

A photograph of a priest in white vestments with hands clasped in prayer. In the foreground, a golden chalice and an open book are visible on an altar. The background is softly blurred.

## ***The Mass: The Mystery We Celebrate***

**St. Anthony on the Lake Parish**

**Facilitated by Al McCauley**

**Tuesdays, September 9, 16, 23, 30, 2025**

## **Reasons I Don't Shower...**

**I was forced to shower as a child.**



**The first bar of soap I used gave me a rash,  
so I haven't gone near soap since.**

**There are so many different types of soap,  
I could never decide which one was right.**

**I used to shower, but it got boring,  
so, I stopped.**

**I only shower on special occasions  
like Christmas and Easter.**

## **Reasons I Don't Shower...**

**I'm still young. When I'm older and I've gotten a bit dirtier, I might start showering.**



**I really don't have time to shower.**

**People who make soap  
are only after your money.**

**I work hard all week, and I'm too tired  
to take a shower on the weekend.**

**People who shower are hypocrites!  
They think they're cleaner than everyone else.**



**What is the Church's work?**

Living the Gospel

*Saving Souls*

**SERVICE**

Upholding Moral Standards

*Studying Scripture*

**Teaching**

# LITURGY

Sacraments

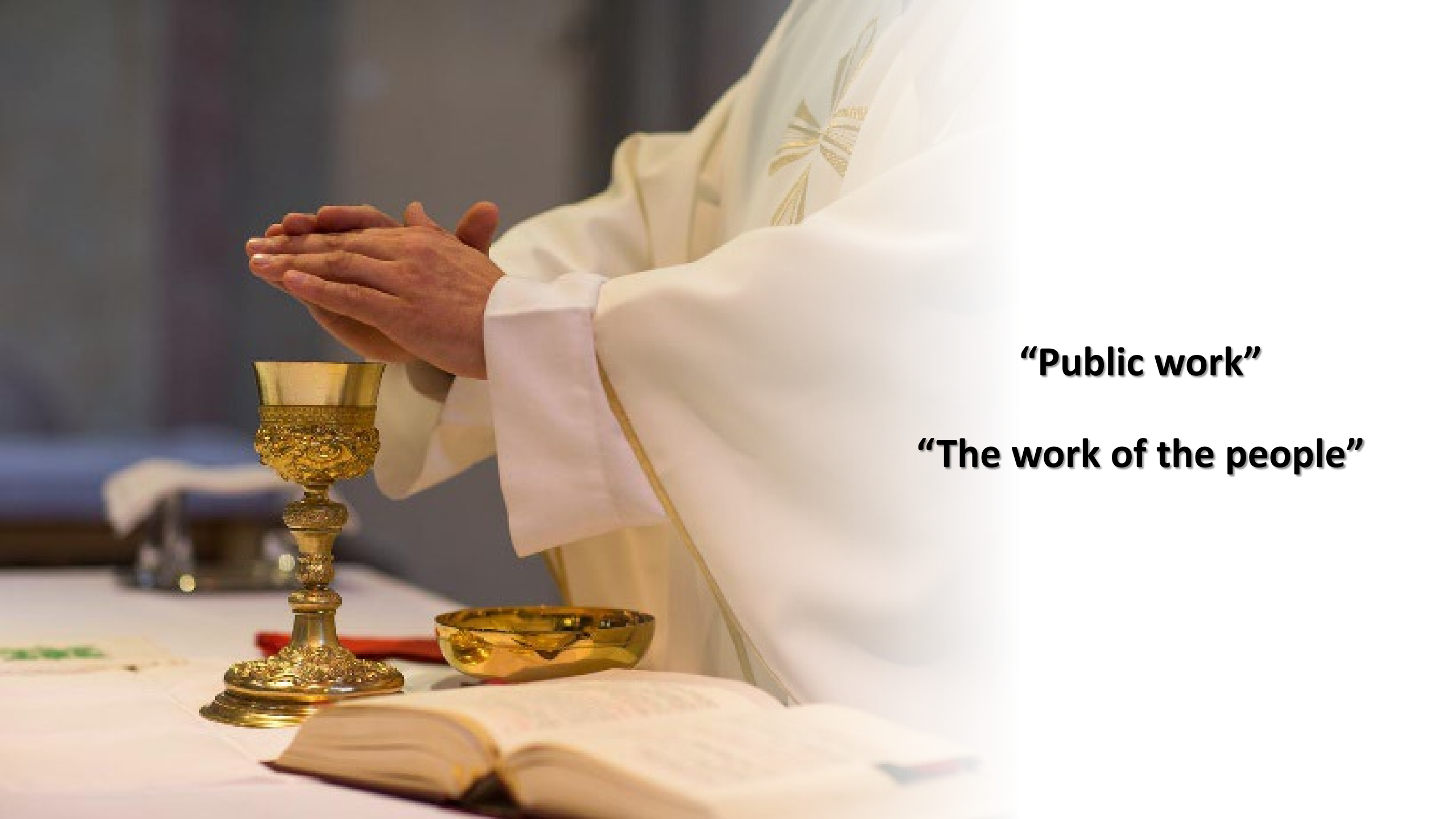
*Social Justice*

*Evangelization*

**Promoting Peace**

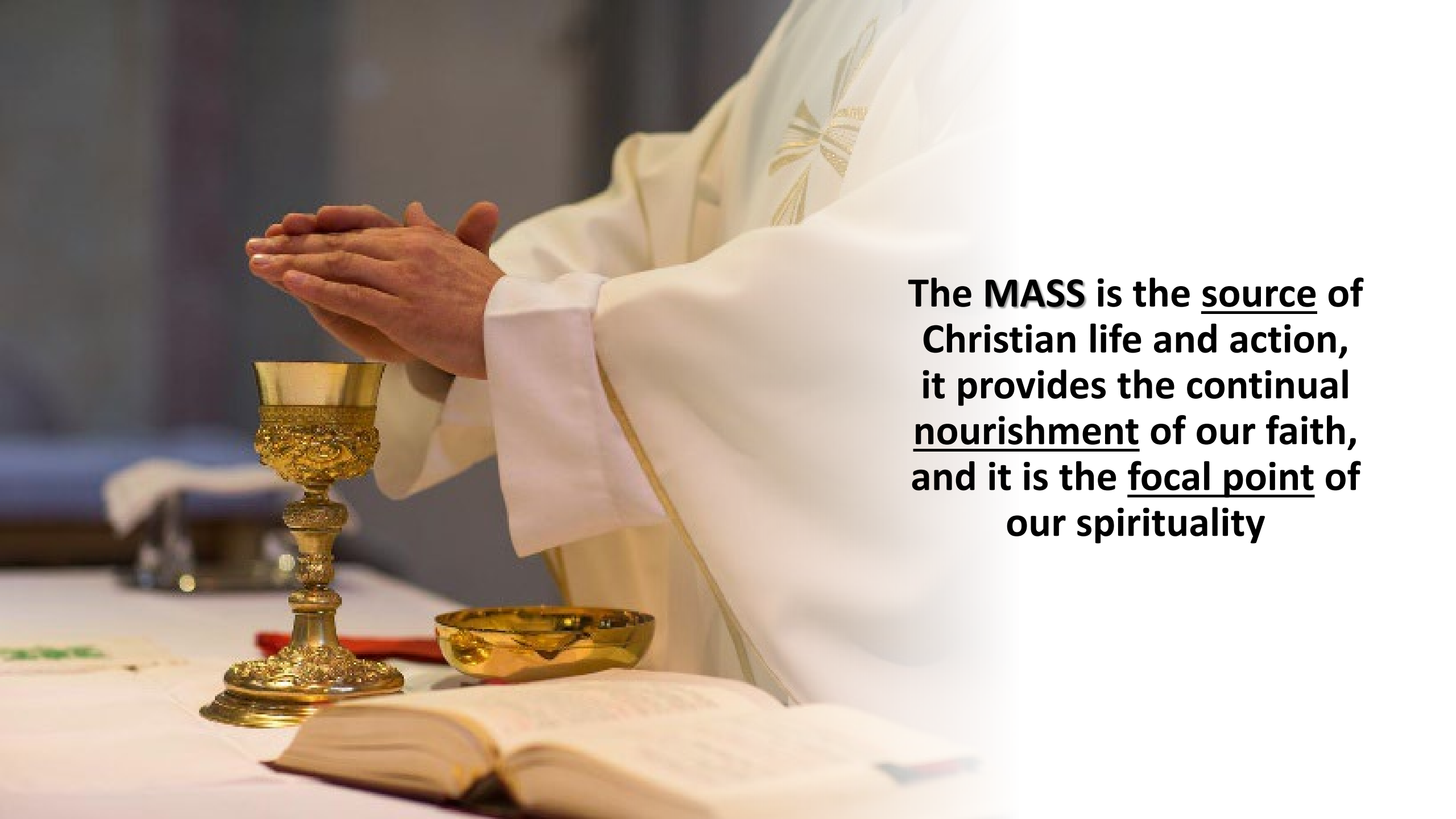
**Prayer**

**Building God's Kingdom**



**“Public work”**

**“The work of the people”**



**The MASS is the source of  
Christian life and action,  
it provides the continual  
nourishment of our faith,  
and it is the focal point of  
our spirituality**



***Ite missa est***



***“Go, therefore, and make disciples of all nations...”***

**-- Matthew 28:19**



# What is the Mass?



## BANQUET

- Gathered Community
- Spiritual Nourishment
- Reminiscent of the Last Supper when Christ instituted the Eucharist



## CELEBRATION

- Praise God for our salvation
- “Eucharist” means thanksgiving
- Because of Christ’s Resurrection, we have eternal life



## SACRIFICE

- Re-presents Jesus’ all-sufficient sacrifice in a non-bloody, timeless way
- Applies the merits of His Passion to the present day



## MEMORIAL

- Jesus asked us to remember Him (the Last Supper, His Passion, death, & Resurrection) and so we do this in a sacramental way

# What do We do at Mass?



## WE GATHER

1. Greeting
2. Penitential Act
3. Glory to God
4. Collect



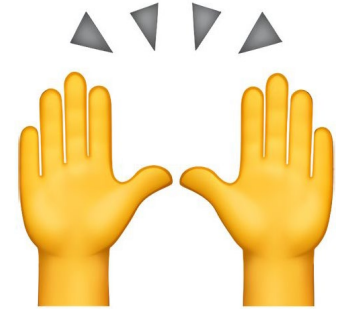
## WE LISTEN

1. Scripture readings
2. Homily
3. Creed
4. Prayer of the Faithful



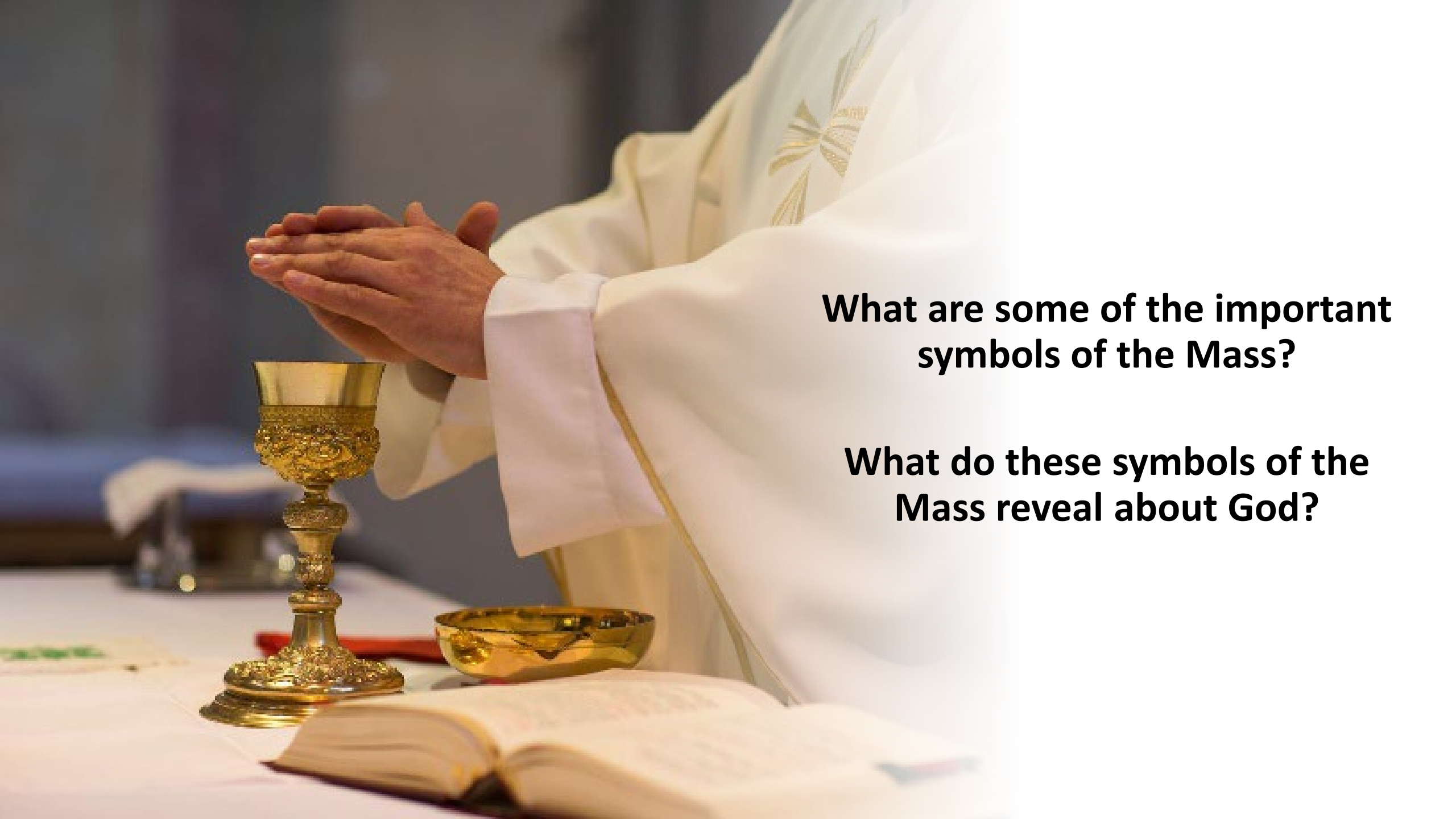
## WE GIVE THANKS

1. Preparation of gifts
2. Consecration of bread and wine
3. The Lord's Prayer
4. Sign of Peace
5. Communion



## WE GO

1. Final blessing
2. Dismissal
3. Live the Eucharist



**What are some of the important symbols of the Mass?**

**What do these symbols of the Mass reveal about God?**

1

**AMICE** (protection)

Neckcloth worn to cover clothes

5

**CHASUBLE** (charity)

Colorful outer vestment

3

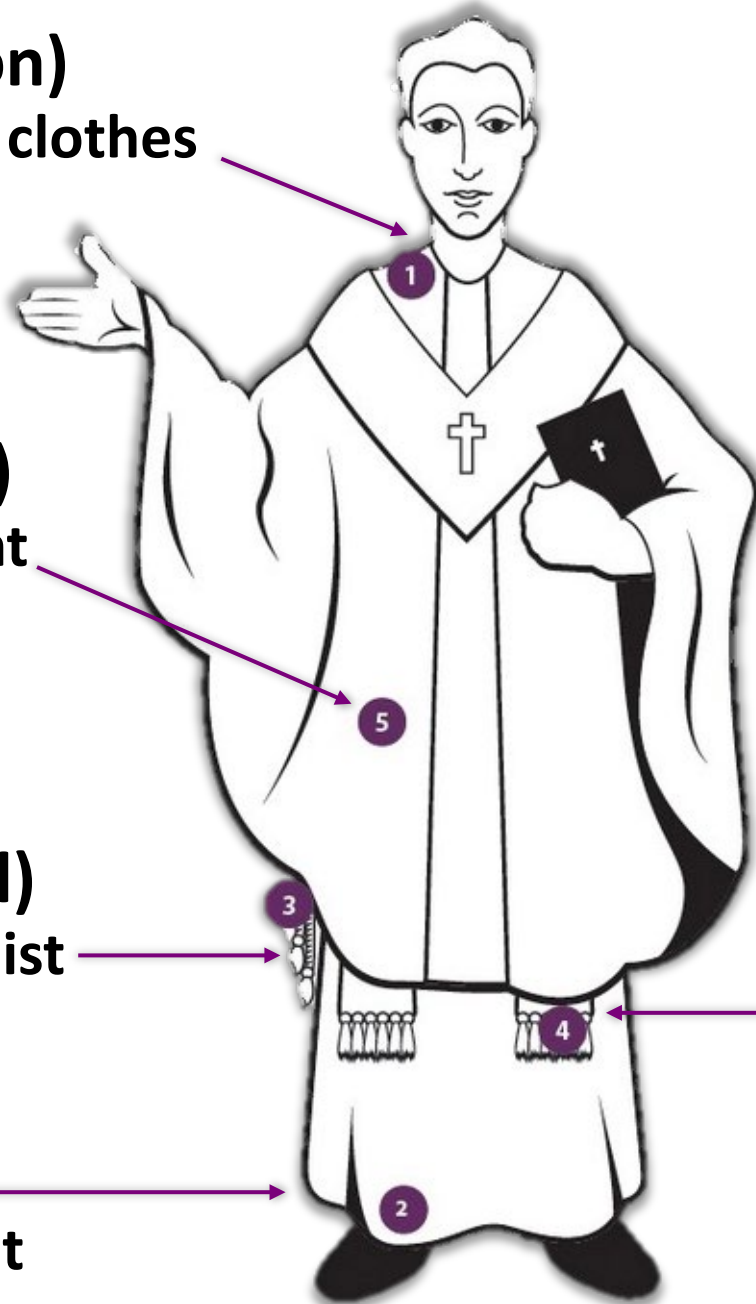
**CINCTURE** (self-control)

A cord worn around the waist

2

**ALB** (purity)

Long white garment



4

**STOLE** (authority)

Long narrow cloth worn around the neck

## ADVENT & LENT

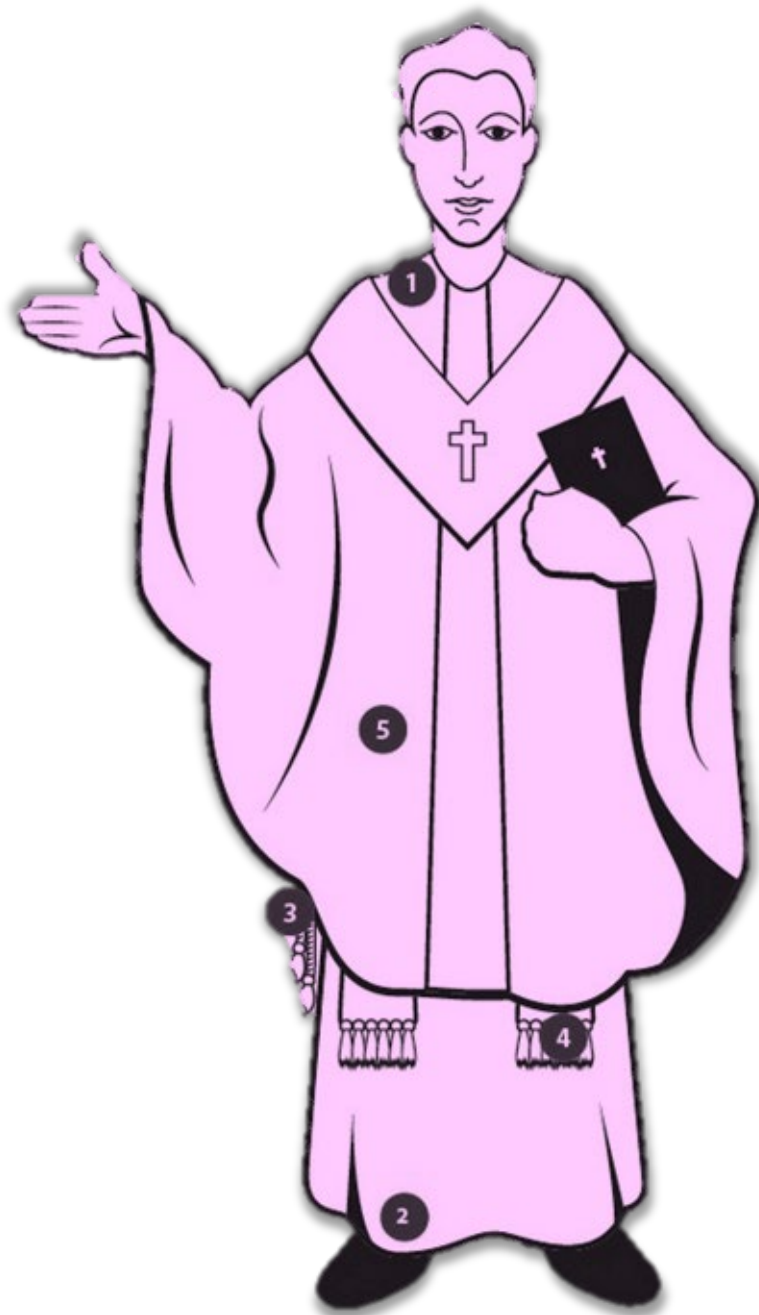
Penance and Preparation





**3<sup>RD</sup> SUNDAY OF ADVENT**  
**4<sup>TH</sup> SUNDAY OF LENT**

**Joy and Hope**



**CHRISTMAS & EASTER  
BLESSED VIRGIN MARY  
NON-MARTYRED SAINTS**

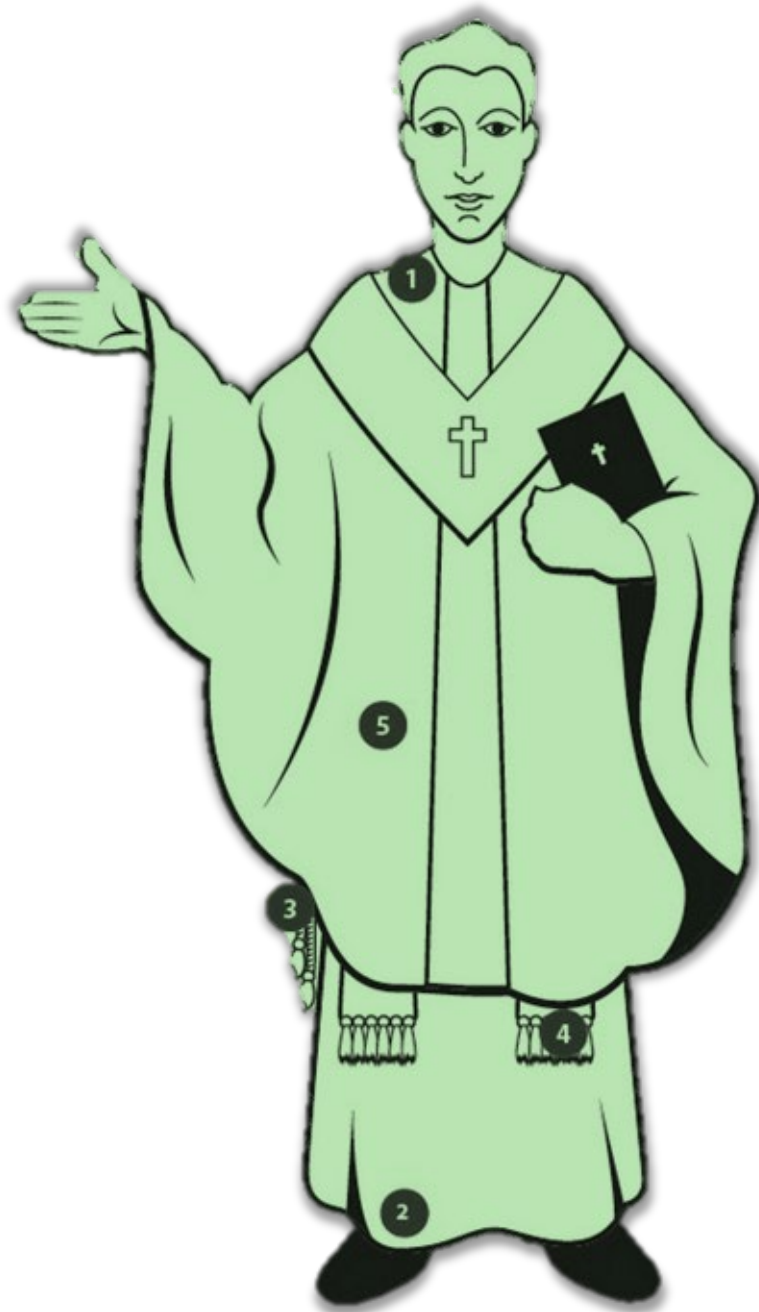
**Glory and Purity**





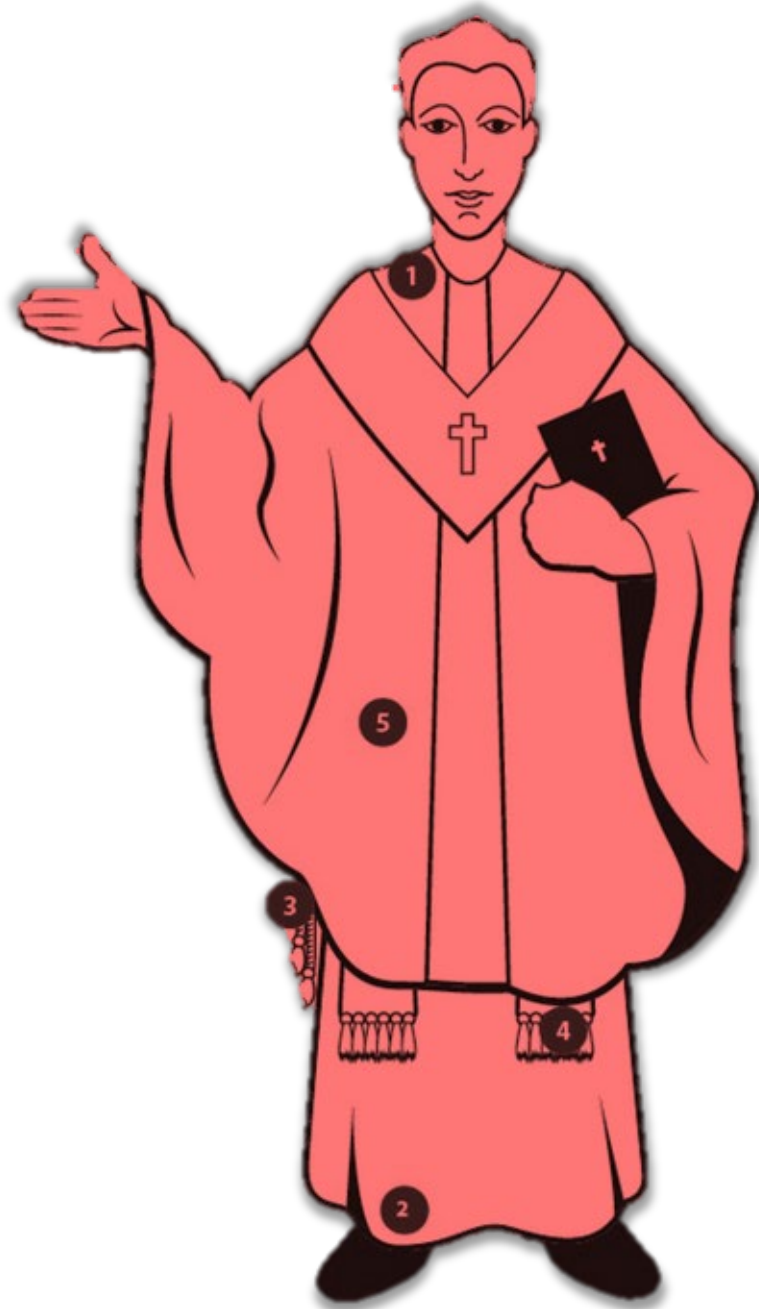
## ORDINARY TIME

Hope, Growth, New Life



**PALM SUNDAY  
GOOD FRIDAY  
PENTECOST  
MARTYRED SAINTS**

**Sacrifice, Blood, Holy Spirit**





## **GATHERING:** **THE INTRODUCTORY RITES**

**Sign of the Cross**

**Greeting**

**Penitential Rite**  
(Confiteor\* or *Kyrie*)

**Glory to God**  
[Luke 2:13-14]

**Collect**

***“The Sign of the Cross is  
a Christian’s identity.”***

**-- Pope Francis**





**WHAT DOES IT MEAN?**

**Core belief in the Trinity**

**It's our "price tag"**

**Know, Love, Serve**



***“For in Christ is found the ‘Yes’ to all God's promises and therefore it is 'through him' that we answer ‘Amen’ to give praise to God.”***

***-- 2 Corinthians 1:20***

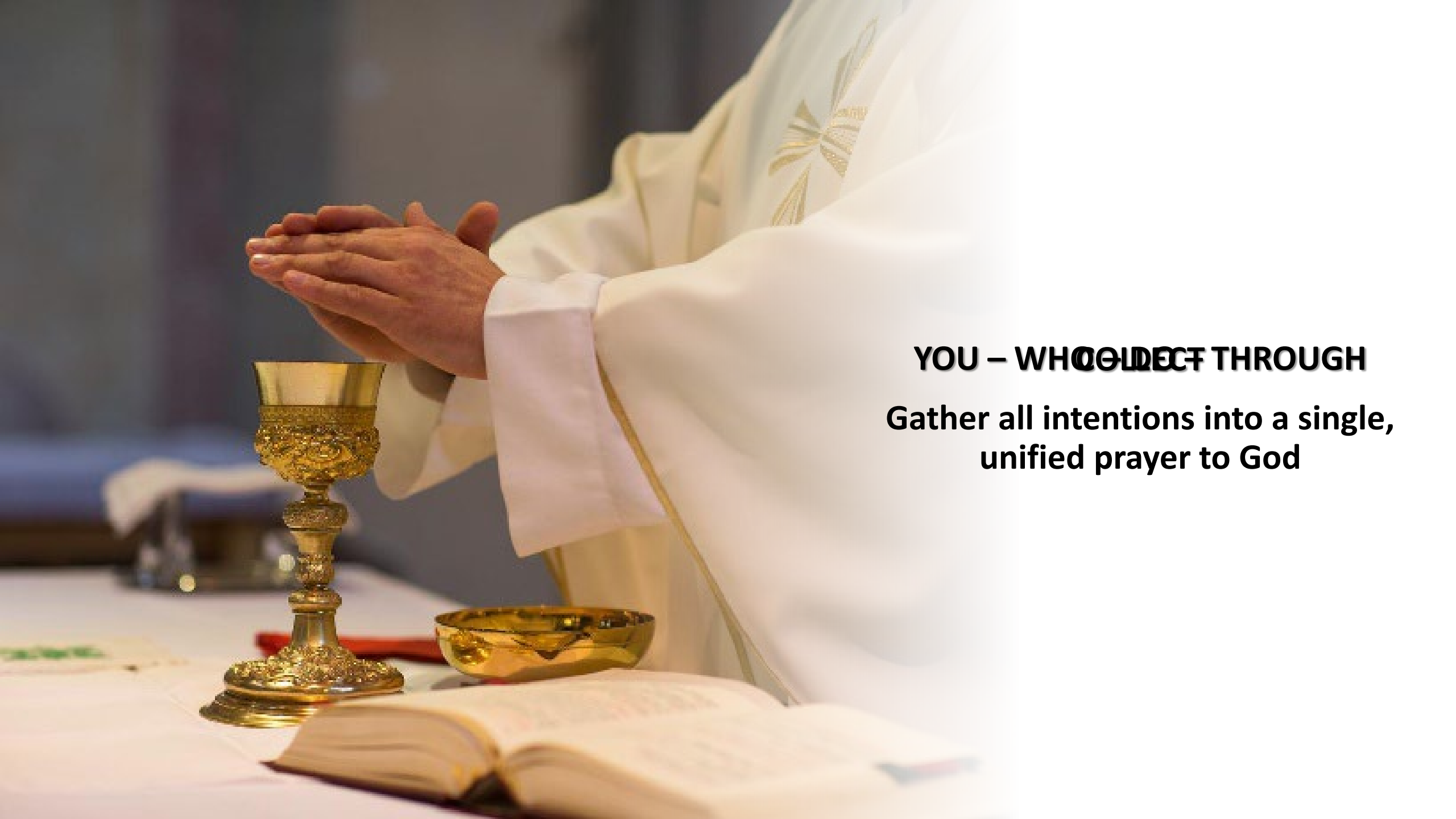






***“The plea for mercy is a statement and a warning that we are moving onto holy ground. We most likely do not know what we are talking about when we speak of God, so we’d best start with humility. We all and forever need mercy.”***

**-- Richard Rohr, OFM**



**YOU – WHO GATHER THROUGH  
Gather all intentions into a single,  
unified prayer to God**





## THIRD SUNDAY OF ADVENT

*“O God **(YOU)**, who see how your people faithfully await the feast of the Lord’s Nativity **(WHO)**, enable us, we pray, to attain the joys of so great a salvation and to celebrate them always with solemn worship and glad rejoicing **(DO)**. Through our Lord, Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.” **(THROUGH)***



**“CATHOLIC CALISTHENICS”**

A photograph of a priest in white vestments with hands clasped in prayer. In the foreground, a golden chalice and an open book are visible on an altar. The background is softly blurred.

## ***The Mass: The Mystery We Celebrate***

**THANKS FOR BEING HERE!**

**LITURGY OF THE WORD**

**Tuesday, September 16**