

# News from Home



Gibson Family Health Care Newsletter — *Our family caring for your family*

## AUGUST 2026

*"Remember to be gentle with yourself and others. We are all children of chance and none can say why some fields will blossom while others lay brown beneath the August sun." - Kent Nerburn*

### Summer in Canada

Summer officially runs from late June to late September, which puts August in the middle of the season. Although August is slightly cooler and drier than July, you'll likely enjoy warm, pleasant weather.

### Our Ontario

Did you know Ontario holds one-fifth of the world's fresh water in 250,000 lakes? Ontario is larger than Spain and France combined, and covers more than 1 million square kilometres—Wow!

### Staff Spotlight

Our Staff Spotlight this month is Nicole Chisamore, Housekeeper. Please see details on Page 3.



## VETERANS' Memorial Stone DEDICATION

Honouring the Courage. Remembering Their Sacrifice.

**Wednesday, Aug. 12  
2 pm**

Carveth Care Centre

*Join us as we honour and remember  
our veterans.*



  
Carveth  
Care Centre

★ HONOURING OUR HEROES. GRATEFUL FOR THEIR SERVICE. ★

**Civic Holiday**—The Civic Holiday (Monday, Aug. 3) is celebrated on the first Monday of August. It's a public holiday in some provinces and territories. The Civic Holiday is *not* a statutory holiday. The Civic Holiday is commonly referred to as the August long weekend. It is probably the busiest day on the highways as tens of thousands of families go camping and to cottages.



## Looking ahead

It's hard to believe school is around the corner! It starts on Sept. 2 and ends on June 28, 2027. Labour Day is Sept. 7 and Thanksgiving is Oct. 12. March Break is March 15 to 19.

## Grandparents Day is coming

Did you know Grandparents Day is Sept. 13 this year? Held every September, Grandparents Day is a great excuse to show the grandparents in your life (whether biological or honorary), some love.

## Dog days of summer

Traditionally the hottest month in the northern hemisphere, August is called the dog days of summer. The phrase refers to Sirius, of the Dog Star. The dog days are when the Dog Star rises and sets at about the same time as the sun, which is roughly between July 3 and Aug. 11.

*"In August, the large mass of berries, which, when in flower, had attracted many wild bees, gradually assumed their bright velvety crimson hue, and by their weight again bent down and broke their tender limbs."* - Henry David Thoreau

## Tell us what you think

Do you have a story idea or feedback? Contact Catherine Reynolds at 613-382-4752 ext. 114 or [catherinereynolds@gibsonfamilyhealthcare.com](mailto:catherinereynolds@gibsonfamilyhealthcare.com)



## On this date in history

Aug 1—The eleventh **Olympic Games** opened in Berlin in 1936. In 1774, Joseph Priestley discovered **oxygen** in the lab at Bowood House, Wiltshire, England.

Aug. 2—First **roller skating rink** opened in the UK in 1875.

Aug. 3—**Columbus** set sail on his first voyage in 1492. He made his way to the Canary Islands.

Aug. 4—**WW1**; August 1914 – 11<sup>th</sup> November 1918.

Aug, 6—The **sandwich** was named after the Earl of Sandwich. It is said that in 1762, the Earl of Sandwich asked for meat to be served between slices of bread, to avoid interrupting a gambling game.

Aug. 8—The **Great Train Robbery** of 1963.

Aug. 12—The **Model T Ford**, known as the Tin Lizzie and the first mass-produced car, went on sale in 1908 and the first communications Satellite, **Echo 1**, was launched in 1960 from Cape Canaveral in Florida.

Aug. 13—Josef Jakob, a German spy during World War II, is the last person to be executed at the **Tower of London** in 1941.

Aug. 14—End of **WWII**.

Aug. 21—The **Mona Lisa** by Leonardo de Vinci was stolen from the Louvre Gallery in 1911 and not recovered until 1913.

Aug. 24—Mount Vesuvius erupts near **Pompeii** in southern Italy. Although roughly half the citizens of Pompeii escaped toward the sea, more than 2,000 people were buried under seven feet of molten lava, ash, and pumice. (79 AD)

Aug. 28—**Martin Luther King** (1929-1968), American civil rights campaigner, made his famous "I have a dream" speech in 1963.

Aug. 31—**Princess Diana** was killed in a car accident in France in 1997.

# Staff Spotlight



*Nicole Chisamore*

For Nicole Chisamore, caring for residents has never been limited to one role. Whether she was working as a Personal Support Worker or now as a valued member of the Housekeeping team, her focus has always remained the same – ensuring residents feel safe, comfortable and cared for.

Nicole first joined Carveth Care Centre in 2008. After leaving for a short period, she returned as a PSW before transitioning to the Housekeeping Department about two years ago. Having worked in multiple departments, she has gained a unique appreciation for the important role every employee plays in the home's success.

"I loved both being a PSW and working in the Housekeeping Department," Nicole said. "You never truly know the level of difficulty someone experiences in their role until you've worked in that department yourself."

She believes Carveth's strength comes from its teamwork.

"From the CEO, management, nursing, activation, PSWs, maintenance, kitchen and housekeeping – it takes all of us to allow Carveth to run as it does because we are a Circle of Care."

Throughout her years at Carveth, Nicole has enjoyed working alongside compassionate colleagues and watching many employees grow in their careers.

"I've had the opportunity to work with some pretty caring and amazing people over the years," she said. "Some have stayed, while others have moved on, but it's been wonderful to see people grow in their field."

Today, Nicole takes great pride in her role on the Housekeeping team. "We help each other to keep the home disinfected and clean for the residents, first and foremost," she said. "We also make sure things are stocked, cleaned and organized for the PSWs and nurses whenever needed."

Housekeeping and Maintenance Supervisor Mark Campbell said Nicole's dedication and professionalism were especially evident during Carveth Care Centre's recent Accreditation Canada survey.

"Nicole consistently goes above and beyond every day, and her hard work certainly didn't go unnoticed during our Accreditation Canada meetings with the surveyors," Mark said. "They recognized the cleanliness and organization throughout our home, and Nicole played an important role in that success. She takes tremendous pride in her work, supports her teammates without hesitation, and truly lives our Circle of Care philosophy. We are incredibly grateful to have her as part of the Carveth family."

Outside of work, Nicole enjoys spending time with her family and friends and expresses her creativity through art. An avid gardener, she jokes that "dirt is my second-best friend."

Looking ahead, she hopes to one day travel to New Zealand, as well as fulfill a lifelong dream of seeing whales in their natural habitat.

For those considering a career in long-term care, Nicole offers heartfelt advice that reflects her compassionate approach to the profession.

"Care for the residents as you would want your own family cared for – and as you would want to be cared for yourself."

Nicole's dedication, teamwork and genuine compassion make her a deserving recipient of Carveth Care Centre's August 2026 Employee of the Month recognition. Congratulations, Nicole, and thank you for helping make Carveth such a welcoming place for residents, families and fellow team members.

# Carveth Crossword Puzzle

## What a Slog!

By Matthew Luter and Brian Callahan (©  
Andrews McMeel Syndication)

*Edited by David Steinberg  
Universal Crossword*

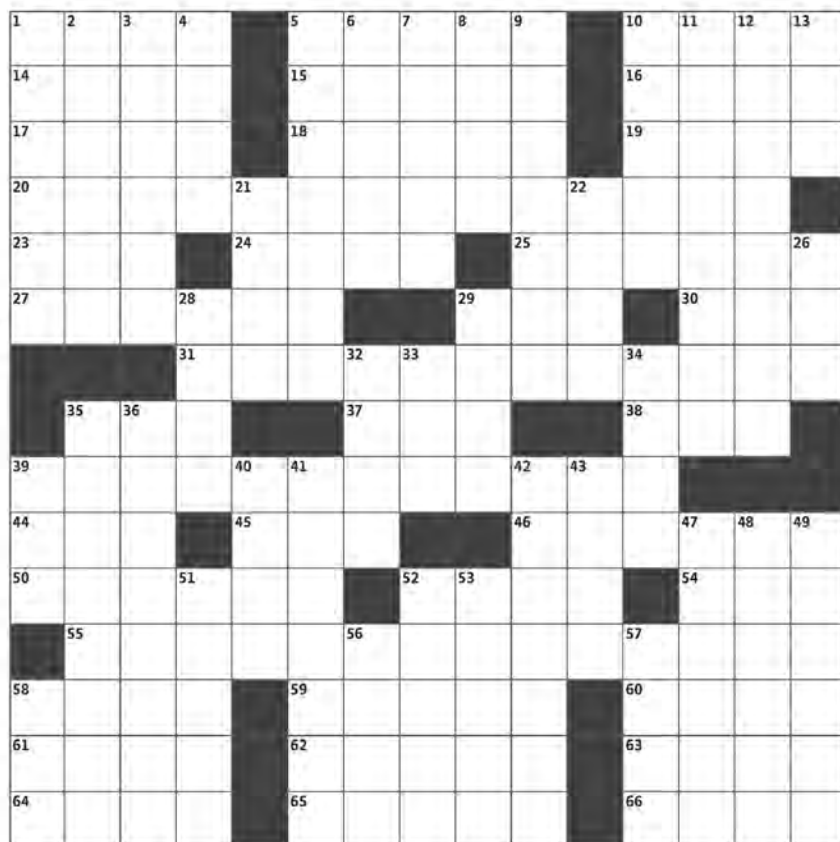
### ACROSS

- 1 Lowest poker pair
- 5 Celebrated
- 10 Prime Cuts pet food brand
- 14 Schlep
- 15 Banishment
- 16 It's in a lather
- 17 Cedar Point's lake
- 18 Major uncertainty
- 19 No. 2
- 20 \*Minor epiphanies during mundane moments
- 23 Debtor's note
- 24 Sleeveless top
- 25 Aced
- 27 Green "Ghostbusters" character
- 29 Vaccine measures: Abbr.
- 30 Poem of tribute
- 31 \*Caused a major disruption
- 35 AriZona iced \_\_\_\_
- 37 Molecule that Rosalind Franklin researched
- 38 "The \_\_\_\_ & Stimpy Show"
- 39 \*Cause championed by organized labor
- 44 Uru. neighbor
- 45 Novelist McEwan

- 46 Certain Google search results
- 50 Radio \_\_\_\_ ("Do the Right Thing" character)
- 52 Word before "body" or "parts"
- 54 Skinny battery
- 55 Clumsily succeeded at ... or a hint to the word scrambled in each starred clue's answer
- 58 Symbol of engagement
- 59 Thrill
- 60 Golden State sch. in the Big Ten
- 61 Toward sunrise, in Spain
- 62 Big cat in "Life of Pi"
- 63 "DJ Play a Christmas Song" artist
- 64 Say @#\$\$%, say
- 65 Forward-thinking types?
- 66 Kotb who was on NBC

### DOWN

- 1 Grad school capstone
- 2 Pop artist in a 1985 Diet Coke ad
- 3 "Certainment!"
- 4 Whole lot
- 5 Month between enero and marzo
- 6 The closest ones on a plane may be behind you



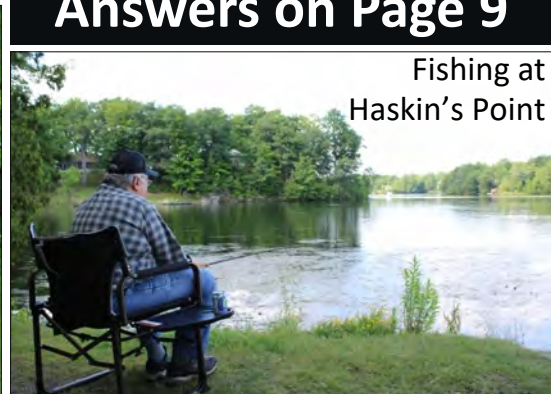
- 7 Snug
- 8 Pixar flick set in the Communiverse
- 9 Like the Sears catalog, after 1993
- 10 \_\_\_\_ Beer Hall (Tokyo attraction)
- 11 Torch carrier's flame?
- 12 Didn't choose
- 13 Choose
- 21 At any time
- 22 Deep cut
- 26 National Fruitcake Month: Abbr.

- 28 Air kiss sound
- 29 Burn a bit
- 32 Thick wheat noodles
- 33 "What's \_\_\_\_?" (greeting to a wildebeest)
- 34 Stark child hidden in "literary agent"
- 35 Dessert with ladyfingers
- 36 Easter activities
- 39 Spot for a conch piercing
- 40 Headed to extra innings
- 41 Small villages
- 42 Vacillates

- 43 Love, in Spanish
- 47 South American cowboy
- 48 Didn't just birdie
- 49 African expanse
- 51 Cube's 12
- 52 "Pride comes before a fall," e.g.
- 53 Complete and total
- 56 Nobelist Wiesel
- 57 "That hurts"
- 58 Button with a red circle, usually

## Answers on Page 9

Fishing at  
Haskin's Point



# Canada Day 2026



IT'S THE  
*Dog Daze*  
of Summer!  
*Patio Visit*  
with Sheba's Haven  
Bringing comfort, companionship and wagging tails!

**TUESDAY, AUG. 25**  
**2 PM**  
**CARVETH CARE CENTRE**

Pets. People.  
Pure Joy.

CELEBRATING  
*Ontario*  
Happy  
**CIVIC HOLIDAY!**  
**MONDAY, AUG. 3**

Today, we celebrate the province we call home. Wishing everyone a safe, relaxing and joyful Civic Holiday with family and friends.

*Proudly Ontario.*

From all of us at  
**GIBSON**  
FAMILY HEALTH CARE

**HELEN HENDERSON**  
Care Centre



## Farm Animals Carveth Word Search (Answers on Page 13)

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| T | A | N | I | M | A | L | S | L | A | L | T | I | I |
| I | B | Y | G | C | L | L | A | M | A | H | A | L | S |
| L | H | E | B | S | C | H | I | C | K | E | N | S | U |
| T | P | K | U | S | E | R | E | E | D | I | R | G | T |
| A | M | R | L | K | H | S | I | F | B | P | O | O | P |
| O | U | U | L | C | C | T | O | W | I | I | O | O | H |
| G | G | T | C | I | A | U | O | L | R | G | S | S | O |
| L | F | E | L | H | T | C | E | A | D | U | T | E | R |
| N | A | P | E | C | T | C | S | M | S | T | E | O | S |
| F | O | O | R | I | L | G | K | B | A | P | R | I | E |
| F | S | S | F | R | E | L | U | N | E | B | S | H | I |
| N | R | L | I | E | E | H | G | E | S | E | U | E | F |
| A | B | R | S | B | A | O | H | H | E | A | D | O | E |
| I | E | E | K | R | D | S | E | B | N | E | H | E | A |

HEN  
 TURKEY  
 GEESE  
 GOOSE  
 HORSE  
 LLAMA  
 CATTLE  
 LAMB  
 BIRDS  
 PIG  
 CHICKS  
 FISH  
 ANIMALS  
 COW  
 SHEEP  
 BEES  
 CHICKEN  
 FOAL  
 DEER  
 GOAT  
 DOG  
 BULL  
 ROOSTER  
 BISON



# *The* GREAT CARVETH **CORNHOLE** SHOWDOWN *Tournament*

EVERY THURSDAY MORNING

**IN AUGUST**

**AT 10:30 AM**

Enjoy **corny** jokes,  
**corn** snacks & a  
great competitive  
game of **corn** hole.



AT  
**CARVETH CARE CENTRE**

  
**Carveth**  
Care Centre

1<sup>ST</sup> PRIZE

**\$10**

2<sup>ND</sup> PRIZE

**\$5**

3<sup>RD</sup> PRIZE

**\$2**

*Join the fun! <*

GOOD LAUGHS, GREAT SNACKS & BIG WINS!

## Happy birthday staff

Courtney D, Aug. 2  
Joelene J, Aug. 6  
Brenda K, Aug. 6  
Sarah B, Aug. 6  
Krista W, Aug. 8  
Sarah D, Aug. 10  
Charlene W, Aug. 11  
Brett G, Aug. 17  
Linda M, Aug. 22  
Renee B, Aug. 23  
Pritmi G, Aug. 25  
Adrienne L, Aug. 25  
Kaycee T, Aug. 25  
Melissa B, Aug. 26  
Diane B, Aug. 28  
Bridget T, Aug. 28  
Priyanshi R, Aug. 30  
Heather W, Aug. 30



## Stay HEALTHY



With busy schedules and lifestyles, keeping the mind, body and soul healthy can be a major challenge. Here are a few tips to help you live a happy, healthy, safe and balanced life:

**Get physical** – Exercise not only helps you build muscle, lose weight and gain self-confidence, but it's vital in maintaining a healthy heart.

**Stress is a mess** – Over time, stress can lead to serious health issues such as obesity, depression and even death. Wellness experts suggest that when you start seeing red, instead think blue – as in blueberries.

**LOL, laugh out loud** – Build your immune system through laughter! Health-increasing hormones like endorphins are released into your body when you laugh. Additionally, laughter works your abdominal muscles.

**Eat healthy** – We know we should eat healthy, so let's do it. Buy food located on the perimeter walls of your grocery store. That's where you'll find vegetables, dairy, whole wheats and protein.

**The right to recreation** – You schedule meetings and appointments each week, so why not schedule time for recreation? Be sure to set time each week for activities you enjoy.

**Get plenty of zzzzzz's** – Between work, family and extra activities, it's sometimes difficult to get the necessary six to eight hours of sleep per night. Be sure to avoid caffeine or exercise right before bed. Instead, try reading a book or mediating.

**What's up, doc?** – Going to the doctor only when you're sick isn't going to cut it. For your physical and mental well-being, it's wise to have a routine annual physical examination.

## Happy birthday volunteers

Maureen B, Aug. 10

## Welcome staff

Hayley Lamon, RN





teamific

# TEAMIFIC QUIZ!

**LOCATION:** CARVETH CARE CENTRE

Join us for fun,  
friendly competition  
and great prizes!



★ Think you've got what it takes? Let's find out! ★

[www.gibsonfamilyhealthcare.com](http://www.gibsonfamilyhealthcare.com)

|    |   |   |   |   |    |    |   |    |   |    |    |   |    |    |    |   |   |   |   |
|----|---|---|---|---|----|----|---|----|---|----|----|---|----|----|----|---|---|---|---|
| 1  | T | W | O | S |    | 5  | F | E  | T | E  | D  |   | 10 | A  | L  | P | O |   |   |
| 14 | H | A | U | L |    | 15 | E | X  | I | L  | E  |   | 16 | S  | O  | A | P |   |   |
| 17 | E | R | I | E |    | 18 | B | I  | G | I  | F  |   | 19 | A  | S  | S | T |   |   |
| 20 | S | H | O | W | E  | 21 | R | T  | H | O  | U  | G | H  | T  | S  |   |   |   |   |
| 23 | I | O | U |   | 24 | V  | E | S  | T |    | 25 | N | A  | I  | L  | E | D |   |   |
| 27 | S | L | I | M | E  | R  |   |    |   | 29 | C  | C | S  |    | 30 | O | D | E |   |
|    |   |   |   |   | 31 | W  | R | O  | U | G  | H  | T | H  | A  | V  | O | C |   |   |
|    |   |   |   |   | 35 | T  | E | A  |   |    | 37 | D | N  | A  |    |   |   |   |   |
| 39 | E | I | G | H | T  | H  | O | U  | R | D  | A  | Y |    |    |    |   |   |   |   |
| 44 | A | R | G |   | 45 | I  | A | N  |   |    | 46 | I | M  | A  | G  | E | S |   |   |
| 50 | R | A | H | E | E  | M  |   | 52 | A | U  | T  | O |    | 54 | A  | A | A |   |   |
|    |   |   |   |   | 55 | M  | U | D  | D | L  | E  | D | T  | H  | R  | O | U | G | H |
| 58 | R | I | N | G |    | 59 | E | L  | A | T  | E  |   | 60 | U  | C  | L | A |   |   |
| 61 | E | S | T | E |    | 62 | T | I  | G | E  | R  |   | 63 | C  | H  | E | R |   |   |
| 64 | C | U | S | S |    | 65 | S | E  | E | R  | S  |   | 66 | H  | O  | D | A |   |   |



## Dates to Remember

Aug. 3... Civic Holiday

### Long-Term Care

Aug. 5... Watermelon Day with Linklater Summer Camp at 2 pm

Aug. 6... Music with Michael Myers in Main Dining Room at 2 pm

Aug. 10... Crystal Clear Cleaning Crew at 10 am

Aug. 12... Veterans' Memorial Stone Dedication at 2 pm

Aug. 13... Music by Tom Valliquette in Main Dining Room at 2 pm

Aug. 18... BBQ to thank our construction workers and Residents' Council meeting at 2 pm

Aug. 20... Birthday Diners' Club at noon and music by Julia Moore in Main Dining Room at 2 pm

Aug. 25... Patio visit with Sheba's Haven at 2 pm

Aug. 26... Music by Cowboy Mark with petting zoo at 2 pm

### Retirement Lodge

Aug. 10... Crystal Clear Cleaning Crew at 10 am

Aug. 12... Veterans' Memorial Stone dedication at 2 pm

Aug. 13... Music by Jessica Lavallee in Dining Room at 2 pm

Aug. 18... BBQ to thank our construction workers

Aug. 20... Birthday Diners' Club at noon and Music by Tim Hallman in Dining Room at 2 pm

Aug. 25... Residents' Meeting at 10 am and patio visit with Sheba's Haven at 2 pm

Aug. 27... Music by Scott Carson at 2 pm

## Stay hydrated this August

August is typically the hottest month of the year in Canada. As such, it is important to hydrate yourself daily.

There is always a refreshing drink available at each reception area. In addition, popsicles and special mock-tail hours are available throughout the day.

We also encourage residents and visitors to use the water coolers located throughout the home.

If you go outside, make sure to wear sun screen and a hat. If you need one of these items, please contact the Activation Department.

## The good ol' days

In August 1947, the average annual income was \$3,456 and minimum wage was 40 cents per hour.

The average cost of a new house was \$13,000. A loaf of bread was 12 cents, a dozen oranges were 49 cents and postage stamps were 3 cents each.

A ticket to a movie was 35 cents. A car cost \$1,500. But best of all, gasoline was 23 cents per gallon-even cheaper than a gallon of milk, which was 80 cents.

The value of \$1 in today's currency would have been worth \$5.92 in 1970. The value of a dollar today, is worth *less* than it was in the past due to inflation. To offer further perspective, that same dollar was worth \$23.63 in 1913.



*Live Music*  
by  
**TIM HALLMAN**



Enjoy an  
afternoon of  
great music!

**THURSDAY  
AUG. 20** | **2 pm** | DINING ROOM  
at  
CARVETH  
RETIREMENT LODGE

*We look forward to  
seeing you there!*

 Carveth  
Care Centre

**IN THE LONG-TERM CARE HOME!**

*Live Music*  
by  
*Julia Moore*



**2 pm**  
**Thursday,  
Aug. 20**

**Main  
Dining Room**

 Carveth  
Care Centre  
*A Place to Live. A Place to Care.*

*Come enjoy an  
afternoon of wonderful  
music and entertainment!*

 Carveth  
Care Centre



*Great Music  
Good Times  
Everyone  
Welcome!*

*Live MUSIC*  
by  
*Scott Carson*

**2 pm**  
**Thursday, Aug. 27**  
**Dining Room**  
at Carveth Retirement Lodge

*Keeping residents engaged and connected  
at Carveth Care Centre*  
[www.gibsonfamilyhealthcare.com](http://www.gibsonfamilyhealthcare.com)



 Carveth  
Care Centre

**Residents' Council MEETING** *Everyone welcome*

**Aug. 18**  
**2 pm**

*For residents, by residents!*

[www.GibsonFamilyHealthCare.com](http://www.GibsonFamilyHealthCare.com)

## Winning flowers



**COWBOY Mark**

LIVE  
AT CARVETH CARE CENTRE!

Live Country Music  
★ YOU KNOW AND LOVE! ★

IN THE LONG-TERM CARE HOME!

AUG. 26  
2 PM

ON THE  
PATIO OFF OF  
THE FIREPLACE ROOM

Carveth  
Care Centre

FEATURING A  
Petting  
Zoo  
— BY —  
GIDDY UP AND  
GO PONIES

★ COME ENJOY LIVE COUNTRY MUSIC AND  
SOME FURRY FRIENDS TOO! ★

Some of the men in our home enjoyed a fishing trip to Haskin's Point on July 8.

# News at Carveth

Please help keep residents safe by ensuring the front door is completely closed when arriving to, or departing from, Carveth Care Centre. The door has a 30-second pause before it closes. By ensuring the door is completely closed after the 30-second wait, you can help deter residents from slipping out unnoticed.

Also, please remember to sign-in and out, which ensures the safety of residents and visitors, especially during emergencies or viral outbreaks. *Thank you!*

Our home has a new website! Take a look: [www.gibsonfamilyhealthcare.com](http://www.gibsonfamilyhealthcare.com)

## Wordsearch answers from Page 6

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| T | A | N | I | M | A | L | S | L | A | L | T | I | I |
| I | B | Y | G | C | L | L | A | M | A | H | A | L | S |
| L | H | E | B | S | C | H | I | C | K | E | N | S | U |
| T | P | K | U | S | E | R | E | E | D | I | R | G | T |
| A | M | R | L | K | H | S | I | F | B | P | O | O | P |
| O | U | U | L | C | C | T | O | W | I | I | O | O | H |
| G | G | T | C | I | A | U | O | L | R | G | S | S | O |
| L | F | E | L | H | T | C | E | A | D | U | T | E | R |
| N | A | P | E | C | T | C | S | M | S | T | E | O | S |
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| F | S | S | F | R | E | L | U | N | E | B | S | H | I |
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| A | B | R | S | B | A | O | H | H | E | A | D | O | E |
| I | E | E | K | R | D | S | E | B | N | E | H | E | A |





Another exciting milestone in the redevelopment of Carveth Care Centre... Our latest construction photos showcase the foundation and concrete pour for the new addition, along with the newly completed canopy for our Multipurpose Room. It's incredible to see our vision taking shape, one step at a time.

Thank you to our residents, families, staff and community for your continued support as we build a modern home for generations to come. Stay tuned—there's much more progress ahead!

*Thank You!*

# BBQ

for our  
**HARD WORKING  
CONSTRUCTION CREW**

A LUNCH TO SHOW OUR APPRECIATION  
FOR ALL YOUR DEDICATION AND HARD WORK  
IN REDEVELOPING CARVETH CARE CENTRE!

Join us for a  
**BBQ**

**TUESDAY,  
AUG. 18**

**NOON**

*Good Food. Great People. A Job Well Done!*

Carveth  
Care Centre

THANK YOU FOR HELPING BUILD  
A BRIGHTER FUTURE FOR OUR HOME.  
*We appreciate you!*

MUSIC BY  
**JESSICA LAVALLEE**

*Live Music  
 You'll Love!*



**2 PM**

**THURSDAY,  
 AUG. 13**

**DINING ROOM  
 AT  
 CARVETH RETIREMENT LODGE**

**IN THE LONG-TERM CARE HOME**

*Live*  
**MUSIC**

BY

*Tom  
 Valliquette*



Join us for an afternoon of  
*great music and good company!*

**2 pm**

**Thursday, Aug. 13**

**Main Dining Room**

Carveth Care Centre

*Celebrating*  
**August**  
 IN ONTARIO

*At the Peak of Canadian Summer!*

August in Ontario offers the  
 perfect blend of ideal weather  
 and massive cultural celebrations.



*Live*  
**MUSIC**

by **Michael Myers**

**Thursday, Aug. 6**  
**2 pm**  
**Main Dining Room**  
**Carveth Care Centre**



Carveth  
 Care Centre

**Located in the Long-Term Care Home**

Carveth  
 Care Centre

**BIRTHDAY**  
*Diners' Club*

at Carveth Care Centre

Noon on  
**Thursday, Aug. 20**

Featuring a gourmet meal by  
 the culinary staff at  
 Carveth Care Centre for  
 every resident celebrating  
*a birthday in August!*



# *The Carveth Garden of Love*

*The rose speaks of love silently in a language known only to the heart*

## **Welcome**

Maureen Doherty (Lodge)

Tom Steacy (Lodge)

Geraldine Ann Turcotte (Lodge)

Cindy Harper

## **Birthdays**

Hubert L, Aug. 2

Gwen J, Aug. 2

Brian S (Lodge), Aug. 11

Greg R, Aug. 11

Marguerite G, Aug. 14

William "Bill" G, Aug. 15

Lynda Lou S, Aug. 19

Linda Anne S, Aug. 23

Marian P, Aug. 24

Bernadette M (Lodge), Aug. 24

Rosemary C, Aug. 25

Carol L (Lodge), Aug. 31

## **In Memory**

Brian Patterson

Vera Brown

Dianne Keyes

Stewart Robertson



| Sun                                                                                       | Mon                                                                | Tue                                                                                           | Wed                                                                                                                           | Thu                                                                                                                          | Fri                                                         | Sat                                                                                      |
|-------------------------------------------------------------------------------------------|--------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|------------------------------------------------------------------------------------------|
| <b>AUGUST 2026</b>                                                                        |                                                                    |                                                                                               |                                                                                                                               |                                                                                                                              |                                                             |                                                                                          |
| <b>2</b><br>10:30 Virtual<br>Roman Catholic<br>Mass<br>2:00 Virtual<br>Worship Service    | <b>3 Civic Holiday</b><br>10:30 Celebrate<br>Ontario<br>2:00 Bingo | <b>4</b><br>10:30 Floral<br>Therapy<br>2:00 Balloon<br>Volleyball                             | <b>5</b><br>10:30 Busy Bodies<br>2:00 <b>Watermelon</b><br><b>Day with</b><br><b>Linklater</b><br><b>Summer Camp</b>          | <b>6</b><br>10:30 Cornhole<br>Tournament<br>2:00 <b>Music w/</b><br><b>Michael Myers</b><br>6:30 Card Bingo                  | <b>7</b><br>10:30 Manicures<br>11:00 RC Mass<br>2:00 Bingo  | <b>1</b><br>10:30 Coffee &<br>Chat<br>2:00 Movie of the<br>Week: "Flubber"               |
| <b>9</b><br>10:30 Virtual<br>Roman Catholic<br>Mass<br>2:00 Pinegrove<br>Community Church | <b>10</b><br>10:30 Crystal<br>Clear Cleaning<br>2:00 Bingo         | <b>11</b><br>10:30 Washer<br>Toss<br>2:00 Teamific<br>Quiz                                    | <b>12</b><br>10:30 Busy<br>Bodies<br>2:00 <i><b>Veteran's</b></i><br><i><b>Memorial Stone</b></i><br><i><b>Dedication</b></i> | <b>13 Music Therapy</b><br>10:30 Cornhole<br>Tournament<br>2:00 <b>Music w/</b><br><b>Tom Valliquette</b><br>6:30 Card Bingo | <b>14</b><br>10:30 Manicures<br>2:00 Bingo                  | <b>15</b><br>10:30 Coffee &<br>Chat<br>2:00 Movie of the<br>Week: "Jack"                 |
| <b>16</b><br>10:30 Virtual<br>Roman Catholic<br>Mass<br>2:00 Virtual<br>Worship Service   | <b>17</b><br>10:30 Ladder-<br>ball<br>2:00 Bingo                   | <b>18 Construction</b><br><b>BBQ</b><br>10:30 Floral<br>Therapy<br>2:00 Residents'<br>Council | <b>19</b><br>10:30 Busy<br>Bodies<br>2:00 Shut the<br>box                                                                     | <b>20 Birthday Diners</b><br>10:30 Cornhole<br>Tournament<br>2:00 <b>Music w/</b><br><b>Julia Moore</b><br>6:30 Card Bingo   | <b>21</b><br>10:30 Manicures<br>11:00 RC Mass<br>2:00 Bingo | <b>22</b><br>10:30 Coffee &<br>Chat<br>2:00 Movie of the<br>Week: Dead Poets<br>Society" |
| <b>23</b><br>10:30 Virtual<br>Roman Catholic<br>Mass<br>2:00 Virtual<br>Worship Service   | <b>24</b><br>10:30 Horse-<br>shoes<br>2:00 Bingo                   | <b>25</b><br>10:30 Easy<br>Listening on the<br>Patio<br>2:00 Dog Daze of<br>Summer w/Sheba's  | <b>26</b><br>10:30 Busy<br>Bodies<br>2:00 <b>Giddy Up N</b><br><b>Go w/ Cowboy</b><br><b>Mark</b>                             | <b>27 Music Therapy</b><br>10:30 Cornhole<br>Tournament<br>2:00 True or False<br>6:30 Card Bingo                             | <b>28</b><br>10:30 Manicures<br>2:00 Bingo                  | <b>29</b><br>10:30 Coffee &<br>Chat<br>2:00 Movie of the<br>Week: "The Big<br>Wedding"   |
| <b>30</b><br>10:30 Virtual<br>Roman Catholic<br>Mass<br>2:00 Virtual<br>Worship Service   | <b>31</b><br>10:30 Bocce<br>ball<br>2:00 Bingo                     |                                                                                               |                                                                                                                               |                                                                                                                              |                                                             |                                                                                          |

| Sun                                                                                       | Mon                                                                            | Tue                                                                              | Wed                                                                                                     | Thu                                                                                                                          | Fri                                                            | Sat                                                                                               |
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| <b>AUGUST 2026-Lodge</b>                                                                  |                                                                                |                                                                                  |                                                                                                         |                                                                                                                              |                                                                |                                                                                                   |
| <b>2</b><br>10:30 Virtual<br>Roman Catholic<br>Mass<br>2:00 Virtual<br>Worship Service    | <b>3 Civic Holiday</b><br>10:30 Celebrate<br>Ontario- SS<br>2:00 Bingo-<br>LDR | <b>4</b><br>10:30 Floral<br>Therapy- SS<br>2:00 Balloon<br>Volleyball- SS        | <b>5</b><br>10:30 Busy Bodies-<br>SS<br>2:00 <b>Watermelon<br/>Day with<br/>Linklater</b>               | <b>6</b><br>10:30 Cornhole<br>Tournament<br>- SS<br>6:30 Card Bingo-                                                         | <b>7</b><br>9:15 Manicures-<br>11:00 RC Mass<br>2:00 Bingo-LDR | <b>1</b><br>10:30 Coffee &<br>Chat- SS<br>2:00 Movie of the<br>Week "Flubber"<br>-SS              |
| <b>9</b><br>10:30 Virtual<br>Roman Catholic<br>Mass<br>2:00 Pinegrove<br>Community Church | <b>10</b><br>10:30 Crystal<br>Clear Cleaning<br>2:00 Bingo-<br>LDR             | <b>11</b><br>10:30 Washer<br>Toss- SS<br>2:00 Teamific<br>Quiz- SS               | <b>12</b><br>10:30 Busy<br>Bodies- SS<br>2:00 <i><b>Veteran's<br/>Memorial Stone<br/>Dedication</b></i> | <b>13</b><br>10:30 Cornhole<br>Tournament- SS<br>2:00 <b>Music w/<br/>Jessica Lavallee-<br/>LDR</b><br>6:30 Card Bingo- SS   | <b>14</b><br>9:15 Manicures<br>2:00 Bingo-LDR                  | <b>15</b><br>10:30 Coffee &<br>Chat- SS<br>2:00 Movie of the<br>Week "Jack"-SS                    |
| <b>16</b><br>10:30 Virtual<br>Roman Catholic<br>Mass<br>2:00 Virtual<br>Worship Service   | <b>17</b><br>10:30 Ladder-<br>ball- SS<br>2:00 Bingo-<br>LDR                   | <b>18 Construction<br/>BBQ</b><br>10:30 Floral<br>Therapy- SS                    | <b>19</b><br>10:30 Busy<br>Bodies- SS<br>2:00 Shut the<br>box- SS                                       | <b>20 Birthday Diners</b><br>10:30 -Cornhole<br>Tournament-SS<br>2:00 <b>Music w/Tim<br/>Hallman-LDR</b><br>6:30 Card Bingo- | <b>21</b><br>9:15 Manicures<br>11:00 RC Mass<br>2:00 Bingo-LDR | <b>22</b><br>10:30 Coffee &<br>Chat- SS<br>2:00 Movie of the<br>Week "Dead Po-<br>ets Society"-SS |
| <b>23</b><br>10:30 Virtual<br>Roman Catholic<br>Mass<br>2:00 Virtual<br>Worship Service   | <b>24</b><br>10:30 Horse-<br>shoes- SS<br>2:00 Bingo-<br>LDR                   | <b>25</b><br>10:00 Residents<br>Meeting<br>2:00 Dog Daze of<br>summer w/ Sheba's | <b>26</b><br>10:30 Busy<br>Bodies- SS<br>2:00 <b>Giddy Up N<br/>Go w/ Cowboy<br/>Mark</b>               | <b>27</b><br>10:30 Cornhole<br>Tournament-SS<br>2:00 <b>Music w/ Scott<br/>Carson-LDR</b><br>6:30 Card Bingo- SS             | <b>28</b><br>9:15 Manicures<br>2:00 Bingo-LDR                  | <b>29</b><br>10:30 Coffee &<br>Chat- SS<br>2:00 Movie of the<br>Week "The Big<br>Wedding"-SS      |
| <b>30</b><br>10:30 Virtual<br>Roman Catholic<br>Mass<br>2:00 Virtual<br>Worship Service   | <b>31</b><br>10:30 Bocce<br>ball- SS<br>2:00 Bingo-<br>LDR                     |                                                                                  |                                                                                                         |                                                                                                                              |                                                                | SS- Sunshine Room<br>CH- Chapel<br>LDR- Lodge Dining                                              |