



January 4th, 2026 Rev Adam Delaplane

1) In the sermon grace was described as something that comes to us, disrupts the rhythms of our life, and gives us courage. How do you see these ideas of grace in the 1 Thessalonians 1:1-10 passage?

2) In 1 Thessalonians 1:4 Paul describes the Thessalonians as being chosen by God. This is an example of the grace of God coming into our lives. In response Adam described Christianity as something that we do not take up, but that takes us up. What are some ways that you might describe our faith as something that draws us up into it, rather than simply something we take on ourselves?

3) Grace was described as disrupting the rhythm of our lives, specifically in the ways we seek to save ourselves or build confidence in ourselves alone. What are some ways grace has disrupted your life? What are some ways grace could continue to disrupt your life?

4) Grace gives us courage to speak back against the lies and accusations of Satan, as well as courage to know God's grace and follow him. What are some practical ways throughout the week that we can remind ourselves of God's grace and experience the courage that comes from him?