



MORMONISM DEBUNKED

*A Former Mormon Discusses
the Doctrines of Christianity vs.
the Tenets of the Mormon Faith*

CONSTANTINE I. NIGHTINGDALE

The End Times Apostle to the World from Hawaii

“REVIEW 1”

Mormonism Debunked: A Former Mormon Discusses the Doctrines of Christianity vs. the Tenets of the Mormon Faith serves as a powerful and personal platform for the author, **CONSTANTINE I. NIGHTINGDALE**, to share his transition from a devoted Mormon missionary to a born-again Christian.

Driven by unanswered childhood questions and a dissatisfaction with the focus on “works” for salvation, **CONSTANTINE** meticulously outlines variations between LDS doctrines and the Bible, emphasizing salvation through God’s grace alone. This book is an essential guide for those seeking to understand the distinctions between different faiths and religions.

The author’s lengthy experience as a Mormon missionary and active member for forty years in total lends unparalleled authenticity to his stance. He doesn’t write merely as an academic observer but as someone with the scars of experience. This provides a great narrative for anyone grappling with doctrinal conflict or searching for genuine spiritual freedom.

The primary spiritual guidance is the emphasis on questioning and researching religious doctrines rather than accepting blind indoctrination. This inherent human curiosity is helpful because it empowers the reader to become a “free agent” seeking verifiable truth. It provides a moral and spiritual imperative for self-study, ensuring that one’s faith is grounded in facts and understanding, not just respect for elders or traditions.

The book provides extremely practical steps for incorporating genuine faith into daily existence, focusing on prayer, fasting, and humility. It emphasizes that true communion with Christ is an everyday act, not just attending church but reading the Bible, joining small groups, and cultivating the “fruit of the Spirit,” like love and peace. This guidance transforms religion from a ceremonial obligation into a 24/7 personal relationship, offering clear, actionable ways to gain godly wisdom for life’s choices. This book successfully achieves its purpose: guiding readers from bondage to Christ’s grace.

“REVIEW 2

CONSTANTINE NIGHTINGDALE is Mormon, born and raised, and expected to follow in the footsteps of his parents and their parents before them. But in his heart, there are questions to which he longs for answers, and despite voicing it out every time, he is told to keep quiet and trust blindly... And that he did, and not just believing silently, he too became a teacher of trusting blindly. But not for long, because saved by Jesus, all his questions are answered, and now, in his book *Mormonism Debunked*, he brings to us the answers to the questions that plagued his heart.

This book is a strong message to the end-time church, which is being tempted with varying doctrines. It reminds us of the words of Jesus and the salvation and life that reside in the faith we practice. The value of this book supersedes human rating, but if I have to, I'll rate it a solid 5 out of 5 because in every aspect: accuracy, conciseness, impact, etc., it ticks off every box.

I'll recommend this book to anyone who believes in the name of Jesus, and even to those seeking guidance to know God for themselves. And to every person who can read, despite your religious orientation, I urge you to read, and by God's Holy Spirit, it will speak to you through this book, and you'll be saved.

“**REVIEW 3**”

Constantine’s book offers a rare insider’s view of the LDS Church, penned by a former missionary. **CONSTANTINE NIGHTINGDALE** recounts his four decades in Mormonism, detailing the secretiveness, the hierarchy, and the doctrinal inconsistencies he observed. He recounts that the focus on legalistic rules and works is a form of bondage that kills people’s true spiritual growth, replacing Christ’s grace with human effort. Ultimately writing to readers to abandon all cults and imitations and accept Jesus Christ as the only path to Heaven.

I particularly appreciated the book’s unwavering commitment to making complex theological comparisons accessible. The author skillfully breaks down the foundational differences, such as the crucial inconsistencies between achieving salvation through “works” (Mormonism) versus accepting God’s “grace” (Christianity). Furthermore, the included detailed appendices and references, alongside the explicit invitation to use the Bible to verify everything, invite the reader to conduct their own diligent, informed research. A crucial theme is the definitive identity of the Godhead as the Triune God. This clarity regarding God the Father, Jesus Christ, and the Holy Spirit offers a foundation of true Christian theology. By demonstrating the scriptural consistency of the Trinity and even providing tools like the Triadic Order chart, the book helps the reader move past confusion, establishing a robust biblical understanding of the divine nature necessary for sincere worship and effectual prayer. The author helps readers practically diagnose and address spiritual blockages, such as pride and arrogance, that hinder communication with God. The suggested disciplines, like playing Christian music and consistent tithing, frame daily activities as opportunities for devotion, ensuring the reader is constantly aligning their actions with biblical wisdom. **CONSTANTINE NIGHTINGDALE’S** journey is a powerful testimony that truth can be tested for accuracy. He provides sincere, scriptural evidence necessary for anyone wrestling with Mormon theology or searching for genuine faith. A must-read for readers seeking liberation from works and embracing Jesus’s complete grace.

“REVIEW 4”

Books concerning religion have been and will always be a sensitive subject, as they raise many eyebrows as regards sensitivity and respect for another person’s point of view. That’s why I particularly enjoyed *Mormonism Debunked* by **CONSTANTINE I. NIGHTINGDALE**.

Despite the sensitive nature of the topic, the author found a way to make it seem both educational and eye-opening. Being a Christian myself, I resonated with most of the teachings, as I am no stranger to them, but I think even without being a Christian, I’d be able to understand and relate to the truths being preached. It’s one thing to preach and expect us to believe and receive by faith, and it’s another thing to provide us with evidence to support our faith, and **CONSTANTINE** did the latter—taking our hand, leading us with faith, and showing us reasons to walk by faith. From the book, it is obvious that proper research was done, as Bible scriptures, quotes, pictures, references, etc. were put in place, making the book extremely value-packed. All in all, this is an exceptionally written book of great importance, especially in our generation, where the love for God is waning cold.

I’d rate it 5 out of 5 because it is well-written and the passion of the author for God flows with every word. To every Christian, both the ones questioning their faith and the ones strong in their faith, this is a good read for you. Also, for Mormons who, like **CONSTANTINE**, are plagued with questions that you’re forced to swallow, this is for you.

“**REVIEW 5**”

In a time where the love for God is constantly reducing more than ever, and more and more people are drifting away from the message of truth, the author reminds us in his book, *Mormonism Debunked: A Former Mormon Discusses the Doctrines of Christianity vs. the Tenets of the Mormon Faith*, concerning the truth that we seem to neglect.

Although his approach is notably direct and unfiltered and is expressed with strong conviction, it only drives home the point about his devotion to the truth in which he believes and preaches. And the fact that the author is not an outsider to both Mormonism and Christianity makes his message more relatable to people on both sides of the coin. And despite having personal experience, he did not rely solely on that but also did proper and in-depth research, so everything in this book is backed up with substantial facts and references.

The author's choice of vocabulary is thoughtful and particularly effective for such a weighty topic. He found a way to make it understandable even to someone with no background knowledge of Christianity, and therefore fulfilled Jesus' mandate of bringing his good news to every man. I'll rate it 5 out of 5 because it is extremely educational, insightful, and inspiring.

To anyone who feels some kind of void and is desperately searching for something to fill it, this book is for you, and by God's grace, Constantine's love for God will rub off on you and fill your heart with God's love.

“REVIEW 6”

Editor Charene D. introduces this vital work as a challenge to blind acceptance, stressing that truth must be testable and open to inquiry. The author, **CONSTANTINE NIGHTINGDALE**, validates this approach by chronicling his own intellectual and spiritual crisis within the Mormon faith, noting the constant tension between LDS teachings and the Bible. The author explicitly addresses current LDS members, challenging them to suspend learned expectations and use the Bible to verify all religious claims. He stresses that true Christianity is rooted in God’s word, not in doctrines created or edited by a mere man.

This book excels in its brave directness and clarity regarding the danger of religious indoctrination. The author argues that any belief system that cannot be questioned stunts growth and the ability of human beings to thrive. He transforms his personal intellectual frustration, the frequent brushing off of his youthful questions by Mormon leaders as secrets, into a universal argument for critical thinking. This bold insistence on free will and testing truth for accuracy is one of the book’s aspects I found valuable. The book effectively highlights the critical role of the Holy Spirit in guiding individuals out of religious error and into truth. It reassures the reader that if they are seeking awareness, God has chosen them and the Holy Spirit will personally testify to the truth of the Bible. This focus is tremendously helpful for seekers, as it promises divine assistance in their journey. The Holy Spirit acts as the essential representative of God, guaranteeing that the search for the true foundation of faith will be successful, leading to light and everlasting love. For the reader dealing with doubt or transition, this book offers immediate relevance by providing tangible advice to seek truth directly. The author tells readers to stop relying on secondhand information and use the Bible study appendix, prayer, and humility to verify teachings. Furthermore, the discussion of the Triune God includes an experiential prayer experiment, showing readers six specific ways to focus their prayers and receive tailored spiritual insight (e.g., praying Father-Son-Spirit focuses on ‘Missional’ themes).

“REVIEW 7”

There is a saying that we are a product of our environment, and more specifically, we are usually followers of whatever religion our parents before us instilled in us, but for **CONSTANTINE NIGHTINGDALE**, this was not the case. This is because, saved by Jesus, he was able to break free from the path expected of him and carve a new path for himself to the glory of God. In his book *Mormonism Debunked: A Former Mormon Discusses the Doctrines of Christianity vs. the Tenets of the Mormon Faith*, he tells us the story of how he was delivered by the divine mercies of God.

The descriptiveness with which he tells his story almost brought me to tears, as it reminded me of God's mercy on my own life.

It is important to commend how detailed the book is. From his narration as a Mormon to that as a Christian, and despite having little or no knowledge of Mormonism, I can paint a reliable picture of the Mormons.

One of my favorite things about the book is the addition of an appendix to which a devotional is added. It shows the practical Christianity that he preaches. Overall, an exceptional book, as it was properly written and edited, as I found no error while reading the book, and that made reading even more enjoyable.

To every Christian like me, the depth of this book will strengthen your resolve in Christ. Also, to anyone who is interested in escaping the shackles of hell, this one is for you.