

THE WAY

October 2025



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Well hello, again...

The second issue in the hotseat of 'The Way' editorial perch, and I would just like to begin with the word "Kaber".

"Kaber, Kaber, Kaber (please feel free to insert your own "Oi! Oi! Oi!" if you wish).

In The Way's ever increasing bid for world domination, Kaber has joined the list of villages taking copies of the magazine and distributing it to willing readers there. Would you like to join them? Please email me or members of Team Way if you want to write, inform, distribute or provide some technical support in some capacity. If you have a skill we could use - the door's open.

Incidentally, see the Kaber contribution inside.

Jeremy's Godwin's historical item on the perils of the 19th century highways is an eye opener. We think of transport problems as a uniquely late 20th / early 21st Century problem, but highwaymen or footpads (horseless robbers) were as much of an issue as road rage is today. It wasn't just the wealthy getting hijacked either.

QUIZZING MY MOTIVES

I am looking forward to presenting the quiz at the Memorial Hall in Brough on October 10th, and I am occasionally asked why I like compiling them myself. Simple answer - I enjoy it. I also like the challenge of creating my own from all the contemporary news and trivia around us, rather than cut and paste from a website or book. People's reactions when they take a stab at an answer they can just about remember, that turns out to be right, and reacting like they've scored in the Cup Final, is priceless. See you there. More Quiz stuff inside. Plenty of food and drink with the ticket!!

The nice thing about The Way is that it is a proper community effort to produce it every month involving many dozens of people in varying capacities. The same is true of any operation that seemingly is just there all the time—The Memorial Hall, The markets, the film clubs etc. All of them like little ducklings bobbing along hoping for the best but paddling away like billy-o beneath. In divided and divisive times, this is the sort of community harmony that needs trumpeting. Thanks to you all.
(The ED)

The Leprosy Mission

Brough Sowerby Methodist Chapel
Thursday 16th October at 7.30pm

A presentation about the work of
"The Leprosy Mission" by Sam Stockill.

Come to hear about work being done to support patients, and efforts to eradicate the disease.

There will be an opportunity to give financially towards the work for those who wish to do so. Everyone very welcome.

Soup and Sweet

St Stephen's Church, South Stainmore

Saturday 1st November 12.30pm
(after the coffee morning)

£7 per person / Raffle / All welcome

All proceeds to St Stephens Church

To book phone:

Karen 41633 or Carol 42428

Brough Toddler group.

Brough Toddler Group is a volunteer group run by the parents of babies and children attending.

The Toddler Group meets every Wednesday morning from 9:15 - 11:15am at Brough Memorial Hall. It is a warm and welcoming space for parents, grandparents, and carers to bring their little ones for play, craft, snacks, and a good chat over a brew.

The group welcomes children from birth upwards, with sessions costing £1 for under 6 months and £2 for 6 months and over. Brews and biscuits are included in the price, so there's something for the adults as well as the children!

Each week is different, but you can always expect a cheerful and relaxed atmosphere. There are plenty of toys to keep toddlers entertained, along with a craft or creative activity to enjoy. In September, the group started with messy play, which proved very popular, followed by an autumn tree finger-painting craft that brightened up the hall with splashes of colour. Alongside the activities, there is always time for a story, some singing, and plenty of chatter for both children and adults.

The sessions are carefully planned so that children of different ages can join in and benefit. Babies enjoy the safe space to play and explore, while toddlers can get stuck into craft and fun activities.

For parents and carers, it's also a chance to relax and spend time with others in the same stage of life. Friendships often start over a cup of

tea and a biscuit while the children are happily occupied.

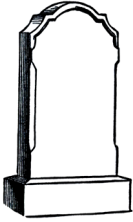
Brough Toddler Group has become a valued part of the local community. It's a place where children can learn through play, develop social skills, and grow in confidence, while the adults enjoy a supportive network and the reassurance that they are not alone in the challenges of raising little ones.

If you care for a child and are looking for something to do on a Wednesday morning, why not come along? You'll find a friendly group waiting to welcome you, with toys, crafts, music, and a tasty snack to share. Everyone is invited to join in, and there's always space for new faces.

October Dates

1st - Brough Toddler Group
8th - Brough Toddler Group
15th- Brough Toddler Group
22nd - Halloween Special - Brough Toddler Group

ALL 9.15 to 11.15am



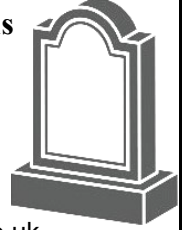
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EARLY NOTICE FOR BROUGH CHRISTMAS FAIR

Hello! We're thrilled to invite you to our Christmas Fair at Brough Memorial Hall on Saturday, November 15th, from 10 am to 4 pm. We've got a wonderful lineup of stalls to make sure there's something for everyone.

Start your day with a cup of mulled wine and some delicious mince pies. We've got a fantastic selection of handmade crafts and gifts from talented stall holders:

- Jane Chantler, beautiful original paintings and jewellery;
- Alan Roberts, with his stunning photographs, jigsaws, and other gifts;
- David Roy, and his selection of reads from Hobart books;
- Emma Ayres, who produces unique designs of Christmas Wreaths;
- Leanne Taylor, to tempt you with her mouthwatering treats;
- Margaret Tyson, with her tasty jams and chutneys ideal for that Christmas hamper;
- Spirit and Flame, who produce small batches of luxury, hand-poured scented soya candles inspired by nature;
- Sparkle & Glow with Jackie selling Tropic Body and skincare products;
- Laura Wilson and her boys, with their duck, quail, hen, and goose eggs and magic reindeer food;
- Carola Frank, fused glass products including Xmas decorations, tea light holders coasters;
- Janet, who hand stitched and knitted lots of practical and pretty hats, scarfs and bags;
- Tony Holland, from Bowland Outdoor Bred with his delicious beef, pork and lamb meat;
- Christie Love, a talented Lino and intaglio print artist.

So, come down to Brough Memorial Hall and let's spread some Christmas cheer together!

We can't wait to see you there!

Keep up to date with the hall by looking at and following our Facebook page.

The Perils on the 19th Century Roads - Jeremy Godwin

From 1815 to 1840, the roads were generally regarded as unsafe. Muggers and highwaymen might attack you at any time. Muggers, also known as footpads, were on foot; highwaymen rode horses, a sign of affluence at the time, much like cars were a century later. Farmers going home with the takings on market days were prime targets as were people in stage coaches and private carriages going up hills. To get up a hill, passengers would have to get out and walk, unless they had paid 1st class fares.

Thieveside, on the A6 near Calthwaite, was one such place—and is so named as thieves would lurk in the hollow on its hill's top, hidden from the road. When they saw a coach's lights coming up the hill, they sped down and held them up. Only the Royal Mail's coaches escaped as the guard on every coach would be armed with a loaded blunderbuss. The Mail worked to a strict timetable and the passengers never had to disembark. Roads were poorly maintained, policing was virtually non-existent and coaches, being horse-drawn, were slow.

Stainmore, being level on its top and treeless, mostly escaped the footpads and highwaymen, but outlying farms were vulnerable. One gang of four, active around Penrith were caught in 1820 and tried at Carlisle Assizes, but many more criminal gangs escaped justice. Did they get away with it entirely? Their neighbourhoods and families would have known who they were.

Coffee, Lunch, Chat...

South Stainmore Coffee Morning at St Stephen's Church

First Saturday of the month 10.30am - 12 noon

Only £2 for unlimited Tea, Coffee, Juice, Biscuits and Chatting

Everyone welcome! Proceeds to St Stephen's Church

Brough Sowerby Lunch Club

First Wednesday of the month 12-1pm at Brough Sowerby Chapel

A choice of soups, bread, & puddings, followed by tea/coffee & biscuits.

All homemade. Everyone welcome.

Contact Debbie **07891 681798** or Margaret **017683 41223**

BROUGH FARMERS MARKET - Come and join in!

"Behind every pint of milk, there's a 4am alarm.
Behind every roast dinner, there's a year of planning.
Support your farmers - not just on market day, but every day."

We're actively seeking more food producers for Brough Market.

If you know of anyone who would be willing to join us at the market...please let us know their name and contact details.

Every third Saturday of the month 9 - Midday.

CONTACT: email: janechantler.silversmith@gmail.com

Brough Film Club

Our new season has started, and usually runs on the last Sunday of the month. Memorial Hall doors open at 2.30pm, for 3.00pm start.

Tickets £10 each (on the door) this includes 5 raffle tickets and delicious home baking with tea or coffee at the interval.

We are awaiting information on availability of films on offer after October, so for now, here's what's coming later this month:

Sunday October 26th -

"Lad - A Yorkshire Story". CERT 12.

When Tom Proctor's dad dies, his world falls apart; his brother joins the army, his mum is threatened with eviction and Tom gets in trouble with the police.

Tom's life is turned around when he is paired up with park ranger Al Thorpe in this enchanting coming-of-age story set in the stunning Yorkshire Dales.

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Brough Methodist Church

Anniversary services

Coffee morning Saturday 18th October 2025 @ 10.00-11.30am

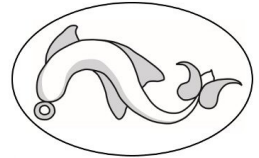
Donations to Alzheimers Research UK - Everyone is Welcome

Sunday 26th October - 10.00am **Service to be taken by Pam Carter**

UPPER EDEN HISTORY SOCIETY

Do you have the financial background to assist an active local society?
Upper Eden History Society is seeking someone with book-keeping skills for a vital, but not very demanding, volunteer role.

We meet in Kirkby Stephen and hope to celebrate our fortieth birthday next year, with a full programme of talks planned for October 2025 to April 2026. However, our current long-serving treasurer is retiring. Without a treasurer to carry out the proper and legal management of our finances we are concerned that the society may not survive long enough to celebrate that milestone birthday.



The Monday Club - Brough



Would you like to play dominoes or cards every Monday afternoon in the Schoolroom of Brough Methodist Church? Or maybe you prefer a game of scrabble? We meet from 1.30 to

3.30 and everyone is welcome. The cost is only £3 per person and we enjoy refreshments and lots of chat as well.

If you have any questions, just ring or email me: 017683 42345 or
heather@heathersimpkins.com



The Start of Autumn

The start of Autumn came abruptly at the very beginning of September. Rain and strong winds have been the norm. I have managed to get my fruit picked, that I wanted, and have offered the extra to friends, family and fellow allotmenters. Up until this year I have only had a few damsons on my trees but, this year they are laden, same with plums, and I have been given a huge amount of apples. My courgettes have turned into marrows and everything is doing really well, if a lot later than they should. I now have tomatoes and my sweet peppers are flowering and setting fruits.

Downside, rats and mice are beginning to find warm places to come into, so I am on watch for signs of trouble.

The days are getting a lot shorter and colder, and my thoughts are moving on to my second favourite activities which are crafts of all kinds, therefore I am slowly shutting down and tidying up the gardens and getting out my many crafts from my attic/hobby room ready for the cold dark nights in front of the fire. However, I also need to decide what went well and what didn't this year, and how to improve some areas or abandon others.

On a bright sunny day, I will start digging new areas and go back to my plan of a forest garden and self sufficiency at Wilkinson House and remove all the items I want to keep from the larger allotment ready to concentrate on this long-term goal I have had, which has slowly begun to develop. The seed catalogues are out and I have started looking through them for next year's crops.

My freezers and pantry are full of produce and I have potatoes and onions in store. I will soon be picking my root crops before the frosts and put them into storage also.

It is a good feeling knowing that I have plenty of food in storage for the winter months to come.

Whatever the weather. (Mary Wilson)

THE WAY needs You

THE WAY is a valuable community resource which is entirely put together by volunteers and always needs contributors in various capacities—sourcing stories, writing stories, helping with production and/or distribution, finding new outlets..... the list goes on. A few minutes of your time per month could go a long way.

IS THIS YOU? Email: thewayeditor305@gmail.com if interested

QUIZ OF THE YEAR

Brough Memorial Hall

Quiz night comes to Brough on Friday October 10th. Teams of 6 (max) - entry fee £10.00 per person

INCLUDES cheese and nibbles, and a glass of wine, can of beer or a soft drink each

Types of questions you might get at the QUIZ OF THE YEAR

- 1) Which former French president has just begun a jail sentence?
- 2) Which twins who founded the Guinness Book or World Records were born in 1925?
- 3) Who is the Leader of the Lib Dems?
- 4) Which country did England beat to win the Women's Euro football tournament?

(answers on Quiz Night)

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A BIT MORE ABOUT BALSAM

This summer a chap called Andrew, a keen fisherman and volunteer with the Eden Rivers Trust (ERT), walked down the Eden recording where he saw Himalayan Balsam growing on the riverbanks. He started in Malerstang and didn't see any until just upstream of where the Swindale beck joins the Eden, not far from Musgrave. From there on he spotted patches all the way to Warcop and beyond. Himalayan Balsam was introduced into gardens in Britain in 1839 and is so successful at growing in the UK that it has become a real problem and is classed as an 'invasive non-native species'.

It can shade out native plants, is preferentially pollinated by insects and produces lots of seeds which are propelled up to 4m in all directions and germinate very easily.

However, it is non-toxic and loosely-rooted so is easy to pull out by anyone keen to get rid of it.

Following on from the Balsam Bashing day at Warcop and Sandford in July, ERT

volunteers revisited our area at the beginning of September. With permission from local landowners they

spent a day pulling out and bashing Balsam from just upstream of Swindale beck, down to Musgrave bridge, and then along a long stretch of the river above Warcop bridge.

The group plan to return next year to remove any new plants and so continue to

reduce the number of seeds being distributed down the river.

Information:

Himalayan Balsam characteristics -

- ☐ mostly found in damp areas, alongside rivers, railways, roads and paths
- ☐ toothed leaves either opposite or in whorls of three
- ☐ hollow, fleshy stems
- ☐ possibly pink tinges on stem, leaves and roots
- ☐ loosely rooted: if it is hard to pull up, you might have a different plant
- ☐ can grow very tall – over 2m
- ☐ pink flowers, mostly in late summer
- ☐ explosive seed pods after the flowers

ref: <http://edenriverstrust.org.uk>

WOW AGAIN!

A reminder that the WOW (women of wonder!) craft group meets every Friday afternoon from 1pm to 3pm in the Schoolroom of Brough Methodist Church. You can bring whatever your current project is, or you can take part in the different craft activities we try out from time to time, or you can just sit and natter. We are a friendly, chatty group and we would love to see you there.

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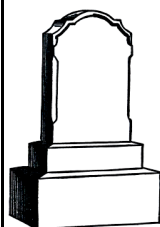
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Musgrave Parish Institute News

We've come to the end of another highly successful summer for the village Institute. The Duck Race was good fun, and as usual we had a good turnout for both the race and the BBQ. Thanks to all who made it possible, and to those who came along. The village show was blessed with good weather, so the dog agility course and the games had plenty of customers, who then came into the tea room. We raised more money than last year, and both events raised about £2500, which will keep us going for another year! Thank you to all those who made our events possible, and to those of you who contributed by entering the show, sponsoring ducks, making food, and of course coming along and spending money. We hope to see you all again next year!

We are now starting our Autumn programme, and our regular winter socials will be starting on 26th October at 7.30. All are welcome, it is a 'bring and share', so bring along a main course or a pudding and your own drinks. We will put it on the Musgrave messenger

page, and if you could let us know which you are bringing, we can make sure there is enough for everyone. The socials go through to March, always on the last Saturday of the month. We would love to see some new faces, so come along and join us. It costs just £1 per person.

For the first time for a long time, we are having a Whist Drive on 11th October, look out for more information on the Messenger page, and there will be posters put up locally.

The Christmas Dominoes this year are on 17th December, there will be more info nearer the time. **We look forward to seeing you all at these events.**

Our lovely Institute is available to hire for weddings, funeral teas, parties, club events, and classes etc.

Please contact:

Karen on 07734229222 or musgravevillagehall@gmail.com.

Warcop Amateur Dramatics Club

The club was first set up as a play reading group meeting up on Tuesdays at 7.30pm in the Parish Hall to read a variety of plays. Over the years some members have also written short plays for the group to act out and the group has also been involved in the Warcop Halloween Walks. Last year the group produced its first pantomime, Cinderella and her Cat, which was great fun, 'Oh no it wasn't ... oh yes it was'. This year the group is putting on Jack and his Amazing Multi Coloured Beanstalk on Thursday 13th, Friday 14th at 7.30pm and Saturday at 2pm at Warcop Parish Hall. New members are always welcome, we have biscuits and coffee as well as a natter if that tempts the inner thespian in you.

Warcop Drama Group presents

Jack and his Amazing Multicoloured Beanstalk

A pantomime by Geoff Bamber via Lazy-BeeScripts

**Thursday 13th / Friday 14th
November - 7.30pm
Saturday 15th November - 2.00pm**

Get the Christmas feeling started with a fabulous couple of hours of cheering and booing!

Refreshments available / Raffle

Tickets: £6 adult / £3 children (U16)
To book tickets, please contact:

Carol White – 017683 53450 / carol-white1@onetel.com

Nikki McDowall – 07739 312023 / nik-kimcdowall@outlook.com

CHURCH OF ENGLAND CLERGY

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Rev Judy Polkinhorn Brough with Stainmore 017683 41473

Rev Andrew Burrell Warcop andrew.f.burrell@outlook.com

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Revd. Stephen Radford 50 South Road, Kirkby Stephen 017683 71202

Revd. Andrew Sterling The Wraes, Garbridge Lane, Appleby 017683 51244

CHURCHWARDENS (CHURCH OF ENGLAND)

St Michael's, Brough Contact Rev Judy Polkinhorn 017683 41473

St Stephen's, Stainmore Mrs Toni Bryce-Forshaw 017683 41215

St. Columba's & St Theobald's Mark Blackett-Ord mblackettord@5sblaw.com

Stainmore Parish Hall – post-Summer Round-Up

Dominoes continues to be a great success at the hall, with lots of friendly competition and plenty of laughter. The Gardening Club has been busy too, visiting each other's gardens and sharing ideas.

We ended the summer with a visit to the Hellbeck Hall Open Gardens Day, which sparked plenty of discussion and inspiration for our own plots.

We are also very pleased to introduce a new group at the hall – Craft Wednesdays. This is a relaxed and welcoming session where you can bring along any craft project you're working on, meet like-minded people, enjoy a chat, and, of course, a coffee and biscuits!

Craft Wednesdays run every Wednesday from 1–3pm, and everyone is welcome.

New members are always welcome at all our regular groups. If you would like more information contact: **Mary 07766 546729**.

Finally, don't forget that Stainmore Parish Hall is available for hire. Whether it's for a party, meeting, club, or community event, the hall offers a friendly space at the heart of our parish

Contact: stainmoreparishhall1@outlook.com. 07968 851660

October Diary Dates: *Stainmore Parish Hall*

1st - Dominoes Night 7.30 pm

9th - Gardening Group - 7pm at Wilkinson House

1st, 8th, 15th, 22nd and 29th

- Craft Wednesday 1-3pm

St Columba's, Warcop with St Theobald's, Musgrave

October

5th 10.30am Songs of Praise, Churches Together, Warcop Parish Hall,

12th 10.30am Morning Praise, St Theobald's Church, Musgrave

19th 10.30am Morning Praise, St Columba's Church, Warcop

26th 10.30am Holy Communion, St Theobald's Church, Musgrave

Greetings from KABER

The Way reaches a surprisingly wide area. Volunteers deliver copies to addresses ranging from Warcop and Sandford through Great and Little Musgrave, Flitholme, Helbeck, Market Brough and Church Brough, Brough Sowerby, and North and South Stainmore. For the last two editions this area has increased to include Kaber village and surrounds.

Some 40 copies have been delivered to the village hall and distributed by willing Kaber volunteers. From this month we will be including Kaber village hall events in the list of Diary Dates and in future also hope to have contributions of news and information from Kaber. As well as the events

shown under Diary Dates Kaber has a craft club which meets in the village hall every Tuesday evening between 6.30 and 8.30pm. News about events can always be found on the website www.kabervh.com

Many thanks to all the volunteers who distribute The Way.

*Kaber has a regular Tuesday evening craft club 6.30 to 8.30 - an excuse to bring a current craft, and join in coffee and a chat.
£2.50 per week.*

*Cake and Coffee on 3rd
Saturday of each month.
Next date, Saturday
October 18th*

METHODIST SERVICES - October 2025

5th Sunday

10.30am	Brough	Mr W Ousby
10.30am	Brough Sowerby	Local Arrangement
10.30am	Warcop (at Village Hall)	Rev J & L Riley (Songs of Praise)

12th Sunday

10.30am	Brough	Mrs J Worsfold
10.30am	Brough Sowerby	Mr D Askew (Holy Communion)
10.30am	Warcop	Mrs P Hilland
6.30pm	Kirkby Stephen	Rev R Watson

19th Sunday

10.30am	Brough	Rev D Newlove
10.30am	Brough Sowerby	Local Arrangement
10.30am	Warcop	Local Arrangement

26th Sunday

10.30am	Brough	Mrs P Carter (Chapel Anniversary)
10.30am	Brough Sowerby	To Brough
3.00pm	Warcop	Rev R Watson (Holy Communion)

Western Dales Community Bus

Local Transport by Local People

Private Hire minibuses for the Community

In addition to our regular scheduled bus services serving Sedburgh, Dentedale, Kirkby Stephen and Kendal. Western Dales Community Bus also offers private hire minibuses for community groups such as charities, care homes, social groups, schools, and other not-for-profit organisations.

Whether it's a day trip for a care home, transport for a local school event, or helping a charity group attend a special activity, our fully accessible minibuses and friendly volunteer drivers make it possible. We keep our charges affordable so that as many people as possible can benefit.

These private hires not only raise

essential funds to keep our regular services running but also provide opportunities for people to get out, socialise, and enjoy experiences they might otherwise miss. Visit our website for more details

www.westerndalesbus.co.uk

If you'd like to support our work — either by driving for us, helping coordinate bookings, or simply lending a hand where needed — please get in touch. Your involvement could make a big difference.

Ring Rebecca on 07541 644524
or visit

www.westerndalesbus.co.uk

NEXT ISSUE SUBMISSIONS...

Anything to contribute?

All articles need to be with us **before 20th October** for inclusion in the November **edition**.

Please email us at **thewayeditor305@gmail.com**

Any format is acceptable, but please keep 'Copy' to 350 words max

We reserve the right to edit copy where necessary

Note that the editor's decision is final.

Warcop Parish Hall – October Events

Monthly Soup and Pud - Thursday, 2nd October, 11.30am – 1pm

Come and join us for lovely homemade soup and pudding. £7 per person, including tea or coffee.

Warcop Monthly Coffee Morning - Saturday, 11th October, 10am – 11.30am

Tea, coffee and biscuits, plus bacon or sausage rolls (vegetarian alternatives) and scones for purchase.

Warcop Remote Cinema: The Pianist (15) – Thursday, 16th October, 7.30pm – 10.00pm

Starring: Adrien Brody and Emilia Fox

The Pianist is the true story of Wladyslaw Szpilman, at the time Poland's most acclaimed pianist whose life is transformed during the Nazi occupation of Warsaw beginning in 1939.

Directed by Roman Polanski, the film won 3 Oscars.

Doors open:

7:15pm.

Screening: 7:30pm.

Refreshments available during the interval

Adults: £5.00. **Children under 16:** £3.00.

Warcop and Sandford WI News - Valerie Brook

There was no formal meeting in August but we enjoyed two lovely events. The first being an invitation from one of our members Mrs Patsy Shackleford to a delicious afternoon tea at her home. This also provided an opportunity to see the brilliant Scarecrow which was covered in colourful birds which Patsy had made for our WI contribution to the village Scarecrow Festival. The second event was the Festival where we had a very varied and successful stall which Mrs Susan James had organised and we were delighted that our Scarecrow came 3rd and we received a £20.00 voucher.

It was business as usual for our September meeting when Patsy, Susan and members were thanked for their donations, support, kindness and hard work. Ann Banister was our guest speaker at our September meeting. Ann's topic was 'The Joy of Preserves'. Ann brought along a wide selection of her

homemade preserves, which included a selection of jams and chutneys. She had copies of some of her favourite recipes for us to take and then best of all she had brought along biscuits, scones and a cake so that we could sample some of the produce. She gave us lots of hints and tips and there were many questions.

Mrs Brook gave the vote of thanks.

The Westmorland County Show was discussed and also the forthcoming Federation Quiz on the 3rd November.

Our next meeting is on Wednesday 1 st October at 7.30pm at Warcop Parish Hall.

Mr Ian Jack (Forrester) is our guest speaker, his topic is 'From seed to saw'.

New members and visitors are always welcome.

Further Charity Clothing Collections

Our house is currently bursting at the seams with clothes and household items as we didn't make a trip to Blackpool in September. We shall be going to the Salvation Army and Care and Share soon, both of whom are extremely grateful for what our local community provides. Thank you to everyone.

The Christmas bags for children in Ukraine are also piling up and the final number will be revealed in the next copy of *The Way*. The Hope and Aid volunteer will be collecting during the first week in October so that the bags will arrive in Ukraine well before Christmas and can be distributed. We also have blankets, coats, little toys, teddies and bathroom items etc, ready to go on the next lorry.

Manna House in Kendal and Help the Aged in Appleby have also received items that have been left with us and again these have been gratefully received.

Remember the outer porch door round the back of our house is always open if you happen to call and we are not in or you just prefer to remain anonymous! If you don't live too far from Brough and it would be helpful for us to collect from you, please get in touch.

Thank you to everyone for your donations and continued support.

Graham and I are knocking on a bit now and feel it is time to wind down so we have decided to continue for one more year as the central point for donations. We hope you understand!

Finally, if you have any spare fabric that I could use to make teddy bags I would be very grateful to receive it. Thank you in advance.

Councillor Graham and Heather Simpkins. 017683 42345
heather@heathersimpkins.com

Great North Air Ambulance Service (GNAAS) Collection

Thank you to everyone who brought bags to the last collection in August - around 150 bags. I know as I had to move them on to the stage because they were not collected on the Monday and it was Dog Training. Then I had to move them off the stage when they were finally collected on the Thursday. Let's just say there were a few teething problems with the new firm collecting for GNAAS. I haven't got the final figure yet from them but probably about £400. Thanks once again. Will try and organise another collection in the New Year and hope it goes smoother the next time.

Warcop and Sandford NEPAL talk

(This item is carried over from the September 2025 Publication)

Mrs Maureen Heron (President) was delighted to welcome back Mr Chris Bulloch as our guest speaker. You will recall the terrible earthquake in Nepal in April 2015 when over 9000 people were killed. Over 600,000 houses were destroyed and another 269,000 damaged, which included historical and cultural monuments recognised as UNESCO World Heritage Sites.

Chris knew Doug Scott the renowned Mountaineer very well. Doug founded the charity Community Action Nepal in 1994 to help address the needs of the Nepali people especially the Sherpa community. Following the earthquake Chris offered to help.

'Come now' said Doug, but it was not so easy. 16 inoculations were needed before volunteers were allowed into the earthquake zone and it was in 2016 when Chris was able to join a group of 33 volunteers led by a Scout Leader from Huddersfield. All the volunteers paid for their own flights and food etc. The aim was to 'Build back better'.

Their project was to rebuild the school in the village of Lapcha. The group were welcomed by villagers who gave them garlands of marigolds.

A year on from the earthquake roads were still being cleared from

the landslides. Sherpa's and mules brought all the equipment and everything had to be done by hand, including breaking the stone. It's amazing what the group achieved. Walls were now made of stone to make the new school more resilient, wooden panels lined the inside to give more protection.

The volunteers slept in tents, the sun set at 6.30pm and the skies were clear but cold. We

enjoyed the slide photographs of the new school building and the Himalayas, Chris brought along a selection of lovely crafts that the local people had made. At the end of his trip he treated himself to a flight to see Mount Everest.

St Lawrence's Church
Appleby-in-Westmorland

Harvest Festival

Sunday October 5th

3pm Family Service

led by
Dr Andy Brittlebank

followed by

4pm Concert & Tea

given by

The Herdwyck Consort



Suggested donation for Concert & Tea
£10.00 per adult

Everyone is welcome to join us



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the-way-magazine](https://www.brough-cumbria.info/the-way-magazine)

When you click that link you will be taken to a
page that lists all the editions of The Way for
approx the last 5 years and the latest will be at
the top

USEFUL CONTACTS

DOCTORS and HOSPITALS

Kirkby Stephen Health Centre	017683 71369
Appleby Health Centre	017683 51584
Cumberland Infirmary, Newtown Road, Carlisle	01228 523444
Penrith New Hospital, Bridge Lane, Penrith	01768 245555
Westmorland General Hospital, Burton Rd, Kendal	01539 732288

VETERINARY SURGEONS

Pendragon Vets Ltd, St Luke's Rd, Kirkby Stephen	017683 71359
Old Hall Veterinary Centre, Appleby	017683 51507

SCHOOLS

Brough Primary School	017683 41284
Warcop C of E Primary School	017683 41471
Kirkby Stephen Grammar School	017683 71693

POST OFFICES

Warcop	Thursday only	9.00 - 11.00am
Kirkby Stephen	Monday– Saturday	8.45-5.00pm (Sat 9.00-1.00)

GENERAL

Tourist Information Centre, Kirkby Stephen	017683 71199
Community and Council Centre, Kirkby Stephen	017683 71775
Public Library, Kirkby Stephen	017683 71775
St Michael's Church Hall Bookings; Tucker Dobson	017683 41439
Memorial Hall Bookings; info@broughmemorialhall.co.uk	

CLERKS TO PARISH COUNCILS

Brough	Mr. Andrew Bedford	
Musgrave/ Warcop	Mrs. Heidi Strong	07810 523186
Stainmore	Miss Janet Walton	07966 248501
janetwaltonstainmore@yahoo.com		

CLERK TO PARISH MEETING

Brough Sowerby Bryan Palphreyman
bspmclerk@gmail.com