charities as the goal. This is too limiting. Stewardship also involves time and talent.
- “Honor the Lord with your wealth, with first fruits of all your produce; then will your barns be filled with plenty, with new wine your vats will overflow.” (Proverbs 3:9-10)

### **Please Call the Office First**

#### **Getting Married?**

Wedding preparations begin at least 6 months PRIOR to the actual wedding.

#### **Funeral Arrangements?**

Call WHEN you meet with the mortuary to make funeral arrangements.

#### **Homebound Ministry**

Inform the parish office with the name, address and phone number of the person who would like to receive Communion at home.

#### **Planning a Baptism**

Call BEFORE making any baptism celebration plans

### **OLPH Parish Info**

#### **Sunday Masses**

7am, 9am, 11am & 5pm

#### **Vigil Mass**

Saturday, 5pm

#### **Weekday Daily Masses**

Mon-Fri, 8:15am  
Saturday, 7am

#### **Holy Rosary**

Monday through Sunday preceding the daily and Sunday Masses

#### **Sacrament of Reconciliation**

Sat, 4p-4:30pm or by appointment

#### **Adoration with Benediction**

Every First Friday at 7am  
Every Wednesday at 5pm

# RELIGIOUS EDUCATION!!

## WORD OF GOD SUNDAY

In September 2019, Pope Francis issued an apostolic letter *“Aperuit Illis”* which he used to establish the third Sunday in Ordinary Time as “Word of God” Sunday. *“Aperuit Illis”* is Latin for “he opened for them” referring to Luke 24:45 when Jesus opened the Scriptures to Cleopas and two other disciples at the Road to Emmaus story (read Luke 24:13-43).

How does the Lord open the Scriptures for you? Here are some ways you can allow the Scriptures to open your heart and mind to the Word of God:

1. Read your Bible if you have one. If you don't, see Julia at the parish office Tuesday to Friday during office hours to purchase a copy. Bibles for children are also available.
2. Read the Sunday readings before you come to Mass, again from your Bible or go to the website of USCCB (United States Conference of Catholic Bishops – [uscgb.org](http://uscgb.org)). Click on Daily Readings then find the date for the upcoming Sunday. If you do this, you will have a better retention and understanding of the readings. You can easily connect with the homily.
3. Watch/Listen to Fr. Mike Schmidt of Ascension Press for “Bible in a Year”. His series is also available on YouTube.
4. Do your own personal Bible Study with St. Paul Center – available by subscription
5. Pray the Scriptures and probably use the Sunday readings, preferably the Gospel. Use the Lectio Divina method. Lectio Divina is Latin for Divine Reading. There are four steps to Lectio Divina (ref: [uscgb.org](http://uscgb.org), 1/20/2026)
  - a. Lectio – simply read whatever you decide to focus on. Read slowly more than once
  - b. Meditatio – reflect or meditate on what you just read.
  - c. Contemplatio – contemplation. Apply the new insights you receive from God to your daily life. What is God telling you to do?
  - d. Oratio – prayer. Talk to God about what you read or experienced

## INFANT BAPTISM

### Parents:

Please note that this coming Saturday, January 31, is infant baptism day. Mandatory preparation class for parents and godparents will start from 8:30 a.m. to 10:30 a.m. with the celebration at 11:00 a.m. After January 31, the next infant baptism will be on April 18, date subject to change. Please call the parish office at 808-689-8681 Ext. 107.

## RELIGIOUS EDUCATION UPDATE

Classes will resume today, Sunday, January 25 and will continue on Feb, 1, 8, and 15. No classes on Feb. 22.



## FOOD PANTRY

Please bring in your donations of

### CANNED SARDINES

*Thank you* for your kind generosity!

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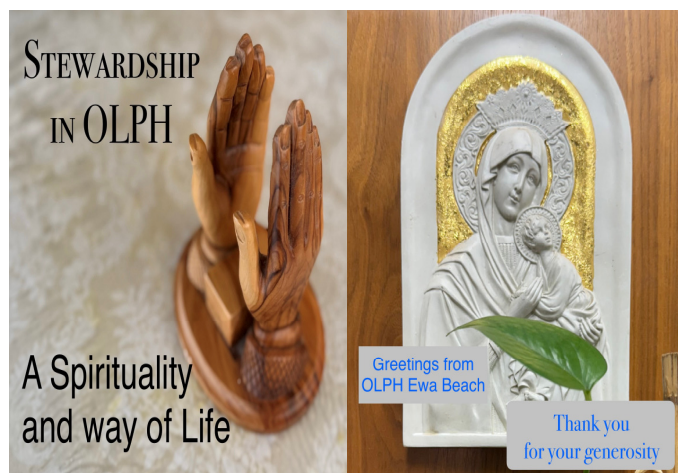
other non-perishable food items.

*Your donations of gently used paper  
GROCERY bags and plastic bags are  
greatly appreciated!*

Tired of using your own envelopes or not having any  
for your donations? Stop by the parish office.  
We have blank offering envelopes you can use until we  
get you on the envelope mailing list.

See Pete at the parish office.

**THANK YOU!**



## ASH WEDNESDAY MASS SCHEDULE on February 18, 2026

Ash Wednesday is a universal day of fast and  
abstinence in the Church.

Distribution of Ashes will take place at the:

- 8:15am morning Mass
- 5pm afternoon Mass
- 7pm evening Mass

*Come, "Repent, and believe in the Gospel."*

## MASS INTENTIONS

*We pray for those who have gone before us. May their souls and all souls of the faithful departed through the mercy of God rest in peace. We also offer prayers for healing, thanksgiving or for what ever intentions one might need to offer during the sacrifice of the Mass.*

Saturday, January 24, 2026

**5:00pm:** +Carolina Jacinto, +Eleanor Rolark

Sunday, January 25, 2026

**7am:** *In Thanksgiving:* Rizal & France Cajimat & Family

**9am:** +Anastacio "Tash" DeCastro

**11am:** +Anthony Salamat, +Alfred Sarte, +Erlinda B. Luga,  
+Antonio Mayola, +Lucia Fuentes, +Osia Mayola,  
+Mahina-Mei Tamayo, +Rafael Geronilla, +Antonieta Geronilla,  
+Marivic Ramos, +German Neri, +Catalina Neri,  
+Amparo Docles

*In Thanksgiving - Birthday:* Sophronia Valderama Villamar

**5pm: MISSA PRO POPULO**

Monday, January 26, 2026

**8:15am:** Prayer for Healing: Frederick Dumlaio

Tuesday, January 27, 2026

**8:15am:** +Felipe R. Cralla

Wednesday, January 28, 2026

**8:15am:** +Grace Acosta Giron

Thursday, January 29, 2026

**8:15am:** *In Thanksgiving:* Leah Cabauatan

Friday, January 30, 2026

**8:15am:** *In Thanksgiving - Birthday:* Aurora Dela Cruz

Saturday, January 31, 2026

**8:15am:** *In Thanksgiving - Birthday:* Ana Dumlaio & Family

*We pray for those who have gone before us. May their souls and all souls of the faithful departed through the mercy of God rest in peace.*

*We also offer prayers for healing, thanksgiving, anniversaries or other good intentions one might need to offer during the sacrifice of the Mass.*

## Faith Direct upgrade to ParishSOFT

Dear Our Lady of Perpetual Help Church family,  
Your Faith Direct account is now part of ParishSOFT Giving!  
Here is the new QR Code for ParishSOFT Giving.  
Do you want updates to your giving? Log in using your Faith  
Direct credentials. If needed, use "Forgot Password" to reset  
your access. If you had weekly giving set up, it will now pro-  
cess weekly instead of monthly. You can update this anytime.  
If you need further assistance, contact  
donorsupport@parishsoft.com or  
call 866-507-8757.

Thank you for your continued generosity.





PLEASE READ!



## SPECIAL COLLECTION

Date: February 7 & 8, 2026

SHOW YOUR SUPPORT FOR CATHOLIC EDUCATION IN HAWAII - There are nearly 6,000 students in Hawaii Catholic Schools. Become our partner in Catholic education, support the Augustine Educational Foundation's Tuition Scholarship Program on February 7th & 8th. Money raised in this collection will go to support our parish and vicariate families with tuition assistance for the upcoming school year. You may visit the Augustine Educational Foundation online to make a gift or include your check in our parish's offertory. Join the Augustine Educational Foundation's campaign Make a Student Smile – Give the Gift of Catholic Education by making a gift! Mahalo!

*"Come Aside and Rest Awhile"*

**SATURDAY, FEBRUARY 7, 2026**  
8 A.M. - 3 P.M.  
**ST. ANTHONY RETREAT CTR.**  
3351 KALIHI ST, HONOLULU

**BCCH Annual 1-day Spiritual Retreat**

In the busyness of life, it's easy to forget that **the soul needs stillness**. Join us for a guided day of reflection, solitude, and community. Come with an open heart and be refreshed in God's presence.

- ✓ Quiet contemplation and gentle rest
- ✓ Escape the chaos, embrace the serenity
- ✓ Mindful moments, meaningful life

Fr. Kurt Meyer, Spiritual Presenter >>>

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# MASTER PLAN UPDATE

Earlier this year the Diocese converted over to new accounting software. Unfortunately, the conversion did not go smoothly, and we were unable to receive any financial data as they worked through the issues. A few weeks ago, we received data through September. Construction work continued during that time.

## A summary of the major milestones:

- Glu Lam beams have been erected & installed with the exception of those at the Narthex.
- Lower roofs have been sheathed with plywood and roof top AC curbs have been prepared in advance of TPO roofing.
- Electrical/Data Com/Fire Alarm/Security room:
  - ◇ HECO meter installed & inspected
  - ◇ Cabling from new transformer to meter completed
  - ◇ Awaiting HECO to power up to the meter
  - ◇ Initial coordination meeting with all service providers requiring rack/wall space
- High roof framing has commenced in preparation for plywood sheathing/roofing.
- Liturgical furnishings from Peru artisans received & stored.
- Altar, ambo, stations, crucifix, stained glass, mosaics for baptismal font
- Audio/Visual equipment ordered, received, and stored.

The table below summarizes the capital & liturgical campaign progress and financial status.

Capital Campaign Update As Of 9/30/25		
Capital Campaign Pledged Amount*	\$ 3,190,996.86	100%
Written Off	\$ 771,152.59	24.17%
Net Pledged Amount	\$ 2,419,844.27	75.83%
Total Collected	\$ 2,419,844.27	75.83%
Less: Campaign Fees	\$ 17,031.90	
Withdrawals**	\$ 2,413,247.74	
Cash Received After Cut-off	\$ -	
Account Balance	0	
Pledge Balance	\$ -	0.00%
*Includes Non-Pledge Gifts		

Building Fund		
Beginning Balance 9/1/25	\$ 1,011,882.84	
Deposits	\$ 13,187.01	
Withdrawals**	\$ -	
Interest Reinvested	\$ 864.63	
Total Building Fund	\$ 1,025,934.48	
<b>Building Fund &amp; Campaign Totals</b>	<b>\$ 1,605,037.57</b>	
** Project Management, Topographical, Geotechnical, Infiltration, & Hazmat Surveys. Capital Campaign & Architectural Design Permitting & Construction Startup. Liturgical Furnishings		

Liturgical Furnishings Campaign Update 9/30/25		
Furnishings Campaign Pledged Amount*	\$ 990,629.22	100%
Written Off	\$ 59,564.45	6.01%
Net Pledged Amount	\$ 931,064.77	93.99%
Total Collected	\$ 845,598.24	85.36%
Less: Campaign Fees	\$ 6,212.95	
Withdrawals**	\$ 251,054.88	
Cash Received After Cut-off		
Account Balance	\$ 579,103.09	
Pledge Balance	\$ 85,466.53	8.63%
*Includes Non-Pledge Gifts		



## The FILCOM Vision Center Dr. Calvin Alonzo, Optometrist

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**Alissa F. Jose**  
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Manager

Email: [josea@mvfcu.coop](mailto:josea@mvfcu.coop)



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