

# MOUNTAINHALL

COMMUNITY  
GREENSPACE

## Summer at Mountainhall Greenspace Community

It's been an abundant year for growing with strong sun and strong rain feeding our plants. Which has meant our Mountainhall Greenspace is full of wildlife, plants and insects. We hope that you have had a chance to wander on the site, noticing the changes as summer enters full vibrancy on the Mountainhall space.



*Jim Buchanan, pathways to wellbeing. Photos by Emily*

### • Community Gathering Invite

We are delighted to invite you to a **Community Gathering, 5<sup>th</sup> of August 1 - 6pm**. We will gather at the tree line in front of the Mountainhall treatment centre, using Jim Buchanan's mown labyrinth as a focal point and mediative exercise.

Alongside teas, coffees and other refreshments, the day will host multiple gentle activities celebrating the greenspace and the interaction of nature, creativity, wellbeing and community. Thank you to everyone contributing to the day!

# mountainhall greenspace community

## Community Gathering: 5th August 1pm - 6pm



Find us in the tree line in front of the treatment centre for wellbeing activities, refreshments, & an update on the project.

1pm - Welcome + project update

1.30pm - Tai-chi demo and taster

2.30pm - 'Talking About the Weather' community anthology poetry readings

3pm - Greenspace tree I.D. tour with Positive Forestry



what3words: ///fresh.clashing.passion

4.30pm - Re-introductions + project update

5pm - Working group informal networking

Ongoing -  
Plant I.D. with beeswax crayon rubbings

Medative labyrinth walk

Refreshments



Mountainhall Greenspace Community is a community project being developed from the NHS grounds of the Mountainhall treatment centre. The project aims to create a thriving community space with access to nature and creative wellbeing.



*Remembering Together, Emily's bees wax crayon rubbing.  
Photo by Kirstin McEwan*

## • Padlet - a sharing online space

We've launched a new [Mountainhall Greenspace Community PADLET](#). We have hopes this space will develop into an active platform where community members, NHS groups, and other interested organisations can interact and share their hopes for the greenspace.

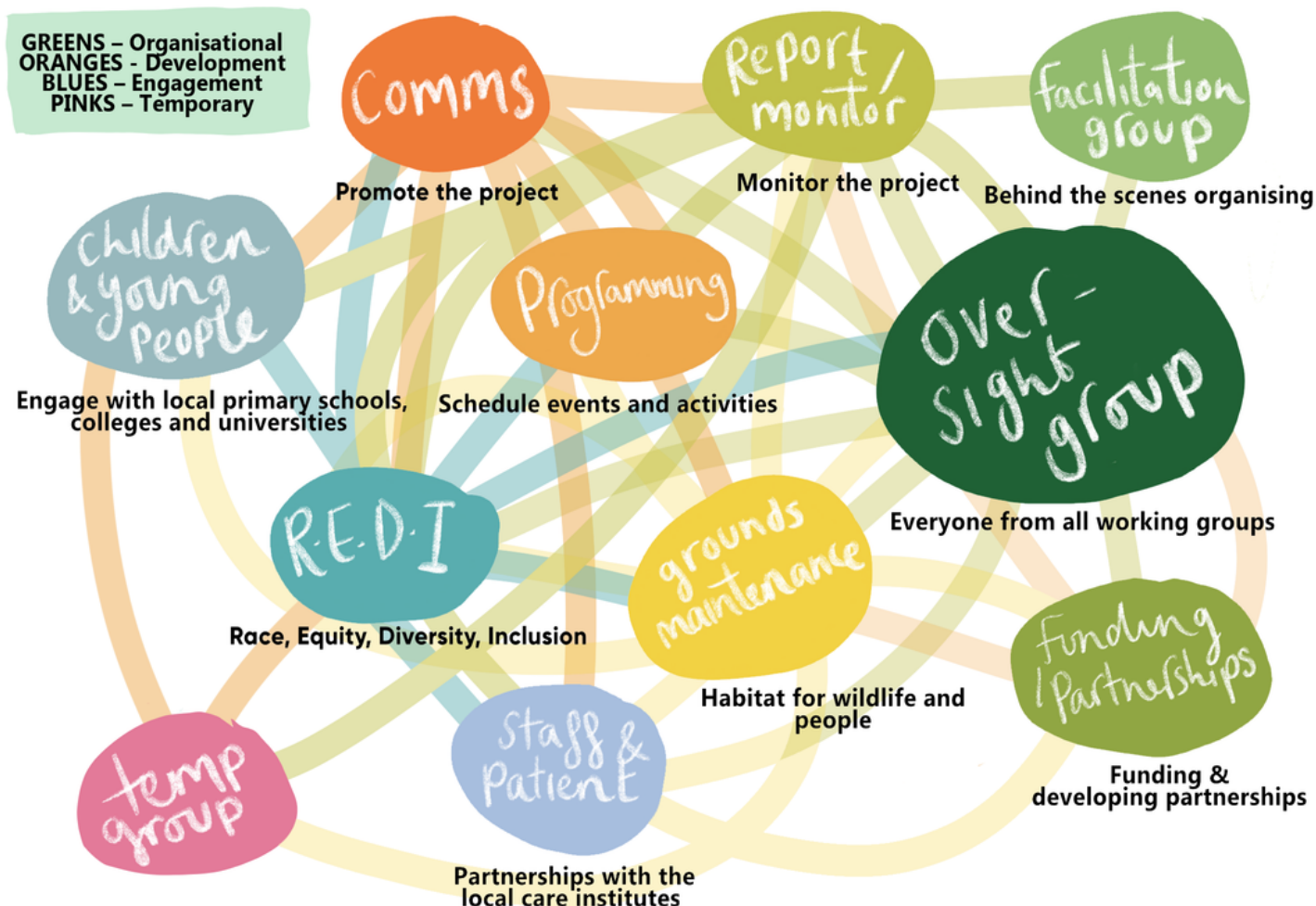
Please take a look. We would love for you to add, comment and share.

## • Working group call out

### Would you like to help build the Mountainhall Community Greenspace project?

We would love a mixture of voices, expertise and knowledge to help guide this project. We have developed ([first draft](#)) [working group titles and roles](#) and now need your help delivering the project aims. If you are interested, please fill in [Mountainhall Working Group expression of interest](#)

**We will be in touch!**



Please come along and feel free to offer us input throughout the day but from 5–6pm at our Community Gathering (5<sup>th</sup> August) will be taking time to focus more on our working groups. This is a fairly informal session, but will give people time to ask us more questions, offer us insights, while we all get to know one another better.

You are also always more than welcome to email: [mountainhallgreenspace@gmail.com](mailto:mountainhallgreenspace@gmail.com)



*Community Open Day March 2024, photo by Emily*

- **Local Biodiversity Action plan - have your say**

Dumfries & Galloway council have released their first draft of the [Local Biodiversity Action Plan](#). They are now looking for feedback for this initial draft. This is a local strategy that sets out how we will protect and enhance nature across the region, translating national and international priorities into local action. Whether you have professional expertise, local knowledge or simply an interest in nature, they would welcome your input.

Kind wishes, Emily @ Propagate

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Propagate and DesignHOPES are partnered with the NHS to develop this project.

<https://www.propagate.org.uk/mountainhall-greenspace>

