

The Proudest Blue

It's Faizah's first day of school and she's got a brand-new backpack and light-up shoes. For her older sister, Asiya, it's her first day of wearing a hijab at school. Faizah sees her sister as a princess wearing her beautiful blue hijab, but not everyone at school sees it this way. Instead, they are confused and say hurtful things to Asiya. But with wise words from their mother and understanding from their friends, Faizah and Asiya find new ways to be strong. Year 2, this book will remind you to be proud of who you are and what you believe in!



Author

Ibtihaj Muhammad is an Olympic medalist in fencing. A 2016 Olympic bronze medalist, 5-time Senior World medalist and World Champion, in 2016, Ibtihaj became the first American woman to compete in the Olympics in a hijab. In September of 2019, Ibtihaj released her first children's book *The Proudest Blue: A Story of Hijab and Family*, which instantly became a New York Times Best Seller. To find out more about her use the QR code.



Key vocabulary:

Hijab- Many Muslim women wear a hijab. The word means "veil". It symbolises modesty and respect for Allah their God.

Curtsy- A woman's or girl's formal greeting made by bending the knees with one foot in front of the other.

Bullying-The repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. Bullying can be physical, verbal or psychological. It can happen face-to-face or online.

Siblings- Brothers and sisters.

Whisper-To speak very softly using your breath rather than throat.

Proud- When you are proud, you are feeling pride, or satisfaction with yourself. This can happen when you have achieved something you have been working on..

Islam- A religion.

Islam:

Followers of Islam are called Muslims. Islam is a monotheistic religion that believes there is only one God and that God is Allah. It is the world's second-largest religion and their holy book is the Qur'an which Muslims believe is the direct word of Allah.

Followers of Muslim beliefs place a focus on their lives being led entirely devoted to Allah. They maintain their beliefs that nothing is allowed without Allah's permission. Those who practise Muslim beliefs, believe that humans have free will, however they deliberately choose Allah's way.

To find out more, use the QR code



Hijab:

The word hijab means 'to cover' so is often used to describe the headscarves worn by Muslim women and girls. Hijabs come in many styles and colours. The most common type in the UK covers the head and neck and leaves the face clear.

To find out more follow the QR code to watch a video all about the Hijab.



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