## **BREAKING CLINICAL PRACTICE UPDATE**

## CDC recommends vaccinated individuals in high-transmission areas to wear masks indoors.

The CDC updated its mask guidance this afternoon to make two recommendations. First, the agency encourages vaccinated people living in areas with "substantial" and "high" transmission of Covid-19 to wear masks in public indoor spaces. Second, the CDC recommends that all individuals attending K-12 schools (staff, students, etc.) wear masks regardless of their vaccination status. These recommendations come from research which suggests that vaccinated individuals, if infected with the Delta variant, may have a role in spreading the disease to unvaccinated populations. They also acknowledge that vaccine uptake has not kept pace with the evolving virus.

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