

Parkway Preschool - Intimate Care Policy



Guidance for Safe, Respectful, and Dignified Support

Intimate care refers to any personal care activity that involves direct or indirect contact with a child's body, such as nappy changing, toileting, washing, and dressing. This policy aims to ensure that all intimate care provided to children is conducted in a manner that upholds their dignity, privacy, and safety, while also respecting their individual needs and promoting independence wherever possible.

Staff will establish good relationships with parents and carers.

Principles of Intimate Care

All children have the right to be treated with respect and sensitivity during intimate care routines.

Care should be child-centred, considering the child's preferences, cultural background, and developmental stage.

Staff should encourage children to be as independent as possible, helping only when necessary.

Intimate care must be delivered in a way that maintains privacy and confidentiality.

Procedures

Staff must follow agreed procedures for intimate care

Staff will ensure communication is at an elevated level as we are a small setting.

Parental or carer involvement is essential with shared information

Where possible, children should be consulted about their care and encouraged to express preferences.

Any intimate care **intervention** should be noted if there are any concerns

Safeguarding and Training

All staff involved in intimate care **must** have a DBS

Staff should be aware of signs of discomfort or distress and report any concerns to the designated safeguarding lead.

Children with complex needs, may require more help.

Review and Collaboration

Intimate care routines should be in collaboration with parents or carers and amended when the child's needs change. Open communication between staff, families, and health professionals is essential for safe and effective care.

Review September 2027