

AFC LIGHTNING



Pre-Academy Program Overview

Welcome to the AFC Lightning Pre-Academy for the 2026-27 season! Our Pre-Academy program, designed for U6-U8 players, focuses on developmentally appropriate sessions to create a cohesive and skill-focused environment that fosters foundational soccer skills, teamwork and enthusiasm for the sport.



About the Programs

Little Lightning Bolts Program (Ages 5-6):

- Ball mastery and fundamental skills.
- Encouraging participation and confidence through small-group interaction.
- Reinforcing the joy of soccer with fun, engaging drills and activities.

U8 Pre-Academy Program (Ages 7-8):

- Advanced small-sided game-play focusing on ball control, decision-making, and soccer IQ.
- Structured drills designed to simulate game scenarios, enhancing practical understanding.

Program Features:

- Two (2) team training sessions per week
- Each player will play 8-10 regular season games in the Fall and 8-10 games in the Spring
- Feedback always available from the coaching staff to help players improve outside of training

Key Events & Dates (*subject to change)

- **May 16** - Tryouts (U6-U8)
- **May 18-20** - Tryouts (U9 - U14)
- **May 26-28** - Tryouts (U15 - U19)
- **July 25** - Summer 5v5
- **August 15-16** - Girls AFC Lightning Challenge
- **August 22-23** - Boys AFC Lightning Challenge
- **August 24** - Estimated Pre-Academy start date for Fall Season*
- **Sept. 12 & 13** - Opening weekend for regular season games*
- **Nov** - End of Season
- **Jan. 30** - Winter 5v5
- **Feb. 6 & 7** - AFC Lightning Invitational
- **Feb. 15** - Estimated Pre-Academy start date for Spring Season*
- **Feb. 20 & 21** - Spring Season Starts
- **May 1*** - Spring Season Ends

Contact Details

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