

# Babyproofing

## Checklist By Room



### Nursery

- Keep cords, choking hazards, and heavy objects out of reach.
- Anchor dressers, windows, and other furniture with metal anti-tipping devices.
- Use cordless window coverings.
- Install window guards or stoppers.
- Keep cribs and anything climbable away from windows.
- Remove mobiles over the crib once baby can sit up.
- Use outlet safety covers or plates on all nursery outlets.

### Kitchen

- Keep a fire extinguisher easily accessible.
- Use childproof latches or locks on drawers and cabinets within baby's reach.
- Store cleaning products, knives, plastic bags, glass items, medicine, and alcohol in high, locked cabinets.
- Use only the stove's back burners when cooking.
- Turn pot and pan handles inward to prevent grabbing.
- Install stove knob covers.
- Ensure the oven and dishwasher have anti-tipping devices installed.
- Add appliance locks to the oven, dishwasher, fridge/freezer and trash can.
- Unplug and store small appliances (e.g., blender, toaster) after each use.
- Never place high chairs near hot surfaces or cords.
- Always secure your child in a high chair using a safety harness.
- Keep hot, sharp, or heavy items away from table edges.
- Never carry your baby while cooking.
- Avoid using tablecloths and placemats.
- Remove any items dangling off tables or chairs (including bags and clothing).

### Bathroom

- Use knob covers or high door locks to prevent access to the bathroom.
- Supervise baths 100% of the time.
- Install toilet locks, anti-slip mats, soft faucet covers.
- Store medications and sharp items in high, locked cabinets.
- Use latches or locks on accessible cabinets and drawers.
- Set your home water heater to a maximum of 120°F (49°C) or use an anti-scald device to prevent burns.
- Test bath water with your wrist or a bath thermometer to ensure it's no hotter than 104°F (40°C).

### Living Room/Common Areas

- Anchor bookshelves, dressers, mirrors, and TVs to the wall with metal anti-tipping devices.
- Secure electronic wires and cords out of reach.
- Cover electrical outlets with child-resistant outlet covers or safety plates.
- Remove toxic plants and place all others out of reach.
- Use hardware-mounted gates on stairs; pressure-mounted is fine between rooms.
- Use hearth gates to block access to fireplaces and space heaters.
- Remove hot, heavy and small objects from floors and low tables.
- Use corner protectors on furniture edges.

### Whole House

- Use doorknob covers, pinch guards, and door stoppers to prevent access to unsafe areas & protect fingers.
- Keep bags, coins, batteries (especially button batteries), magnets, and cords out of reach.
- Test smoke and carbon monoxide alarms monthly.
- Install window locks or guards to prevent windows from opening more than 4 inches.
- Ensure no furniture or climbable items are placed in front of windows.
- Update all window coverings to cordless versions.
- Install child locks on all home exits, including doors to the garage and backyard.
- Use a small parts tester (or toilet paper roll) to remove items that fit inside.