Health Alliance Plan®
by Henry Ford Health



Stay active with One Pass

Your health and well-being go beyond the gym. That's why One Pass gives you more ways to stay active, gain confidence and connect with others – all at **no additional cost** through your Health Alliance Plan Medicare Advantage plan.

Whether you enjoy your current fitness routine or want to explore something new, One Pass makes it easy to choose activities that fit your lifestyle.





Your One Pass fitness benefit includes:

Fitness options that fit your routine

Access to thousands of gyms, workout locations, fitness studios and exercise classes nationwide.

Work out when and where it works for you

Enjoy more than 40,000 live online fitness classes and on-demand workouts, so you can stay active on your schedule.

One Pass is included with your healthcare plan

Getting started is easy:

- Visit **YourOnePass.com** and follow the steps to set up a new account.
- Get your One Pass member code.
- Bring your member code to a participating fitness location and the staff will help set up your membership. You can also use your code online to access One Pass fitness benefits.

My One Pass member code:

_____

OnePass

Write your member code in the space above. You can keep this card with you or snap a photo on your phone for easy access when visiting participating locations.

Questions? We're here to help.

Call One Pass Customer Service at

(877) 504-6830 (TTY: 711)

Representatives are available
Monday – Friday from 9 a.m. – 10 p.m.

Always talk with your doctor before starting a new exercise program.



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Health Alliance Plan of Michigan has HMO, HMO C-SNP, HMO-POS and PPO plans with Medicare contracts. HAP Medicare Complete Duals (HMO D-SNP) and HAP Medicare Complete Assist (PPO D-SNP) are Medicare health plans with a Medicare contract and a contract with the Michigan Medicaid Program. Enrollment depends on contract renewals.

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