

# X-Ray Information Statement

## Types of X-rays Available:

Mobile Radiology Australia offers a wide range of digital X-ray examinations, including:

- **Abdomen:** Erect, Supine, KUB (Kidneys, Ureters, Bladder)
- **Chest:** AP Chest, Ribs
- **Pelvic Girdle:** Pelvis, Hips, Sacroiliac Joints (SIJs)
- **Spine:** Thoracic, Lumbar, and Sacrococcygeal regions (Note: Cervical spine not included)
- **Extremities:** Upper and Lower Limbs
- **Head:** Skull, Facial Bones, and Sinuses

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## Information for Families and Carers

Mobile Radiology Australia provides mobile digital X-ray services directly within aged care facilities and various settings where access to imaging is limited. This means your loved one can have their X-ray performed in the comfort and familiarity of their own room, avoiding the need for hospital or clinic visits.

X-rays are a safe, quick, and non-invasive way to obtain images of the body's internal structures. Depending on the scan, the resident may be positioned sitting or lying down.

The procedure itself is painless, although some temporary discomfort may occur from the positioning required.

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## Before the Procedure: Preparation

- **No special preparation is required.**
  - Our team will contact the facility's nursing staff **20–30 minutes before arrival.**
  - During this time, care staff will prepare and escort the resident to their room for the scan.
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## During the Procedure: What to Expect

- On arrival, our radiographer will check in with nursing staff and be guided to the resident's room.
- Clothing containing metal (e.g. underwire bras, braces with clips) may need to be removed to avoid image interference. Nursing staff will assist if needed.
- Multiple images may be taken from different angles to ensure accurate diagnostic information.
- Each examination generally takes **10–20 minutes**, though some may last up to **30 minutes**.

Mobile Radiology Australia uses state-of-the-art **digital imaging technology**, which provides **high-quality images** with the **lowest possible radiation dose**.

X-rays are considered safe for adults, and the minimal exposure is carefully weighed against the benefits of a timely and accurate diagnosis by the referring doctor and our radiographers (ALARA Principle).

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## After the Procedure: Results

- A **Radiologist** — a specialist medical doctor trained in interpreting medical images will review the X-rays.
  - A formal report will be sent to the referring practitioner within **24–48 hours**.
  - For urgent cases, **same-day reporting** and **verbal results** are available.
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## Important Reminders

- If you have any questions, please contact **Mobile Radiology Australia** on **1300 850 405** or **03 903995094**
  - **Referrals from any radiology provider are accepted** — even if written on a different provider's referral form.
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