





## PARENT CODE OF CONDUCT

The purpose of a code of conduct for parents is to establish consistent expectations for behavior by parents. As a parent/guardian, I understand the important growth and developmental support that my athlete's participation fosters. I also understand that it is essential to provide the coaching staff with respect and the authority to coach the team. I agree with the following statements:

- 1. Parents are expected to practice teamwork with all parents, athletes, and coaches by supporting the values of discipline, loyalty, commitment, and hard work, thus setting a great example for their athletes and others.
- 2. Additionally, Parents of NCA athletes are also representatives of the team and are therefore expected to adhere to the general code of conduct that the swimmers are required to adhere to. Criticizing, name-calling and use of abusive language or gestures directed toward the coaches, officials, parent volunteers, and/or any participating athlete will not be permitted or tolerated.
- 3. Maintain self-control, and know the proper roles:
  - ·Swimmers-Swim/Divers-Dive
  - ·Coaches-Coach
  - ·Officials-Officiate
  - ·Parents-Parent
- 4. Parents are not allowed on deck at meets unless they are designated workers or an official. If a parent is working at a meet, he or she cannot use that job assignment to contact their athlete.
- 5. Parents are not allowed on deck during practices. Parents may watch practice in the cafe. Additionally, contact with your child during practice is not allowed.
- 6. Parents are expected to adhere to practice times. Athletes are expected to be on time for their designated practice times. Athletes should arrive 5-10 minutes prior to the start of practice and are expected to be picked up at the end of practice.
- 7. The best method of communication with the coaches is either calling, texting, or emailing outside of practice times.
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