

# THE WAY

**December 2025 & January 2026**



Your guide to local services, events, clubs and gatherings.

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# The Future's So Bright, You'll Need To Wear Shades

Does anyone remember Y2K? It was predicted that on Dec 31st 1999, all the world's computers would reset to year 1900 and global



computerised systems would shut down, or go berserk, or something. Some people predicted doom, others gloom, and some started hoarding. It didn't happen though, and somewhere in somebody's cellar, there is still a 26 year-old tin of beans awaiting the next apocalypse.

I say this because I saw a headline in a Cumbrian business newsletter saying: "Robot farmers, AI and a tourism boom - a vision of Cumbria in 2050".

To some, that headline will sound like a nightmare, and may start a supermarket run on beans again, and toilet paper - an inevitable alliance. Others though, might think it rather exciting. New challenges, interesting developments and ways of making farming less arduous and more productive. The thing is, when you are long in the tooth like your correspondent here, you can also recall visions of the future as both troubling and fearsome - think Fritz Lang's "Metropolis" - or thrilling, like images of futuristic, happy, toothsome, besuited families zipping along the aerohighways, in airborne cars. However, some things don't quite come to pass as anticipated or dreaded. Boomers and the 60s generation may recall eager chatter some 50 years ago, about the forthcoming "leisured society", where we were expecting to

work about 5 hours a week for 100 times the salary, and have robo-butlers attend to domestic matters, while we all played space golf. Still waiting for that one.

The point is, predictions of the future may happen, but on the other hand, they might not.

It's widely acknowledged that technology is evolving faster than societies can really cope with it, and there is evidence of pushback. It starts with the re-emergence of vinyl records as a desirable media format, and moves onto the return of physical buttons in cars and other appliances. 50 to 100 years ago, futurologists and soothsayers were most likely imagining a population in PVC jumpsuits spending Christmas on Mars, chomping on technoturkey. The reality is that by the time you read this, the local populace will have celebrated the dawn of the festive season watching gigantic farm machinery decked in fairy lights, in procession past their windows, beeping their klaxons. You couldn't make it up, and nobody did. However, it happened.

So short term, have a reflective, celebratory and anxiety-free Christmas, and try to extend that into 2026.

And thank you from all of us at *The Way*, for your continued support.

(The Ed)

## The Way by Post

If you would like to receive *The Way* by post please contact:

[thewayeditor305@gmail.com](mailto:thewayeditor305@gmail.com) by  
**1<sup>st</sup> Jan 2026** telling us your name and the delivery address.

The cost of this service is **£14** pa and can be paid in advance by bank transfer or cheque.

Details for payment will be sent to you by return email.

## This Month's Cover Story

Intrigued by the cover? For many years Twelfth Night was celebrated in Brough by a brass band leading a procession carrying a burning holly bush. The custom lapsed sometime in the mid-Nineteenth Century, probably just as well - can you imagine the field day the health and safety people would have today??

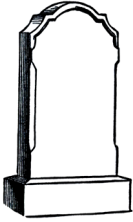
Fire festivals have their feet in Pagan symbolism: Warding off evil spirits during the long dark winter's nights, evoking the return of the sun, light, warmth, growth and fertility. Imagine Winter as a time to be endured: cold wet and windy, huddled around a fire in an effort to keep warm. Winds howling through trees and the cracking, crashing sounds of falling timber. A time for story telling, the shared comfort and warmth of fire and friendship.

Modern fire festivals, such as the "Up Helly Aa" in Shetland, are inspired by these Pagan and later Viking traditions and feature torch-lit processions which make Brough's historic effort seem rather feeble before Lerwick's blazing Longboat example.

Maps show Cumbria was well settled by Vikings. Fell is a Viking word as are dell, dale, beck, thwaite and stang and there are many more I'm sure you could add to the list. In a study conducted by University College London, a large-scale DNA project, "Blood of the Vikings" (2001), found that of all English test sites, only Penrith had clear and significant evidence of Norwegian influence.

Now these (Cumbrian) Vikings were not just raiders, they were settlers and farmers. It is possible they introduced the Herdwick sheep to The Lake District. And yes, of course, there was aptly named Eric Bloodaxe who killed his brothers when they got in the way of him being made king of Norway. He migrated to our shores, becoming the last Viking King of York and Northumbria. He was killed in 954 AD in an ambush on Stainmore. His fall is commemorated by Rey Cross on Stainmore. For many years this stone also marked the boundary between Scotland and England.

Anyone interested in re-enacting this tradition? It always culminated in a pub crawl!



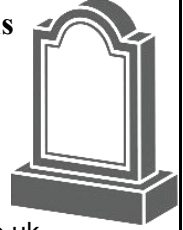
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## Wilkinson House News

2025 – Another successful but hard year gone - An exciting new venue starting in 2026

The small birds have started telling me it is time to get extra feed for them. Blue Tits, Robins, Chaffinches to name a few, and even a Nuthatch are coming right up to the patio doors and peering in. If that is not a hint, I don't know what is.

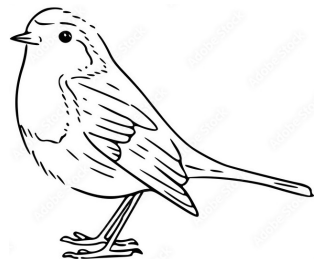
Storm Claudia reminded all of us to make sure all is fastened down or removed to a safe place any items we want to survive the winter storms. So far I have been lucky and had no major damage, only one of my lanky Eucalyptus trees snapped off. However, there is some growth at the bottom so maybe all is not lost. I have left it where it has fallen as I hope the leaves will keep healthy for putting in Christmas wreathes, so not wasted.

Managed to get 3 of my Damson trees (leaving the rest at the allotment for other people) and large Rhubarb root removed from my allotment and brought home. That ends my major gathering of all my large outlying garden equipment and structures. Finally getting started on my ambitious, life long goal and dream of being (as near as can be) self sufficient in fruit and vegetables and establishing a Forest Garden for future sustainability. Little did I know when I was young that it would take this long to get this far and how important this kind of life has become.

The Medical Profession has now cottoned on to what us gardeners have always known: "That getting out in the fresh air and digging and fiddling with plants etc. does you the world of good"

I was very pleased with the soil at the allotment when digging out the trees but should not have been surprised as I have taken many bags of manure there, mainly sheep and straw for 20 years. I can definitely recommend adding well-rotted farmyard manure every year to your vegetable beds and anywhere else that the soil needs a good feed. I have a lot of work to do to get my new beds at Wilkinson House up to scratch but will try my best as it is well worth it, you can tell the difference every year especially if you are on clay ground as I am.

Make sure you have all your seeds and potatoes ordered for next year so not to be disappointed if they run out of the special ones you like to grow.



Until 2026!

*Mary Wilkinson.*

## **Stainmore Parish Hall – December Update**

As we come to the end of the year, we're delighted to share some truly wonderful news with our community. After many months of hard work, form-filling, planning meetings, and plenty of crossed fingers, Stainmore Parish Hall has officially been awarded a National Lottery grant for our renovation project! This is a huge milestone for the Hall and for everyone who uses it. We're absolutely thrilled, and enormously grateful to all who supported the application along the way.

This funding means that the improvements we've been dreaming of – making the Hall warmer, more accessible, more comfortable, and more welcoming for all ages – can finally begin to take shape. It's a real boost for our little corner of the world, and we can't wait to keep you updated as each stage gets underway. 2026 is already looking brighter!

Meanwhile, all our usual activities are continuing with plenty of enthusiasm. Our social groups remain at the heart of what we do. Dominoes nights are as lively as

ever, with friendly competition and plenty of chatter. The gardening group is resting up for winter but still meeting for planning sessions, seasonal mystery tastings and a good natter. Craft and Chat continues to be a warm, creative space for anyone who enjoys making things with good company and a cuppa.

As this year draws to a close, we'd also like to offer a heartfelt thank you to everyone who has supported our groups throughout 2024 — whether you've organised, attended, made tea, set out tables, shared your skills, or simply turned up with a smile. Your involvement keeps these activities going and makes the Hall the friendly place it is.

And of course, December brings one of our favourite moments of the year – the 101 Club Extra Christmas Draw. On 23rd December, one lucky member will be receiving a very happy phone call to let them know they've won this month's festive £50 prize. A lovely way to add a little sparkle to someone's Christmas.

Thanks, as ever, for your continued support for Stainmore Parish Hall. Wishing you all a joyful December and a peaceful Christmas season.

## **Dates for Diary for Stainmore Parish Hall:**

### **December**

Wednesday 3rd December - Dominoes night 7.30 pm

Thursday 11th December- Gardening group at Wilkinson House 7pm

Wednesday 3rd, 10th and 17th December- Craft and Chat 1-3pm

### **January**

Wednesday 7th January -Dominoes night 7.30 pm

Thursday 8th January - Gardening group at Wilkinson House 7pm

Wednesday 14th, 21st and 28th - Craft and Chat 1-3pm

## Musgrave Parish Institute

The Institute Committee held its AGM in November. The Chairman Ian Plews reviewed the past year, mentioning the very successful Duck Race and Annual Show, the proceeds of which will pay the running costs of the Institute. We also had our first Whist Drive for a very long time, which was well attended. The Christmas Dominoes last year was as always, very popular as well.

The Committee remain unchanged apart from the Bookings Secretary who wished to step down. The email address for bookings remains the same and the phone number will eventually change.

We are now looking forward to our next year. Our next event is the Christmas Dominoes on December 17<sup>th</sup>. There are already posters advertising this, entry fee is £3.00. Let's hope for another good turnout. We will be holding our New Year's Eve Party, which is open to all in the Parish, and any guests staying with you are also welcome. It is on a Bring and Share basis, either a main course or a pudding, and bring your own drinks. There will be games and a quiz.

We are holding another Whist Drive on January 23rd, starting at 7.30pm £3 entry.

Our winter socials will resume on the last Saturday in January, everyone is welcome, it only costs £1pp, just bring a main or pudding and your own drinks. We will put it on the group page nearer the time.

If you would like to book the hall for an event or a meeting, please email [musgravevillagehall@gmail.com](mailto:musgravevillagehall@gmail.com)

### A new service for Musgrave:

The Kirkby Stephen and Upper Eden Community Newsletter is now available in Great Musgrave. Copies can be collected from the noticeboard by the village institute.





## Candlelit Carol Service

St. Theobald's Church  
Musgrave

Monday 22<sup>nd</sup> December 2025 - 3.00pm

*followed by mulled wine & mince pies*

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### MUSGRAVE PARISH INSTITUTE

#### **Christmas Domino Drive and Raffle**

Wednesday 17<sup>th</sup> December  
Musgrave Parish Institute  
Entry £3. Start 7.30pm

### MUSGRAVE PARISH INSTITUTE

#### **New Year's Whist Drive**

Friday 23<sup>rd</sup> January 2026  
Musgrave Parish Institute  
Entry £3. Start 7.30pm

### **CHRISTMAS AT BROUGH SOWERBY**

You are invited to join us for a Carol Service in the Methodist  
Chapel on Sunday December 21st at 10.30am, led by

Rev Fran Parkinson.

There will be opportunity to give towards Action for Children.

Seasonal refreshments will be served,

Everyone is very welcome

**L**oneliness and social isolation affect millions of people in the UK and numbers are on the rise. Approximately 1M older people in the UK report often feeling lonely and 41% say that the TV or pet is their main form of company. As the dark nights draw in, winter can be a particularly difficult time for some people.

Befriending has been proven to be one of the most effective ways of combatting loneliness and social isolation. A weekly one-hour visit or even a half-an-hour phone call can make all the difference to someone's quality of life. Weekly contact can help people regain confidence and find connection in their local community. Trusted, lasting friendships can have a positive impact on their physical, emotional and mental health.

Upper Eden Linking Lives is a befriending service which aims to help tackle loneliness in the Appleby and Kirkby Stephen area. So far, we have matched over 25 local people with one of our volunteers. All our volunteers are carefully selected, trained and vetted.

One of the people we have helped explained how much these visits meant to her. "Honestly and



truly, you've no idea how much I look forward to (her) coming. She's like a ray of sunshine coming through my door. It's made a big difference to my life." Jean, who recently moved into the area and can no longer go out anywhere unaided says, "I look forward to this day. The joy of a visit. We don't have to do much or go far but it brings me back the world I used to live in." And our volunteers also benefit. "It's heart-warming to know you are making a difference to someone's life, someone who looks forward to their weekly visits, and knowing I have brightened up their day."

If you can spare an hour a week and would like more information on volunteering with us, or want to refer somebody who might benefit from our service, please contact Sara (Scheme Coordinator) on 0800 688 9984 or email at [uppereden@linkinglives.uk](mailto:uppereden@linkinglives.uk)

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## Slightly Indulgent Christmas cake recipe

### INGREDIENTS



1 cup of butter  
1 cup of white sugar  
1 cup of brown sugar  
1 teaspoon of baking powder & salt  
lemon juice  
half cup of nibbed nuts  
4 large eggs  
bottle of whisky

### METHOD

First, sample the whisky to test for quality.  
Take a large bowl, test the whisky again to be sure it's of the finest quality.  
Pour one level cup and drink.  
Repeat.  
Turn on the electric mixer.  
Beat one cup of butter in a fluffy bowl.  
Add one spoonful of sugar and beat again.  
Make sure the whisky is OK.  
Cry another tup.  
Turn off the mixer  
Break two legs and add to the bowl.  
Chuck in the cup of dried fruit and mix on the tuner.  
If the fruit gets stuck in the beaters, pry loose with a drawscraver.  
Sample the whisky again for tonsistency.  
Next sift two cups of slat, or something who cares?  
Check the whisky.  
Sift the lemon juice and strain your nuts.  
Add one babblespoon of brown sugar, or any colour you find.  
Wix mell.  
Grease the oven, heat to 350 gredees.  
Don't forget to beat off the turner.  
Throw out the bowl – too tired to wash up.  
Check the whisky again.  
Bo to ged.

## THE WAY needs You

THE WAY is a valuable community resource which is entirely put together by volunteers and always needs contributors in various capacities—sourcing stories, writing stories, helping with production and/or distribution, finding new outlets..... the list goes on. A few minutes of your time per month could go a long way.

**IS THIS YOU? Email: [thewayeditor305@gmail.com](mailto:thewayeditor305@gmail.com) if interested**

## Grand All-Age Nativity Celebration

Join us for a Magical Evening at Brough Sowerby Chapel as we gather together to share the joy and wonder of the Nativity. Step into the timeless story, whether you wish to participate or simply soak up the festive atmosphere and let your heart be lifted by the warmth and unity of our community. With laughter, song, and the joyful light of Christmas, this event promises cherished memories for all ages, connecting us in the true spirit of the season.

Come and celebrate the spirit of Christmas with our enchanting Nativity Experience, the story of the birth of Jesus brought to life by YOU, our talented cast of grandparents, parents and children, in fact by all community members!

Date: Tuesday 23rd December 2025

Time: 4pm

Venue: Brough Sowerby Methodist Chapel

You are invited to dress as a character in this great story, you can be a shepherd or a king, an angel or inn-keeper, even a sheep or a donkey. Enjoy festive carols, heartwarming performances, and seasonal refreshments. Suitable for all ages – bring your family and friends!

### **Free Entry**

Donations gratefully accepted in support of Action for Children

For more information about this event please contact:  
[joyce.worsfold22@gmail.com](mailto:joyce.worsfold22@gmail.com)

*‘..Not the night before Christmas but the one before  
There'll be a great gathering by the chapel door.  
Shepherds come crowding, some old and some young  
Innkeepers are calling for carols to be sung,  
Kings in their robes, regal and fine  
Carrying their gifts for the baby sublime.  
Angels of all ages will be there  
Dressed in their finery and ready to share  
To join in the laughter, the joy and the fun  
To celebrate a baby born as God's Son.  
We are all part of God's great story  
Let's have a Great Big Nativity to celebrate His Glory.*

# Trips to Inspire

Coach Day Trips offered by NBM Travel

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Manchester Christmas Markets (Includes opportunity to see the Parade) £22

## December 12<sup>th</sup>

Bury Market & Boundary Mill £22

## December 18<sup>th</sup>

Keswick & Hayes Garden Centre £16

## January 4<sup>th</sup>

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## **A message from Councillors Simpkins -**

*Thank you*

Graham and I would like to thank our community for being so supportive of needy causes in 2025. We have sent car and van loads of blankets, warm coats, knitted items and teddies to Ukraine via the Hope and Aid Direct charity volunteers who collect from us. We have also made a number of trips to the Salvation Army and Care and Share charity in Blackpool with clothes and household items. Local support has included Age

Concern in Appleby, Manna House in Kendal and used spectacles and ex-NHS items are now on their way to Africa via the Lions and Physionet. Just a gentle reminder that 2026 is our “winding down year”. We shall continue what we do until October of course.

We wish you all a Very Happy Christmas and hope that 2026 is a healthy and happy year for everyone.

Councillors Graham and  
Heather Simpkins

[heather@heathersimpkins.com](mailto:heather@heathersimpkins.com)  
017683 42345

*Everyone is invited to*  
**Community Christmas Carol  
Singing**



**The Chamley Arms, Warcop  
Monday 8<sup>th</sup> December, 6.30pm**



**Churches Together in Warcop, Sandford and Musgrave**

## Tall Ship Experience 2025

*The youngest member of The Way production team took advantage of a fantastic opportunity last summer. This is the report by Eleanor Featherstone about her trip on a Tall Ship sailing from Newcastle to Aberdeen in July 2025.*

### The Opportunity, and Starting the Voyage

At the start of the school holidays in 2025, I was fortunate enough to be given the chance to go on a Tall Ships experience through Appleby Air Cadets. I was one of twelve cadets from different squadrons across Cumbria and Lancashire to be given this amazing opportunity.

We were to be part of the crew on the Tall Ship James Cook which is owned by the Ocean Youth Trust North (England) <https://oytnorth.org.uk>

This is a local independent charity which has specialised in the personal development of young people through offshore sailing (adventure under sail) since 1999. Our group would be taking the ship from

Newcastle up to Aberdeen as a delivery leg before the ship took part in a section of the Tall Ships Race which was going to Denmark and Norway.

There were four experienced crew members on the James Cook who taught us everything we needed to know to be able to help sail the ship with no prior experience. With there being eighteen people on board, it was a little bit of a squeeze, especially at meal times when we all sat down together, but that was all part of the fun. We spent nine full days on the ship: four nights at sea and five in harbour. We started the voyage in Newcastle and finished in Aberdeen.

### Seasickness and Whales

After some training from the four crew members of the James Cook, we set off from Newcastle. Once we got away from the coast we hit some rough weather. Some of my crewmates were seasick but luckily for me, I was one of the few who didn't feel ill. This meant that I could help to sail the ship unlike the others who were feeling off colour. The Skipper who was watching me



steering the ship told me that he had never seen someone so happy to be on a really rocky boat and not being seasick!

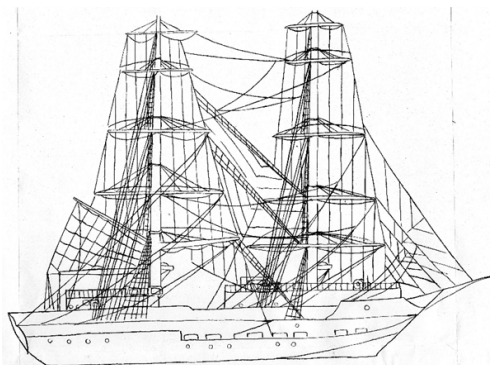
One of the many highlights of the trip for me was seeing the wonderful wildlife. We even saw some Minke whales and were able to plot the coordinates of where we saw them. This information will help to monitor the whales as part of the work being done to conserve them.

Once we had arrived in Aberdeen at the end of the voyage we were invited as the James Cook crew to take part in the Tall Ship parade which started in the centre of Aberdeen and finished by the harbour front.

This was an amazing trip. I

made some wonderful friends and was especially proud to helm the boat and sail part of the way up to Aberdeen.

*EDITOR'S NOTE: Eleanor has been helping to produce The Way since she was a toddler and continues to be an important member of the printing and collating team, her knowledge and experience being especially useful when dealing with the slightly eccentric nature of our printing equipment! She presently attends 6<sup>th</sup> form college. We wish her all the best with her future adventures!*



### **NEXT ISSUE SUBMISSIONS...**

Anything to contribute?

All articles need to be with us **before 15th January** for inclusion in the **February** edition.

Please email us at **thewayeditor305@gmail.com**

Any format is acceptable, but please keep 'Copy' to 350 words max

We reserve the right to edit copy where necessary

Note that the editor's decision is final.

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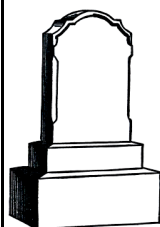
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# Warcop and Sandford W.I.

## News

**December 2025**

Mrs Maureen Heron, president, welcomed members to the November meeting which was our Annual General Meeting. Mrs Valerie Brook, secretary, read out the committee's Annual Report highlighting all of the speakers, presentations, outings and events that we enjoyed throughout the year. Mrs Brook was thanked for her report and for organising the programme for 2026.

We are exceptionally fortunate to have so many local talented people who have great skills, careers and adventures from whom we gain knowledge and inspiration so that we can enjoy a successful and valuable W. I.

Mrs Heron also thanked our treasurer Mrs Elizabeth Richardson for looking after our finances and thanked our members for their fundraising efforts and generosity which means that our financial situation is satisfactory at the moment. Mrs Heron thanked the committee and all our members for their support and loyal attendance and for the wonderful refreshments that we have enjoyed throughout the year.

The committee were re-elected en bloc and we were pleased to welcome Mrs Ruth Callaby back onto the committee.

At the close of the meeting Mrs Heron, Mrs Brook and Mrs Rich-

ardson were each presented with a 'thank you gift' from the members. This was a lovely surprise and much appreciated.

A short business meeting followed when members decided that they would like to visit every person over 80 in Warcop and Sandford and take a small Christmas Gift.

Our next meeting is at 7.30pm on Wednesday 3<sup>rd</sup> December. We are looking forward to a Christmas demonstration and activity with Carola Frank.

There will be no formal meeting in January as we will be having our 'Festive Luncheon' at the Royal Oak, Appleby. Thanks to Mrs Mary Astbury for organising this.

Our first speaker of the new year is Michael Dunne of Bean and Dunne (Coffee) on Wednesday 4th February at 7.30pm at Warcop Parish Hall.

On behalf of Warcop and Sandford W.I. please accept our very best wishes for a happy Christmas and New Year.

Valerie

### **POST OFFICE**

Mobile Service

**Brough**

Tuesday 10.45am—2.45pm

Wednesday 9am-1pm

Thursday 10.30am—2.30pm

**Warcop**

Thursday only 9am—10am

## End of Year QUIZ OF THE YEAR 2025

- |  |   |
|--|---|
| <ol style="list-style-type: none"> <li>1. Which celebrity won "Strictly" in 2024?</li> <li>2. Who is the President of China?</li> <li>3. Who is the current World Darts champion (Bonus – how old was he when he won? )</li> <li>4. How is Robert Francis Prevost better known?</li> <li>5. What was the significance of the death of British airman Group Captain Paddy Hemingway, who died aged 105 in March?</li> <li>6. According to his biographer, which European leader wears "industrial levels of cologne"?</li> <li>7. Fatboy Slim: 'I was in the same class as **** * – he's one up on me now". Which household name non-musician is he talking about?</li> <li>8. Which pop singer went up into space with six other women early in April, in the rocket called "Blue Origin"?</li> <li>9. Donald Trump filed a \$10bn (£7.5bn) lawsuit against Rupert Murdoch over claims in one of his papers that the US president wrote a "bawdy" note to Jeffrey Epstein. Which US newspaper published the report?</li> <li>10. Who is the only former Radio 1 DJ to reach 100 years old?</li> <li>11. Who was the campaign leader for</li> </ol> | <ol style="list-style-type: none"> <li>12. the Post Office workers against the Post Office, and whose name appeared in the TV drama about the Horizon scandal?</li> <li>13. How was the music teacher Mrs Kent, who used to teach at Wansbeck Primary in Hull, better known?</li> <li>14. In which city/country did Women's Euro 2025 football final take place?</li> <li>15. The Chief Exec of a tech company was caught in a clinch with his head of HR, who he wasn't married to, at a gig in the US. Who were they watching?</li> <li>16. In June, an Air India Boeing 787 crashed in western India, with only one passenger surviving. What was his seat number?</li> <li>17. Sarah Mullally got a new job in October. What is it?</li> <li>18. A record crowd for a women's rugby match watched the Red Roses beat Canada to become World Champions at Twickenham. What size was the crowd (to the nearest 1000)?</li> <li>19. Which high street store changed its name to TG Jones?</li> <li>20. The <b>Vauxhall</b> plant was a motor vehicle manufacturing facility located <u>Bedfordshire</u>, which ceased vehicle production this year after 120 years. Which town was it in?</li> <li>21. British woman Ethel Caterham is the certified oldest living person in the world, at the age of 116 years. Who was the monarch when she was born?</li> </ol> |
|--|---|

# The WAY Christmas Anagram Challenge

As if Christmas wasn't stressful enough, tax your brains with these remixed place names.

Imagine you are travelling from Barnard Castle to Penrith, down to Tebay, then back round to Kirkby Stephen, then Brough. You will pass through or very near to these places. No prizes – just a warm glow of satisfaction when you know them.

Good luck!!

Answers on p27

- |                        |                           |                     |
|------------------------|---------------------------|---------------------|
| 1. In Town             | 2. Tinted slime deal done | 3. Get a smug raver |
| 4. Never deal a snot   | 5. Thin Rep               | 6. Pleb to my sewer |
| 7. Iron month rates    | 8. Go rub ham             | 9. Tebayn           |
| 10. I name dog Bert    | 11. Bulge on wing nine    | 12. Rap Cow         |
| 13. Mouth is on a rest | 14. Brake                 | 15. Darn stale crab |
| 16. Mole Filth         | 17. Bun singe mark        | 18. We sob          |
| 19. Corn pecker hat    | 20. Bugs in gin           |                     |

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## PRINTING GLITCH APOLOGIES - November 2025 issue

We would like to apologise for a blip in the printing process when we were producing the November edition of The Way. It seems that of the nearly 1000 copies of The Way which were produced about 80 had 2 copies of pages 7, 8, 21 and 22 and no pages 9, 10, 19 and 20. We only realised this problem after the magazine had gone out for distribution and think that most of the faulty copies landed in Warcop. The problem resulted from a fault with the collating machine which has hopefully been fixed by now.

## As to Kaber.....

*Now that The Way has increased its reach to Kaber, Jeremy Godwin has kindly contributed these notes about the history of the village and surrounding area.*

From its first known written mention in 1202 onwards it has always had two spellings for its placename: Caber and Kaber. It was settled by Anglian invaders, the Anglo part of Anglo-Saxons; the Saxons stayed in the South other than a group that used 'rith' for a beck, as at Stenkrith and Penrith which was their furthest North in the early 7<sup>th</sup> century. The Anglian word *ca* (pronounced 'cay') means a Jackdaw, and *berg* means a 'hill': there were trees on it full of Jackdaws. There's another Kaber (spelt with a 'C') North of Kirkoswald.

Heggerscale began as Hegelstale in 1382, and Hegelscale(s) by 1402: 'ravine full of bird-cherry trees with sheiling(s) in it'. These are Old Norse, originating from the folk coming up the Eden from Ireland looking for somewhere to farm, sheilings and summer-use houses. By 1829 Heggerscales was 'the village of Higher Scales'.

Rookby first mentioned in 1178, was a Norseman's farm in a rookery (very noisy but young rooks are edible). Or it could be an Angle's called Hroca (the H is silent).

In 1663 Duckintree at the East end of Kaber Rigg was the rendezvous for die hard Cromwellians. It was a wet October evening. The Mallerstang group came, but none from the North-East. Kaber Rigg still has some of its gorse; once all over it.

By 1829 Kaber was a large village in South Stainmore, partly in Brough parish (the Bela is the boundary). It had a grocer, blacksmith, shoemaker, and small school which was founded in 1689. The rector of Dufton (Rev. Edward Heelis) had a holiday cottage at Duckintree. Kaber's pubs in 1829 were 'The Robin Hood and Little John' (Christopher Holliday, licensee) and 'The Cross Keys' (Richard Hutchinson, licensee).

By 1851 Kaber Township had a population of 170. By then the 1829's schoolmaster was also a grocer. The Township had 20 farmers. 'The Cross Keys' had become the 'The Lord Nelson' and 'The Robin Hood and Little John' was still there.

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## KABER NEWS

You are invited to join us in Kaber - a beautiful community in the Upper Eden Valley in Cumbria. Its Village Hall is the Old Village School, first built by a group of local Landowners and farmers sometime prior to 1689. Today, the Village Hall provides a community hub and location for a wide variety of activities, from regular craft clubs to musical nights, games evenings and charity fundraising.

We invite you to join us every Tuesday evening between 6.30 and 8.30pm for a craft club, where you can bring along whatever you are working on.

Between now and the end of the year, you would also be welcome to join us for any of the following activities:

Spuds & Puds 29th Nov 25 12.00 - 1.30pm Jacket potatoes, fillings plus a delicious pud, and good company.

Festive Bingo 6th Dec 25 4.00 - 6.00pm Eyes down for family Christmas Bingo with festive prizes, hot chocolate and mince pies.

Christmas Carols 15th Dec 25 7.00 - 8.00pm Celebrate Christmas with carols, readings and reflection.

Coffee Morning 20th Dec 25 10.00 - 11.30am Coffee, tea, cake and other delicious things for a donation.

To find out more about these and other events, how to hire the hall or for anything else, please take a look at our website

**<https://kabervh.com>** or get in touch via **[booking@kabervh.com](mailto:booking@kabervh.com)**

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## **BUTTERFLIES – HOW TO SURVIVE WINTER**

In a previous article I covered how several species hibernate in order to get through winter. But how do the other species survive? Well, they all exist in one of the three stages which occur before they finally emerge as a butterfly i.e. egg, caterpillar or pupa.

Every species adopts a different strategy, some of which are quite bizarre. The Whites spend the winter as a chrysalis, ready to emerge early in Spring, but whilst the Orange Tip generally follows this pattern, in certain cases it remains a chrysalis for 2 years! All Skippers overwinter as hibernating caterpillars except 3: the Essex and Silver Spotted which stay as eggs and the Grizzled which forms a chrysalis. Fritillaries stay as hibernating caterpillars, burying deep into grassy clumps safe from any bad weather.

Perhaps the most bizarre species is the Speckled Wood which is rapidly becoming one of our most common butterflies. It rarely stays as an egg, but some overwinter as a caterpillar, others as a chrysalis and it is for this reason that it can be seen from the earliest Spring right through to late Autumn.

Blue butterflies adopt all of the above and usually the caterpillar enter an ant's nest to form its chrysalis as a further protective measure.



## **CHRISTMAS SERVICES IN BROUGH**

21st December

CAROLS ON THE GREEN: Church Brough Green or Hall if wet.  
Mulled wine and hot chocolate. 5.30pm

24th December

CHRISTINGLE SERVICE IN CHURCH: Family friendly, relaxed service.  
Starts 3pm with Snowballs!

25th December

CHRISTMAS DAY SERVICE: Kirkby Stephen Parish Church, 10.30am

28th December

CHRISTMAS COMMUNION SERVICE: In St Michaels, Brough, 10.30am.  
With carols

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### **Brough Film Club**

We're hoping that the film for Sunday 21st December will be '*The Ballad of Wallis Island*.' This is a British comedy-drama where an eccentric lottery winner reunites a long-separated folk duo for a private performance on his remote Welsh island. As old tensions surface, heartfelt humour blends with themes of love, loss, and moving on. With stunning scenery, charming performances from Tim Key, Tom Basden, and Carey Mulligan, and warm critical acclaim, it's a tender, witty crowd-pleaser worth seeking out.

Memorial Hall doors open at 2.30pm for a 3.00pm start. Tickets are £10 each (on the door). This includes 5 raffle tickets and delicious home baking with tea or coffee at the interval.

The January film will be shown on Sunday 25<sup>th</sup> and will be a surprise!

**Please support our remote cinema: use it or we lose it!**

LATE NEWS: National Highways Drop-in sessions - Road closures for Clifton Rail Bridge Replacement over M6

**Drop-in Engagement Events (nearest ones to Brough):  
Thursday 11 and Thursday 18 December - Kirkby Stephen Methodist Church, High Street, Kirkby Stephen, CA17 4SG 10am to 7pm each day.**



## The season so far for Brough Football Club:

The Club has had a very positive start to the season. Manager Rik Hall and his team have won 8 out of their 9 league games so far. Currently the team are sitting in 2<sup>nd</sup> position with two games in hand.

With over 20 lads available to play most weeks, it has been a selection headache at times for manager Rik, but as he says it's a good problem to have as it allows for team rotation and lets injured players rest.

Top scorer of the season so far is Ben Collinson having scored 19 goals in 9 games. True to form Ben scored the only goal of the game on Saturday 15<sup>th</sup> November at home to Burneside Reserves, when Brough won 1-0.

On the following Saturday 22<sup>nd</sup> November, the lads were due to come up against Millhead Reserves, in the first round of the league cup but unfortunately the game was cancelled.

The club's annual domino drive takes place on Friday 5<sup>th</sup> December in Brough Memorial Hall. Loads of great prizes up for grabs. Hope to see you there!

### Find *The Way* Online

Please visit:

**TheWayMagazine.co.uk** for our digital archive, contact details and latest news  
Archive copies are also available via  
<https://www.brough-cumbria.info>

### Brough Football Club

Annual Christmas Domino Drive  
and Raffle

On Friday 5<sup>th</sup> December

Brough Memorial Hall

7.30pm start

### BROUGH SOWERBY LUNCH CLUB

We continue to meet on the first Wednesday of the month from 12-1pm, in Brough Sowerby Chapel. We serve a choice of soups, bread, & puddings, followed by tea/coffee & biscuits – all homemade.

EVERYONE IS VERY WELCOME

Any queries, contact Debbie - 07891 681798, or Margaret - (017683) 41223.

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**Saturday 13<sup>th</sup> December 2025**



**WARCOP  
PARISH HALL**



**Warcop Parish Hall  
CA16 6NX**

**Phone: 017683 41390**

**Warcop Parish Hall**

**Thursday 11<sup>th</sup> December**

**Billy Elliott (15)**

**Thursday 15<sup>th</sup> January**

**The Salt Path (12A)**

Doors open: 7.15pm      Screen-  
ing: 7.

Tickets on the Door 30pm£5

Refreshments Served

**CINE NORTH**

## CHURCHES TOGETHER

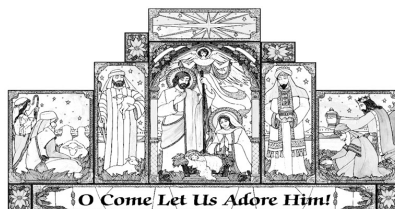
Carol

Service

Warcop Methodist Chapel

**Sunday 21<sup>st</sup> December, 2025**

**2.00pm followed by tea**



**December and January church services - Warcop with Musgrave churches**

**St Columba's, Warcop with St Theobald's, Musgrave**

**December 2025**

7th	10.30am	Holy Communion, St Columba's Church, Warcop
14 <sup>th</sup>	10.30am	Morning Praise, St Columba's Church, Warcop
14 <sup>th</sup>	2.00pm	Carol Service, Bleatarn Chapel
21 <sup>st</sup>	2.00pm	Carol Service, Churches Together, Warcop Methodist Chapel
22nd	3.00pm	Carol Service, St Theobald's Church, Musgrave
24 <sup>th</sup>	2.00pm	Crib Service, St Columba's Church, Warcop
25 <sup>th</sup>	10.45am	Holy Communion, St Lawrence's Church Apple- by
28 <sup>th</sup>	4.00pm	Year End Reflection followed by Celtic Holy Communion
	5.00pm	St Edmund's Church, Newbiggin

**January 2026**

4 <sup>th</sup>	9.30am	Holy Communion, St Columba's Church, Warcop
11 <sup>th</sup>	9.30am	Morning Praise, St Columba's Church, Warcop
18 <sup>th</sup>	9.30am	Holy Communion, St Columba's Church, Warcop
25 <sup>th</sup>	9.30am	Morning Praise, St Columba's Church, Warcop

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1. Winton	2. Middleton-in- Teesdale	3. Great Musgrave
4. Ravenstonedale	5. Penrith	6. Temple Sowerby
7. North Stainmore	8. Brougham	9. Nateby
10. Eamont Bridge	11. Newbiggin-on- Lune	12. Warcop
13. South Stainmore	14. Kaber	15. Barnard Castle
16. Flitholme	17. Kings Meaburn	18. Bowes
19. Crackenthorpe	20. Sunbiggin	

## METHODIST SERVICES

### DECEMBER 2025

#### 7th Sunday

10.30am	Brough	Mr D Askew
10.30am	Brough Sowerby	Mr H Hutchinson
10.30am	Warcop	Rev J Riley

#### 14th Sunday

10.30am	Brough	Rev S Radford Holy Communion)
10.30am	Brough Sowerby	No service - to Brough
10.30am	Warcop	Local Arrangement

#### 21st Sunday

10.30am	Brough	Rev J Betts (Carol Service)
10.30am	Brough Sowerby	Rev F Parkinson (Carol Service)
2pm	Warcop	Rev R Watson (Carol Service)

#### 28th Sunday

10.30am	Brough	No service – to Kirkby Stephen
10.30am	Brough Sowerby	No service – to Kirkby Stephen
10.30am	Warcop	No service – to Appleby

### JANUARY 2026

#### Sunday 4th

10.30am	Brough	Mr H Hutchinson
10.30am	Brough Sowerby	No service – to Brough
10.30am	Warcop	Local Arrangement

#### Sunday 11th

10.30am	Brough	No service – to Brough Sowerby
10.30am	Brough Sowerby	Mr W Ousby
10.30am	Warcop	Rev L Riley
6.30pm	Kirkby S	Rev H Hooley

#### Sunday 18th

10.30am	Brough (United Cove- nant Service)	Rev S Radford
10.30am	Brough Sowerby	No service – to Brough
10.30am	Warcop	Rev A Burrell

#### Sunday 25th

10.30am	Brough	Local Arrangement
10.30am	Brough Sowerby	Local Arrangement
3pm	Warcop	C Ramnath

**Events at Warcop Parish Hall in December and January**

Thursday 4 <sup>th</sup> December	Foyer Café 9am, Post Office 9-10am Soup and Pud, 11.30-1pm
Thursday 11 <sup>th</sup> December	Foyer Café 9-11am, Post Office 9-10am Cinema – Billy Elliott, 7.30pm
Saturday 13 <sup>th</sup> December	Christmas Coffee Morning, 10-11.30am with Eden Handbell Ringers and GNAA Collection
Thursday 18 <sup>th</sup> December	Foyer Café 9-11am, Post Office 9-10am
Thursday 8 <sup>th</sup> January	Foyer Café 9am, Post Office 9-10am Soup and Pud, 11.30-1pm
Saturday 10 <sup>th</sup> January	Saturday Coffee Morning, 10-11.30am
Thursday 15 <sup>th</sup> January	Foyer Café 9-11am, Post Office 9-10am
Thursday 22nd January	Foyer Café 9-11am, Post Office 9-10am
Thursday 29th January	Foyer Café 9-11am, Post Office 9-10am

**CHURCH OF ENGLAND CLERGY**

Rev Canon Brendan Giblin	revbgiblin@gmail.com	017683 39168
Rev Judy Polkinhorn	Brough with Stainmore	017683 41473
Rev Andrew Burrell	Warcop	andrew.f.burrell@outlook.com

**METHODIST MINISTERS**

Revd. Stephen Radford	50 South Road, Kirkby Stephen	017683 71202
Rev Ros Watson	The Wraes, Garbridge Lane, Appleby	017683 51244

**CHURCHWARDENS (CHURCH OF ENGLAND)**

St Michael’s, Brough	Contact Rev Judy Polkinhorn	017683 41473
St Stephen’s, Stainmore	Mrs Toni Bryce-Forshaw	017683 41215
St. Columba’s & St Theobald's	Mark Blackett-Ord	mblackettord@5sblaw.com

**St Stephen’s Church, South Stainmore**

**CHRISTMAS SERVICES**

7<sup>th</sup> December, 2.30pm: Evening prayer

21<sup>st</sup> December, 2.30pm: Carol Service (with refreshments)

# DIARY DATES

## December

3 <sup>rd</sup> Wed	Lunch Club	Br Sowerby Chapel	12md
3 <sup>rd</sup> Wed	Warcop & Sandford WI	Warcop P Hall	7.30pm
3 <sup>rd</sup> Wed	Dominoes	Stainmore P Hall	7.30pm
4 <sup>th</sup> Thurs	Foyer Café	Warcop P Hall	9am
4 <sup>th</sup> Thurs	Soup & Pud	Warcop P Hall	11.30am
4 <sup>th</sup> Thurs	Pensioners' Lunch	Allison's Café	12md
5 <sup>th</sup> Fri	Dominoes: Brough FC	Brough Mem H	7.30pm
6 <sup>th</sup> Sat	Bingo	Kaber V Hall	4pm
11 <sup>th</sup> Thurs	Foyer Café	Warcop P Hall	9am
11 <sup>th</sup> Thurs	Stainmore Gardening Group	Wilkinson House	7pm
11 <sup>th</sup> Thurs	Cinema	Warcop P Hall	7.30pm
12 <sup>th</sup> Fri	Dominoes: Brough Agri Soc	Brough Mem Hall	7.30pm
13 <sup>th</sup> Sat	Coffee Morning	Warcop P Hall	10am
15 <sup>th</sup> Mon	Carols	Kaber V Hall	7pm
17 <sup>th</sup> Wed	Dominoes	Musgrave P Inst	7.30pm
18 <sup>th</sup> Thurs	Foyer Café	Warcop P Hall	9am
18 <sup>th</sup> Thurs	Pensioners' Lunch	Allison's Café	12md
20 <sup>th</sup> Sat	Coffee Morning	Kaber V Hall	10am
21 <sup>st</sup> Sun	Brough Film Club	Brough Mem Hall	3pm

## January

7 <sup>th</sup> Wed	Lunch Club	Br Sowerby Chapel	12md
7 <sup>th</sup> Wed	Dominoes	Stainmore P Hall	7.30pm
8 <sup>th</sup> Thurs	Foyer Café	Warcop P Hall	9am
8 <sup>th</sup> Thurs	Soup & Pud	Warcop P Hall	11.30am
8 <sup>th</sup> Thurs	Stainmore Gardening Group	Wilkinson House	7pm
9 <sup>th</sup> Fri	Games Evening	Warcop Meth Chapel	6pm
10 <sup>th</sup> Sat	Coffee Morning	Warcop P Hall	10am
15 <sup>th</sup> Thurs	Foyer Café	Warcop P Hall	9am
15 <sup>th</sup> Thurs	Pensioners' Lunch	Allison's Café	12md
15 <sup>th</sup> Thurs	Cinema	Warcop P Hall	7.30pm
17 <sup>th</sup> Sat	Coffee Morning	Kaber V Hall	10am
22 <sup>nd</sup> Thurs	Foyer Café	Warcop P Hall	9am
23 <sup>rd</sup> Fri	Whist Drive	Musgrave P Inst	7.30pm
25 <sup>th</sup> Sun	Brough Film Club	Brough Mem Hall	3pm
29 <sup>th</sup> Thurs	Foyer Café	Warcop P Hall	9am
29 <sup>th</sup> Thurs	Pensioners' Lunch	Allison's Café	12md

## February

4 <sup>th</sup> Wed	Warcop and Sandford WI	Warcop P Hall	7.30pm
4 <sup>th</sup> Wed	Lunch Club	Br Sowerby Chapel	12md



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## **USEFUL CONTACTS**

### **DOCTORS and HOSPITALS**

Upper Eden Medical Practice	017683 71369
Appleby Medical Practice	017683 51584
Cumberland Infirmary, Newtown Road, Carlisle	01228 523444
Penrith Community Hospital, Bridge Lane, Penrith	01768 245555
Westmorland General Hospital, Burton Rd, Kendal	01539 732288

### **VETERINARY SURGEONS**

Pendragon Vets, St Luke's Rd, Kirkby Stephen	017683 71359
Old Hall Veterinary Centre, Appleby	017683 51507

### **SCHOOLS**

Brough Community Primary School	017683 41284
Warcop C of E Primary School	017683 41471
Kirkby Stephen Grammar School	017683 71693

### **POST OFFICES**

Kirkby Stephen	Monday– Saturday	8.45-5.00pm (Sat 9.00-1.00)
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### **GENERAL**

Upper Eden Visitor Centre, Kirkby Stephen	017683 71199
Community and Council Centre, Kirkby Stephen	01768 812775
Public Library, Kirkby Stephen	01768 812045
St Michael's Church Hall Bookings; Tucker Dobson	017683 41439
Memorial Hall Bookings; <a href="mailto:info@broughmemorialhall.co.uk">info@broughmemorialhall.co.uk</a>	

### **CLERKS TO PARISH COUNCILS**

Brough	Mr. Andrew Bedford	07469 966839
Musgrave/ Warcop	Mrs. Heidi Strong	07810 523186
Stainmore	Miss Janet Walton	07966 248501
<a href="mailto:janetwaltonstainmore@yahoo.com">janetwaltonstainmore@yahoo.com</a>		

### **CLERK TO PARISH MEETING**

Brough Sowerby	Bryan Palphreyman	
<a href="mailto:bspmclerk@gmail.com">bspmclerk@gmail.com</a>		07713 031087