

Improving Outcomes for Youth (IOY) Programs



IOY promotes health, safety, resilience, and opportunities for Mainers, ages 14-24, to be healthy and connected to the workforce and/or education. IOY promotes self-sufficiency to youth and their family; delivering services intended to prevent and/or reduce unintended pregnancy and increasing prevention services and programming in schools to ensure access to needed behavioral health services, like substance misuse disorder screenings and treatment.

IOY Programs are free to participants.

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Region 2: Androscoggin, Franklin, Kennebec, Knox, Lincoln, Oxford, Sagadahoc, Somerset, and Waldo Counties

The IOY Program, *Boys and Girls Experience*, conducted by Maine Alliance of Boys and Girls Clubs, is comprised of curricula, services, and activities in: 1) Healthy Lifestyles, 2) Academic Success, and 3) Good Character and Citizenship. IOY Programs offered include:

- **Career Launch** explores possible vocations, make sound educational decisions, and find success in the work world.
- **Project Learn** reinforces teens' academic enrichment and school engagement during time spent at the Club through academic support and incentives, including: 1) high-yield learning activities 2) daily homework help/tutoring; 3) school collaborations; 4) parental involvement and 5) incentives for academic effort/achievement.
- **Power Hour** provides Club staff strategies, activities, and resources to create an engaging homework help and tutoring program that encourages teens to become self-directed learners.
- **Triple Play** strives to improve the overall health of teens by increasing daily physical activity, teaching good nutrition, and helping develop healthy relationships. Includes fitness activities, recreation, coaching, and team sports.

To learn about IOY and other programs offered by Maine Alliance Boys and Girls Clubs, call:

- **Boys and & Girls Clubs of Greater Waterville** 207-873-0684 Franklin, Kennebec, Knox, Lincoln, Oxford, and Somerset
- **Boys and Girls Club of Southern Maine** 207 874-1069 Androscoggin
- **Boys and Girls Clubs of Kennebec Valley** 207-582-8458 Kennebec and Sagadahoc



March 1,