What will you give your Valentine? Should it be expensive, over and above what you gave this past Christmas? Valentine's Day is a day you make your Valentine feel special, loved, that you have been thinking about him or her, and that you know him or her very well. Let me tell you a story of someone I know who felt especially loved by her husband's simple gift.

Marianne is married to Leo, a man who is simple, doesn't need or expect gifts, rarely spends any money on himself, but is very generous when it comes to his family and others who are in need. Marianne has on many occasions received expensive gifts from her husband but what she cherished most are those that didn't cost a fortune. One Christmas, her husband just lavished her with a box of nail polish he knew she wouldn't buy for herself. I know some would gawk at this. "Nail polish for Christmas?!?!"Marianne loved doing her nails. She was ecstatic to see the nail polish, because finally, her nails were going to last longer than a few days! She felt loved because her husband knew her.

You see, Marianne would often paint her fingernails and toenails while watching TV with her husband. She frequently asked his opinion about the color or her nail polishing job and he would give his opinion. Although the nail polish left the living room with unpleasant nail polish fumes, he never complained. He knew she would never pay more than $1-$2 for her nail polish. He knew the quality of the nail polish because it would often chip and in a couple of days she would have to retouch it or do them over again. Now, Marianne can have fun painting and not have to do them so often. With higher quality polish and brush, her nails look like they just came out of the nail salon!!! Such a simple gift to make a woman so happy, but it was because he knew her. Happy Valentine's Day! Give the gift that tells your Valentine, "I love you and I know you."