

## THE ROCK INN



# WILD ROCK OYSTERS FROM WHITSTABLE



RAW OYSTERS Rock oyster, hot sauce BEER-BATTERED OYSTERS
Seaweed mayonnaise



**BAR SNACKS** 

BONE MARROW Toasted sourdough £6.5 BREAD Chiddingstone Dairy cultured miso butter £5 NOCELLARA OLIVES Roasted garlic and herbs £5

**TO START** 

All served with homemade breads £10

DEVILLED KIDNEYS Butter, paprika on toast £9.50

PROPER PINT OF PRAWNS

Marie Rose sauce
£12

SALT AND CHILLI SQUID

Garlic mayonnaise
£10

SAUTÉED WILD MUSHROOMS

Butter, garlic on toast
£10

STONEWALL GAME TERRINE Bacon jam, toast £9.50

GRILLED ATLANTIC PRAWNS
Bruschetta, chimichurri
£12

**TOASTIES** 

£10

THE CUBAN
Ham, pulled pork, swiss cheese, pickles

THREE CHEESE Swiss, emmental, brie ROCK (NOT) CLUB Roast beef, onions, cheese, kimchi

SIDES

RED CABBAGE SLAW £4.5 | SKINNY FRIES £4.5 | CHEESY FRIES £5.5 ROCKET SALAD £5.5 | JERSEY ROYALS, GARLIC AND TRUFFLE £7.5 GRILLED TENDER STEM BROCCOLI, ENGLISH FETA AND ALMONDS £7.5 ROASTED CAULIFLOWER, HAZELNUTS AND CHID MISO BUTTER £7.5

All our burgers can be made Vegetarian/Vegan/Gluten Free

NASHVILLE DIPPED Chilli dipped fried chicken thigh, lettuce, house sauce, pickles, vinegar slaw £19 ROYALE WITH CHEESE Lettuce, gherkin, crispy onion, chips, house sauce £15 GAME CHANGER Venison, bacon, garlic mayonnaise, spinach, blue cheese, grilled jalapeños £18 BACON DOUBLE CHEESE Double patty, lettuce, gherkin, house sauce, crispy onion, chips £19

**ULTIMATE STEAK** 

Designed to share, minimum 800g maximum 2kg per steak

We dry age our own grass-fed local beef for a minimum of 30 days, giving you the best flavour and texture.

Served with chimichurri sauce, skin-on fries and house salad.

Rib eye - £9 per 100g

Sirloin - £9 per 100g

T-Bone - £11.50 per 100g

**MAINS** 

PIE OF THE DAY
Served with mash and gravy
£19

LARKIN'S
BATTERED COD
Chips, samphire, tartar sauce
£17.5

MARKET FISH OF THE DAY
Fresh fish caught today
(Market price)

**DESSERTS** 

£8

BASQUE CHEESECAKE Soft fruit compôte BREAD & BUTTER
PUDDING
Marmalade
and custard

STICKY TOFFEE PUDDING Salted caramel ice cream CRUMBLE Seasonal fruit, cream

LOCAL CHEESE BOARD
Blackwoods Graceburn and Hever, Kentish Blue, crackers and quince
£12.5



HASTINGS

# FROM FARM TO FORK

Many pubs and businesses claim sustainability and how local they are. It is however the humble rural pub that is probably the Daddy of the movement, we are no exception.

If it can be bought locally, and it usually can, we do.

#### CHIDDINGSTONE DAIRY

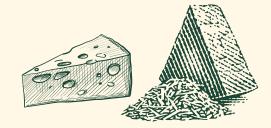
We make our cultured butter using double cream from Chiddingstone Dairy - the passion project of local farmers Paul Vicary and Alistair Laing, dairy farmers with a combined 40 years experience. They believe that happy cows produce high- quality milk, and that the happiest cows are those who are free to roam the lush green fields of the Kentish countryside, grazing on grass as nature intended.

#### **ERIDGE DAIRY**

Eridge dairy produce the most magnificent ice cream from their mixed milking cow herd. Loved by their owners, each pot of ice cream is signed with the names of cows who produced the milk.

## STONEWALL GAME

We proudly host the local shoot at the Rock every Saturday morning with a full English breakfast. In return we get the spoils of the shoot with fresh pheasant, duck and partridge delivered to our door.



#### **BLACKWOOD CHEESE COMPANY**

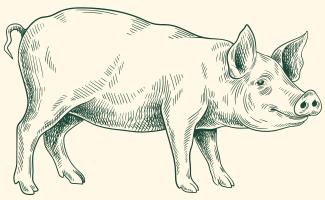
Commonwork Organic Farm at is a regenerative dairy farm with a single herd of 240 mixed breed milking cows. The cows pasture based diet of herbal lays, grass and silage giving the perfect milk for cheese making. They use only the freshest milk which is collected each morning.

#### PENSHURST LAMB

The Fredericks have supplied our lamb from the beginning with a growing flock of Suffolk Mules our lamb grazes just a short walk from the pub and is available all





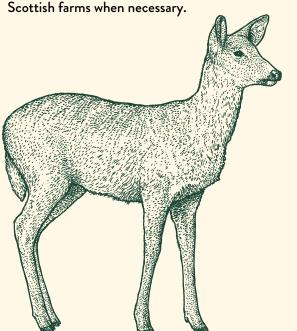


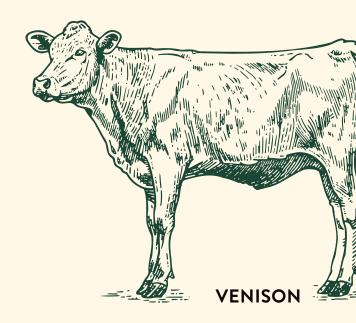
#### **OUR OWN PIGS**

In 2024 we decided to take farm to fork to the next level introducing our very own Mangalitsa cross Gloucester Old Spot pigs. Fed on organic feed, apples, acorns, brewers grain and cheese whey. We are passionate about animal welfare but also considerate of the food chain, our pigs were given the happiest of life with belly scratches and play time a plenty. We believe it shows in the meat.

#### **BEEF**

All our meat is from the master butchers Haywards. located in Tonbridge, taking pride in providing the highest quality award-winning meat products to the catering trade. We use a variety of local farmers beef topped up with Scottish farms when necessary





Deer management is conducted by Mat Skinner, based in Limpsfield with deer from the local Titsey Estate, within just five miles of our pub. His venison is as sustainable and as local as it gets.

### SANKEY'S THE FISHMONGERS

In Tunbridge Wells and Tonbridge, Sankey's specialise in serving fresh, local fish. Having been a family-run business for over 45 years, these guys are experts in their field (or sea). We take advantage of their daily specials and local delicacies to add to our menu!

