

# TOWNSVILLE GASTROENTEROLOGY PTY LTD

Dr. Stephen Fairley 031623AL  
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Patient Demographic Label

## CONSENT FOR GASTROSCOPY (UPPER ENDOSCOPY)

Please read this carefully and **bring this form into the Endoscopy Unit when you attend** for the procedure. If there is anything you do not understand, please raise this with the nursing and medical staff at the time of your procedure. I will attempt to quantify the risks of the procedure from the literature and my own experience (figures in brackets) for outpatient procedures such as yours. You need to be aware that the risk of not having the procedure (missed cancer etc) may significantly exceed the risks from the procedure.

GASTROSCOPY is a safe and well tolerated method for examining the upper gastrointestinal tract. This includes the oesophagus (gullet), the stomach and the duodenum (upper small bowel).

The examination is done following sedation which is given into a vein. It is very unlikely you will have any recollection of the procedure as you will be very sleepy/asleep during the procedure.

The risks of the examination are minimal. It is extremely uncommon to have an allergy to the drugs used. Occasionally it is necessary to perform interventional procedures through the endoscope, such as oesophageal dilatation in the presence of a stricture, or removal of polyps from the upper intestine. Potential complications include:

- Perforation/puncture of the bowel wall in well under 1% of cases (0/50,000)
- Bleeding less than 1/1,000
- Lung infections secondary to aspiration (inhalation) of vomitus into the lungs – uncommon 1/5,000
- Other risks of sedation/anaesthesia such as complications related to the heart or lungs – very uncommon (0/50,000).
- The rare possibility that something may be missed or that the procedure may be technically difficult and unable to be completed.
- Death due to the procedure – extremely rare (0/50,000)
- Potential damage to the teeth by the protective mouth guard during endoscopy.

Most complications settle spontaneously and do not require any specific intervention. Very rarely they may be life threatening and require a blood transfusion or open surgery. If you would rather not have polyps removed or not have interventions such as a blood transfusion (in a life-threatening situation) please inform the nursing and medical staff on admission. Should you have any symptoms of concern following the procedure such as abdominal pain, fever, shortness of breath, bleeding etc, please notify your doctor.

If there is a chance that you could be pregnant, or have very serious heart, lung (e.g., requiring home oxygen), kidney disease or if you have difficulty walking up one flight of stairs without stopping, please notify us before the procedure. These issues may increase the risk of sedation and it may be more appropriate that your procedure is done in a hospital rather than day surgery setting. Please notify the nursing/medical staff on admission of all of your medications, particularly blood thinning agents such as Warfarin or Plavix.

As a statement of disclosure, Dr Stephen Fairley has a financial interest in The Townsville Day Surgery.

I \_\_\_\_\_ have read and understood the above advice and I have received satisfactory answers to my questions about the procedure. I consent to gastroscopy and any associated procedure necessary. **I agree not to operate a motor vehicle or machinery for at least 24 hours after the procedure, if given sedation for the procedure, and not to make any important decisions or sign any contracts within 24 hours of the procedure, if given sedation for the procedure.**

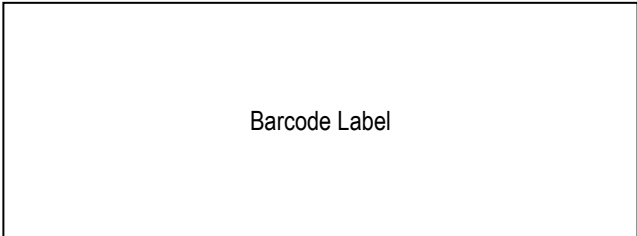
<b>Signature:</b>		<b>Date:</b>	
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<b>For Doctor</b> I have asked the patient whether they understood the consent form and have any questions or concerns about the procedure or the consent form and have answered these in a full and clear manner.			
<b>Signature:</b>		<b>Date:</b>	

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## **PATIENT INFORMATION**

### **What is “upper gastrointestinal endoscopy”?**

Endoscopy involves the use of a flexible tube to examine the upper intestinal tract including the oesophagus, stomach, and duodenum. The procedure is commonly undertaken if your doctor suspects that you have inflammation of the oesophagus (*the pipe which connects the throat to the stomach*), an ulcer, inflammation or other abnormality of the oesophagus, stomach, or duodenum.

### **Special considerations**

You will be given sedation by injection during the procedure. The procedure will take between 5 and 15 minutes and you will be sleepy for about half an hour afterwards.

### **What do we do?**

An endoscope is a flexible tube about 9mm in diameter. It allows full colour inspection of the oesophagus, stomach, and duodenum. It also allows biopsies to be taken from the small bowel and other areas.

### **Safety and Risks**

Gastrointestinal endoscopy is usually simple and safe. It is very unlikely to cause any serious problems for patients.

Extremely rarely, individual patients may have a reaction to the sedation or damage to the oesophagus at the time of examination. Such complications are extremely rare, however, if you wish to have full details of all possible rare complications discussed before the procedure, you should inform your doctor.

### **How are you prepared?**

**You are to stop all solid or fatty foods 6 HOURS PRIOR TO ADMISSION.  
Thereafter clear fluids only (no milk) until 2 HOURS PRIOR TO ADMISSION.**

While fasting, take all your regular medication with just a sip of water. If you are diabetic, please contact your endoscopist to discuss this.

**Patient name:** \_\_\_\_\_

**Your appointment for Gastroscopy has been arranged for** \_\_\_\_\_ **at the**

**Townsville Day Surgery**  / **Mater Hospital**  **Your admission time is** \_\_\_\_\_

**Doctor:**        ----- **Dr Stephen Fairley**    \_\_\_\_\_ **Dr Crispin Musumba**    \_\_\_\_\_ **Dr Seema Shah**

**PLEASE BRING THIS FORM WITH YOU ON THE DAY OF YOUR PROCEDURE**

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## **INSTRUCTION FOR DIABETICS - GASTROSCOPY AND COLONOSCOPY**

*Please bring your medication including insulin with you to your procedure.*

### **GASTROSCOPY**

- Normal medication and diet the day before the procedure.
- On the day of the procedure, take 1/3 of your usual morning insulin. Do not take any diabetic tablets.

### **COLONOSCOPY**

1. **DIABETICS ON INSULIN:** Notify our staff and your procedure will be scheduled in the am.

**The day before the procedure** have a normal breakfast and then clear fluids only. Take your usual tablets in the morning only. Take 1/3 of your usual insulin dose(s) throughout the day.

**The day of the procedure** take no tablets and take 1/3 of your usual insulin dose.

2. **DIABETICS TREATED WITH TABLETS ONLY:** You do not need a morning procedure appointment.

**The day before the procedure** take your morning tablets only and take no diabetic medication after this while on clear fluids.

**The day of the procedure** take no medication before your procedure. Recommence your normal medication following recommencement of a normal diet after your procedure.

3. **DIET CONTROLLED DIABETICS:** Follow the usual preparation instructions.

NOTE:

**Type I diabetics** - please monitor your blood sugar regularly throughout this time.

**Type II diabetics on tablets** – some tablets MUST BE STOPPED 4 DAYS before your procedure, or the anaesthetist may cancel the procedure. See the list on the other side....

**Ozempic (Semaglutide) / Saxenda (Liraglutide) / Wegovy / Mounjaro or any similar injectable diabetic medication, excepting Insulin – \*\*PLEASE BE ON CLEAR FLUIDS ONLY FOR THE WHOLE DAY PRIOR TO YOUR PROCEDURE IF TAKING THESE INJECTIONS. Cease all fluids 6 hours prior to your admission.**

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### **NOTE FOR DIABETICS:**

If you take any of the below medication,

**PLEASE CEASE THE MEDICATION 4 DAYS PRIOR**  
to your procedure, or your procedure may be cancelled on the day.

- DAPAGLIFLOZIN (Forxiga)
- EMPAGLIFLOZIN (Jardiance)
- ERTUGLIFLOZIN (Steglatro)

When these are combined with Metformin:

- XIGDUO
- JARDIAMET
- SEGLUROMET

When these are combined with DPP4 inhibitors:

- GLYXAMBI
- QTERN
- STEGLUJAN

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### **PLEASE NOTE:**

As you will be placed under a light general anaesthetic during your procedure:

**You cannot legally drive for 24 hours post procedure**

Due to this, you will need to nominate a person to collect you and stay with you 24 hours post procedure. Collection by taxi without a carer will not be approved.

*Please ensure you have organised a carer prior to your admission date. If you cannot provide adequate information regarding a nominated carer, the Townsville Day Surgery may cancel your procedure.*

**Please turn over...**

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# **IMPORTANT INFORMATION ABOUT YOUR PRIVATE HEALTH INSURANCE**

If you have private health insurance, please speak to your health fund prior to your admission to ensure you are fully covered for your procedure.

Important questions to ask your insurer

- Am I covered in a PRIVATE facility?
- Do I have an excess or co-payment?
- Have I served all my waiting periods?

When contacting your insurer, they may require item numbers:

Colonoscopy – 32222

Gastroscopy – 30473

Flexible Sigmoidoscopy – 32084

**IF YOU ARE NOT COVERED BY YOUR INSURER, PLEASE CALL  
TOWNSVILLE GASTROENTEROLOGY ON 4725 2855  
PRIOR TO YOUR PROCEDURE.**