



NDE NDE

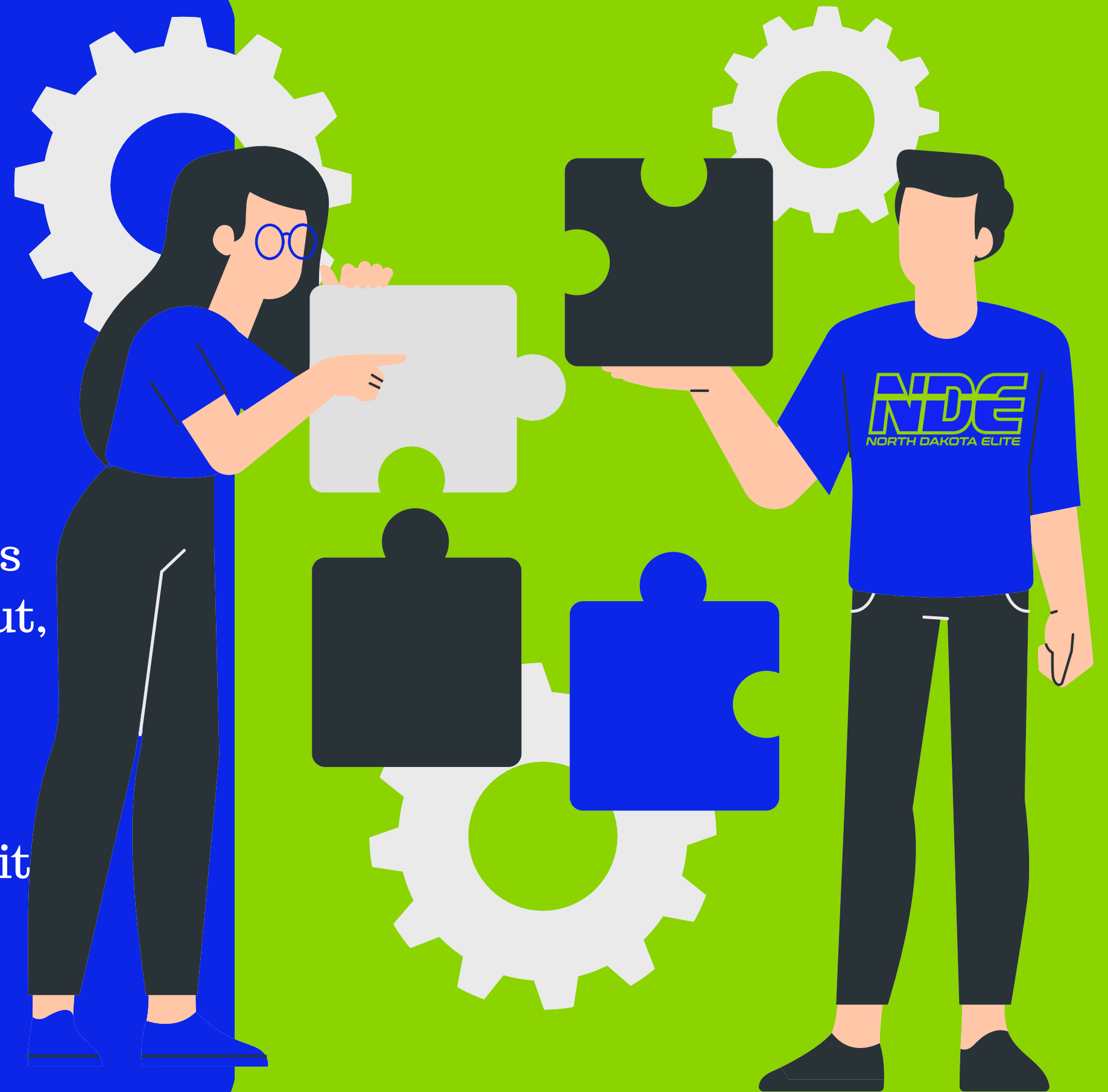
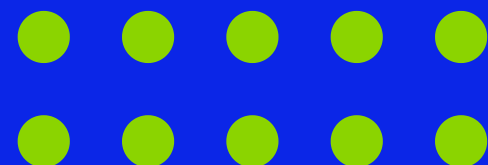
NDE- TEAM MOMS



Monthly Calendars

Check list

- Practice Dates & Times
- Competitions
- Extra team events such as choreo/clinics
- Gym wide events such as parent night out, gym bbq, etc
- Fee Due Dates
- Birthdays for team members
 - Optional - but make sure if you start it you do it for all
- Teambuilders





Snack/meal Coordination

During longer team events such as: Extended practices, choreo, full out camp ect. we would like to organize team snacks/meals. Please use your team facebook groups to organize how you see fit.

Fire Ups

To keep things fun and stress-free for all families, we want to clarify our expectations around team fire-ups (gifts, treats, or surprises for cheerleaders before events).

- Fire-ups are completely optional. There should be no expectation that any family must participate or contribute financially.
- No family should be asked to donate money for fire-ups. We ask that parents do not collect funds from others for this purpose.
- If a team decides to do fire-ups, it should be organized in a way that keeps things simple, inclusive, and voluntary. Last year, some teams used tools like SignUpGenius for those who wanted to contribute an item or help organize. This is a great option as long as it's made clear that participation is not required.
- Reimbursement should not be expected by anyone who chooses to contribute. If you volunteer to provide something, please do so with the understanding that it is a personal contribution.
- Fire-ups can be handed out at the end of practice as long as athletes are taking the items to go.

Our goal is to keep the focus on team spirit and support and not financial pressure or comparison. Let's work together to keep the season fun, fair, and positive for everyone!

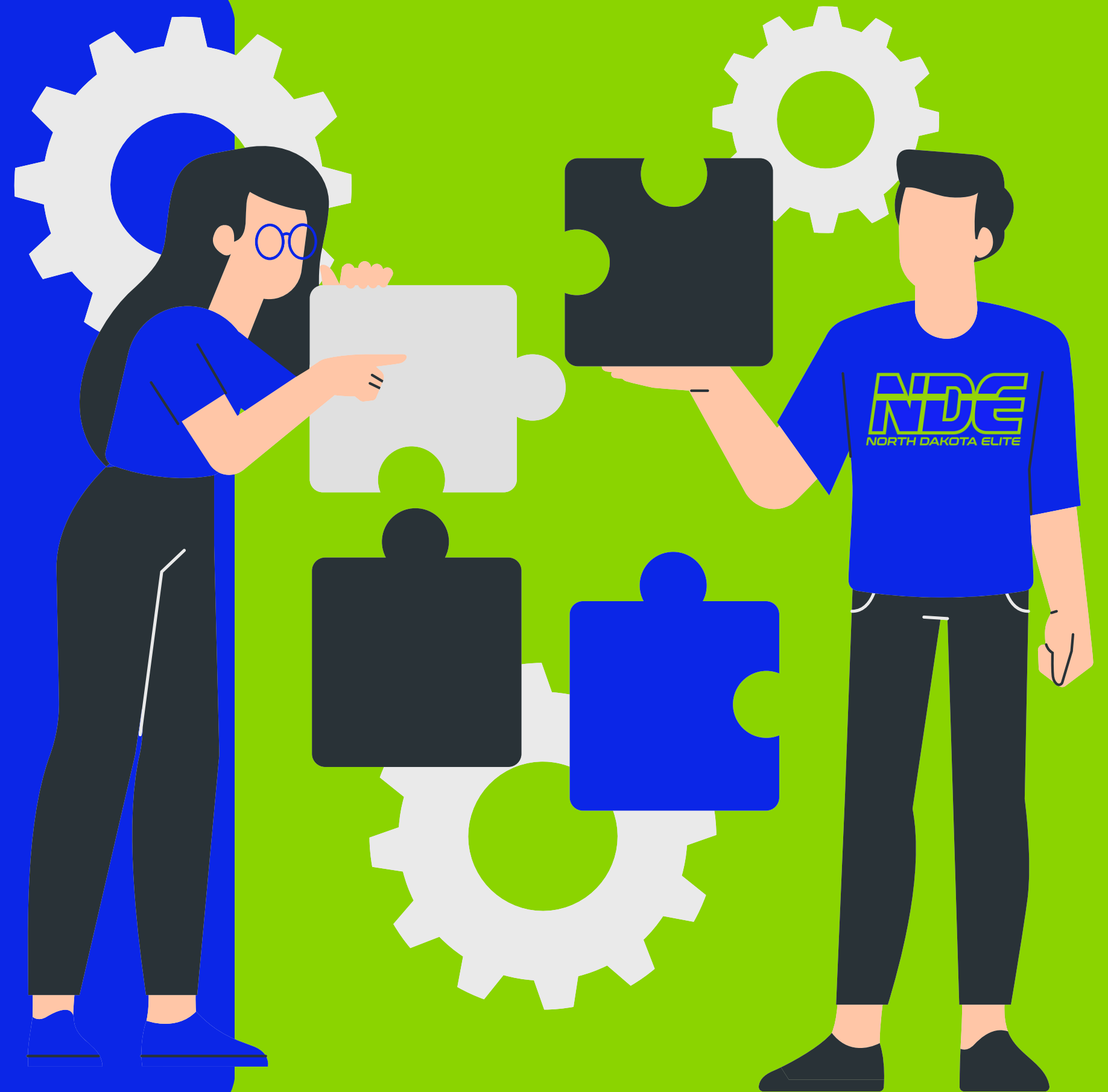
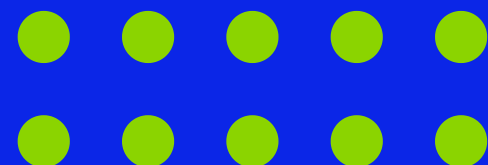
A reminder that all items using the gym logos or team logos must be approved through our gym owner Chelsea. We have team swag in the NDE pro-shop that will be optional for families to order. If you have ideas that the team would love, send them our way!

Organize Team & Parent Bonding Events

Set up bonding events throughout the season. Events do not need to be monthly. Keep in mind when we have months that are busier to not schedule as many events:

December, January, and February are our busiest months.

Each team will be allowed 1 team bonding or fundraising event at the gym and it must be cleared with Coach Brenna: CoachBrenna@ndelite.com



Hi! Have you done this yet? Make sure you do!

Cost: \$49/athlete

Gym ID: go5998

Link: <https://usasfmembers.net/...>

Make Chelsea and Brenna happy and comment *DONE!* 🥰

XO, Melissa & Emily

IT'S TIME TO RENEW YOUR MEMBERSHIP!



WHO: All FULL-YEAR team athletes (Prep & Elite)

Please register your athlete (or renew your membership) and pay the fee (\$49) as soon as possible.

Any questions can be emailed to coachemily@ndelite.com

Samples

REMINDER Uniform

New uniform payment coming due July 15th!

- If you want to save \$15 in credit card processing fees, bring a check made out to NDE for \$475 by end-of-day TOMORROW!
- Credit card on file will be charged \$490 on July 15th for anyone who did not provide a check.
- Mesh & bow not included & to come.



Help with Communication and Reminders

- Reminders for team meetings
- Extra info that is emailed out
- Extra practices
- theme practice reminders
- Meeting time and spots for competition
- Any extra reminders that can be given



Overall Support System for Athletes and Coaches

- Help answer parent and athlete questions when able
- Making sure that parent and athlete conversations are positive relating to cheer
- Bringing concerns to coaches first
- Being an overall example of our ELITE values for parents to follow

THANK YOU

We appreciate your hard
work and dedication to our
teams and program
-Coaches

