



Sacraments of Healing

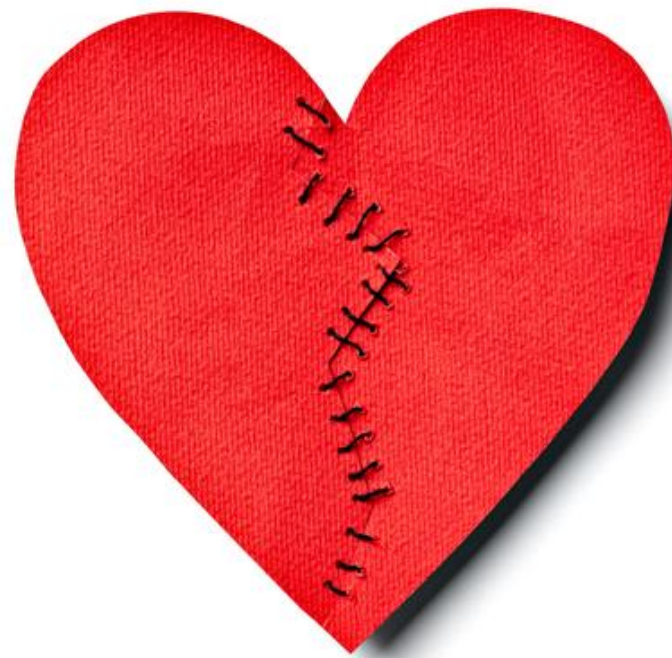
OCIA

October 13, 2026

<https://youtu.be/WY9hu71rswE>

Small Groups

Share a time when you had a personal experience of reconciliation



What do Catholics believe about the sacrament of Reconciliation?

TYPES OF SACRAMENTS

“Initiation”

- Baptism, Confirmation and **Eucharist**



“Healing”

- **Reconciliation** and **Anointing of the Sick** (and Eucharist)



“Mission”

- Matrimony and Holy Orders (and Eucharist)



THE GREATEST COMMANDMENT

“Teacher, which commandment in the law is the greatest?”

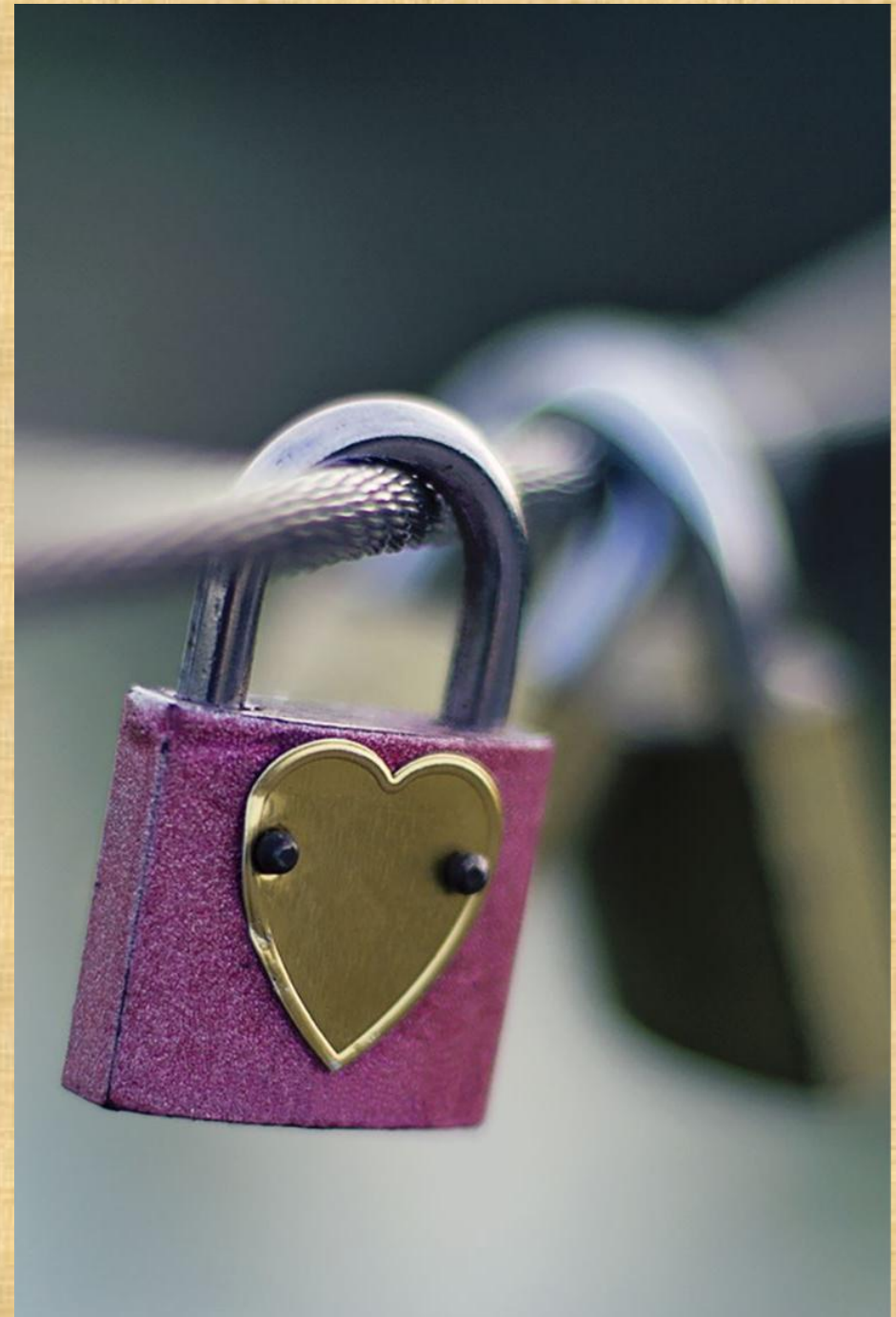
He said to him, *“You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind.”*

This is the greatest and the first commandment.

“The second is like it: You shall love your neighbor as yourself.”

The whole law and the prophets depend on these two commandments.”

Matthew 22: 36-40



RELATIONSHIP



Breakout Groups

What do you think a “Right relationship with God” means?

What does a “Right relationship with others” mean to you?

SIN = Missing the Mark



**Denies who we are, our purpose;
Damages our relationship with God and with others**

We Need a Savior



SPOILER ALERT!



Everything Is a Gift

Resting in God's
Unconditional Grace



Video Clip



FORGIVEN™

THE TRANSFORMING POWER OF CONFESSION



Matter, Form & Minister

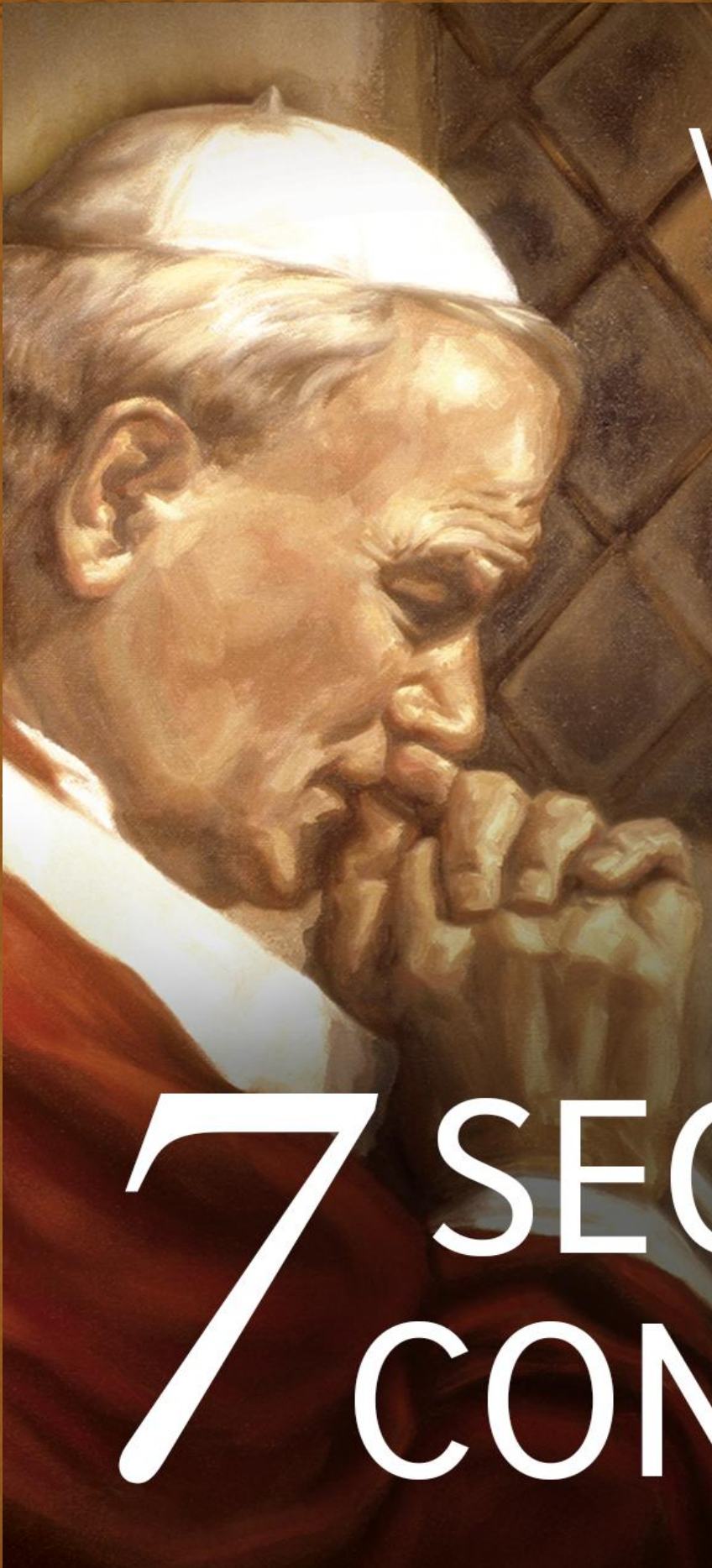


Process

- 1. Examine conscience in light of God's love and mercy**
- 2. Confession to a priest**
- 3. Penance**
- 4. Absolution**
- 5. Firm resolve to change - conversion.**



Prayer & Sign of Absolution



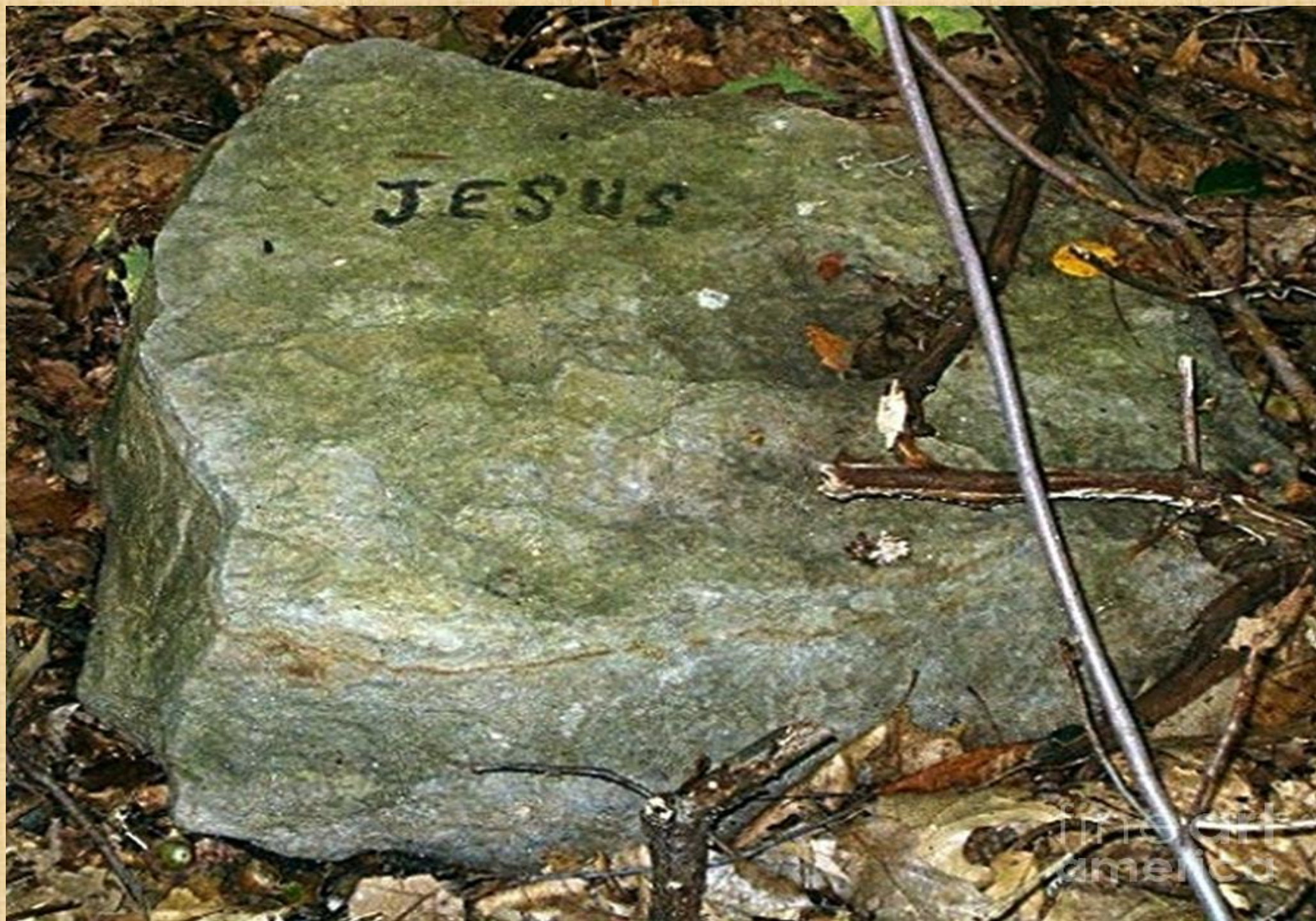
VINNY FLYNN

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THE CATHOLIC FAITH.
ON DEMAND.

7 SECRETS OF CONFESSION

Sin Doesn't Change God



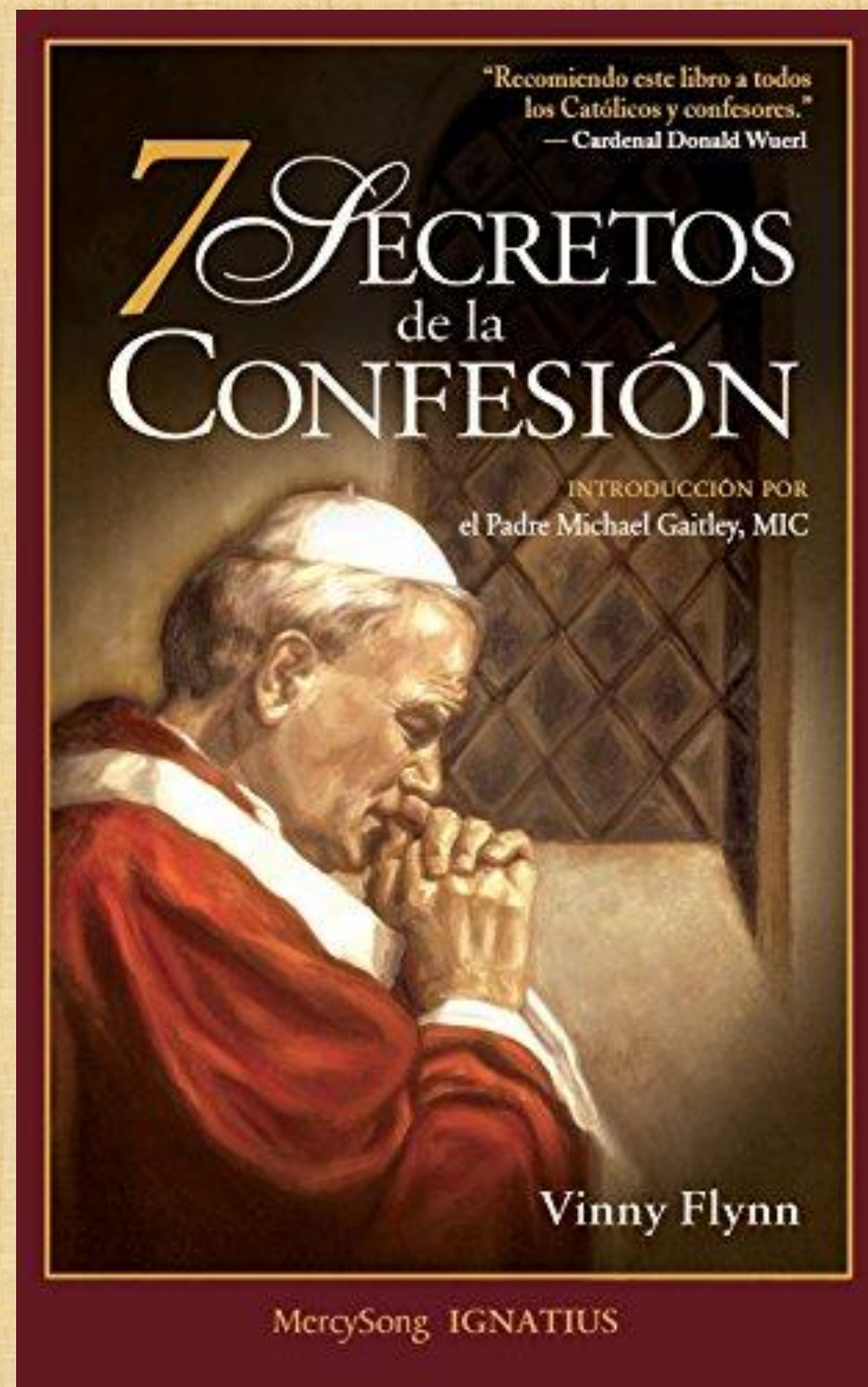
It's Not Just about Forgiveness



We Have to Let Go of Our Chains



So, that's 3...
What are the
other 4
“secrets”?
You'll have
to read the
book!





BREAK

TIME

Small Groups

1. When someone has been seriously ill or facing major surgery, what have you done to help them heal?
2. What do Catholics believe about the Sacrament of Anointing of the Sick?

Sickness and Powerlessness



**“Is anyone among you suffering?
Is anyone among you sick?” James 5:13-14**

Christ the Physician



How Jesus Explained Suffering

The Church Heals the Sick



The Sacrament of the Sick



Both for Healing AND Extreme Unction

Video Clip



Group Discussion

What is the greatest
healing?



ASK A
Priest



