

Euclid Lakefront COMMUNITY CENTER

SENIOR PROGRAMS NEWSLETTER



OCTOBER

2025



BREAST
CANCER
AWARENESS
MONTH

OCTOBER
CYBER SECURITY
AWARENESS MONTH



A Letter from the Mayor



Happy October! What a nice September we have had, it has been such great weather! I hope you have been taking some time to take a walk, do some light exercise, or participate in a class as part of the Mayor's Fitness Challenge. Most importantly, I hope you are feeling good and taking care of yourself!

There are a couple of events coming up in October:

- ♦ EUC Flea will return to Shore Cultural Centre on Saturday October 11th from 12-4. There will be art and vintage vendors market, food trucks and music!
- ♦ Silhouette Productions will perform Annie at Shore Cultural Centre over 2 weekends - October 10, 11,12 and October 17,18,19. This is a community theatre group and they always put on a great show. No need to go downtown to Playhouse Square to see a live production!
- ♦ The first performance of the season for Euclid Symphony Orchestra will take place on Sunday November 2, at 3:00pm at Shore Cultural Centre. This is their Fall Classics Concert lead by Music Director and Conductor Jimmie Parker Sr.

The Community Development Division has announced a new home improvements and rehabilitation grant. This is for homeowners who meet HUD income and homeownership guidelines and will assist with up to \$7,500 for an eligible project with a 25% homeowner match. Eligible projects include wheel chair ramps, interior safety grab-bars and handrails, furnace replacement, plumbing and electrical improvements, and roofing. You can call Ed Chenock at 216-289-8140 for more information.

We are finishing up several construction projects around town, the Recreation and Wellness Center is really taking shape, there are signs going in at parks and entry points, we welcome the new Dunkin Donuts and Jimmy Johns on Euclid Avenue, and so much more each and every day! I look forward to providing you an update on October 27th during my monthly visit.

Proud to serve!

Mayor Kirsten Holzheimer Gail



Breast Cancer Awareness Month begins on October 1, and runs through October 31 with various specific awareness days and events throughout the month, such as Global Lobular Breast Cancer Awareness Day on October 15 and Wear it Pink Day on October 24. This is a time for public education on risks, screening, and research, with events including fundraisers, walks, and pink ribbon campaigns to support patients and survivors.

Some Facts:

- ◆ Breast cancer is the most common cancer diagnosed in women in the United States, excluding skin cancer.
- ◆ In 2023, an estimated 280,800 new cases of invasive breast cancer are expected to be diagnosed in women.
- ◆ About 1 in 8 women will develop invasive breast cancer in their lifetime.
- ◆ Men can also develop breast cancer, although it is rare.
- ◆ It wasn't until 1991, when the Susan G. Komen organization held its annual Race for the Cure when pink first became the shade associated with breast cancer. During the New York City race, participants received pink ribbons.

Early Detection and Screening:

- ◆ Regular self-exams, mammograms, and ultrasounds can help detect breast cancer early.
- ◆ Women should start annual mammograms at age 50, or earlier if they have risk factors.
- ◆ Women should discuss their individual risk factors with their healthcare provider to determine the best screening schedule.

Breast cancer awareness walks in October include the American Cancer Society's Making Strides Against Breast Cancer events and Susan G. Komen's MORE THAN PINK Walks and its 3-Day Nation initiative.

Wear **PINK**

Monday, October 20—Friday, October 24

in observance of Breast Cancer Awareness Month



Tuesday, October 7 at 10:00 am

Join us for our quarterly Senior Town Hall Meeting , where we talk about what's going on at the Center and what activities you are interested in. Everyone is encouraged to participate.


Your input is appreciated!

October 2025 WRAAA MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Menu Approved By: <i>Ava Stahlheber MS, RDH, LD</i>	*=take temperature of Milk and all food proceeded by an asterisk Choice of 1% Milk, Buttermilk, or Calcium fortified Juice	1 *Hawaiian Chicken 3 oz *Rice Pilaf ½ c *Japanese Vegetables ½ c *Peppers and Onions ½ c W.G. Vanilla Wafers 1 oz Tropical Fruit ½ c ALT=CF RB	2 *Beef Sloppy Joe 4 oz *Oven Roasted Potatoes 4 oz *Broccoli ½ c W.G. Hamburger Bun 2 oz Fresh Plum ALT=CBG T	3 *Baked Chicken Breast 3 oz w/ Gravy 2 oz *Cheesy Potatoes ½ c *Sautéed Spinach ½ c w/ Lemon 1 PC Whole Grain Biscuit 2 oz Mandarin Oranges ½ c ALT=CF RB
6 *Chicken stuffed with Broccoli 6 oz *Mashed Potatoes ½ c *Gravy 2 oz *Beets ½ c 2 Whole Grain White Sliced Peaches ½ c ALT=CS RB	7 *Sliced Ham 3 oz w/ Pineapple Glaze *Scalloped Potatoes ½ c *Green Peas ½ c 2 Whole Grain White Applesauce ½ c ALT=CBG TR	8 *Breaded Fish 3 oz *Brown Rice Pilaf ½ c *Capri Blend ½ c *Carrots ½ c W.G. Dinner Roll 1 oz Orange ALT=CF RB	9 *Beef Stew 8 oz *Brussels Sprouts ½ c W.G. Dinner Roll 2 oz Apricots ½ c Apple Juice ½ c ALT=CBG T	10 *Chicken 3 oz, Gravy 2 oz *Brown Rice ½ c *Carrot Coins ½ c *Spinach ½ c w/ Lemon 1 PC Whole Grain Wheat Tropical Fruit ½ c ALT=CF TR
13 Indigenous People's Day Site Closed	14 *BBQ Chicken *W.G. Macaroni and Cheese ½ c *Baked Beans ½ c *Sautéed Spinach ½ c w/ Lemon 1 PC W.G. Corn Muffin 1 oz Sliced Peaches ½ c ALT=CS RB	15 *Stuffed Cabbage 6 oz W.G. Noodles ½ c w/ *Gravy 2 oz, *Antigua Blend Vegetables ½ c Whole Grain Wheat Tropical Fruit ½ c Cranberry Juice 4 oz ALT=CF T	16 *Breaded Fish 3 oz, Tartar See 1 PC *Seasoned Potato Wedges ½ c Ketchup 1 PC *Lima Beans ½ c W.G. Hamburger Bun Banana ALT=CBG TR	17 *Roasted Turkey Breast 3 oz *Gravy 2 oz w/W.G. Stuffing ½ c *Mashed Potatoes ½ c *Green Beans ½ c W.G. White Mandarin Oranges ½ c ALT=CF RB
20 *Baked Chicken Breast 3 oz *Gravy 2 oz *Key Largo Vegetables ½ c *Scalloped Potatoes ½ c W.G. Biscuit 2 oz Pears ½ c ALT=CS RB	21 *Meatball Sub 3 – 1 oz W.G. Bun *Marinara Sauce 2 oz *Zucchini ½ c *Carrot Coins ½ c Applesauce ½ c ALT=CBG TR	22 *Chicken Cacciatore 3 oz *WG Pasta ½ c w/ *Sauce 2 oz *Mixed Vegetables ½ c *California Blend ½ c Whole Grain Wheat Banana ALT=CF RB	23 *Stuffed Pepper 6 oz w/ *2 oz Sauce *Mashed Potatoes ½ c *Mixed Vegetables ½ c W.G. Biscuit 2 oz Red Grapes 1 c ALT=CBG T	24 *Chicken Alfredo 4 oz *W.G. Pasta ½ c *Broccoli ½ c *Cauliflower ½ c Whole Grain White Mixed Fruit ½ c ALT=CF RB
27 *Hamburger 3 oz Ketchup 2 PC *Seasoned Potato Wedges ½ c *Baked Beans ½ c Whole Grain Bun Sliced Peas ½ c ALT=CS TR	28 2-2 oz *Stuffed Shells *w/Sauce 2 oz *Corn ½ c *Lima Beans ½ c 2 Whole Grain Wheat Applesauce ½ c ALT=CBG RB	29 *Beef Meatloaf 3 oz *Gravy 2 oz *Mashed Potatoes ½ c *Green Beans ½ c W.G. Dinner Roll 2 oz Orange ALT=CF TR	30 *Breaded Chicken Breast 3 oz Mayo 1 PC *Cauliflower ½ c *Zucchini ½ c W.G. Bun 2 oz Apricots ½ c ALT=CBG RB	31 *Salisbury Steak 3 oz *Gravy 2 oz *Mashed Potatoes ½ c Green Peas ½ c 2 Whole Grain Wheat Pears ½ c ALT=CF T

Western Reserve Area Agency on Aging - 2025

Default Alternate Menu choices are shown at the bottom of each daily menu: "T" = Tuna, "TR" = Turkey, "RB" = Roast Beef, "Y" = Cheese
ALT CS=Chicken Salad w/Croissant, ALT CBG = Spring Lettuce Salad w/Chicken Breast, ALT CF = Chef Salad W Lettuce, Ham, Egg, Cheese

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Wear PINK Monday, October 20—Friday, October 24 in observance of Breast Cancer Awareness Month</p>	<p>1 Podiatrist 9:00 AM – 11:00 AM 10:00 AM Silver Sneakers CLASSIC Annex 10:00 AM Jewelry Making Craft Room 1:00 PM Ballroom Dance Library 1:00 PM BINGO! Dining Hall 1:00 PM Chair Exercise YouTube Comp. Lab</p>	<p>2 9:00 AM Floor Yoga Library 10:00 AM Silver Sneakers STRETCH Annex 10:00 AM Emergency Preparedness 11:00 AM Eat Smart Move More Library 11:00 AM Crafts Craft Room 1:00 PM Line Dance Library 1:00 PM Chair Exercise YouTube Comp. Lab 1:00 PM Stretch & Balance Class Annex</p>	<p>3 10:00 AM Silver Sneakers CLASSIC Annex 11:00 AM Circuit (new time) Craft Room 11:00 AM MUSIC BINGO Dining Hall 1:00 PM BINGO! Dining Hall 1:00 PM Board Games & Puzzles Hallway</p>
<p>6 Benefits Check-up 9:00 AM – 1:00 PM 8:40 AM Line Dance Beg. Library 9:00 AM Line Dance Adv. Library 10:00 AM Chair Yoga Annex 1:00 PM Ballroom Dance Library 1:00 PM BINGO! Dining Hall</p>	<p>7 Town Hall Meeting 10:00 AM 9:45 AM Breakfast Dining Hall 9:00 AM Silver Sneakers CLASSIC Annex 10:00 AM Silver Sneakers Circuit Annex 10:00 AM Crochet/Knit/Sew Craft Room 10:00 AM Bible Study Phone Conference 1:30 PM Tai Chi Annex</p>	<p>8 10:00 AM Silver Sneakers CLASSIC Annex 10:00 AM Jewelry Making Craft Room 11:00 AM Mindfulness Group Library 1:00 PM Digital Literacy Comp. Lab 1:00 PM Ballroom Dance Library 1:00 PM BINGO! Dining Hall No Chair Exercise YouTube</p>	<p>9 9:00 AM Floor Yoga Library 10:00 AM Silver Sneakers STRETCH Annex 11:00 AM Eat Smart Move More Library 11:00 AM Crafts Craft Room 1:00 PM Fun Bingo w/Slovene Home 1:00 PM Line Dance Library 1:00 PM Chair Exercise YouTube Comp. Lab</p>	<p>10 Chair Massages 9:00 AM – 12:00 PM 9:20 AM Pool Tournament Pool Tables 10:00 AM Silver Sneakers CLASSIC Annex 11:00 AM Circuit (new time) Craft Room 10:00 AM Pumpkin Craft w/ Heritage HC Euclid 1:00 PM BINGO! Dining Hall 1:00 PM Book Club Library 1:00 PM Board Games & Puzzles Hallway</p>
<p>13 </p>	<p>14 9:45 AM Breakfast Dining Hall 9:00 AM Silver Sneakers CLASSIC Annex 10:00 AM Silver Sneakers Circuit Annex 10:00 AM Crochet/Knit/Sew Craft Room 11:00 AM Fun Bingo w/ Heritage HC of Lyndhurst 10:00 AM Bible Study Phone Conference No Computer Class No Tai Chi</p>	<p>15 JACK Casino 9:30 AM – 2:30 PM 10:00 AM Silver Sneakers CLASSIC Annex 10:00 AM Jewelry Making Craft Room 11:00 AM Veterans Group Library 1:00 PM Ballroom Dance Library 1:00 PM BINGO! Dining Hall 1:00 PM Chair Exercise YouTube Comp. Lab Birthday Day</p>	<p>16 9:00 AM Floor Yoga Library 10:00 AM Silver Sneakers STRETCH Annex 11:00 AM Eat Smart Move More Library 11:00 AM Crafts Craft Room 1:00 PM Fun Bingo w/Prosper at Wickliffe 1:00 PM Line Dance Library 1:00 PM Chair Exercise YouTube Comp. Lab 1:00 PM Stretch & Balance Class Annex</p>	<p>17 10:00 AM Silver Sneakers CLASSIC Annex 11:00 AM Circuit (new time) Craft Room 11:00 AM MUSIC BINGO Dining Hall 1:00 PM BINGO! Dining Hall 1:00 PM Board Games & Puzzles Hallway</p>
<p>20 OSHIP 10:00 AM – 2:00 PM 8:40 AM Line Dance Beg. Library 9:00 AM Line Dance Adv. Library 10:00 AM Chair Yoga Annex 11:00 AM Fun Bingo w/ Chase Medical 1:00 PM Ballroom Dance Library 1:00 PM BINGO! Dining Hall</p>	<p>21 9:45 AM Breakfast Dining Hall 9:00 AM Silver Sneakers CLASSIC Annex 10:00 AM Silver Sneakers Circuit Annex 10:00 AM Crochet/Knit/Sew Craft Room 10:00 AM Bible Study Phone Conference 11:00 AM Fun Bingo w/ Mentor Hills Post Acute 1:30 PM Tai Chi Annex</p>	<p>22 10:00 AM Silver Sneakers CLASSIC Annex 10:00 AM Digital Literacy Comp. Lab 10:00 AM Jewelry Making Craft Room 11:00 AM Mindfulness Group Library 1:00 PM Ballroom Dance Library 1:00 PM BINGO! Dining Hall 1:00 PM Chair Exercise YouTube Comp. Lab</p>	<p>23 Patterson Fruit Farm 9:00 AM – 11:00 AM 9:00 AM Floor Yoga Library 10:00 AM Silver Sneakers STRETCH Annex 11:00 AM Crafts Craft Room 1:00 PM Line Dance Library 1:00 PM Chair Exercise YouTube Comp. Lab</p>	<p>24 10:00 AM Silver Sneakers CLASSIC Annex 11:00 AM Circuit (new time) Craft Room 1:00 PM BINGO! Dining Hall 1:00 PM Board Games & Puzzles Hallway</p>
<p>27 OSHIP 10:00 AM – 2:00 PM Produce Distribution 12:30 PM 8:40 AM Line Dance Beg. Library 9:00 AM Line Dance Adv. Library 10:00 AM Chair Yoga Library 10:30 AM Tai Chi Demo 11:00 AM Mayor's Visit 1:00 PM Ballroom Dance Library 1:00 PM BINGO! Dining Hall</p>	<p>28 Mentor Mall 9:30 AM – 2:30 PM 9:45 AM Breakfast Dining Hall 9:00 AM Silver Sneakers CLASSIC Annex 10:00 AM Silver Sneakers Circuit Annex 10:00 AM Crochet/Knit/Sew Craft Room 10:00 AM Bible Study Phone Conference 1:30 PM Tai Chi Annex No Computer Class</p>	<p>29 Flu Shots w/Marc's 9:00 AM – 1:00 PM 10:00 AM Silver Sneakers CLASSIC Annex 10:00 AM Jewelry Making Craft Room 1:00 PM Ballroom Dance Library 1:00 PM BINGO! Dining Hall 1:00 PM Chair Exercise YouTube Comp. Lab</p>	<p>30 Miles Farmers Market 12:30 PM – 2:30 PM Blood Pressure Clinic 9:00 AM – 12:00 PM 9:00 AM Floor Yoga Library 10:00 AM Silver Sneakers STRETCH Annex 11:00 AM Crafts Craft Room 1:00 PM Line Dance Library 1:00 PM Chair Exercise YouTube Comp. Lab</p>	<p>31 Attorney Visit 10:00 AM – 11:30 AM 10:00 AM Silver Sneakers CLASSIC Annex 11:00 AM Circuit (new time) Craft Room 10:00 AM Scavenger Hunt Dining Hall 1:00 PM BINGO! Dining Hall 1:00 PM Board Games & Puzzles Hallway Happy Halloween – costumes encouraged</p>

OCTOBER 2025



*Center for Aging
in the Digital World*

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PRESENTS

DIGITAL LITERACY SERIES

AT THE EUCLID SENIOR CENTER



**Wednesday
October 8, 2025**



**1:00 PM
2:30 PM**

TIPS ON SCANNING QR CODES

QR codes are everywhere, from event tickets to menus and everything in-between. Come discover tips on scanning QR codes, including how-to scan using your smartphones, and other tips.

**SCAN
ME! >>>**



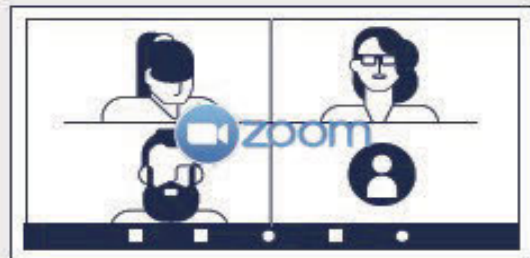
**Wednesday
October 22, 2025**



**10:00 AM
11:30 AM**

ATTEND ZOOM MEETING/WEBINARS

Many organizations, including Medicare, uses webinars to educate seniors. Physical distancing but not social distancing is the game. Come discover how to attend webinars, join meetings, and even host.



Must be a member of Euclid Senior Programs to participate.

Senior Trips for the Month of October 2025

JACK Casino
Wednesday, October 15
9:30 am—2:30 pm
Admission: \$5.00

Patterson Fruit Farm
Thursday, October 23
9:00 am—11:00 am
Admission: \$5.00
** Farmers Market card accepted **

Mentor Mall
Tuesday, October 28
9:30 am—2:30 pm
Admission: \$5.00

Miles Farmers Market
Thursday, October 30
12:30 pm—2:30 pm
Admission: \$10.00

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Do you receive both MEDICARE AND MEDICAID?

OSHIP is here with answers to your questions!



Ohio Senior Health Insurance
Information Program

800-686-1578



MyCare Ohio
Ombudsman

800-282-1206

MyCare Ohio is a managed care program for Ohioans who receive BOTH Medicaid and Medicare benefits.



Department
of Insurance



Euclid Senior Center Veteran's Group
Wednesday, October 15 at 11:00 am
Euclid Senior Center Computer Lab

Veterans and Veteran Dependents (spouse/widow/widower) are welcome!

Please come with questions for American Legion Service Officer Dennis Brandt.

Membership is required to participate in the group.



Attorney!

The Law Firm of Daniel P. Seink Co. are your Advocates in Aging. We understand the unique challenges faced by seniors and their families, and we are dedicated to helping you or your loved ones get the care you need and find the best way to pay for it. If you have questions regarding estate planning, wills, trusts, Medicaid eligibility, Long Term Care needs, or Veterans Benefits we can help.

Please schedule your appointment at the front desk.

NON-DENOMINATIONAL BIBLE STUDY

Non-Denominational Bible Study meets every Tuesday at 10:00 AM. Each weekly class lasts about an hour.

You can join a session by calling:

1-917-900-1022 and entering code: 1747896.

*When calling in, please tell them your name and then mute your telephone to prevent background noise. Unmute yourself when you want to comment.

**The study is currently focusing on the Books of
I John, II John and III John**



Tuesdays

10:00 AM– 11:00 AM

Call: 1-917-900-1022

Code: 1747896

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ACTIVITIES

Computer Class



Computer class scheduled for the 2nd & 4th Tuesday of each month has been temporarily postponed until further notice.

We apologize for any inconvenience this may cause.
Thank you for your understanding.

Mindfulness Group

The Mindfulness Group will meet on the 2nd and 4th Wednesdays of the month at 11:00 am in the Library.



BILLIARDS TOURNAMENT

Friday, October 10 at 9:20 am

Please join us at the pool tables for some healthy competition!

Please be on time!



Chair Exercise

Chair Exercise via YouTube on Wednesdays and Thursdays
at 1:00 pm in the Computer Lab.

Please join us!



Stretch & Balance

Stretch & Balance meets at 1:00 pm in the Annex on the
1st and 3rd Thursday of the month.



Breakfast Program

Breakfast starts at 9:45 am on Tuesdays, first come first
served. Thank you for participating!



TRANSPORTATION

Members wishing to make transportation arrangements should contact our coordinator, Monica Fetheroff, at 216-289-2985.

Euclid Senior Programs Transportation Policies

Senior Programs can provide transportation services, on a limited basis, for members who are Euclid residents. (Please note – we do not transport to/from senior communities that have their own transportation).

SHOPPING SCHEDULE (fee is \$3.00 Per Rider)

Shopping is limited to the following local stores: DAVE's, ALDI's, MARC's, Dollar General and Drug Mart. Please note – we will transport a MAXIMUM OF 8 BAGS.

TUESDAY SHOPPING

Mornings - One hour at store

THURSDAY SHOPPING

Afternoons- One hour at store

Medical Appointment Transportation – You must schedule medical appointment transportation at least two weeks in advance by calling **Monica at 216-289-2985**. Please note, we cannot transport outside of the times listed below. If your appointment runs later, you need to arrange other means of transportation. Also, we are not a medical transport. If that is needed, please contact an ambulance service.

Medical Appointments within Euclid

9:00 a.m. - 3:00 p.m.

Fee -\$6.00

Medical Appointments outside of Euclid

9:00 a.m. - 2:00 p.m.

Fee -\$10.00

Medical appointment transportation service is limited to the following areas:

East to Lake West Hospital
South to Hillcrest Hospital
West to VA Hospital, Cleveland Clinic and University Hospital
All of Euclid



NUTRITION *Programs*

Euclid Senior Center offers a sit down lunch program Monday thru Friday 12:00 PM–1:00 PM. We serve a nutritious meal that supplies 1/3 of your daily nutrition requirements. Our menus are written by a licensed dietitian to ensure you receive a healthy lunch.

RESERVATIONS ARE MADE BY NOON ON TUESDAYS FOR THE FOLLOWING WEEK.

Please call our Nutrition Supervisor, Sylka Edmondson at 216-289-2985 to make your reservation.

When reserving, please be conscientious and look ahead to make sure you reserve lunch for the days you plan to attend the Center as it helps data for reporting purposes.

Reminder:

Please remember to cancel your lunch reservation with Sylka if you plan to attend a senior field trip.

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* Subject to credit approval based each Member's credit quality. Rates are subject to change without notice.



At Indian Hills, When You Are 55 Or Older, Life Comes With Perks:

Studios, 1 Bedroom and 2 Bedrooms Suites | 24-Hr Controlled Building Access | 24-Hr Emergency Maintenance |
 Pet Friendly Community | Community Center with Full Time Activities Coordinator | Indoor Heated Swimming Pool
 Activities include Art Classes, Computer Classes, Yoga, Bingo, Line Dancing + more! | Courtyard and Gazebos
 Affordable, Cozy and Clean Apartment Suites | Heat, Water, Sewer and Trash Included | Next to RTA and Public Transportation
 Free Shuttle for Shopping, Banking and More

**Contact us Today for a
Personalized Tour or Stop By!!**

**440.462.0994 or lease@indianhillssc.com
 1541 E. 191st Street, Euclid, OH 44117**

APPLICATION FEE IS
WAIVED; COME APPLY TODAY



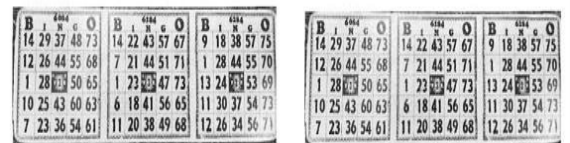


Thursday, October 9 at 1:00 pm w/ Slovene Home
 Tuesday, October 14 at 11:00 am w/ Heritage Healthcare of Lyndhurst
 Thursday, October 16 at 1:00 pm w/ Prosper of Wickliffe
 Monday, October 20 at 11:00 am w/ Chase Medical Services
 Tuesday, October 21 at 11:00 am w/ Mentor Hills Post Acute



**Monday, Wednesday,
& Friday
1:00 pm**

Play two (2) for \$7.00



Please Note: Once the caller has begun the first game, no one will be permitted to join in on any session

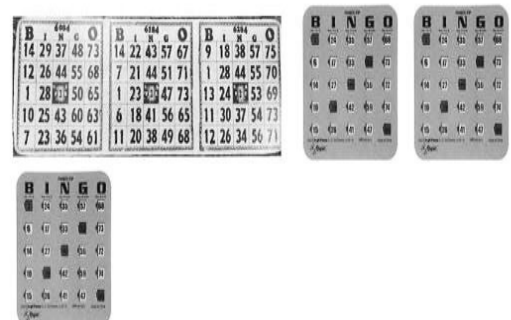
Or

Play six (6) for \$7.00



Or

Play a mix for \$7.00



\$7.00 for each bingo session. You must buy at least \$7.00 worth of bingo boards.

All monies spent on bingo boards will be returned as prize money. Prize money for each game will be determined as follows:

- Amount collected in sales divided by 14
(number of games)= Value of each pot
- If more than one person wins Bingo on the same game, the pot is split by number of winners.
- Game 14, the final game, will be fill-up. The fill-up pot will consist of the normal payouts plus any monies collected from the sale of bingo chips before the game.
- Bingo must be claimed by yelling "Bingo." You can only bingo on the last number called. No exceptions.

Bingo must conclude promptly at 3:00 pm

SENIOR MARKET



Monday, October 27
12:30 PM—1:30 PM

Distribution is first come first serve.

You must be a current member of the Euclid Senior Center to participate.

You can renew your membership prior to market distribution.

15

Hospice of Greater Cleveland
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- Guided Tour of Philadelphia
- Visit Atlantic City and receive a Casino Bonus!
- Free time to see the Liberty Bell and Independence Hall

For more pictures, video, and information visit:
www.GroupTrips.com/Angelictravel

Departure:
23910 Lakeshore Blvd, Euclid, OH @ 8 am
(PARKING LOT BEHIND DOMINO'S PIZZA - DROP OFF ONLY)
\$75 Due Upon Signing. *Price per person, based on double occupancy.
Add \$259 for single occupancy. Final Payment Due: 4/16/2024

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14-1642

Senior Farmer's Market Nutrition Program (SFMNP)



The **Senior Farmers Market Nutrition Program (SFMNP)** is designed to provide low-income seniors with access to locally grown produce, which aides in the development of new and additional farmers' markets, roadside stands, and community support agricultural programs (USDA, 2025).

Euclid Senior Programs serves the following zip codes: **44123, 44132, 44119, 44117 & current members of Euclid Senior Programs.**

Registration: Please call 216-289-2985 for details.

Euclid Senior Programs

1 Bliss Lane, Euclid, Ohio 44123

Registration Assistance is available starting Tuesday, May 6th in the main office. *Registration is first come first serve basis.*

Tuesday - Friday 10:00 AM to 11:30 AM & 1:00 PM to 2:30 PM

Must Have:

- Valid Driver's License/State ID
- Authorized user email address and phone number if you plan to have someone shop for you

How much do I receive from SFMNP? \$50.00

When can I use the funds? May 15th thru November 30th

How do I register for the SFMNP? At Euclid Senior Programs during the designated registration times.

What if I lose my SFMNP card? Funds cannot be replaced, treat it like "cash."

Ohio Homegrown Benefits Support Line (614) 412- 1729

[Senior Farmers' Market Nutrition Program | Food and Nutrition Service](#)

[Senior Farmers Market Nutrition Program](#)

Eligibility

- Age 60 or older
- Live in a participating county
- Household income that falls within 185% of the Federal Poverty Level
- For 2025, the 185% of the Federal Poverty Level is:
 - \$0-\$28,953 for a 1-person household
 - \$0-\$39,128 for a 2-person household
 - \$0-\$49,303 for a 3-person household
 - \$0-\$59,478 for a 4-person household
 - \$0-\$69,653 for a 5-person household



Please remember to use the suggestion box located at the front desk.

Euclid Senior Program staff are always looking for ways to improve our services and programs.

Your ideas and feedback are greatly appreciated.



A special thanks to all of our wonderful staff

PROGRAM MANAGER

Cassaundra Bronson

ADMINISTRATIVE ASSISTANT

Dynesha Stover-McDonald

PROGRAM COORDINATOR

Monica Fetheroff

NUTRITION SUPERVISOR

Sylka Edmondson

SOCIAL WORKER

Vacant

FOOD SERVICE

Kenyatta Black & Effie Grays

DRIVERS

Ed Bell, David Belle, John Gay, Jim Hendrickson,
Allen Patrick & Moses Taylor

STAFF MEMBERS

Rita Campbell & Bill Solnosky

BENJAMIN ROSE VOLUNTEERS

Robin Boley, Darlene Foster, Leslie Harding,
Billy Howze, & Verlana Munn Rogers

Thank you !

Euclid Senior Programs is fortunate to have organizations provide us with pertinent information and sponsor wonderful events for our seniors. We thank all the organizations and partner agencies for their time this month.

- ♦ Bruce Amsel, OSHIP
- ♦ Center for Aging in the Digital World
- ♦ Charletta Footte, Cuyahoga County Program Officer—Benefit Checkup
- ♦ Chase Medical Services, LLC.
- ♦ Cortina's Family Restaurant
- ♦ Dennis Brandt, American Legion Service Officer
- ♦ Dr. Banguyan, Podiatrist
- ♦ Euclid Police Department
- ♦ Heritage Health Care of Euclid
- ♦ Kelly Delaney, Daniel P. Seink Co.
- ♦ Marc's Pharmacy
- ♦ Mentor Hills Post Acute
- ♦ Prosper at Wickliffe
- ♦ Radiant Aura Massage
- ♦ Slovene Home

Thank you to our wonderful volunteers and instructors, you are vital to the success of Euclid Senior Programs!

In Sympathy



Euclid Senior Programs extends
condolences to
family and friends
of
senior center member John Rogoski,
who passed away on September 23, 2025.



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Jeff Scott
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Euclid Resident



Family members are caring for parents and spouses living with dementia more than ever. Help evaluate a National Institute on Aging (NIA) funded program for care partners.



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School of Nursing



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learningskillstogether@case.edu
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euclidlibrary.org/services/outreach



EUCLID PUBLIC LIBRARY

A New Chapter Begins

Euclid Public Library is undergoing an exciting renovation in 2025 to modernize and improve our space for the community. During this time, library services and programming will continue at our temporary locations.

Meet us at one of our **TEMPORARY** locations:



EPL at 185th

475 E 185th Street | Euclid, OH 44119



EPL's Temporary Library Location



Shore Cultural Centre

291 E 222nd Street | Euclid, OH 44123 | Rooms 39 & 41



EPL's Temporary Programming Space

Visit euclidlibrary.org/renovation
for more information!