



# THE PULSE

## A Monthly Look Into Ministry at CPC

### Ministry Moments

Each July, CPC partners with One Heart Ministries to collect backpacks and school supplies for children in the foster care system. One Heart's mission is to recruit, train and support foster families in Missouri.

This year's July outreach was coordinated by Justin Blizzard, a member of our support ministry team and CRASH small group leader. He organized an Amazon wish list for purchasing backpacks and school necessities, and the packing day on Sunday, July 20, after each worship service.

More than 150 new backpacks were filled with binders, pencils, paper, and other supplies donated by the CPC congregation and delivered to One Heart Ministries to be given to area elementary and high school students in time for the first day of classes.



### Men's & Women's Ministries Anchor Tuesdays at The Commons

by Lynn Norfleet

Beginning this fall, Tuesdays will be full days of ministry at The Commons. Men's Ministry studies will be moving to The Commons after many years of meeting at Mike Duffy's and the CPC Cellar. They will continue to meet at 6:30am and 5:30pm, with women gathering at 9:30am and 7:00pm.

Men's Ministry will kick off the fall session with the third annual Golf Scramble on Friday, Aug. 15, at the Quarry at Crystal Springs. Tuesday morning and evening Bible studies will begin on Aug. 26. Men will be studying the book of James with a blend of video and pastor-led discussions. "The small group discussions that follow the large group presentations really help us grow in our learning and develop deeper friendships," said Andy Fairlamb, who, along with Tim Witzig, are serving as interim Men's Ministry coordinators.

Additionally, a Bible study for men is offered every Monday morning, with Pastor Hugh Barlett leading a study in the book of Genesis at 6:30 am at The Commons.



## CPC Up Close

**Abigail Messer**

Occupational and life experience have prepared Abigail Messer well for her new role as Nursery and KidsClub Coordinator at CPC. After graduating from Covenant College, she was a third grade teacher at Twin Oaks Christian School for four years and later a children's ministry coordinator at Restoration Community Church. Since getting married in 2020, she and her husband, Michael, have welcomed three children, who are now four, one and two months old.

"We are really enjoying each crazy day of this fun season of life," Abigail said. "I love anything I get to do with kids, and I'm looking forward to getting to know and serve families with little ones as I step into these roles."

Abigail grew up at CPC and is excited to be back as an adult with a family of her own. "Our oldest son has been attending the preschool here the past couple years and we are beyond thankful for the community it has provided," she added.

## Men's & Women's Ministries (cont.)

Women's Ministry will have their own Fall Kickoff at 6:00pm Friday, Aug. 22, at The Commons. The event will feature dinner from The Daily Bread Bakery & Cafe, a message from Abby Karsten, director of Women's Ministries at Kirk of the Hills Presbyterian Church, who will look to Jesus' parables to reveal how the kingdom of heaven takes root and grows, even in the midst of a messy and complicated world. There will also be time for worship and a preview of fall Bible study offerings and fellowship events.

Studies for women begin on Tuesday, Aug. 26, at The Commons. There will be six options in the morning and four in the evening, ranging from the book of Romans to studies targeted for new and expectant moms and mothers of middle and high school students. "This semester offers so many rich opportunities for growth," said Women's Ministry Coordinator Allie Vining. "We're intentional about creating a welcoming space where every woman, no matter where she is on her faith journey, can feel encouraged and equipped."

