



Integrity, Inclusion, Education, Excellence

Atlantis 2026 Fall Quack-Tack-Ular

(12 and under Prelims/Finals; 13 and up Timed Finals)

Hosted By: Atlantis Swimming (BBA)

November 7-8, 2026

Sanction – This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final and prelim/final meet on behalf of USA Swimming (USA-S), Sanction Number **MI2627117**. In granting this sanction it is understood and agreed that USA Swimming, Inc. and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.

Minor Athlete Abuse Prevention Policy Acknowledgement

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. There will be at least two safety marshals at this competition, with at least one of each gender.

Location Seaholm High School

2436 W Lincoln St

Birmingham, MI 48009

Times

<u>Session</u>	<u>WarmUp</u>	<u>Event Start</u>
	Saturday	
Saturday 12 & Under Prelims	8:00 am	9:00 am
Saturday Open	Immediately following the conclusion of the prior session, but not before 12:30 pm	Not Before 1:30pm
Saturday 12 & Under Final	15 minutes after the conclusion of the prior session, but not before 4:30 pm	Not Before 5:30 pm
	Sunday	
Sunday 12 & Under Prelims	8:00 am	9:00 am
Sunday Open	Immediately following the conclusion of the prior session, but not before 12:30 pm	Not Before 1:30pm
Sunday 12 & Under Finals	15 minutes after the conclusion of the prior session, but not before 4:30 pm	Not Before 5:30 pm

Facilities

Seaholm High School, is an **8** lane pool **with a supervised warm-up and warm down area available**. Depth at start is 8-14¹ and 3.5-14Ft at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing system with an 8-lane display will be used. There is ample balcony seating for spectators. Lockers are available (provide your own lock).

Course Certification

The competition courses have not been certified in accordance with 104.2.2C(4)

Meet Format

12 and under Prelims/Finals.

Timed finals for 8 and under 25 events.

13 and up timed finals. Opened timed finals for 200 breast, 200 back and 200 Fly.

Eligibility

All athletes and clubs registered with Michigan Swimming or another USA Swimming LSC are eligible to participate in this meet.

Entry Procedures

Entries may be submitted to the Administrative Official as of **October 10, 2026, 9am**. The Administrative Official must receive all entries no later than **October 31, 2026 11:59pm**. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet.

Entry Acceptance and Processing

Entries will be accepted and processed on a first come, first served basis in the order in which they are received after the entry open date listed above.

Individual Entry Limits

12 & under swimmers may enter (3) individual events, including 8 and Under events, on both Saturday and Sunday. On Saturday and Sunday 13 & Over swimmers may enter four (4) individual events.

Entry Fees

\$10.00 per Prelims/Finals 12 and under individual event, **\$7.50** per timed finals 8 and Under and 13 and up and Open events. Make checks payable to **Atlantis Swimming**.

Facility Surcharge

There is a \$5 facility surcharge per athlete

Surcharges

A \$1.00 per athlete Michigan Swimming athlete surcharge applies.

¹ Depth at Start must meet State of Michigan requirements.

Refunds

Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

Entry Payment

Checks should be sent via U.S. mail or nationally recognized overnight courier to:

**Colleen Rose
2315 Torquay Ave
Royal Oak, Mi 48073**

Check In

Check-in will be required and will be located **outside of the locker rooms**. Check in closes 15 minutes after the start of warmups for each session. If a swimmer does not highlight their name, they will be taken out of the meet.

Marshaling

Swimmers will be responsible for reporting to the marshaling area when their event is called.

Seeding

The meet will be **seeded** after check in closes.

Deck Entries

Deck entries will be allowed. Deck Entries are \$12.50 for prelim/final events and \$10.00 for 13 and up events, 8 & under timed final events, and open events.

Scratch Rules

Swimmers who qualify for finals are expected to compete in the finals session or scratch. An athlete has 30 minutes after announcing and posting of prelims results to scratch or declare their intent to scratch. Scratches from finals will be taken at a table in front of the pool office. There will be no penalty for missed finals as many have not done this kind of meet but coaches please talk to swimmers about this kind of meet and what the expectations are.

Meet Programs/Admissions

Individual session heat sheets will be available for \$4.00 once the session has been seeded. The doors to the spectator area will be open both Saturday and Sunday morning at 7:30am. Admission is \$5 per day.

Scoring

No scores will be kept.

Awards

Prelim/Final awards will get medals for 1-8 and Ribbons for 9-16. No awards for 13 and up and open swimmers. No awards for 8 and under timed finals events. There will be heat winner prizes.

Results

Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

Concessions

Food and beverages will be available in the pool lobby concession area. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

Lost and Found

Articles may be turned in/picked up at **Meet Operations Room**. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming Safety

Michigan Swimming warm up rules will be followed. To protect all swimmers during warmups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

Racing Start Certification

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck Personnel/Locker Rooms/Credentialing

Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck. Only athletes are permitted in the locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

All individuals seeking access to the pool deck must show a valid digital USA Swimming membership card reflecting good standing in order to receive a deck credential. The credential must be displayed at all times during the meet and will include the host team name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

Swimmers with Disabilities

All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm-ups.

First Aid

Supplies will be kept in the **operation room**.

Medical Supervision

First aid supplies and AED device are kept in the operation room.

Facility Items

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan is available for review and inspection at the **operation room**.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

General Information and Errors/Omissions

Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

Meet Personnel

Meet Director: Emily Rollins teamadmin@bbaswimming.org

Meet Referee: Paul Wheeler

Safety Marshal: Pat McCourt

Administrative Official: Colleen Rose- 248-361-3078– bbaentries1@gmail.com

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Saturday Prelims AM Warmup 8:00 AM, Event Start 9:00 AM

Girls	Event	Boys
1	12 and Under 100 Fly	2
3	12 and Under 50 Back	4
5	*8 & under 25 Breast Timed Finals*	6
7	12 and Under 200 Free	8
9	*8 & under 25 Back Timed Finals*	10
11	12 and Under 50 Free	12
13	12 and Under 100 Breast	14

Top 16 make it to final for both 11-12 and 10 and Under age groups

Saturday PM Warm Up not before 12:30 PM, Events Start not before 1:30 PM

Girls	Event	Boys
15	13 & Over 50 Breast	16
17	13 & Over 100 Back	18
19	Open 200 Breast	20
21	13 & Over 50 Free	22
23	13 & Over 100 Fly	24
25	13 & Over 200 Free	26
27	13 & Over 100 IM	28

Saturday Finals Event warm up not before 4:30pm, Events Start at 5:30pm

Girls	Event	Boys
1	10 & under 100 Fly 11-12 100 Fly	2
3	10 & Under 50 Back 11-12 50 Back	4
7	10 & under 200 Free 11-12 200 Free	8
11	10 & Under 50 Free 11-12 50 Free	12
13	10 & Under 100 Breast 11-12 100 Breast	14

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Sunday Prelims AM Warmup 8:00 AM, Event Start 9:00 AM

Girls	Event	Boys
29	12 & Under 50 Fly	30
31	12 & Under 100 Back	32
33	*8 & Under 25 Fly Timed Finals *	34
35	12 & Under 200 IM	36
37	*8 & Under 25 Free Timed Finals *	38
39	12 & Under 100 Free	40
41	12 & Under 50 Breast	42

Top 16 make it to final for both 11-12 and 10 and Under age groups

Sunday PM Warm Up not before 12:30 PM, Events Start 1:30 PM

Girls	Event	Boys
43	Open 200 Back	44
45	13 & Over 100 Breast	46
47	13 & Over 50 Back	48
49	13 & Over 200 IM	50
51	13 & Over 50 Fly	52
53	13 & Over 100 Free	54
55	Open 200 Fly	56

Sunday Finals Event warm up not before 4:30pm, Events Start at 5:30pm

Girls	Event	Boys
29	10 & Under 50 Fly 11-12 50 Fly	30
31	10 & Under 100 Back 11-12 100 Back	32
35	10 & Under 200 IM 11-12 200 IM	36
39	10 & Under 100 Free 11-12 100 Free	40
41	10 & Under 50 Breast 11-12 50 Breast	42