



**THE REFEREE**  
ADVOCATES

# REC SOCCER RULES

**LAKEVILLE SC**



AGE	GAME FORMAT	DURATION	BALL SIZE	RECOMMENDED OFFICIAL	OFFSIDES	BALL'S OUT	HEADERS/PUNTING	FREE KICKS	BUILD OUT LINE
GRADE K-2	4V4 (NO GK)	20-MIN HALVES, 5 MIN HALF TIME	3	11-12 YEAR OLDS	NO	KICK/DRIBBLE IN, GOAL KICK, CORNER KICK	NO	INDIRECT	NO
GRADE 3-4	7V7 (WITH GK)	25-MIN HALVES 5 MIN HALF TIME	4	11-14 YEAR OLDS	NO	KICK-IN, GOAL KICK, CORNER KICK	NO	INDIRECT	YES DROP BACK TO MID-FIELD
GRADE 5-8	9V9 (WITH GK)	5TH: 25-MIN HALVES 5 MIN HALF TIME 6TH-8TH: 30-MIN HALVES 5 MIN HALF TIME	5	12+ YEARS OLD	YES	KICK-IN, GOAL KICK, CORNER KICK	NO	USSF LAWS	YES DROP BACK TO MID-FIELD

## GENERAL RULES:

- Substitutions can happen at any stoppage. Referee must approve substitutions
- Bad throw-ins can be retaken once. If the second throw-in is better, play on (even if still a bad throw)
- All fouls result in an INDIRECT free kick from the spot of infraction
- No drop balls - restart with indirect free kick for injuries, ball hitting the ref & changing possession, etc
- Players must remove jewelry
- Eyeglasses must be secured by a strap or band



THE REFEREE  
ADVOCATES

# REC SOCCER RULES

LAKEVILLE SC



## GENERAL RULES FOR ALL AGES

### FOULS

See age groups for free kick guidance. No penalty kicks. No drop balls.

### MISCONDUCT

No cards or send off. Tell coach to replace the player.

### SAFETY

- Team players and coaches should be on the same side of the field; on the opposite side of the field from parents and spectators
- No more than TWO coaches per team should be on the team sideline at any game
- Opposing players and coaches should line up and shake hands or applaud as group after each game

### SAFETY

- If player is hurt, stop play immediately, call coach/parent to enter field
- Restart with an indirect free kick for the team last in possession

### PLAYER EQUIPMENT

- Players may not wear ANY JEWELRY or EARRINGS during a soccer game. Earrings, even newly pierced, must be removed in order to play
- Players may not wear or use anything that is dangerous to themselves or another player.
- All players must wear shin guards, covered by socks
- Jackets, sweatpants ok, hoody must have hood tucked under jersey