

New Patient Health History
Plateau Pediatrics

Chart Number: _____

PCP Initials: _____

Child's legal name: _____ Date of Birth: _____

Birth history:

Mother's pregnancy was (check one):

- ☐ Healthy and uncomplicated
- ☐ Complicated (list problems: _____)
- ☐ Not sure or don't know (for example, if your child was adopted)

Mother's OB/GYN: _____ City/State: _____

Child was born: ☐ At term (37 – 40 wks.) ☐ Premature (less than 37 wks.) _____ weeks/days
☐ Late term (40+ wks.) ☐ Not sure

Child was born by: ☐ Vaginal delivery ☐ Cesarean section (Reason: _____) ☐ Not sure

Child was born at: ☐ Cumberland Medical Center ☐ Other: _____

Birth weight (approximate is ok): _____ ☐ Not sure

Right after birth:

- ☐ Baby was healthy and went home in a few days
- ☐ Baby had some problems (list: _____)
- ☐ Baby had to stay in the special care nursery / NICU a long time
- ☐ Not sure

Medical history: Last check-up date: _____ Location: _____

Please check any of the following problems your child has (or has had):

- | | | |
|---|--|--|
| ☐ Allergies | ☐ Genetic disease | ☐ Thyroid / gland disease |
| ☐ Asthma | ☐ Growth problems | ☐ Urinary tract infections |
| ☐ ADHD | ☐ Headaches or migraines | ☐ Vision or eye problems |
| ☐ Bedwetting (> age 6) | ☐ Hearing problems | ☐ Weakness or fatigue |
| ☐ Behavior problems | ☐ Heart defects | ☐ Weight problems |
| ☐ Birth defects | ☐ High blood pressure | ☐ Wheezing/breathing problems |
| ☐ Blood problems | ☐ Immune problems | ☐ Other: _____ |
| ☐ Bowel or liver problems | ☐ Infections (more than normal) | _____ |
| ☐ Cancer | ☐ Learning or school problems | _____ |
| ☐ Constipation | ☐ Neurologic problems | _____ |
| ☐ Cough (more than normal) | ☐ Pain (more than normal) | |
| ☐ Depression | ☐ Reflux or heartburn | ☐ Anything else that |
| ☐ Developmental delay | ☐ Seizures | worries or concerns you |
| ☐ Diabetes | ☐ Scoliosis | |

Please describe the items you checked (when they started, how often, how bothersome, etc.)

(Continued on reverse side)

Other medical history:

Have you had to take your child to the emergency room or walk-in clinic in the past year?

☐ No ☐ Yes (For what and when? _____)

Has your child ever been admitted to the hospital overnight?

☐ No ☐ Yes (For what and when? _____)

Previous traumatic injuries: ☐ None or _____
(Broken bones, concussions, etc.)

Child's previous surgeries: ☐ None or _____
(Ear tubes, tonsillectomy, appendectomy, etc.)

Child's current medications: ☐ None or _____
(Don't forget supplements, inhalers, creams, etc.)

Child's allergies: ☐ None or _____

Preferred Pharmacy: _____

Family history:

Please check anything that runs in your child's family (mother's or father's side)

- | | |
|--|--|
| ☐ Asthma | ☐ High cholesterol |
| ☐ Allergies | ☐ Immune problems |
| ☐ Behavioral problems | ☐ Learning problems |
| ☐ Birth defects | ☐ Mental illness / Addiction |
| ☐ Cancer (type: _____) | ☐ Miscarriages or Stillbirths |
| ☐ Diabetes (adult or juvenile) | ☐ Seizures |
| ☐ Genetic diseases | ☐ SIDS / crib death |
| ☐ Heart attacks (under age 55? Y N) | ☐ Other (list: _____) |
| ☐ Heart disease (besides heart attacks) | ☐ None |
| ☐ High blood pressure | ☐ Unknown |

For things you checked, please list who has what (child's maternal uncle, paternal great grandma, etc.)

Social history:

Who lives at home with the child? _____

Pets at home: ☐ No ☐ Yes (kind: _____)

Smokers at home: ☐ No ☐ Yes Family's water supply: ☐ City water ☐ Well water

Child: ☐ goes to school/daycare at _____ ☐ is home schooled ☐ is too young for school

Child is in _____ grade Special educational needs? ☐ No ☐ Yes

(Describe: _____)

Please list anything else about your child or his environment that might be helpful for us to know
(recent stresses in the family, special religious or faith needs, etc.)