

Children's Symptoms

The signs and symptoms of underdevelopment of the upper and lower jaws in children can vary depending on the severity of the condition. Here are some common signs to look out for:



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Mouth breathing: Children with underdeveloped jaws may have difficulty breathing through their nose and may rely on mouth breathing. Mouth breathing can cause a number of problems. In general, nasal breathing is the preferred method of breathing for optimal health and well-being. It can improve oxygen delivery, reduce stress on the body, and promote better sleep and overall health.

Here are other issues that can arise as a result of mouth breathing.

Dry mouth: When you breathe through your mouth, it can dry out the saliva in your mouth, leading to a dry mouth.

Inflamed Tonsils and Adenoids: Nasal breathing is the natural way of breathing for humans. When we breathe through our nose, the air is filtered, humidified, and warmed before it enters the lungs.

Bad breath: Mouth breathing can cause bad breath due to the lack of saliva in the mouth.

Teeth problems: Mouth breathing can lead to teeth problems such as cavities, gum disease, and malocclusion.

Sleep problems: Mouth breathing can cause sleep problems such as snoring.

Crowded teeth: If the upper and lower jaws are not developing properly, there may need to be more space for all of the teeth to come in properly, leading to crowding and misalignment.

Chronic headaches: An underdeveloped jaw can lead to chronic headaches, particularly in the temples and forehead.

Abnormal bite: An underdeveloped jaw can also lead to an abnormal bite, such as an overbite (where the upper teeth overlap the lower teeth) or an underbite (where the lower teeth overlap the upper teeth).

Speech problems: The position and shape of the jaws can affect how a child's tongue and lips move when speaking, leading to speech problems such as lisping.

Teeth Grinding: Teeth grinding, also known as bruxism, is a common problem among children. While occasional teeth grinding is not usually a cause for concern, persistent teeth grinding can lead to dental problems, such as wear and tear on the teeth, as well as jaw pain and headaches.

Underdeveloped jaws can contribute to teeth grinding in children. When the jaws are underdeveloped, there may not be enough room for the teeth, which can cause misalignment and crowding. This can lead to an improper bite, which can cause the child to grind their teeth to try and adjust their bite.

If you suspect your child may have an underdeveloped jaw, request a call from our specialist.

Help:

Sleep is essential to children's physical and mental health, including their ability to focus and learn. Research has shown a link between sleep problems and attention deficit hyperactivity disorder (ADHD).

Children with ADHD may have difficulty falling asleep, staying asleep, or waking up in the morning. This can lead to daytime sleepiness, irritability, and difficulty concentrating. Additionally, sleep problems can exacerbate ADHD symptoms such as hyperactivity and impulsivity.