So, Your Child Needs a Refill?

(A stimulant medication refill walkthrough)

Why is this so complicated?



Stimulant medications are used to treat ADHD. Because stimulant medications are at higher risk for abuse, they are classified by the FDA as "Schedule II medications". Schedule II medications have strict rules about the prescribing and dispensing. One of these rules states a prescription for a Schedule II medication may not be dispensed with refills. We accommodate this rule by sending in multiple **single** prescriptions with future labeled start dates on them. These prescriptions go "ON-HOLD" at the pharmacy until the start date has been reached.

For Example: Jane Doe gets 3 prescriptions for 30-day supply of Ritalin sent to the pharmacy after her visit to clinic. They have start dates of June 15th, July 15th, and August 14th and is requested to follow up in clinic before September 13th. The pharmacy fills the prescription for June 15th and puts the prescriptions for July 15th and August 14th "ON-HOLD" in the chart.

Example

Date:	Appointment	Prescription (Rx)
June 15th	Appt in clinic	Rx ID #001 filled
July 15th		Rx ID #002 ON-HOLD call pharmacy for fill
August 14th		Rx ID #003 ON-HOLD call pharmacy for fill
Before Sept 13th	Appt required **BEFORE** Rx #4 will be sent	Must be seen before Rx #4 will be sent.

What does this mean for me?



- When you are looking for a refill, you **CANNOT** rely on looking at your medication bottle to determine whether you have refills left or not.
- **You CANNOT** use your prescription number off your current medication bottle to request a refill either online, or on the phone. This will just send an automatic refill request to the office instead of activating the ON-HOLD prescription, causing a delay in your medication fill.
- **You NEED TO call the pharmacy** and ask to speak with the pharmacy staff. Ask if you have a valid prescription **ON-HOLD** in your child's chart and request they get it ready for pick up.

I need a refill, what do I do now?



- Call your pharmacy ask to speak with pharmacy staff and ask them to activate the ON-HOLD prescription.
- Were you told you had no ON-HOLD prescriptions left?
  - Ask the pharmacy send a refill request to our office
  - Call our office to verify your next follow up appointment has been scheduled.
- We require 2-3 business days to process refill requests as *outlined by the stimulant policy.*

Please remember: Our clinic stimulant policy indicates we need to evaluate your child at least every 3-4 months for a distinct "med check" visit in order to continue the medication. This does not include coming in for other visit types like sick visits or preventative exams.