Knox County Open Basketball League Rules 2026-2027 Season

Open League Rules -All Age Divisions

General

- 5 on 5
- Goal Height: 10 Ft
- Ball Size: Follow Knox County REC Rules for Ball Size
- Allowed coaches- 2 maximum on the court
- Backcourt Pressure- Anytime under >15 points

Game Length/Clock/Fouls/Timeouts

- Two 16-minute halves
    - Running clock unless player injury or timeout. Clock will stop the final minute (1) of each half.
- Playing time is based on coach's decision and the player's desire and want to play.
- Foul limitation is five (5) for each player. After the fifth foul, player is disqualified for the remainder of the game.
- 1 and 1 Penalty – 7th Team Foul
- Double Bonus Penalty – 10th Team Foul
- The clock will stop for all technical fouls
- Each team will be allowed 2 timeouts per half. Coaches and players are allowed to call time out for their team.

Overtime - Overtime rules- First OT -1 min. 2nd OT- sudden death: first team to score

Halftime – You will have *a 2 min. halftime. Please note that times may be shortened at the discretion of the gym director if games are behind schedule. This includes moving to a shortened half!*

Mercy Rule - *The clock will not stop during the last minute of the half when a team is ahead by 20+ points. It would only stop for time outs. Once in the 2nd half, if the team is up by 15+ the scorekeeper will discontinue keeping scores on the scoreboard and only keep them in the book!*

Technical Fouls: *A technical foul occurs when a player, coach, or member of the team's bench shows unsportsmanlike conduct, like physical or verbal abuse against a referee or other player. A technical violation, like a delay of game, will also generate a technical foul. The opposing team gets* ***two free throws*** *and possession of the ball.*

******Ejections*** *- If a player, coach, or spectator has been ejected, they will be asked to leave the gym. The game will be stopped until the ejected party has left the gym. If they ejected party does not leave within 5 mins., the game play will be stopped, and the team will take a forfeit. This is at the referee and the gym director's discretion. If a coach receives two technical and is ejected, they will be unable to coach in the next game. .*