

Supplemental Health Screenings Age 50+

Medicare Annual Wellness Visit Age 65+

Risk Factors

Risk factors can include being age 55 or over, high blood pressure, high cholesterol, diabetes, obesity, smoking, a family history of stroke or heart attack and a personal medical history of other cardiovascular issues.

The presence of some or all of these risk factors increases the likelihood that cardiovascular disease may occur.

Reviewing Your Wellness Annually

If you have Medicare Part B or C, you can get this yearly wellness visit to develop or update a Personalized Prevention Plan based on your current health and risk factors.

Personalized Prevention Planning and Screening

Preventive care is not the same for everyone. What's best for you depends upon your medical history, your family's medical history, and how you live.

Considering your history and your current situation helps us create an individualized plan for you.

***Call Today to Make
Your Appointment***

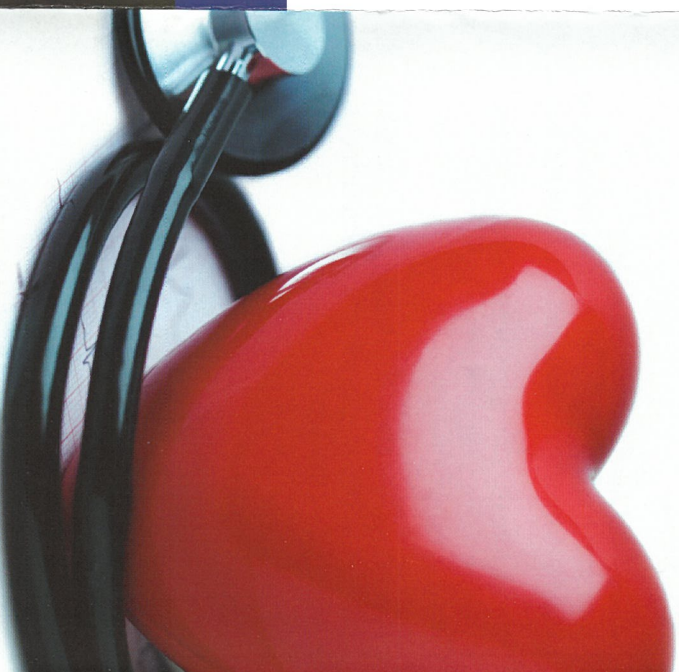
1-866-618-4831



Live Well for Years to Come



**Your Complete
Prevention and
Wellness Partners**



3 Keys for Prevention and Wellness:

- ✓ Knowing Your Health Risk Factors
- ✓ Reviewing Your Wellness Annually
- ✓ Your Personalized Prevention Planning and Screening

Life Line’s Screenings And Services Are Based On Medical Guidelines And Personal Risk Factors



At **Life Line Screening**, our mission is to provide advanced yet affordable and convenient health screenings that supplement your traditional healthcare.

We can help to make you aware of a previously silent, unrecognized problem that you can now get treated at an early stage, or, confirm that you are on the right path and should continue your healthy habits.

*Individual Tests
Typically Cost \$70.
5-Test Packages
From \$149.*

Advanced Supplemental Health Screenings and Prevention Planning (Affordable, non-insured services)

Screenings for Age 50+ or Those Who Have Family History

Carotid Artery/Stroke — Ultrasound evaluation of the carotid arteries that screens for buildup of fatty plaque.

Abdominal Aortic Aneurysm (AAA) — Ultrasound screening for an abdominal aneurysm (enlargement) that could lead to a ruptured aorta.

Osteoporosis — An ultrasound measurement of the heel bone to determine abnormal bone mass density.

Heart Rhythm (Atrial Fibrillation) — A test that uses EKG electrodes to identify the presence of an irregular heartbeat.

Peripheral Arterial Disease (PAD) — Evaluates for peripheral arterial disease (plaque buildup) in the lower extremities.

6 for Life Health Assessment — Identifies and calculates the level of disease risk for 6 different chronic conditions. Includes finger-stick blood tests for cholesterol, glucose and biometric screenings.

C-Reactive Protein (hs-CRP) — Detects elevated levels of C-reactive protein, which is an independent risk factor for cardiovascular disease.

Liver Enzymes — Measures liver enzymes, which are elevated in the blood when injury is present.

Hemoglobin A1c — Measurement of your average glucose over the past 3 months.

Thyroid Disorders — Measures TSH (thyroid stimulating hormone). Elevated TSH can indicate an underactive thyroid, while low TSH levels can indicate an overactive thyroid.

Chronic Kidney Disease — Measures creatinine and calculates eGFR to evaluate kidney function.

Prostate Cancer — Detects elevated levels of prostate specific antigen (PSA), a possible indicator of prostate cancer. (MEN ONLY)

Testosterone — Measures total testosterone in men to screen for testosterone deficiency or Low T. (MEN ONLY)



Life Line Community Healthcare provides health and wellness services for covered Medicare and insurance Beneficiaries. This includes the Annual Wellness Visit (which is different from a common annual check-up or physical).

The Annual Wellness Visit is designed to help you and your doctor keep you healthy, safe, and independent for a long time.

*No-Cost For
Eligible Medicare
Beneficiaries*

Medicare Insured Preventive Health and Wellness Services (No cost or minimal co-pay services)

A Certified Nurse Practitioner will provide a one-on-one consultation to discuss your results and recommend next steps. You will receive an 8-10 page **Personalized Prevention Plan**, and a copy is forwarded directly to your doctor. While there may be some overlap, this is **not a physical**, but a personal **wellness consultation** for Medicare Beneficiaries.

The Annual Wellness Visit Includes:

- ✓ Review of your medical and family history.
- ✓ Measurement of height, weight, body mass index, blood pressure, and other measurements deemed appropriate by your medical/family history.
- ✓ Screening for depression or cognitive impairments.
- ✓ Review of functional abilities, fall prevention and home safety.
- ✓ A written screening and immunization checklist/schedule for the next 5 to 10 years as appropriate.
- ✓ Personalized advice for health, nutrition and exercise, and/or referrals to health, education or other services as needed.