

## **Mental Health Outpatient Therapist**

**Location: Burlington & Mercer County**

**Company:** Creative Change Counseling, Inc. (Delran)

**Pay:** \$55.00 - \$65.00 per hour

### **Job description:**

#### **Primary Purpose**

The Mental Health Outpatient Therapist provides culturally responsive mental health services to individuals and families experiencing emotional, behavioral, or mental health challenges. Services are delivered in an outpatient setting and are tailored to the clinical needs of each client.

The Therapist provides therapeutic services to adults, adolescents, and children with identified mental health and/or substance use diagnoses. Interventions are individualized, goal-oriented, and time-limited, utilizing appropriate therapeutic modalities to support symptom reduction and improved functioning.

#### **Principal Duties and Responsibilities**

- Conduct initial screenings and comprehensive mental health assessments to identify clinical needs and recommend appropriate services.
- Review assessment findings with clients and, when appropriate, their families.
- Collaborate with clients and families to develop individualized treatment plans, including goals, objectives, and interventions.
- Provide individual, family, and group therapy services.
- Deliver case management services to support access to benefits, resources, and community services.
- Coordinate care by consulting and collaborating with internal and external service providers involved in client care.
- Monitor client progress and review treatment plans at established intervals.
- Support effective communication between the organization, community agencies, and other service partners involved in client care.

#### **Reporting Structure**

- **Reports To:** Director
- **Supervisory Responsibility:** None

#### Qualifications

- Must possess a valid **New Jersey Social Work license**.
- Master's degree in a mental health-related field, such as Social Work, Psychology, or Counseling.
- Minimum of three (3) years of experience providing mental health services.
- Demonstrated experience evaluating and supporting treatment services.
- Knowledge of mental health care delivery systems.
- Strong clinical judgment and decision-making skills.
- Proficiency in the use of computers and standard office software.

#### Job Specifications

- Proficiency in Windows and Microsoft Office applications is required.
- Must possess a valid New Jersey driver's license and have access to a reliable personal vehicle.

#### Working Conditions

Work is performed in both individual and group outpatient settings within a professional and collaborative environment.

#### Physical Requirements

This position requires intermittent sitting and standing, frequent use of hands for computer work and documentation, and occasional lifting of up to 10 pounds. The role requires adequate visual and auditory ability to effectively engage in clinical and group settings.

#### Disclaimer

This job description is intended to describe the general nature and level of work performed in this role. It is not intended to be an exhaustive list of all duties, responsibilities, or qualifications required.

#### Job Type: Part-time

#### Benefits:

- 401(k)
- Dental insurance
- Flexible schedule
- Health insurance
- Paid time off
- Vision insurance

Education:

- Master's (Required)

License/Certification:

- Social Work License- NEW JERSEY (Required)

Work Location: In person