



# THE PULSE

A Monthly Look Into Ministry at CPC

## Ministry Moments

Early in April, CPC hosted a benefit dinner for nearly 600 guests in support of ministry partner Restore St. Louis. As the outreach arm of CPC's sister church, New City Fellowship, Restore St. Louis is actively engaged in meeting the needs of city residents through six key ministries: tutoring, community workdays, job training, healthcare outreach, prison ministry, and a food and nutrition program.

Held at The Commons, the event provided attendees the opportunity to sample a variety of delicious international foods, enjoy musical entertainment and hear powerful testimonies from individuals whose lives have been touched by the ministries of Restore St. Louis.

"It was a joy-filled evening of encouragement, connection, and generosity, as funds were raised to continue and expand this impactful work," said Outreach Pastor Owen Tarantino. "We are so grateful for the opportunity to walk alongside Restore St. Louis and witness firsthand how God is moving in our city."



## Kids and Families Anticipate Summer Ministry Events

by Lynn Norfleet

Students and parents in CPC's Next Generation Ministries look forward to the end of the school year not just for the break from classes and homework, but for VBS, Crossfire Fuel, and CRASH and KREW summer ministry trips.

"Discover God's Power" is the theme for this year's Vacation Bible School, held at CPC from 9:00am to noon the week of June 1-5. Children ages 4 years through third grade (completed) will enjoy meaningful games, crafts and music each morning. If you'd like to volunteer to help with VBS or register your child, go to [www.chespres.org/childrens-ministry](http://www.chespres.org/childrens-ministry).

During the same week, June 1-5, Crossfire fourth and fifth graders have their own special week of Fuel, packed full of Bible teaching and fun-filled games and activities, including Crazy Karaoke and a trip to Skyzone.

Learn More at [www.chespres.org](http://www.chespres.org)



## CPC Up Close

Jen Calvin

As societal and mental health challenges continue to increase, CPC's New Hope Counseling Services meets a growing need for Christian counseling in the St. Louis area. New Hope's director for the past two years, Jen Calvin, has provided leadership and support to a team of licensed professional counselors at the center, located on the west side of the church and an additional office in Wentzville.

A native Texan, Jen came to Covenant Seminary in 2000 to get her counseling degree after studying psychology at Baylor University. While at Covenant, she met her husband, Luke, also a New Hope counselor, and they married soon after graduation. Their family now includes two teenage sons and a puppy.

Having worked in counseling young people for much of the past twenty-plus years, Jen recently led a workshop for CPC's Women's Ministry on Managing Anxiety, in which she shared advice gained from her work with clients ages middle school to adulthood. "I provide a lot of education about anxiety in my sessions," she said. "The workshop was a great opportunity to share practical advice with a broader group of people."

## Summer Ministry Events (cont.)

Middle school students in our CRASH Ministry will travel to The Edge, in Lookout Mountain, GA, for a five-day summer camp on the campus of Covenant College from June 15-19. A variety of daily activities and special events are planned, like Water Fest, Color Powder Wars, a dance party, and a day trip to a lake. There will also be seminars, evening worship and time in small groups to learn and discuss God's Word. "This week is a great opportunity for our leaders and students to grow closer to each other and to God," said CRASH Director Adam Delaplane.

KREW, our high school ministry, will head south to Gulf Shores, Alabama, for their annual trip on May 31-June 5. Students stay at a retreat center right on the beach and have plenty of time to play, rest, and have fun, along with worship, talks and small groups that allow them to gain a deeper understanding of God and His Word. Pastor of Student Ministries, Justin Huensch, noted "Of course this trip is fun for our students, and amazingly, it can have the impact of a semester of youth group in just one week!"



CPC CAMPUS 12:00 | SUNDAY, MAY 17

Bring a side dish and a lawn chair

DISCOVER GOD'S POWER

CPC MAY OUTREACH  
Support VBS

SCAN TO GIVE

\*CHESPRES • JUNE 1-5\*