



THE PULSE

A Monthly Look Into Ministry at CPC

Ministry Moments

Before sitting down to enjoy the holiday meal, many individuals and families have made it a part of their traditions to attend CPC's Thanksgiving Service. The unique gathering features opportunities for members of the congregation to share about the people and experiences for which they are thankful.

"This holiday service is about worshiping God and thanking him for his faithful love and the abundant blessings he has shown to us in so many ways throughout the year," said Care Director CJ Norton. In this year's service, there were laughter and tears as individuals of all ages stepped up and gave testimony to God's faithful work in their lives.

"Through sharing and listening to stories about God's goodness, our hearts unite in worship and fellowship," CJ continued. "It's such a wonderful way to begin Thanksgiving Day, remembering and giving praise to our God from whom all good things come. We truly have so much to be thankful for!"



Advent Celebrates Emmanuel: God With Us

by Lynn Norfleet

The gospel of Matthew begins and ends with the promise of Emmanuel, God with us. In 1:23, the angel's words fulfill Isaiah's prophecy: "Behold, the virgin shall conceive and bear a son, and they shall call His name Emmanuel (which means, God with us)." Then, in 28:20, Jesus tells His disciples and us, "And surely I am with you always, to the very end of the age."

The Advent season at CPC this year focuses on remembering and celebrating the promises of Emmanuel, God with us, even as we long for His return and the full redemption and restoration of all things under His rule. As we wait, we rejoice in His coming to us as a baby in the manger, fulfilling the promises of the Old Testament that God would send a Messiah to save his people from their sins. In Advent we remember that Christ has come for us, and that He will come again.

Beginning Saturday and Sunday, Dec. 6-7, and continuing through Christmas Eve, our worship services will begin with the lighting of the Advent candles, and the music and message will reflect the "God With Us" theme. In addition, an Advent Devotional is now available in the church entry.



CPC Up Close

Nick Litzsinger

The word "deacon" is derived from the Greek word for "service." It is a fitting description for Nick Litzsinger, who, as a CPC deacon for the past 12 years, has helped people with moves, assisted with funeral luncheons, worked the front desk at The Commons, and served in many other ways.

Nick grew up in Creve Coeur, began attending Covenant Presbyterian Church as a teen and gave his life to Christ at a youth retreat. He graduated from the University of Kentucky with a degree in Chemical Engineering, and met his future wife, Marti, at a PCA singles picnic. They married in 1984 and had four children. Nick later earned an MBA and began working in pharmaceutical sales.

In addition to being a deacon, Nick has participated in men's discipleship groups and served on the board of Bethany Christian Services. Since retiring in 2023, he enjoys caring for his three grandchildren, reading, hiking, and napping. Oddly enough, he also is known for his outstanding cleaning abilities, which, Marti says, is "a blessing and a curse."

Advent Celebrates Emmanuel (cont.)

It includes scripture and daily reflections to encourage us, particularly in times of difficulty, that Jesus is present and working, even now.

On Sunday, Dec. 7, CPC vocalists and musicians from CPC's worship team will present an Evening of Christmas Music at 6pm at the church. "Through this special night of music, we will remember and celebrate that we serve a faithful God who keeps His promises to His people - and have a lot of fun," said Worship Director Heather Kaemingk.

Other opportunities to celebrate this Advent season include the Women's Christmas Dessert (7pm Dec. 7) and the CPC Christmas Gathering (5pm, Dec. 14), both at The Commons; and our Christmas Eve candle-light services in the sanctuary at 4 and 5:30pm Wednesday, Dec. 24.

