

FANTASY, FLIRT OR FULL SEND?

A private fantasy worksheet for couples to complete separately before comparing what stays imaginary, what feels playful, and what deserves a conversation.

This is a conversation tool, not a contract. A match means you are both open to talking—not that anyone has consented to doing it.

HOW TO USE THE LIST

- Print two copies. Each partner completes their own copy privately before comparing answers.
- Do not peek, coach, joke about, or influence your partner's answers while they complete the list.
- Choose one response for every fantasy. You can skip anything you are not ready to consider.
- Compare your matches with curiosity. Do not interrogate, tease, shame, or pressure each other.
- Treat every Full Send match as an invitation to a separate conversation about boundaries and consent.
- Revisit the list later. Curiosity and boundaries are allowed to change.

YOUR FOUR ANSWERS

F	FANTASY Hot in my head only. I do not want to recreate it.
FL	FLIRT I would play with the energy or try a lower-stakes version.
FS	FULL SEND I am interested in a real conversation about exploring it.
N	NOT FOR ME This does not feel interesting or comfortable to me.

Name: _____ Date: _____

Complete this copy privately. Share only when both partners have finished.

1. Adding Another Person

Explore whether the turn-on is another person, novelty, attention, curiosity, or feeling irresistible.

FANTASY / PLAY IDEA	YOUR PRIVATE RESPONSE			
	F	FL	FS	N
Talk about another person during sex				
Create an imaginary third person together				
Choose a fictional or celebrity third				
Fantasize about a woman joining				
Fantasize about a man joining				
Fantasize about another couple				
One partner receives all the attention				
Both partners focus on the third person				
Watch your partner flirt with someone				
Flirt together while out				
Visit a lifestyle-friendly event only to observe				
Use toys to simulate another participant				
Listen to group-fantasy audio together				
Watch ethically made group content together				
Role-play meeting someone together				
Discuss boundaries for a hypothetical threesome				
Explore jealousy as part of the fantasy				
Consider a real-life experience after detailed planning				

CONVERSATION STARTER

“Are we interested in another person—or in the attention, novelty, or feeling this fantasy represents?”

2. Dominance and Submission

Explore power, surrender, leadership, trust, service, praise, and relief from decision-making.

FANTASY / PLAY IDEA	YOUR PRIVATE RESPONSE			
	F	FL	FS	N
One partner chooses the scene and pace				
Ask permission during play				
Give or follow simple commands				
Choose an outfit for your partner				
Plan an evening where one person leads				
Use honorifics or power-based names				
Explore praise and verbal encouragement				
Explore consensual teasing or light humiliation				
Use a blindfold				
Use soft restraints				
Try light sensation play				
Try spanking or impact play				
Explore a service-oriented dynamic				
Role-play strict rules or protocol				
Create a safeword and traffic-light check-in				
Exchange control only inside the bedroom				
Explore power exchange outside the bedroom				
Plan intentional aftercare and debriefing				

CONVERSATION STARTER

“Do I want control—or do I want to feel safe enough to stop being responsible for every decision?”

3. Watching and Being Watched

Explore visibility, attention, admiration, exhibitionism, voyeurism, confidence, and being fully seen.

FANTASY / PLAY IDEA	YOUR PRIVATE RESPONSE			
	F	FL	FS	N
Maintain intentional eye contact				
Use mirrors during intimacy				
Let your partner watch you undress				
Watch your partner undress				
Watch your partner self-pleasure				
Let your partner watch you self-pleasure				
Describe what you are watching out loud				
Wear something designed to be admired				
Create a private photo session together				
Create a private video together				
Watch a recording together afterward				
Use consensual audio recording				
Leave the lights fully on				
Use a video call while apart				
Role-play being watched by an imaginary audience				
Watch ethically made adult content together				
Explore a private setting that feels daring				
Attend an adults-only show or event together				

CONVERSATION STARTER

“Is the turn-on being exposed—or finally feeling completely seen, admired, and desired?”

4. Strangers and Role-Play

Explore mystery, anonymity, identity, novelty, characters, and freedom from your everyday roles.

FANTASY / PLAY IDEA	YOUR PRIVATE RESPONSE			
	F	FL	FS	N
Meet separately at a bar as strangers				
Use different names for the evening				
Book a hotel for a role-play date				
Dress as a different version of yourself				
Pretend it is your first date				
Recreate your actual first date with a twist				
Role-play a secret admirer				
Role-play a mysterious traveler				
Role-play a boss or authority figure				
Role-play a celebrity or VIP encounter				
Role-play a professional character				
Role-play a masked stranger				
Write character backstories together				
Send in-character messages beforehand				
Use an accent or different voice				
Create a fantasy location at home				
Pretend you have a secret affair with each other				
Stay in character until a chosen stop signal				

CONVERSATION STARTER

“What would I allow myself to want if I did not have to be my usual everyday self?”

Where We Matched

Start with shared curiosity—not the most intense fantasy on the page.

A shared answer creates a conversation. It does not create consent, obligation, or permission to surprise your partner.

OUR FLIRT MATCHES

Ideas where we both want to play with the energy:

OUR FULL SEND MATCHES

Ideas we are both open to discussing more seriously:

BEFORE ANYTHING MOVES INTO REAL LIFE

- ☐ What part of this fantasy appeals to each of us?
- ☐ What are our hard limits and soft limits?
- ☐ What would make each person feel safe?
- ☐ How will we pause or stop?
- ☐ What safer-sex or privacy considerations apply?
- ☐ What aftercare and next-day check-in do we want?
- ☐ What happens if either person changes their mind?

FINAL REMINDER: Full Send means “let’s have a real conversation.” Consent must still be enthusiastic, specific, informed, ongoing, and reversible.

YOUR FIRST CONVERSATION STARTER

“I noticed we matched on _____. The part that interests me most is _____. What does that fantasy mean to you?”