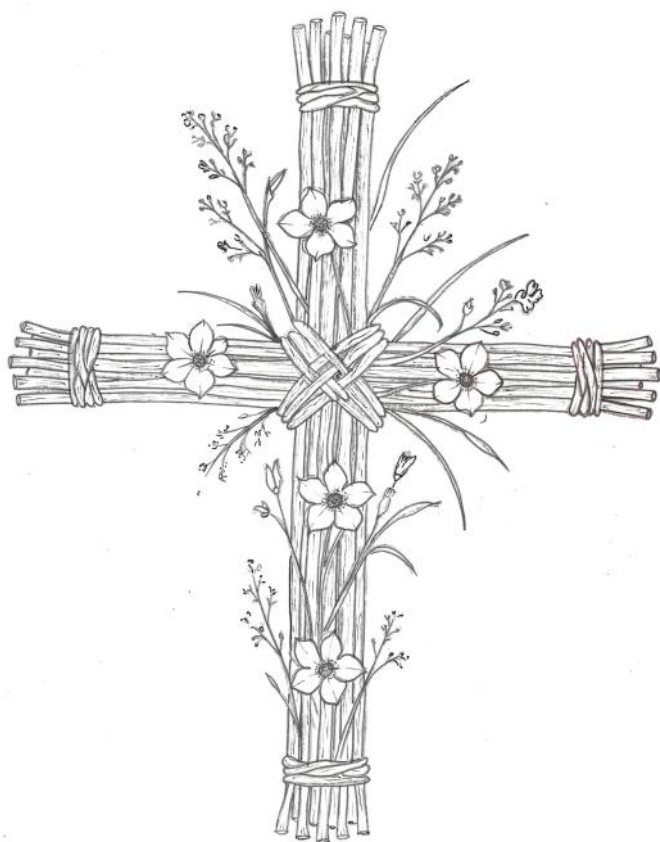


THE WAY

JUNE 2026



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Shame dodging in Eden

Anyone who follows a football team usually understands the term “long suffering”. Following a team means irrational interest, ranging from indifference to devotion, in a football club in a town that you possibly no longer live in, owned by people thousands of miles away, charging extortionate amounts to thousands of people willing to be fleeced and endure mental pain, with the occasional promise of excitement. “But it’s a great game”, we tell ourselves “...and it gives me a sense of identity”. As I mentioned, irrational.

So spare a thought for the hapless supporter of Southampton FC, amusingly nicknamed ‘The Saints’.

I first saw Saints in the 3rd round of the Cup in January 1976, when they equalised in the 92nd minute against Villa. They won the replay, and the rest was history. Since heading north I have seen occasional away games at Blackburn, Bolton, Bradford and Burnley. I’ve seen them done over by Carlisle, lose a midweek cup replay to Rotherham and get battered 5-0 by Sunderland. But these days, I am in a new territory of irrational shame. Recently, they sent an office boy with an iPhone, to hide behind a tree next to a training ground in Middlesbrough, and like the many thousands of current devoted Southampton residents, plus ex-pats from Cumbria, to Canberra to Canada, I bear the collective humiliation of the consequences. The memory of seeing George Best get a red card playing against Saints is wearing thin after 49 years.

Luckily, Brough FC are doing well. There are parts of the world where the game remains pure, without corruption or VAR, and coincidentally, money. The odd pitch bump or sprouting dandelion fails to dim the efforts and enthusiasm of participants and the sprinkling of supporters. Brough have been banging in the goals, including seven in one fixture, and achieved what their expensively remunerated southern counterparts did not. Promotion.

Just one of the many joys in this month’s The WAY. Have a jolly June!

NEXT ISSUE SUBMISSIONS...

All articles need to be with us **before 15th June** for inclusion in the **July/August** edition.

Please email us at **thewayeditor305@gmail.com**

Any format is acceptable, but please keep ‘Copy’ to 350 words max

We reserve the right to edit copy where necessary

Note that the editor’s decision is final.

Coming Soon! The Golden Fleece

Promotion secured for Brough FC

The 2025/2026 season came to an end and Brough secured promotion with a brilliant 2nd place finish. An end of season run, winning 6 games on the bounce secured promotion. They narrowly missed out on top spot by 2 points.



The final game of the season was a comfortable 7-0 win at home against Ibis. Goal scorers included a Harry Jones hat-trick, Dante Cousin scoring two and Ben Collinson also scoring two.

On Saturday 16th May, the end of season awards took place at The Wilding. Thank you to The Wilding for all the support and match day food throughout the season.

Players' player was awarded to Ben Collinson. Manager's Player was awarded to Matt Capstick. Supporters' player of the season was awarded to Harry Jones. Dante Cousin won the Young Player of the Season. The Golden Boot was won by Ben Collinson scoring an impressive 43 goals this season.

A brilliant night to end a brilliant season. What a journey this club has been on since 2021.

Roll on next season!

Brough Farmers' and Makers' Market

Saturday June 20th, 9.00 a.m.
12.00 noon

Saturday 20th June is another date for your diaries. This month's Farmers' and Makers' Market will be hosting a guest appearance from Christie Love Lino Prints from Alston. Having been unable to make it after booking a pitch in our last November's Christmas Market, Christie was delighted to be invited to join us for one of this year's additional vendor stalls.

Following Morgan Leather's display of Tony's beautiful, hand-crafted leather work in April, and our own incredible Eden Stained Glass (housed at Helbeck at Brough) in May, we are very much looking

forward to show-casing Christie's work. Please do try to drop by to have a chat with her and a look at her work.

As usual, your market regulars will be there:

- Leanne Taylor's sweet bakes
- Anne Bray's pies and savouries
- Eggs from Buckle's farm,
- Margaret Tyson's wide range of jams and chutneys,
- Tony from Bowland Farm with his exceptionally tasty meat,
- The all year round quality gifts of jewellery, fused glass, books, artworks and photographs from our local fabulous makers.

A home-bake and a brew will, as always, be on offer. *See you there!*



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Brough Memorial Hall

Quiz of the Summer

The next Brough Memorial Hall quiz is fast approaching. If you have not already booked your team's place for **Friday 19th June at 7.00 p.m.** you'll have to be quick, and, of course, you'll be most welcome.

The now expected staple platter of cheese and nibbles for your table, free glass of wine, can of beer, or soft drink for each quizzier, and the exceptional skills of our resident quiz master, Richard Want, are excellent value at £10.00 per head.

To book your team's place without delay, email:

E: info@broughmemorialhall.co.uk or

WhatsApp: **07792655129**

There is still one remaining quiz in the 2026 season: **Friday 9th October.**

Book early for this one by contacting in the same manner, remembering, naturally, to state the date. Funds raised in June and from the year's remaining quiz will pay for the upkeep of the Memorial Hall and its premises.



Brough Pre-School Nursery

Open afternoon

Thursday 25th June 2 – 3pm

If you have a child approaching 2 years
or have recently moved to the area,
please come along for a play and look
around.

We are now taking names for starting
in September 2026.

If the above date/time is not
convenient, give us a call on
017683 42112

and we can arrange another
convenient time.

BROUGH SOWERBY LUNCH CLUB

We continue to meet on the first
Wednesday of the month from
12-1pm, in Brough Sowerby
Chapel.

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bread, & puddings, followed by
tea/coffee & biscuits – all
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Any queries, contact:

Debbie - 07891 681798

Margaret - (017683) 41223

Brough Sowerby Coffee Evening

There will be a Coffee Evening in
Brough Sowerby Chapel on:

Tuesday June 9th

from 7pm onwards.

Bring & buy and cake stall.

**All proceeds for the Upper Eden
Community First Responders
Team.**

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SATURDAY 10TH OCTOBER

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They will go on sale in the coming weeks.

Kaber News

Community Spirit in Full Swing at Kaber Village Hall

There's been a wonderful buzz at Kaber Village Hall over the past few months, with residents and visitors coming together to enjoy a packed programme of friendly, community-led events. From generous slices of homemade cake to our ever-popular Easter bingo, complete with chocolate prizes galore - it's safe to say the village hall has been a hive of activity and good cheer.

Bingo continues to be a firm favourite, bringing all ages together for an afternoon of laughter, light competition and plenty of prizes. If you missed the last one, don't worry - our next Summer Family Bingo takes place on 11 July (16:00–18:00). Families are warmly welcomed, with hot dogs, lots of prizes, and plenty of fun guaranteed.

Looking ahead, we're especially excited to introduce our first ever Kaber Duck Race and Cream Tea on 1 August (15:00–17:00). This promises to be a fun afternoon for all ages, whatever the weather, with our trusty gazebo ready just in case!

There's something for everyone in the coming months, whether you're popping in for a relaxed chat over coffee or joining us for a larger celebration. Here's what's coming up:

7 June – Salad and Sweet Lunch (12:00–14:00)

20 June – Coffee Morning (10:00–11:30)

11 July – Summer Family Bingo (16:00–18:00)

18 July – Coffee Morning (10:00–11:30)

1 August – Kaber Duck Race & Cream Tea (15:00–17:00)

15 August – Coffee Morning (10:00–11:30)

5 September – Kaber Village Show & BBQ (12:00–14:00)

If you are looking for a space to rent for a gathering, meeting or celebration, do get in touch **booking@kabervh.com**

(Thanks to Rachel Green)

BROUGH PARISH COUNCIL - Chair's Annual Report 2025/26

It's been a mixed year with some successes and some disappointments. For the third consecutive year the Parish has not made any increase in their percentage of the council tax, instead trying to source any required funding for projects from elsewhere.

Successes

Following on from the unwavering persistence of the "Walkers are welcome" representatives and the Brough and Appleby place action group, we finally have the new replacement bridges across the beck at the top of Helbeck, reopening the circular walk from Brough through Bluebell Wood to the Middleton road and back.

Thanks to those residents who use our recycling centre correctly as this continues to bring in revenue which is then evenly distributed to our primary school, the pre-school nursery and the youth group.

Following a very polite request from one of our young residents asking if would be possible to upgrade our cycle track and following quite a bit of time sourcing funding and waiting for suitable ground conditions, I am happy to say that works are now underway and hope to be completed in the near future. If I could ask that the track not be used whilst the works are ongoing as both funding and materials are limited .

Last year was the first year that through Westmorland and Furness and the parish council we decided to try blocking off the turnaround areas at both ends of the village in Church Brough to stop the illegal parking of caravans and trailers going to Appleby horse fair and the subsequent disruption to our residents. Overall the response was very favourable with just a few

adverse comments saying that in blocking off these areas they could not turn around as easily. However if these areas were full of vehicles and trailers they can't be used anyway.

Thanks go to Paul Richardson and his team for all their endeavours in once again organising the Easter rally, although the weather wasn't as kind as the last couple of years and fuel prices going through the roof didn't help, it was still a success.

Disappointments

Having mentioned earlier the financial rewards that the recycling centre provides, we have had quite a fair amount of fly tipping, this is not the place for unwanted furniture, building waste etc.

Brough is a small parish and so funding is limited and most projects require a lot of time spent trying to source the additional funds required in order to provide the amenities/works, requested and/or required. So it is disappointing when these things get damaged, such as the tennis court net and posts, capping stones pushed off the wall and into the beck, gates damaged, areas in the church yard dug up, I could go on. We don't need mindless or wilful damage as the costs of repair or replacement affect us all.

Finally

As this is probably the last annual report I will have to write I would like to thank you for allowing me to serve on your parish council, I have really enjoyed both the opportunity and the involvement, well most of the time. I think that this is quite enough from me, it only remains for me to thank our conscientious parish clerk for all of his hard work and the other councillors for their time and their support.

Alan Brocklehurst - Chair

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Cub Scout Bike Ride

Kirkby Stephen Cub Scouts will be doing a bike ride between Brough and Kirkby Stephen via Musgrave and Soulby, on Friday June 26th between 6.00pm and 8.00pm.

Please could all local residents take extra care if they are driving in these areas on that day, at those times. This is just a fun ride out and 30 young people with various stages of competency will be on the road. Local traffic please take note!

Additionally, adult volunteers are always welcome at 1st Kirkby Stephen Scout Group. We have an active Beaver, Cub, Scout and Explorers troop. If you're interested in sharing your skills and joining our group please contact Dave Pickerskill on 07931277115 or email:

David.Pickerskill@edenscouts.org.uk



Westmorland Dales Festival, Kirkby Stephen, Saturday 25th -Sunday 26th July

Celebrate the wonderful Westmorland Dales!

The Westmorland Dales Festival is back, this year celebrating its 10th anniversary with a packed programme of exploration, events and entertainment for all in and around Kirkby Stephen and the Westmorland Dales.

It all began back in 2016 with a one-day event marking the expansion of the Yorkshire Dales National Park to include the part of Cumbria now known as the Westmorland Dales. Since then we've expanded to become an annual two-day fixture, with all sorts of different activities and experiences along the way.

Full details will follow in the summer issue of The WAY, covering July and August.

And for those not fortunate enough to live here, there's the chance to enter our special 10th anniversary prize draw and win a farm stay at Tebay's Eden Ewe-nique Lonn.

There's something for everyone - and most things are free.

For more info, including what's happening where and when, how to enter our prize draw and how to book where necessary, head to www.westmorlanddalesfestival.org or find us on socials.

(Many thanks to The Westmorland Dales Festival team)

Art In The Mart.

Saturday 25th Sunday 26th July 2026. 10am till 4pm both days.

Kirkby Stephen H&H Auction Mart.

ART IN THE MART 2026 - FREE ENTRY

Come and check out the artfulness which will fill the pens of our local cattle market in Kirkby Stephen!

Over the same weekend as The Dales Festival, Saturday 25th and Sunday 26th July from 10am till 4pm both days, there will be a collective of artists across a range of genres showing and selling their wares.

Chat with the artists or just browse.

PLEASE NOTE - WELL-BEHAVED PAWS ARE VERY WELCOME...

There is also a farm animal themed 'Young Artists Competition' (11-18yrs only), where a £50 prize could be won!

Fancy your own chances or know someone who should have a go? Email an image of your entry (must be created this year) to: **niki_artist@hotmail.com**

If you are an artist there's still time to be part of this growing weekend of artfulness! For an entry form, email Karen McSkimming at: **artfulregards@btinternet.com**

Musgrave Parish Institute

Summer in Great Musgrave

We are now looking towards summer, and planning our annual events. On Saturday 27th June, we will be holding a Midsummer Social. We will provide the meat for the barbecue, and you can bring your own salads etc, and your own drinks. There will be a charge of £5 to cover the cost of the meat, rolls and gas. Hopefully the weather will be good and we can hold it outside on the field. We kick off at 6.30pm. Everyone is welcome, the more the merrier!

Sunday August 9th we will be

holding our legendary Duck Race on the Church Field, followed by a barbecue at the Institute. If you think you could sell some ducks for us, please contact Lorraine on 07966067869 to request a 'duck sheet'. Further details will be posted on the Messenger page nearer the time.

Sunday 30th August sees the annual Flower, Produce and Craft show. This is for anyone to enter, plenty of categories to choose from, and all can have a go. We are currently finalising our schedules, to be available in local shops when they're ready. Contact numbers and entry information is contained in those schedules. We are

asking anyone who won a cup last year to return them to Middlegarth, Musgrave lane (2nd house past the bridge over the A66). Please can you make sure they are clean!

All the proceeds go to the Institute, enabling us to maintain the building and pay all the bills. Details will be posted on the messenger page and local Facebook pages.

If you would like to book an event, whether it is a wedding, party, craft or art group, or funeral, please contact David Ewin on

musgravevillagehall@gmail.com /07745030672

For general information, contact Lorraine Plews on 07966067869

Stainmore Strides Onwards

Another month, and another lovely set of activities enjoyed at Stainmore Parish Hall. It is always encouraging to see familiar faces returning and new ones joining in.

Dominoes continues to be as popular as ever, with plenty of friendly competition, while the Gardening Group and Craft & Chat Group remain regular and much-valued parts of the month. Craft & Chat will now take a short summer break and will return in September, ready for autumn.

Our recent plant swap was a real highlight and very well supported, so thanks to everyone who brought plants, shared cuttings, and contributed to such a generous and community-spirited event. It was a pleasure to see so much enthusiasm for gardening, with plenty of advice, stories, and plants exchanged along the way. Alongside the plant sale, the meeting room was transformed into a pop-up café for the morning. With a tempting choice of homemade cakes and a steady flow of tea and coffee, it created a warm and welcoming space for people to sit, chat, and take a break. It worked so well and really showed how easily the room can be adapted for small gatherings, offering a cosy and sociable setting.

There have also been some exciting improvements within the hall. The new floor in the meeting room, laid by Capstick's Carpets, is a fantastic addition and has really lifted the space. We are incredibly grateful to Stainmore Parish Council for their continued support of the hall and its ongoing improvements.

And finally, the Stainmore hills and surrounding landscape are now perfectly framed by our new picture windows, a constant reminder of just how fortunate we are to have such beautiful surroundings right on our doorstep.

As always, thank you to everyone who supports the hall, whether by attending events, volunteering, or simply spreading the word. It all helps to keep this important community space active and welcoming.

June dates for the diary at Stainmore Parish Hall.

3/6/2026 7.30pm Dominoes Night

6/6/2026 Stainmore Sheep Show -
judging starts at 11 am

11/6/2026 7.00pm Gardening Group
at Wilkinson House

25/6/2026 7.00pm Gardening Group
at Stainmore Parish Hall

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Wednesday 12.30pm-4pm

Thursday 10.30am—2pm

Warcop

Thursday 9am—10am

New Collection Point for 'The WAY' in North Stainmore

Do You Live in North Stainmore? Do you presently have to travel to Brough to collect your copy of The Way? If so, here's some good news:

From now on copies of 'The WAY' will be available to collect from the noticeboard outside Stainmore Parish Hall.

Note: If you have any useful ideas about this service please email us at:
thewayeditor305@gmail.com

Thank you.

Warcop and Musgrave Church service times

St Columba's, Warcop with St Theobald's, Musgrave

June 2026

7 th -	9.30am	Holy Communion, Warcop
14 th -	9.30am	Morning Praise, Warcop
21 st -	9.30am	Holy Communion, Warcop
28 th -	9.30am	Morning Praise, Warcop

South Stainmore Coffee Mornings at St Stephen's Church

FIRST SATURDAY

of the month 10.30am - 12 noon

Only £2 for unlimited Tea, Coffee, Juice,
Biscuits and Chatting

Everyone welcome! Proceeds to St
Stephen's Church.

Soup and Sweet – St Stephens Church - South Stainmore

Saturday 6th June 12.30pm
(after the coffee morning)

£7 per person

Raffle and Pew Top Sale

All proceeds to St Stephens Church

All welcome

To book phone Karen

017683 42633

Midday Supervisor Vacancies

Midday Supervisors - Hours: 12pm-1pm Monday to Friday
Brough Community Primary School
Church Brough, Kirkby Stephen, CA17 4EW

Salary: PCD 3 £24,796 pro rata - £12.85 per hour

Reference: BCPS/MSA

Brough Community Primary School is seeking to appoint staff on our midday supervisor team. We are looking for someone to join our amazing staff team, with energy, passion and a desire to make children's lives better. This role involves supervising the children during their lunch break.

The school is committed to safeguarding and promoting the welfare and safety of children and young people and expects all staff to share this commitment. An enhanced DBS check is required for these posts as are up to date and relevant references.

For full details about this post:

E: **admin@brough.cumbria.sch.uk** or T: 017683 41284



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QUIZ of the Year – 1926

David Attenborough was born, as was the late Queen and Winnie-the Pooh, and Brough Memorial Hall was 2 years old. What do you know about events and people connected to 1926?

DAVID ATTENBOROUGH

1. What was the name of David Attenborough's first wildlife TV programme?
2. One of David Attenborough's most famous TV moments was with the mountain gorillas in 1978. Which African country was that filmed in?
3. When Sir David was controller of BBC2, colour TV was introduced. Which year?
4. Also as BBC2 controller, which of these TV series did he commission?
a) The Sweeney b) Fawlty Towers c) Porridge d) The Old Grey Whistle Test
5. The King first met David Attenborough in 1958. Which of his siblings was with him?
6. In the recent video of The King sending David Attenborough's birthday card, which animal delivered it to his door?

QUEEN ELIZABETH

7. Princess Elizabeth was born in 1926. Her grandfather was King at the time. Who was he?
8. In which African country was Elizabeth in 1952, when she heard of her father's death?
9. In 1972, The Queen became the first monarch to tour a communist country. Which one?

10. When she was 18 in 1944, Princess Elizabeth joined the Auxiliary Territorial Service.

What did she train as?

11. When she died on September 8th 2022, which home was The Queen staying at?
a) Windsor Castle b) Balmoral c) Sandringham d) Christian Head

1926 IN GENERAL

12. How was the comic John Eric Bartholomew (b.14th May 1926 d.1984) better known?
13. Who illustrated the Winnie The Pooh books, first published in 1926?
14. The creator of Paddington Bear, was born in 1926. Who was he?
15. Also born in 1926, who was the producer of all the 1960s Beatles albums?
16. Which team won the 1926 FA Cup Final?
a) Blackburn b) Blackpool c) Bolton d) Burnley
17. The General Strike happened in 1926. Who were the first workers to go on strike?
18. In August, American Gertrude Ederle becomes the first woman to swim the Channel.
Which country did she start from?
19. The UK's first car ferry started in 1926, sailing to the Isle of Wight from which port?
20. Which Hollywood star was born Norma Jeane Mortenson on June 1st 1926?

(ANSWERS ON PAGE 29)

The BIG INTERVIEW – *Ailsa McKenzie*

Generally speaking, Ailsa McKenzie is a busy person. She'd like to do a million things a day, but "...has to settle for half a million", and it's required weeks of skilled, delicate negotiations to get her to sit still for half an hour to talk to The WAY.

In over forty years, if she wasn't on this committee or that board of trustees, she was helping to make a silver ladle for The Queen, collaborating on setting up the allotments in Brough, or providing useful contacts and information for features on Radio Cumbria. She's also been an on/off fixture in Brough Memorial Hall throughout all this time, so it made sense to finally stop her in her tracks there one Saturday morning, for The Big Interview.



(The WAY) So Ailsa, we're in Brough Memorial Hall. Does it feel like home?

(Ailsa McKenzie) It does actually. I've spent an awful lot of time in this place, on the committee, and prior to that for 10-12 years, we ran a very successful amateur theatre company called Brough Players. On occasions, I have been here in the hall space till 2.00 or 3.00am painting scenery. So yes, it's very familiar.

You chair the Memorial Hall committee now and you've been involved for over four decades. Why do you do it?

Because I just think something like a village hall is very important in a community and

should be looked after and used as much as possible. It has one of the best floors in a village hall - a Canadian maple sprung dance floor. Unfortunately the hall at the moment isn't used anywhere near as much as it could be and we're trying to change that. It's a great building actually but it's ageing and needs maintenance, as we all do!

What makes a good committee member?

I think somebody who has a feeling for the fabric of the building, and a strong sense of community. Anyone who will be able to make a decent commitment in terms of time and effort to help in any way possible to do the jobs that are required or draw others in to help.

You'd lived here a few years before you formed Brough players in 1989. What got you started?

It was just purely by chance. A local farmer gathered a few people together to do a pantomime - "Aladdin" - and the lady who was originally directing it withdrew, giving me the script and said "Can you do something with this?". I said I hadn't done

anything apart from a bit of drama at school, but I went to the first meeting and that was the start of it. Altogether I think Brough players did 16 plays over the next few years including "Waiting for Godot", several pantos, and a lot of comedy. We finished with a one-hander called "My Brilliant Divorce" which we toured over Yorkshire and Cumbria, including at Theatre By The Lake.

The theatre group was brilliant fun to do, and it involved an awful lot of people. Sometimes it was packed in here every night, and the Memorial Hall as a theatre absolutely comes alive. Sometimes it was that full, there were kids standing on the radiators. I mean you wouldn't be allowed to do it now.

Can you think of anything else you'd still like to get involved with that time prevents you doing?

I'm still on various committees. One is a housing trust called The Dawson Trust. We have three little bungalows here in Brough and six little houses in Barnard Castle and they are for elderly single women. I'm a director of the Visitor Centre in Kirkby Stephen and I've actually just started volunteering there as well, meeting loads of people, some of them local, some visitors. It's great fun, especially as I still don't know how things really work!

Well I feel like I'm keeping you from your jobs, so thanks for talking to The WAY.

Pleasure – thanks for asking.

Charity collections

Edging Closer to Home with Donations

There has clearly been some late Spring clearing out in progress recently as we have had many lovely drop-offs in the porch and at the front door. Thank you to everyone who has given us things to find new homes for.

Eden Valley Hospice kindly collected from us recently and this is the local charity we have decided to support in the future as they have shops in Penrith and Carlisle which are easier to reach. Much as we have loved our trips to Blackpool we feel it is time to be looking nearer to home. However, we will be taking new toys to the Salvation Army in Blackpool before Christmas as they supply around 2,000 Christmas bags to local children. So, if any new toys arrive (gentle hint here intended!) that is where they will be going.

Finally, we are still sending things to Ukraine which are collected from us by a Trustee from the charity Hope and Aid Direct. They have again expressed a real need for toiletry items. Also, don't forget the Christmas bags which need to be with us by 1st October (see last month's copy of The Way for details). I know it seems a long way off but doesn't time fly.

Thank you in advance for your continuing support for all these charities.
Councillor Graham and Heather Simpkins.
T: 017683 42345 E: heather@heathersimpkins.com

Warcop Exhibition Excels Again!

Warcop's ninth Art & Craft Exhibition took place over the early Bank Holiday weekend and proved to be the most successful yet. The event showcases the art and craft talents of local people and has become an established feature of the local arts calendar. There were 45 exhibitors this year, an increase of almost 50% on previous years. This meant that space was at a premium while proving the growing popularity of the Warcop Exhibition. Almost 500 visitors flocked to the three-day event and sales were also at a record high.

Visitors were treated to a range of work of a very high standard, including artwork by every pupil from Warcop CofE Primary School. During the exhibition, there were workshops and demonstrations which visitors really enjoyed. Those who attended were asked to vote for their favourite piece of work during their visit with prizes going to the winners, including children from each class and the adult artists. Younger visitors also had an Art Treasure Hunt to complete with clues to find from all the work on display. The unique raffle consisted of art and craft works kindly donated by the exhibitors.

The exhibition is also renowned for the quality of all the refreshments on sale, with all items generously provided by local volunteers.

Organiser David Keetley said, "All thanks are due to our planning group - Peter Foskett, Elise Hendry, Joyce Keetley and Hazel Deighton, Dave Hendry for creating the slideshow, as well as all the brilliant work of the exhibitors, and for donating items for our raffle. I'd also like to thank everyone for all their positive comments."

These included: "Fabulous exhibition!" "Such talented people in the Eden Valley." "Absolutely wonderful exhibition and lovely friendly atmosphere – also great cake!" "What a wonderful way to spend a day!"

David Keetley added: "In addition, I especially want to thank the huge team of volunteers – nearly 50 of them – for helping to make this exhibition run so smoothly. Finally, a big thank you to all the staff and pupils at Warcop Primary School, and to Headteacher Sally Linsley, for her support and the use of the marquee."

Plans are already afoot for next year's exhibition, which will again run over the Early May Bank Holiday - 1st to the 3rd May 2027.

Prize Winners:

Most Voted for Adult Exhibitor:

**Joint winners: 3-D Printing –
Gill Parkinson
Rutter Falls photo – Hazel
Deighton**

School Children Prize-winners:

**- Reception Winner: Lottie
- Year 1 / 2 Winner: Florence
- Year 3 / 4 Winner: John
- Year 5 / 6 Winner: Finn**

Warcop WI

Traditional Rug Making Talk

Maureen Heron, President, opened the meeting and welcomed Patricia Bolton to give a talk on Rag Rug making.

Pat brought examples of her work and told us her love of Ragging started as a child when her mother gave her a frame belonging to her grandmother. Her father, a Methodist minister, considered it an acceptable activity. The family moved around the UK and many places abroad. Since being married she has continued her travels.

Prodding is the most popular others include Clipping, Pegging and Hooking. 350,000 tonnes of clothes are discarded each year and many of these could be recycled although modern materials are unsuitable. Prodding uses mostly wool from jumpers, blankets, old towels and T-Shirts amongst others and would be made into rugs, wall hangings, throws and artwork. Sacking would be put on a frame and the family would all contribute to the making. They would prod a hole, pull a piece of rag through and bring it back after 2 strands. This method gave it a good feel. New rugs were made for Christmas put in the lounge then moved to the kitchen and finally to the back door. Although you can now get plastic sacking if you see hessian

‘pick it up’ as it’s scarcer. As people were poor there are not many books covering the art. It is thought that the Scandinavians brought rugging to the UK.

Pat gave a demonstration of Hooking which uses a continuous length of material. We all tried our hand at prodding which brought back memories.

Several members brought examples and the competition was won by Mrs Mary Pratt for a heart made from her late mothers dressing gown.

Refreshments were provided by Jennifer Ramsden and Mary Astbury, birthday gifts were presented to Maureen Heron and Gillian Lancashire.

A business meeting followed and two resolutions were carried. Accessible Toilets and Support for British Wool.

No formal meeting in June but we will enjoy Afternoon Tea at Jennifer Ramsden’s home.

Warcop Parish Hall

Thursday 25th June

Penguin Lessons (12)

Doors open: 7.15pm Screening: 7.30pm

Tickets on the Door £5

Refreshments Served

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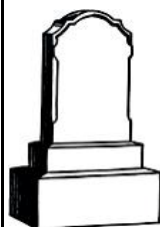
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COVER STORY – RUSHBEARING SEASON

Centuries old tradition revived and still alive

It's coming up to Rushbearing season: Warcop on the 29th June and Musgrave on 4th July. This month's cover shows one of the rush crosses carried by children during the traditional Rushbearing ceremonies. This tradition has a long history. The following piece is repeated from a delightful booklet produced by Musgrave Church Field Trust in 2014 – "Musgrave Church field and Tithe Barn" – edited by the late Mike Lea of Little Musgrave.

"Rushbearing takes place in Great Musgrave on the first Saturday in July (old Midsummer's Day), near the feast of St Theobald (d. 30th June 1066). This ancient custom dates from when churches had earthen floors, so villagers 'went forth to the moors, where they gathered bunches of rushes' for a sweet-smelling floor covering for the year. Rushbearing in Musgrave died out in the late 18th Century but the Rev. Septimus Collinson, the seventh son

of a local farmer and Provost of the Queen's College, Oxford, left instructions in his will in 1827 to revive the ceremony he had enjoyed as a boy. Girls with crowns of flowers and boys with rush crosses process from the village to St. Theobald's Church for a service, followed by tea and sports. Only five parishes in Cumbria maintain this colourful tradition, including nearby Warcop."

According to the website VisitCumbria.com the five parishes are:

- St Columba's Church, Warcop, 29th June
- St Theobald's Church, Great Musgrave, 1st Saturday in July
- St Mary's Church, Ambleside, 1st Saturday in July
- St Oswald's Church, Grasmere, Saturday nearest St Oswald's Day (5th August)
- St Mary and St Michael's Church Urswick, Sunday nearest St Michael's Day (29th September)

Our communities thus support a pretty unique tradition, something we should be proud of and happy to take part in. Rushbearing ceremonies are a fun way to spend time together, something which remains a very important part of community life.



Musgrave Rushbearing

Saturday 4th July 2026

Meet at the Village Institute at 2pm

Rushbearing is an old festival that is still celebrated in only a small number of churches throughout England.

Everyone is welcome to come along and experience such a unique local tradition.

After a short service it is back to the Village Institute to enjoy a cream tea.

We look forward to seeing you all.

Crowns will be available for collection on or after the 29th June from 'Corner House', Church Brough.

If any questions contact Jackie Featherstone
07763 126666

Warcop Rushbearing

Warcop Rushbearing will take place on:

Monday 29th June 2026.

The Warcop school children's procession will begin from the Chamley Arms at 2pm, and the church service will begin at 3.15pm at St Columba's church.

Cream teas will be served in the Parish Hall from 4pm.

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VIKINGS RETURN TO KIRKBY STEPHEN FOR LOKI FESTIVAL

Kirkby Stephen stepped back a thousand years this week with the Loki Festival on the weekend of May 9th - 10th, bringing Viking warriors, ancient legends and hands-on history to the heart of the town. Hosted by the Upper Eden History Society in partnership with Herlid Vikings, the festival celebrated Kirkby Stephen's rich early medieval heritage and the internationally significant tenth-century Loki Stone, one of the rarest Viking-age carvings in Europe.

Among the highlights were two replica Viking-age boats, craft stalls, and exhibitions exploring life in Upper Eden during the Viking period, including the story of the Loki Stone and the defeat of Eric Bloodaxe on nearby Stainmore. Several hundred people attended the Loki Festival on each day.

Each day, there was a display of Viking age arms and armour, a demonstration of the science of Viking age weapons, a mock battle in which the children of Kirkby Stephen defeated the Vikings, and a full scale skirmish.

On Saturday, Kirkby Stephen Scouts ran a FIKA stall in the cloisters, serving delicious Nordic beverages and a Scandinavian sweet treat created

exclusively for the Festival by the Scouts.

The festival weekend was preceded by special events on Friday 8th May, with Kirkby Stephen 'Walkers are Welcome' leading a four-mile guided walk through the surrounding medieval farming landscape. In the evening, renowned archaeologist Adam Parsons gave a talk on Viking-age life and his famous excavation of six Viking graves at Cumwhitton, complete with replica artefacts that attendees were able to handle.

Encounter Eden hosted a supervised community dig in the garden of the King's Arms Hotel, where discoveries of medieval artefacts were made.

Festival organiser Adrian Waite said:

"I am very grateful to everyone who helped to make Kirkby Stephen's first Loki Festival such a success. It was wonderful to see so many local people and visitors enjoying themselves while learning more about the Loki Stone and life in Kirkby Stephen during the Viking age."



Battling Against The Elements

I am writing this in the middle of May, having been this weekend to two plant swap and coffee mornings. One at the Carlbeck Centre in Lunedale and one at Stainmore Parish Hall. There was a good turnout at both and lots of plants changed hands and people were very generous with their donations. There were plenty of plants but a lot of vegetable and bedding plants were either small or not there at all. Everyone was talking about the horrible weather we have had this spring. Yes, we had sunny days at times but what the trouble has been is the Easterly wind and the very near freezing temperatures. No one can put their plants outside without protection from this weather and the plants are going, what we call, 'leggy' (growing to the light and turning spindly). Hopefully, this has now changed by the time you read this and things, although far behind are finally beginning to grow.

Not everything is in a sorry state. I started eating my first early potatoes

(Rocket) on the 9th May, thirteen days earlier than I usually do and they were delicious and just melted in your mouth. Adding my own winter cauliflower and purple sprouting broccoli to a farmers market chicken and stewed forced rhubarb, also from the garden, with custard, finished the meal. There is nothing any better. I had my first red strawberry today which cheered me up after another very cold afternoon. Of course these are also under cover in the polygreenhouse. The ones outside have not started flowering yet.

I was looking in my wildlife garden area and realized I still had quite a lot of daffodils still in flower. The tadpoles are growing well in the tubs but not seen any in the pond so must have been eaten by predators lurking around among the pond weed etc. However, on another good note the fruit trees have a lot of blossom this year and self-fertile ones will be ok but blossom that depends on insect pollination might be struggling as not many insects about.

(Thanks to Mary Wilson - Wilkinson House)

Ordination Service

Members of the Public are warmly invited to attend the ordination service on Saturday 27th June 2026 at Carlisle Cathedral at 11am. Rachel Milburn will be ordained deacon and licenced to the Benefice of Penrith and Newton Reigney.

Tea and biscuits will be served at the back of the Cathedral after the service. If you would like to attend, please contact:

Rachel.Milburn@carlisle-diocese.org.uk

revbgiblin@gmail.com

Historical Perspective

The origins of Stainmore Chapel

So called as being a chapelry of Brough parish. There was no church or chapel on Stainmore till 1608, but the building that housed it was there in the 1590's, founded by a Barras lad, now Lord Mayor of London, Sir Cuthbert Buckle. His will (1594), left £8 a year to have the Stainmore children taught to read, write and cast up accounts. The £8 a year (a large sum in 1594) paid for a school-master. His heir fought the will but lost. In 1600 the Court ordered him to pay the £8 to the School's Trustees.

The locals had a schoolhouse built at their own expense, and bought land for a playground. In 1608, the school also became the local chapel on Sundays, the school's Master to lead the services in it, on Sundays and Holy Days (during the week). In 1699 the lord of the manor, Lord Thanet, repaired the Chapel and built a separate schoolhouse nearby. He also took in from the Common a large piece of land called Slake Stones, let for £10 a year to the 14 Trustees to pay the Master, the profits from this land as extra pay. The Master-cum-Curate was to be appointed by the Earl of Thanet. Stainmore

Chapel's attendees were to go after lunch on Easter Day to Brough Church for Communion and in May to August, go there on 1st Sunday morning.

In later years, two farms were bought by gifts of the gentry to supplement the pay for the Curate. The Slake Stones Trustees regarded this land as their own. They paid £12 (rising to £15 by 1760) a year to the Curate. In 1764 the Earl and the Curate sued them for misuse of office. They replied it was only worth £10 a year (the case was heard in London, so they thought they could get away with it, as Londoners would not know the real value). In 1770 they lost; they were told to hand over the estate to the Curate, who at once upped the rent to £35 p.a. The farmers broke down his gates, killed or maimed his cattle, etc. at night. The Curate held fast. The Count sacked the old Trustees and appointed 14 new ones. By 1771, the Curate now would get £38 a year from its letting.

Source: *Nicholson and Burn's History of Westmorland and Cumberland 1777. Volume 1 by Dr Burn Vicar of Orton (Westmor.) a noted scholar. Volume 1 covers Westmorland. Volume 2, Cumberland, is by Joseph Nicholson, lawyer, Dalston. Reprinted in 1976.*

Many thanks to Jeremy Godwin

Binder String

(in Yorkshire dialect)

This is a folk poem, author unknown, but believed to have originated in Lincolnshire. As with all oral traditions, it has migrated around, seemingly northwards in this case.

(Many thanks to Bernard Staley from Brough Sowerby, for sending it in.)

Dusta ken Bill Bates that used to work
Fer Drake at Badger's end?
Tha warnt a tool about that spot
That fella couldn't mend.
Fra a hayfork tiv a harvester, or ony mortal
thing.
Aud Bill allus fix it wi' a bit o' binder
string.

Ya day t'Friesian bull got out
And he rave an' tore around.
Nay-yan dust gan near him
As he roven up the ground
Till't Boss shouts "Bill, t'bulls gitten out, an
he's gone and brok his ring",
Si Bill lassoed t'auld beggar, wi a bit o'
binder string.

Now Bill courted Mabel seven year
An' then said "Let's get wed!
A've got a table and sum chairs
An' Granny's feather bed,
An' there's half a ton of taties in yon field
that A' can bring,
An A've med sum gey gud door mats out o'
bits o' binder string".

Si Mabel said, "We'd best get wed
Afore they cut the hay",
So they had a slap up wedding
On the 17th of May.
But when Bill got t'id Church he fund he'd
fergitten t'ring
An' he had to marry Mabel wi' a bit o'
binder string.

Next year a little dowter came
To bless the happy pair
Wi' gert blue eyes like saucers
An' a tuft o' ginger hair.
An' Bill, he said ti'd Parson at babbies
christening,
"See, her hair be just the colour o' a bit o'
binder string."

So time went by an' aud Bill deed
An' he cum ti Heaven's door;
He heerd the angels singing there,
An' he was wurrid sore.
He said ti good St. Peter "A' never larned ti
sing,
A' was allus kept ower busy mending things
wi' binder string!"

"Don't worry," good St. Peter said,
The good Lord understands,
He used to be a carpenter
An' likes folk to use their hands,
We need a handy chap like thee; we've
plenty as can sing,
You're varra, varra welcome here, have ya
browt some binder string?"

So Bill do bide in Heaven now,
He's varra happy there,
He's got a little workshop
Just behind St. Peter's chair
An' while all the angels play their harps, an'
all the saints do sing,
Bill mends the little cherubs' toys, wi' bits
o' binder string.

Double Win for Local Businesses

Following last month's Big Interview in The WAY, Daisy Rocke can proudly announce that she is a winner in the "My Local Awards" poll of customers for 2026, with **Rocke & Roses**, in the category "Gift Shop of the Year".



In her own words...

"It all came out of the blue really for the award, and winning it more so! I was (presumably) nominated by a kind customer, but I'm yet to find out who! I did spread the word about voting on my social media, as I was informed by email that I'd been nominated. People seemed really up for voting, which felt good! I had no idea that I'd go and win it though!"

It's always nice when you receive awards like this, as working independently or running your own business can sometimes make you feel like you've got 'imposter syndrome' and the doubt about how you run your business can creep in.

I just want to say, a massive thanks to all my customers who support me and enjoy both the floral work I do and the vintage/secondhand side of the business too."

NOT ONLY, BUT ALSO...

Also winning in the same awards, is **Ivy Cottage Bakery** of High Street, Brough, who has been awarded Local Bakery of 2026 for the whole of Cumbria. Mike is particularly chuffed that this is not a judged competition but based solely on customer votes. Again, in his own words, Mike says...



"I'm a local, self-taught, multi-award winning baker. I make everything by hand, use seasonal, local ingredients with some local flours. This is the latest of my awards and is rather special as it was down to public (customer) voting rather than submit a loaf for judges appraisal. I've been baking and delivering my bread around the Upper Eden Valley for 9 years and have a very loyal and appreciative core of customers."

Here at The WAY Towers, we're particularly privileged to have the waft of roses and focaccia drifting down our street, and extend hearty congratulations to both Daisy and Mike for their successes.



WARCOP PARISH HALL

Air Ambulance Bag Collection & Coffee Morning Saturday 11th July 2026 10 – 11:30am



Please donate your unwanted items to support the Great North Air Ambulance (GNAA) charity and help them to save lives in our rural area. They need £9.3m per year to maintain the service and so far we have raised over £7,000 from our collections.

Visit: www.greatnorthairambulance.co.uk for more information.

Do then join us at our Coffee Morning with tea/coffee and biscuits, bacon rolls and veggie alternatives! All proceeds from the Coffee Morning also go to the Air Ambulance charity.

The GNAA charity now works with Clothes Aid <https://clothesaid.co.uk> Please note that bags will only be available in the newspaper boxes in Sandford and Warcop and at the Parish Hall. (Ignore any day printed on the bag.) Kindly leave bags/items *outside* the Hall ready for the van collection at 11:00am. More bags available by phoning 017683 41390. Their list of acceptable items is very different from previous ones so please read carefully!

We CAN accept:

In terms of clothes, we love to see high street and designer women's, men's, babies and children's clothing, outerwear, underwear, pairs of shoes (tied together), accessories including hats, belts and bags.

Besides clothing, we also collect the following items of household goods and bric-a-brac:

Small Bric-a-brac:

- Ornaments and trinkets
- Children's toys and games
- Paired curtains
- Bedding
- Mobile phones and tablets
- Books
- CDs and DVDs
- Pots and pans
- Digital cameras
- Towels

- Stationery and notepads
- Paintings and antiques
- Hand tools
- Cutlery and crockery
- Board games
- Kitchenware
- Bathmats
- Pet accessories
- Household linen

Large Bric-a-brac:

- Anything that cannot fit into carton boxes:
- big toys,
- gardening tools,
- big vases,
- vacuum cleaners,
- prams,
- baby walkers,
- kids bikes
- car seats
- sport equipment.

- TVs or monitors, microwave ovens, vacuum cleaners (electronic items must be in working condition)

We CAN'T accept:

We only handle quality textiles, accessories and household bric-a-brac. Unfortunately, we don't deal in textile rag resale so we can't collect damaged, ripped or broken items, nor carpets, furniture and soft toys. We also cannot take school or work uniforms with logos.

Some examples of items we do not collect include:

- Beds (of any size),
- Christmas trees
- Mattresses
- Used duvets or pillows
- Hazardous liquids
- Taxidermy
- VHS tapes

Upper Eden First
Responders

A Thank You to Our
Generous Supporters

A heartfelt thank you goes out to the many generous donors who have helped the Upper Eden Community First Responders raise enough funds to begin replacing vital community defibrillators across the region. This incredible show of support is already making a tangible difference, with the first replacement successfully installed in Ravenstonedale.

Defibrillators are a crucial part of emergency care in rural communities like ours, where response times for emergency services can be longer. Having accessible,

well-maintained equipment close at hand can save lives - and thanks to the kindness of local residents, businesses and community groups, this lifesaving network is now being strengthened for the future.

The Upper Eden Community First Responders (CFRs) are a team of dedicated local volunteers who provide immediate care during 999 medical emergencies. Their work ensures that help is on hand in those critical early moments before ambulance crews arrive.

In addition to responding to emergencies, the CFR team is passionate about empowering others with the skills to act confidently in a crisis. They offer basic life support and defibrillator

training to local organisations, clubs and community groups. These practical, hands-on sessions not only build confidence but also help create a more resilient and prepared community. Donations from training sessions go directly towards funding essential equipment and ongoing maintenance of defibrillators.

If your organisation would like to arrange training, or you're interested in joining the team as a Community First Responder, further information can be found at <https://uppereden.org.uk>, on Facebook at *Upper Eden Community First Responders*, or by contacting Bryan at palphreyman@gmail.com

Quiz Answers

- | | |
|-----|---------------------------|
| 20. | Marilyn Monroe |
| 19. | Portsmouth |
| 18. | France |
| 17. | The miners |
| 16. | Bolton |
| 15. | George Martin |
| 14. | Michael Bond |
| 13. | E. H. Shepard |
| 12. | Eric Morecambe |
| 11. | Balmoral |
| 10. | Vehicle mechanic |
| 9. | Yugoslavia |
| 8. | Kenya |
| 7. | George 5 th |
| 6. | A barn owl |
| 5. | Princess Anne |
| 4. | The Old Grey Whistle Test |
| 3. | 1967 |
| 2. | Rwanda |
| 1. | Zoo Quest |

WHO BRINGS YOU 'THE WAY'?"

The Way is staffed entirely by volunteers as a community resource and discussion magazine, featuring information and articles about Brough and surrounding areas, events, pastimes etc, involving or affecting local people.

Article suggestions:
thewayeditor305@gmail.com

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Finance	-	Jo Owen
Advertising	-	Joan Lennox
Printing	-	Andrew Miller
		Janet Jenkins
		Eleanor Featherstone
Contributors	-	General population

DIARY DATES

JUNE

3 rd Wed	Lunch Club	Brough Sowerby Chapel	12 noon
3 rd Wed	Domino Drive	Stainmore Parish Hall	7.30pm
6 th Sat	Coffee Morning	St Stephen's Ch, Stainmore	10.30am
6 th Sat	Soup & Sweet & Sale	St Stephen's Ch, Stainmore	12.30pm
6 th Sat	Stainmore Sheep Show		11am
7 th Sun	Salad & Sweet Lunch	Kaber Village Hall	12 noon
9 th Tues	Coffee Evening	Brough Sowerby Chapel	7pm
11 th Thurs	Stainmore Gardening Grp	Wilkinson House	7pm
13 th Sat	Coffee Morning	Warcop Parish Hall	10am
19 th Fri	Quiz	Brough Memorial Hall	7pm
20 th Sat	Brough Farmers' Market	Brough Memorial Hall	9am
20 th Sat	Coffee Morning	Kaber Village Hall	10am
24 th Wed	Craft session	Warcop Methodist Chapel	10am
25 th Thurs	Open Afternoon	Brough Pre-school Nursery	2pm
25 th Thurs	Stainmore Gardening Grp	Stainmore Parish Hall	7pm
25 th Thurs	Cinema	Warcop Parish Hall	7.15pm
27 th Sat	Midsummer Social	Musgrave Parish Institute	6.30pm
29 th Mon	Warcop Rushbearing	Chamley Arms	2pm

JULY

1 st Wed	Lunch Club	Brough Sowerby Chapel	12noon
4 th Sat	Coffee Morning	St Stephen's Ch, Stainmore	10.30am
4 th Sat	Musgrave Rushbearing	Musgrave Parish Institute	2pm
11 th Sat	Coffee am & GNAAS	Warcop Parish Hall	10am
11 th Sat	Summer Family Bingo	Kaber Village Hall	4pm
18 th Sat	Coffee Morning	Kaber Village Hall	10am
25 th Sat	Art in the Mart	K Stephen Auction Mart	10am
26 th Sun	Art in the Mart	K Stephen Auction Mart	10am
29 th Wed	Craft Session	Warcop Methodist Church	

WEEKLY EVENTS

Mondays: Monday Club, 1.30 – 3.30pm in Brough Methodist Church Schoolroom
Mondays: Table Tennis Club, 6.30 – 8.30pm in Warcop Parish Hall
Mondays & Thursdays: Brough Methodist Chapel Library, 9am – 3.30pm in the Chapel
Tuesdays: Craft Group, 6.30 – 8.30pm in Kaber Village Hall
Thursdays: Foyer Café, 9 – 11am in Warcop Parish Hall (butcher & Post Office 9-10am)
Fridays: WOW Craft Group, 1 – 3pm in Brough Methodist Church Schoolroom
Fridays: Bat & Chat, 1.30 – 3.30pm in Warcop Parish Hall



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USEFUL CONTACTS

DOCTORS and HOSPITALS

Upper Eden Medical Practice	017683 71369
Appleby Medical Practice	017683 51584
Cumberland Infirmary, Newtown Road, Carlisle	01228 523444
Penrith Community Hospital, Bridge Lane, Penrith	01768 245555
Westmorland General Hospital, Burton Rd, Kendal	01539 732288

VETERINARY SURGEONS

Pendragon Vets, St Luke's Rd, Kirkby Stephen	017683 71359
Old Hall Veterinary Centre, Appleby	017683 51507

SCHOOLS

Brough Community Primary School	017683 41284
Warcop C of E Primary School	017683 41471
Kirkby Stephen Grammar School	017683 71693

POST OFFICE

Kirkby Stephen	Monday – Saturday	0345 7223344
	8.45-5.00pm (Sat 9.00-1.00)	

GENERAL

Upper Eden Visitor Centre, Kirkby Stephen	017683 71199
Community and Council Centre, Kirkby Stephen	01768 812775
Public Library, Kirkby Stephen	01768 812045
St Michael's Church Hall Bookings; Tucker Dobson	017683 41439
Memorial Hall Bookings; info@broughmemorialhall.co.uk	

CLERKS TO PARISH COUNCILS

Brough	Mr. Andrew Bedford	07469 966839
Musgrave/ Warcop	Mrs. Heidi Strong	07810 523186
Stainmore	Miss Janet Walton	07966 248501
janetwaltonstainmore@yahoo.com		

CLERK TO PARISH MEETING

Brough Sowerby	Bryan Palphreyman	
bspmclerk@gmail.com		07713 031087