

VRTO1



Eligibility to undertake VRTO1 is subject to the successful completion of the following prerequisites:

- Confined Space qualification aligned to National Occupational Standard EUSCS03.
- Confined Space qualification aligned to National Occupational Standard EUSCS08.
- Current Medical Fitness Certificate for confined space and rescue operations.
- First Aid- (Equivalent Level 'B' RCS-Ed Faculty of Pre-Hospital care, PHEM Skills Framework. E.g. First Aid at Work .

Following successful completion of the VRTO1 module, candidates may further develop their competence through two progression routes.

Candidates may either undertake both VRTO2 modules concurrently or complete the VRTO2 First Responder and Rope Systems modules independently. Where modules are completed independently, a specific badge will be awarded for each module to confirm that competency has been achieved. However, both modules must be successfully completed in order to achieve full VRTO2 status.

VRTO2



To continue your development and progress to VRTO2, you must hold VRTO1 and successfully complete the following two additional modules:

Confined Space First Responder.



Rope Systems.



CSRTA delivers a practical five-day First Responder programme as part of its rescue development pathway. Candidates who hold FREC 3 or an equivalent qualification may be eligible for Recognition of Prior Learning (RPL), reducing the programme duration to one day. Candidates who do not hold an eligible qualification are required to complete the full five-day programme.

The practical Rope Systems module is delivered as a two-day course and covers the common rope system applications, safe working at height, powered rope systems and co-worker rescue.

VRTL



To enrol on the Team Leader course, candidates must have achieved VRTO2 and be able to demonstrate a minimum of one year's experience working as a Confined Space Rescue Technician. This two-day course includes:

- Compliance systems, audit and briefings.
- Incident management.
- Leadership principles and skills.
- Legal duties.
- Resilience testing of emergency plans.