

Kids At Play Illness Policy and Procedures

Revision Date: January 2026

This health policy and procedures document builds upon and succeeds the health policies that were implemented during the initial outbreak of COVID-19.

General Illness Policy

Kids At Play is committed to maintaining a healthy and safe environment for all children, families, and staff. To help prevent the spread of illness, we follow the guidelines below when a child becomes sick while in care. These policies and procedures also apply if your child has been sick at home the night before care.

Discretion Clause

Each illness case will be handled at the **discretion of the Director and Assistant Director**, taking into consideration current illness trends and health recommendations.

Failure to follow these rules will lead to termination of care.

When Children Must Stay Home or Be Sent Home

Parents will be notified to pick up their child, and the child will be isolated within sight or sound of a teacher, if **any** of the following occur:

1. Fever

- A child has a temperature of **100.4°F or higher**, measured with an infrared thermometer 1 inch from the center of the forehead.
- A child who is unable to participate in daily activities will be sent home.
- The child must be **symptom-free for 1 full day without fever-reducing medications (Tylenol, Advil, Motrin, etc.) and remain at home for 1 additional full day** before returning.

2. Contagious Diseases or Illnesses

A child will be sent home if showing signs of:

- **Diarrhea** – Two or more loose stools within two hours
- **Vomiting** – Any occurrence

- **Pink Eye (Conjunctivitis)** – Eyes will be wiped twice; if symptoms persist, the child will be sent home
- **Rash** – Any unexplained rash, unless a doctor’s note specifies it is not contagious
- **Chicken Pox** – All sores must be completely scabbed over before returning
- **Persistent Cough** -A continuous or disruptive cough, especially if the child is **unable to control or contain mucus** or if the cough is accompanied by other symptoms such as fever or congestion.
- **Other Communicable Illnesses** – Each illness has different symptoms and timelines; children will be sent home according to current public health guidance.

3. **General Illness or Inability to Participate**

- Children who show any signs of illness or cannot comfortably participate in normal activities should remain at home until **symptom-free for 1 full day without fever-reducing medications (Tylenol, Advil, Motrin, etc.) and remain at home for 1 additional full day** before returning.
- Please, for the sake of the other children and staff, do not bring your child if they were vomiting, had diarrhea, or ran a high fever overnight.

Parent Pick-Up Procedure

- Parents will be contacted via Brightwheel or a phone call if their child becomes ill at the center.
- **Pick-up must occur within one hour** of notification.
- The sick child will be cared for in a separate area within sight or sound of a staff member until the parent arrives.

Return-to-Care Summary

Condition

Return-to-Care Policy

Fever (100.4°F or higher)	1 full day fever-free without medication, plus one full day at home
Diarrhea or Vomiting	1 full day symptom-free plus one full day at home
Pink Eye	1 full day after the start of antibiotics
Rash	With a doctor's note confirming non-contagious or after the rash resolves
Chicken Pox	When all sores are completely scabbed over
Other Communicable Illness	As directed by the public health, the child's physician, or the Director