

Shrimp Dumplings

Delicious chunks of shrimp with a select vegetable blend hand-wrapped in a crescent shaped dumpling.



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Frozen: 730 days



Point for Pondering: The Chinese have been enjoying dumplings (potstickers) since the Song dynasty (960 to 1280 A.D.). The exact origins of potstickers are lost to history. However, according to a charming legend, they were invented by a chef in China's Imperial Court, who accidentally burnt a batch of dumplings after leaving them on the stove for too long. The overcooked dumplings were burnt on the bottom only, & not on top. With no time to prepare a new batch, the chef served the dumplings with the burnt side on top, announcing that they were his own special creation. Fortunately, court members loved them!



Ingredients: Wrapper: Flour, Water, Refined soy oil, salt, sugar. Filling: Cooked Shrimp, Cabbage, Snap pea, Onion, Chinese chives, Ginger, White wine, Sweet red chilli, Salt, Sesame oil, Light soy sauce, Sugar, Yeast extract, White pepper. **Contains: Wheat, Soy, Sesame, Shrimp**

Preparation

General Cautions: Product must be fully cooked for food safety & quality. Minimum internal temperature should be 74°C / 165°F for at least 15 seconds



Microwave (1,000 W): from defrosted place 4 potstickers on microwaveable plate, microwave products for 1 to 1 minute 30 seconds or until heated through.



Steam: from defrosted place 4 potstickers on oiled steamer basket. Place basket over boiling water and close lid. Steam for 4-5 minutes or until heated through.



UPC:
SCC: 10874163003294
Greco Item: 00329
Dot Item: 779826

Case Length: 22.6 cm / 8.9 inches
Case Width: 18.03 cm / 7.1 inches
Case Height: 19.05 cm / 7.5 inches

Pack Size: 6 x 20 piece bags
Case Net Wt: 3 kg / 6.98 lb
Case Gross Wt: 3.45 kg / 7.60 lb
Case Cube: 0.0076m³ / 0.27 ft³

Cases per pallet layer: 27 cases
Layers per pallet: 10 cases
Cases per pallet: 270 cases

Nutrition Facts	
Valeur nutritive	
Per 3 pieces (75 g) pour 3 morceaux (75 g)	
Calories 100	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 2 g	3 %
Saturated / saturés 0.2 g + Trans / trans 0 g	1 %
Carbohydrate / Glucides 15 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 2 g	2 %
Protein / Protéines 6 g	
Cholesterol / Cholestérol 25 mg	
Sodium 390 mg	17 %
Potassium 100 mg	3 %
Calcium 20 mg	2 %
Iron / Fer 1.5 mg	8 %
*5% or less is a little, 15% or more is a lot	
*5% ou moins c'est peu, 15% ou plus c'est beaucoup	