



WELCOME BACK TO SCHOOL

The new school year is right around the corner, and our team members at Metz Culinary Management are excited to welcome students back! We are looking forward to seeing all of the students this year.

School meals are important to fuel healthy minds and bodies, and we strive to offer students favorites that are both delicious and nutritious. We are proud of our school lunches, and our culinary team continually adds new menu items that your student can find in their favorite restaurants.

School meals include nutritious foods, including fruits, vegetables, lean proteins, milk, and whole grains. They are also a great value, especially with the rising costs of groceries and inflation. Your student will receive a well-balanced meal that meets nutritional guidelines established by the USDA, which offers a serving of fruit and vegetables daily, along with whole grains, lean proteins, and low-fat milk.

We also offer an outstanding **free breakfast program for all students**. As the most important meal of the day, our culinary team creates breakfast menus that students will surely enjoy while fueling their brains for learning.

We are pleased to announce that all students in our **Primary and Intermediate Centers** will continue to receive **1 free lunch per day** under the Community Eligibility Provision for the upcoming school year. For the High School, those families who meet eligibility requirements based on income can apply for reduced-price or free meals. To receive an application or to inquire if your student qualifies for a free or reduced-price meal, please contact myself or Jackie Shaver.

In addition to 1 free breakfast and lunch meal per day, students will also have the option to purchase additional snacks and entrées that are Smart Snack approved.

2026- 2027 Meal Pricing

Breakfast

Free for all students

Lunch

Regular: \$ 3.55

Reduced: \$0.00

For your convenience, online payments are available through the website: www.mealtime.com with your student's school ID. Cash or check can also be applied to the student's account by any of our cashiers.

If you have any questions or concerns, please contact me at Ashley.Fonzo@metzcorp.com and 570.836.3111 ext. 3202.

Sincerely,
Ashley Fonzo
Metz Culinary General Manager: Tunkhannock School District