

# THE WAY

February 2026



Your guide to local services, events, clubs and gatherings.  
Brough and surrounding villages

<p><b>IAN HUTCHINSON</b>  <b>Garden Services</b>          Lawns mowed, Hedges cut          Gardens Tidied  <b>017683 71008 or 07966948496</b>          Excellent references</p>	 <p><b>THE WILDING</b>          STAY • DINE  <b>MAIN STREET, BROUGH, CA17 4AX</b>          Coffee/Scones/Cakes          Lunch (Weds-Sun) Served 12-5pm          Evening meals (Weds-Sat) 5-8.30pm          Sunday Roast 12-8.30pm          Licensed Bar</p>
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# A Style Guide for Happy New Year Greetings

I have a personal rule for saying “Happy New Year” to people, and that rule is “January”. It’s not so simple though.

If you’re talking to somebody you know well for the first time in January, then really any point up to January 31<sup>st</sup> is good for saying “Happy New Year”. If there is someone you know well who you haven’t yet said happy new year to and you wish you had, but it’s the end of the month, then you are well within your rights to email or WhatsApp them at 23.59 on the 31st with the magic three words. Whether they read it at that point is neither here nor there – you’ve done your bit.

If you know somebody on occasional nodding terms, say...another dog walker, but it’s late January, don’t blurt out “Happy New Year”. It’ll seem weird and pointless, and you may have forgotten that you saw them on New Year’s Day already. If you’re reading this and it’s February, forget it. Just don’t go there!

We are past the quarter century mark in the 21<sup>st</sup> century now. It means that any child born today should, barring pestilence, war, famine and murder, and other obstacles to longevity, easily reach the 22<sup>nd</sup> century, and still only be 74 years old. I love these ‘hands across history’ situations. I have had first-hand accounts of life in occupied

France in the 1940s passed onto me from my mother, and I knew many of her elders, from 19<sup>th</sup> century rural France, with tales of the First World War.

Why mention this sort of longevity? Because oral history remains important, and the children of those born this year may get to witness the 200<sup>th</sup> anniversary of Brough Memorial Hall, and all the other ancient community buildings still being made viable by the good villagers of our readership community today, and those buildings will still be standing and in use as a point of gathering in 2126. They will hear about the efforts through time from their ancestors, and who knows, there may still be quizzes and whist drives in order to raise funds for the teleporting station. Also in 2126, the A66 may even be complete.

Anyway, Happy New Year from The WAY (I know the date when I wrote this, just in case you’re reading this mid-February).

(The Ed)

## QUIZ NIGHT

+ supper

Brough Memorial Hall

Friday March 6<sup>th</sup>

More info next issue

## METHODIST CHURCH TIMETABLE

DATE	CHURCH	TIME	REV / SPEAKER
1 <sup>st</sup> February	Warcop	10.30 am	J Betts
8 <sup>th</sup> February	Warcop	10.30 am	Newlove
15 <sup>th</sup> February	Warcop	10.30 am	J Riley
22 <sup>nd</sup> February	Warcop	<b>15.00 pm</b>	R Watson

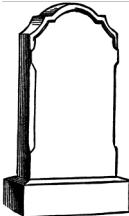
DATE	CHURCH	TIME	REV / SPEAKER
1 <sup>st</sup> February	Brough	10.30am	Service at Brough Sowerby
8 <sup>th</sup> February	Brough	10.30am	J Worsfold
15 <sup>th</sup> February	Brough	10.30am	D Askew
22 <sup>nd</sup> February	Brough	10.30am	Service at Brough Sowerby

DATE	CHURCH	TIME	REV / SPEAKER
1 <sup>st</sup> February	Brough Sowerby	10.30am	L Riley
8 <sup>th</sup> February	Brough Sowerby	10.30am	P Carter
15 <sup>th</sup> February	Brough Sowerby	10.30am	Service at Brough
22 <sup>nd</sup> February	Brough Sowerby	10.30am	J Worsfold

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New Year, New Beginning in the garden world

## **A gardener's view from the wilds of North Stainmore**

I always have great expectations on January 1<sup>st</sup>, the beginning of a brand new year and this year is no different. I have written all my lists of things to achieve this year and set out my plans.

All my seeds and tubers have been ordered, delivered and sorted into date order of sowing or planting. The raised beds are mainly emptied ready for new crops except my winter brussels and leeks still outside with a few root crops and sprouting broccoli. Also my winter cabbages and cauliflowers in the polygreenhouses are growing steadily, along with my winter onion sets I planted in October, which have 6 inches top growth.

I bought some organic fruit tree treatment to spray over my apricots and peaches to rid them of spider mites and bugs as last year I had a late infestation, so I'm ready this year to stop it happening. You spray the trees when they are dormant and again before the bulbs open. Not tried it before, so not sure how it will go.

I will be planting my very early potatoes in February again this year and hope I have as good a crop as last year.

Still eating my stored potatoes, onions marrows/courgettes and apples. I keep checking and removing any rotten ones to stop the rot spreading to others and take the sprouts off the potatoes to keep them firm for eating, right up until my very early ones are ready in May.

I still have a few items to remove from my large allotment at Toaves in Kirkby Stephen before I give it up after 20 years. I still have my small one so will be able to keep in touch with all the other allotmentees. At present all is at a standstill because of the hard frost and the bitter winds we are having. So there's nothing for it but to stay inside nice and warm and do lots of planning and wishful thinking.

Never a dull moment.

*Mary Wilkinson.*

## **A fresh and welcoming feel for 2026**

We are delighted to share that the Parish Hall now has a brand-new carpet, giving the hall a fresh and welcoming feel. It's all ready once again for birthday parties, meetings, yoga sessions and other community activities.

We've also met with the electrician to discuss dates for installing new heaters, which will make the hall warmer and more comfortable for everyone throughout the year. The hall continues to host a range of regular activities:

Dominoes – first Wednesday of the month

Craft and Chat – every Wednesday, 1–3pm

Gardening Group – second Thursday of the month

Looking ahead, 2026 is shaping up to be a very good year for Stainmore Parish Hall, with several exciting renovations planned and gradually coming to fruition. We look forward to sharing more news as plans progress and thank everyone for their continued support of the hall.

Contact : 07968851660

### **BROUGH FILM CLUB.**

We started our 2026 season with an old favourite, Calendar Girls.

This will be followed up in February by...

Mr Holmes. Cert.PG.

Sunday 25th February.

Doors open 2.30 for 3.00pm.

Ian McKellen stars in this film which focuses on the man behind the mysteries. While it may lack Baker Street thrills, it more than compensates with tenderly wrought, well acted drama.



## Musgrave Parish Institute

### Happy New Year to Everyone!

We finished 2025 with a very successful Domino Drive just before Christmas, thanks to all those who attended, provided prizes, and served refreshments. We then had a New Year's Eve party, which was great fun, with thanks going to David Ewin for running the quiz, and Rachel and Andrew Wells for supervising the games. Not sure all rules were always followed, but we enjoyed them! Good food as always provided by everyone, and we had a good time.

We have been able to install our new heating system, which is now up and running, and is a great improvement on the old one. Excellent timing! Thanks to Steve Chester for doing the works, and a massive thank you to the Parish Council for their generous contribution.

We are looking forward to 2026, with all our usual events, the Duck Race and the Annual Show, as well as a Whist drive on January 23rd at 7.30, and hopefully others to come. The Institute is also available for hire for weddings, funerals, parties, craft and art sessions. Please email [musgravevillagehall@gmail.com](mailto:musgravevillagehall@gmail.com).

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### A Wet Night for Musgrave New Year's Whist Drive

Despite another wet and windy evening there was a decent turnout for the Whist Drive held in Musgrave Parish Institute on 23<sup>rd</sup> January. A wide selection of prizes, 7½ tables of players and an excellent homemade supper made for a very enjoyable evening. The winner of the evening was Kate Allison with a top score of 191. At the other end of the scale was Peter Brunsell who won the booby prize with 142.

Other prize winners were: Ernest Harker, Liz Finerty, Julian Finerty,

David Hodgson, Margaret Fawcett, Sally Hanna, Sam Fisher, Neil Barker, Janet Jenkins, Chris Pearson, Julie Allen, Tim Wells, Kath Robinson, Nancy Taylor, James Pearson, Nicola Steadman, Eric Robinson, Mick Watson and Lilian Fisher.

Many thanks to MC Eric Robinson, to all those who kindly donated prizes, to the Musgrave ladies who provided food for the supper and to Karen and Anita who served it.

## Great Musgrave news

### A New Memorial Trophy for Musgrave Domino Drive

A silver cup donated by the Watson Family in memory of Hazel Watson was an added incentive for players at Musgrave Christmas dominoes held in December. Hazel, who was a keen dominoes player, sadly passed away in 2024 having lived in Great Musgrave for over sixty years. Her son, Mick, presented the new 'Hazel Dominoes Trophy' to the top-scorer of the evening Ethel Blenkarn. Close runner-up was Kirsty Deighton who although missing out on the trophy by a whisker, came away with a hamper of groceries.

Despite very wet weather there was a good attendance with eighteen tables including a mix of novice and experienced players. Clear instructions by MC David Ewin and helpful advice from the more experienced players made sure that everyone had an enjoyable evening

with plenty of good-natured banter. Refreshments were served at half time and a raffle was held.

Other prize-winners were: E Braithwaite, T L Wilkinson, Rita Smith, Euan Morrison, Ruth Brown, Linda Balmer, Raymond Elliot, Barry Westgarth, Chris Ellis, Barbara Wilson, Lilian Fisher, Tim Davies, Andrew Bateman, Janice McWhirter, Andrew Balmer, Julian Finerty, Duncan Clapham, Sophie Clapham, Mick Watson, Sandra Watson and Sally Hanna. The booby prize for those aged sixteen and under with the lowest score was shared between Elizabeth Steadman, Thomas Tunstall and Elliot Morrison; and the booby prize for lowest scoring adult went to Thomas Savage.

Musgrave Parish Institute committee would like to thank all who contributed to make such a successful evening.



The Kirkby Stephen and Upper Eden Community Newsletter is available in Great Musgrave. Copies can be collected from the noticeboard by the village institute.

## St Columba's, Warcop with St Theobald's, Musgrave

### February 2026

1 <sup>st</sup>	9.30am	Holy Communion, St Columba's Church, Warcop
8 <sup>th</sup>	9.30am	Morning Praise, St Columba's Church, Warcop
15 <sup>th</sup>	9.30am	Holy Communion, St Columba's Church, Warcop
22 <sup>nd</sup>	9.30am	Morning Praise, St Columba's Church, Warcop

## Brough Methodist Chapel groups and services

### **The Monday Club**

Would you like to play dominoes or cards on a Monday afternoon? We meet in the Schoolroom of Brough Methodist Church from 1.30 to 3.30 and everyone is welcome. £3 per person includes refreshments and lots of chat as well.



Any questions, please contact: 017683 42345 or [heather@heathersimpkins.com](mailto:heather@heathersimpkins.com)

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### **WOW**

The WOW (women of wonder!) craft group meets every Friday afternoon from 1pm to 3pm in the Schoolroom. You can bring your current project, or take part in the different craft activities we occasionally try out. All this plus refreshments and chat for only £2.

More info? Contact Krissie on [krissie.pipe@outlook.com](mailto:krissie.pipe@outlook.com) or 017683 41923.

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### **Brough Methodist Chapel library**

This FREE community library for everyone to use, is situated in the Chapel on the High Street and is open on Mondays and Thursdays from 9.00am to 3.30pm.

There is something for everyone, and you may take as many books as you like – just bring them back when you are ready to take some more.

This is a wonderful facility to have within our community so don't hesitate to use it.

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## WARCOP AND SANDFORD W.I.

### DECORATION DEMONSTRATION

Mrs Maureen Heron (President) welcomed members to the December meeting and introduced our guest Mrs Carola Frank. Carola began with a demonstration on how to make a glass Christmas tree decoration or a glass candle holder. Carola had prepared all the glass and coloured decorative pieces; glue; and sprinkles we needed so, 'no cut fingers!'.

Everyone thoroughly enjoyed the evening and Committee members provided refreshments and a lovely assortment of festive treats.

### Warcop Art & Craft 2026

This is just an early heads up for you to save the dates for the 2026 Warcop Art & Craft Exhibition. Nearer the time, as a friend of Warcop Parish Hall, official invitations to attend the exhibition itself and especially the Private Viewing Evening, will be issued. The key dates for your diary will be ***between May 1st – 4th 2026***.

The exhibition has gone from strength to strength since the first one in 2016 and exhibitor and visitor numbers have grown. The organisers really hope to see you in May. More to come in forthcoming issues of The WAY.

### THE WAY needs *You!*

THE WAY is a valuable community resource which is entirely put together by volunteers and always needs contributors in various capacities—sourcing stories, writing stories, helping with production and/or distribution, finding new outlets..... the list goes on. A few minutes of your time per month could go a long way.

**IS THIS YOU? Email: [thewayeditor305@gmail.com](mailto:thewayeditor305@gmail.com) if interested**

## Appreciation for the Warcop Christmas Winter Wonderland

I am sure I am not alone in wanting to thank most sincerely all those volunteers who made Christmas Day at the Warcop Parish Hall so enjoyable.

It was very good of you all to give up several hours away from your own homes to make it an extra special day for us.

I was a beneficiary at the event which has been held over the last few years for folk who may be spending Christmas on their own for one reason or another in the local area.

Apart from the delicious food on offer there was carol singing, a quiz and party games, rounded off by a visit from Santa Claus with a present for all.

*Cheers to you all*

Carole Judson

### **Christian Aid Week 2026** **9<sup>th</sup> to 15<sup>th</sup> May**

### **CHANGE TO LOCAL CO-ORDINATION** (Liz Botterill)

Over many years our community here in the Eden Valley has given tremendous support to Christian Aid, especially during Christian Aid Week which is scheduled in May each year. Much of the fund-raising locally has been generated by house-to-house collections which is dependent on a team of up to forty volunteers.

I am resigning as co-ordinator for Christian Aid week after twenty years at the helm. For most of these years Rosemary Turner has been assisting in all aspects of the work not only to raise money for Christian Aid but also to increase the awareness of global poverty. We

were especially pleased to give presentations to local primary and secondary schools, which was an education for us too!

If anyone is interested in taking the role of Christian Aid Week organiser now is a good time to start.

Materials can be ordered from mid-February onwards and the details of the project being adopted will be available from then on. Please contact me or Rosemary for more information. I can pass on details of previous Christian Aid Weeks. Churches Together has supported the work of Christian Aid and will continue to do so in whatever way is feasible. Many thanks to all who have helped and encouraged us in this work and contributed in countless ways.

Liz Botterill 017683 72973  
Rosemary Turner 017683 72554

For information. [christianaid.org.uk](http://christianaid.org.uk)

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**Sunday 15<sup>th</sup> February**

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**Thursday 26<sup>th</sup> February**

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**Monday 9<sup>th</sup> March**

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**Sunday 22<sup>nd</sup> March**

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## Ukraine, Africa, Blackpool, Appleby – aid across the globe from Brough

Since the last copy of The Way went out we have had one trip to the Salvation Army and Care and Share in Blackpool with a carload of items. Also the Trustee from Hope and Aid Direct has collected another whole vanload of coats, blankets, knitted items, toiletries etc. which will shortly be on their way to Ukraine.

Thank you to everyone who brings items to us. Rest assured they are all found new homes where they are greatly appreciated.

We also still accept spectacles for the Lions who then send them on to Africa, and bric a brac for Age Concern in Appleby. If you have unwanted NHS items we still take those too.

A huge thank you to everyone in our community for your generosity.

Councillor Graham and Heather Simpkins  
[heather@heathersimpkins.com](mailto:heather@heathersimpkins.com)  
017683 42345

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## Striving for the Holly

*by Jeremy Godwin*

(history behind the burning holly tree on the cover of the Dec/Jan edition)

The best summary is in Mannix's Directory of Westmorland, 1851, pages 143-144, who says it began as a religious custom acting out the star whose light guided the Wise Men to Bethlehem, in this case along Market Brough's long street and so to the parish church in Church Brough. Candles were lit and fixed to the branches of a holly (or other) tree newly cut down, and pulled through the town, all present trying to help by pulling it along. That was its start in the medieval era. It was done on Twelfth Night when the Wise Men reached Bethlehem.

By the early 19<sup>th</sup> century, and probably since the 1530's, after which it would have been deemed Popish

idolatry and suppressed in its original form, the part that went to Church Brough had been cut short and the procession had become a rumbustious rowdy free-for-all. The holly tree lighted still made its way along, but as a pub-crawl. Brough had 7 pubs in 1829 and 9 in 1851. Each (or most) of them promised free beer to those who brought the holly tree to them, being good for trade. Eventually the tree caught fire and the evening ended in liquor and most likely, some hanky panky. Many in it lost their coats or hats pulled off in the scrum. All this in a dark Brough, lit only by one of the fourteen oil lamps along the street, and by lights in people's houses.

Times change even in Brough, and by 1900 the 'Striving' was no more. It could be revived however. Stromness in Orkney has lately revived the Yule log-pull, on New Year's Eve, North v South, a great success.

# The BIG INTERVIEW

## OUT OF EDEN



*The WAY begins a series of interviews with high profile people of the Eden Valley. To begin, Ian Hartley, owner and director of Out of Eden, which he founded with his wife Janet in 1993.*

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### **The WAY (TW)**

First of all Ian – happy New Year

### **Ian Hartley (IH)**

You too, and to all readers of The WAY

### **(TW)**

So why did you start Out of Eden?

### **(IH)**

Janet and I came to the area as part of Maranatha Ministries in Barras, with Derek Cook, who some readers may remember. But I left, and needed to work and I knew a rep who had supplied bedding and fitments to my parent's business at the Temple Sowerby Hotel. He was retiring, so I bought his business off him. In the early days I drove a van around the Lake District, knocking on doors for sales and

deliveries. The proximity to the Lakes was vital, and to start with, we only did the Lake District.

### **TW**

So are you still working every day?

### **IH**

I go to work on Tuesday for 4 hours. I go to talk to people and find out what's going on. And I talk to every member of the team.

### **TW**

What does Out of Eden actual sell, and how far is your reach?

### **IH**

We cover the whole country – literally from the far north of Scotland to the south west of England. Everything you might need in a bedroom or bathroom in a B&B or hotel is what we sell. I was very fortunate when we started, which was just pre-World Wide Web, as I bought a mailing list for every single B&B and hotel in the UK. In those early days we just mailed them all. Now we are starting to deal with some of the big chains, but to do so we need feet on the ground – it can't be done initially via the web, so we have a team of reps around the country. The Lakes is still our number 1 area followed very closely by south-west England.

**TW**

You have a 75-strong team now – how has that grown over the years, and what do the team members actually do at the main premises in Eden?

scheme if people didn't bring a car. This has now extended to cycling and car sharing, with certain numbers of days without a car, being rewarded with additional holiday.

**IH**

We moved with just five colleagues to our current location, Home Farm, in 2001. Within a year we had ten, and it's gradually increased since then. Jobs include warehousing, picking and packing, admin, sales and customer services.

**TW**

Do you exclusively employ local people?

**IH**

Virtually everyone is from Brough, Appleby or Kirkby Stephen, or points within.

**TW**

And why do you think Out of Eden has been so successful?

**TW**

And if people in our area want to work for Out of Eden, what should they do?

**IH**

Servicing the exact needs of the clients in terms of products, and really paying attention to their demands and feedback, as well as looking after the whole team as best we can. These were Janet's area of expertise. My son Guy, who will be managing director from April this year, said that I was the reason the company started, but Janet was the reason it stayed in business.

**IH**

Contact the HR team through our website. Even if we are not advertising a vacancy, it is always worth getting in touch to express an interest, as we are always on the lookout for good people from the Upper Eden area.

**TW**

Thank you for talking to The Way Ian, and best wishes for 2026.

**TW**

You operate a walk-to-work incentive scheme. How did this come about?

*(Readers – please note that the editor is especially grateful to Ian Hartley for this interview. Ian did not walk out during the conversation, despite a teabag being left in his mug of tea!)*

**IH**

When we were having expansion work done we ran out of car parking space, and Janet suggested having an incentive

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**Sundays 5.00 - 8.00**



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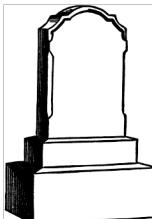
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## Report on Upper Eden Medical Practice Patient Panel Meeting

### Fiona Alderson – Patient Panel member

As you may know, there is a voluntary Patient Participation Group with the Upper Eden Surgery in Kirkby Stephen. It is so informative and it's so good to listen and especially to be listened to, and action is often taken on our suggestions and observations. There is also always a talk from a health professional

We are all part of the community and the surgery staff do their very best under difficult circumstances - hence inviting volunteers to take part.

Our last meeting was on 25<sup>th</sup> November, when 10 volunteers attended along with 3 surgery staff and 3 health professionals.

### Staffing update:

2 new GP's started in December,

Dr Rahman Hassan who will practise Mondays, Wednesdays and Fridays

Dr Pho Wha Wha who will do the locum shifts.

Both Dr Abba and Agbarakwe have now left.

Dr Tim Young is retired but may do some locum work.

Receptionist Carole Rawlins has left but Nicole has started.

### Cancer Care Co-ordinator

We met Hayley Maniura, a Cancer Care Co-ordinator who works for all 10 practices in the Eden Primary Care Network. She introduces herself to patients approximately 4-6 following weeks following diagnosis. Hayley can be of great help and comfort with advice on what support is available, benefits referrals, hospital transport, attending appointments etc. She can also arrange 'bank' work force for farmers who need to attend appointments and therefore will need help on the farm.

Continued on P20

## Drug dispensing times

There was concern from one of our patient panel that dispensing of drugs at the surgery is sometimes longer than the 5-day turnaround. We were told that this has significantly improved as the dispensary is now fully staffed. For the first time over the Christmas holiday period the dispensary piloted dispensing 2 months supply of meds for any patients who were on 6 or less items and who get the same every month as it would free up

dispensary time over the Christmas period when it was a shorter week.

*(Editor's note – this is a great resource which we aim to report some detail about in every forthcoming issue of The WAY. Thanks to Fiona for this month's contribution.)*

## **Warcop Parish Hall**

**Thursday 19<sup>th</sup> February**

**Juror #2 (12A)**

Doors open: 7.15pm

Screening: 7.30pm

Tickets on the Door £5

Refreshments Served

**CINE NORTH**

## **Warcop Parish Hall With Pie, Peas and Pud!**

**Friday 27th February,**



**7.30pm**

Maximum of 6 per Team &  
Prizes for Top 3 Teams

Licensed Bar

£10 per person Raffle

**To book:**

Ring Pat on 017683 41288 or  
Contact Caroline on  
07929217082 or email at  
[caz.cotehouse@yahoo.co.uk](mailto:caz.cotehouse@yahoo.co.uk)  
by midday on Tuesday  
February 24th  
(meat or vegetarian pies  
available)

## Pennine Young Farmers' Club

Pennine YFC had a brilliant end to 2025 with their annual Christmas tractor run. In total we had 66 tractors entered and a great turnout in all the villages on route! We raised £5,742.64 through our raffle, entries and donation buckets! First place for best decorated tractor was Amie Winder and family, second place was David Hewitt and family, and third place was Stuart Dargue. Best dressed driver was Luke Walton. A huge thank you to all who helped out, entered and donated, we couldn't do this without you all!

2026 was kicked off well on Friday 2nd January when we hosted our annual domino drive

at Winton village hall. We raised over £600 to split between our two charities, the MS Society and the Great North Air Ambulance. Thanks again to all who attended the evening - it was a great night of doms!

Keep your eyes peeled for more events coming soon...Especially our Big Breakfast in Brough Memorial Hall on 1<sup>st</sup> March.

*Ed: Thank you to Rebecca Balmer for this report from Pennine Young Farmers – Becky is the secretary of the club which although based in Kirkby Stephen covers the area around Brough, Soulby, Ravenstonedale and Tebay. We look forward to regular contributions for the rest of the year.*

## **Pennine YFC BIG BREAKFAST**

**SUNDAY 1ST MARCH 2026  
9 AM—1 PM**

**BROUGH MEMORIAL HALL**

**REGULAR £13  
SMALL £10**

**(Includes tea/coffee or Apple/orange juice)**

**The event is on behalf of MS Society, Great North Air Ambulance and Pennine YFC.**

## Kaber Village Hall news

### EVENTS AND ANOTHER VILLAGE HALL UPGRADE

Kaber Village Hall has had a makeover...

The last quarter of 2025 saw Kaber Village Hall getting some much-needed work done. Thanks to some incredible work by Joe Hird ([hirdstonemasons.com](http://hirdstonemasons.com)) and our working group, the stonework has been restored, the door refurbished, and new outside lights and signage positioned.

Come and join us for our friendly coffee mornings – in recent ones, we have enjoyed homemade Chelsea Buns, cheese scones, lemon drizzle and coffee & walnut

cakes! These take place the third Saturday of each month 10 – 11.30am – February and March both fall on Saturday 21<sup>st</sup> and then the 18<sup>th</sup> April.

Our next events are:

6<sup>th</sup> February at 7.30pm, Whist Drive

7<sup>th</sup> March 7-9pm, a quiz night with pie and peas – come as a team or join one on the night

28<sup>th</sup> March 4-6pm, Easter Family Bingo with prizes, hot dogs and refreshments

2<sup>nd</sup> May 11am-1pm, a Big Brunch – join us for a full English with friends

For details on any of these, to book the hall for a private function or to suggest any activities you would like to see, please get in touch via [booking@kabervh.com](mailto:booking@kabervh.com)

### The Way by Post

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**Brough**

Tuesday 10.45am—2.15pm

Wednesday 12.30pm-4pm

Thursday 10.30am—2pm

**Warcop**

Thursday 9am—10am

## ALL ABOUT MOTHS

### **Beyond wardrobe destruction, lies a world of beauty and fascination.**

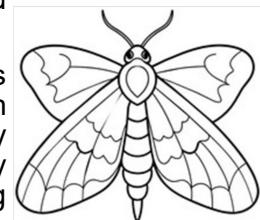
As there are no butterflies around just now, I thought I would open up the world of moths to you – not the annoying ones eating your clothes, but some of the 2000+ species that fly largely unseen. In fact there are only a couple of species that may eat your clothes, but they give moths a bad name. The Brown House Moth is most likely to be the culprit but they live outdoors as easily as indoors. You will spot the moth but it is the larvae that causes the damage. Their favourite foods are dead plant and animal matter which includes all wool and leather products, hence the attraction of your wardrobe!!

There is, strictly speaking, no difference between moths and butterflies (both being classed Lepidoptera) indeed there are well over a hundred day flying moths, all as colourful as butterflies, but distinguished by their antenna, clubbed in butterflies, all sorts in moths.

However, it is the ones you never see (unless you have a light trap) where the real magic lies. Moths imitate all sorts, from pieces of wood (Buff Tip) to bird droppings (Chinese Character) and have patterns to suit all environments. They can also be very large and spectacular, the best examples being Hawk Moths. Elephant Hawk moths will happily sit on your hand once caught and others seem equally tame.

Perhaps the most striking moths are the Tiger family and we are lucky to regularly see two species, the Garden and Wood around Brough.

I have caught 300 species in our garden over the years and hope to reach 400, but if you don't fancy a moth trap, head out this spring in daylight and see how many of the day flying moths you can see. There is a very good book by Wild Guides called Britain's Day Flying moths to assist you.



Good Hunting!

(Peter Boardman)

#### **NEXT ISSUE SUBMISSIONS...**

Anything to contribute?

All articles need to be with us **before 15th February** for inclusion in the **March** edition.

Please email us at **thewayeditor305@gmail.com**

Any format is acceptable, but please keep 'Copy' to 350 words max

We reserve the right to edit copy where necessary

Note that the editor's decision is final.

## Brough Memorial Hall News

### TOWARDS THE NEXT 100 YEARS

Since the 2024 centenary the Brough Memorial Hall trustees have continued working hard to provide an effective community hub for villagers and neighbours. 100 years was an incredible milestone to have celebrated; it heightened our awareness that the hall should be upgraded and made ready to serve our community for the next 100.

In November 2024 we successfully applied for a grant to refit our kitchen and better meet the environmental health regulations for village hall premises. Work began at the start of 2025. It was by no means plain sailing, but we now have impervious surfaces (including flooring) which are easier to clean and maintain; adequate washbasin/sink facilities; adequate ventilation; a fresh, clean decor: all in all, a more pleasant, efficient kitchen.

We are still working on creating funds to ensure a full range of kitchen appliances for community use. During last year, as each event topped up the coffers, we were able to replace old, tired equipment and will continue to do so as 2026 progresses.

The annual events of the Easter Vehicle Rally and Christmas Fair provided us with fund-raising opportunities, and we were thrilled in October to host the first

of our soon-to-be-regular Quiz Nights. It was hugely successful and enjoyable, and our team of volunteers produced amazing platters of cheese, biscuits and crudités, roundly agreed to be fabulous value. We're intending to cement this initial success with more equally amazing bouts of quizzing and fun on March 6<sup>th</sup>, and then June and October. If you missed out last year, make a note and book your places!

New bunting and ambient lighting now decorates the hall, which was chosen at the end of November to host a winter concert by the Upper Eden Community Choir. This was another wonderful evening's entertainment, and one which we are sure will become a regular event.

Still providing a home for the established clubs and groups, BMH aims to expand its repertoire and welcomes suggestions for future activities and bookings from individuals.

For all enquiries, please contact us at:  
[info@broughmemorialhall.co.uk](mailto:info@broughmemorialhall.co.uk)

#### Find *The Way* Online

Please visit:  
**TheWayMagazine.co.uk** for our digital archive, contact details and latest news  
Archive copies are also available via  
<https://www.brough-cumbria.info>

## BROUGH SOWERBY LUNCH CLUB

We continue to meet on the first Wednesday of the month from 12-1pm, in Brough Sowerby Chapel. We serve a choice of soups, bread, & puddings, followed by tea/coffee & biscuits – all homemade.

**EVERYONE IS VERY WELCOME**

Any queries, contact Debbie - 07891 681798, or Margaret - (017683) 41223.

---

## **VACANCY – Brough Primary School**

*Salary: PCD 3 £24,796 pro rata - £12.85 per hour*

*Reference: BCPS/MSA Hours: 12pm-1pm Monday to Friday*

Brough Community Primary School are seeking to appoint staff on our midday supervisor team. Brough Community Primary School is a thriving rural school, at the heart of its community. It is a standout school for technology, a dedicated Eco-School and celebrates and utilises all of its natural and historical surroundings, to inspire and educate every child in the school.

We are looking for someone to join our amazing staff team, with energy, passion and a desire to make children's lives better. There is no closing date for this post. This role involves supervising the children during their lunch break. Lunch times are crucial to developing social skills, encouraging pupils to be active in a fun and safe environment. The role involves making sure all children are catered for, managing play & behaviour whilst on the playground after meal times, encouraging positive play and structured team games etc.

You will need to:

Be actively involved in playground games and activities to encourage pupils in positive play.

Encourage play strategies and enhance current provision

Be a positive role model promoting good relationships between pupils.

Deal with any unacceptable behaviour following our school behaviour policy

Promote healthy eating within the dining area, ensuring the safety and welfare of all pupils whilst in the Lunch Hall

The school is committed to safeguarding and promoting the welfare and safety of children and young people and expects all staff to share this commitment. An enhanced DBS check is required for these posts as are up to date and relevant references. Please enquire about this post to the school office: **admin@brough.cumbria.sch.uk** or **017683 41284**.

## **First Aid 12 hour Training Course**

First Aid training day at Brough Pre-School Nursery on Wednesday 8<sup>th</sup> April.  
This will cover:

Paediatric and Adults  
Defibrillator  
EpiPen  
Anaphylactic shock  
CPR  
Burns, seizures etc.

The training consists of approx. 6 hours on the day and an additional 6 hours online for you to complete your training and get your certificate. Valid for 3 years.

If you are a local business, childminder, nursery, school, etc., please get in touch to book your place. The more people we have, the cheaper it will be. We do expect this to be in the range of £70 - £80 per person. The venue: Brough Pre-School Nursery building.

**For more information, or book please ring: 017683 42112 or 07989234565**

---

### **BROUGH AGRICULTURAL SHOW**



**Saturday 14th March 2026**

**12 - 2pm**

**Brough Memorial Hall**



**£7 Adult**



**£4 Child**

**All proceeds go towards the show**

### **ADVERTISING**

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**(dependent on size)**

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# EARLY NOTICE OF 2026 BROUGH SHOW CLASSES

Handicraft Section for the Brough Agricultural Society show on Thursday 20<sup>th</sup> August

- 99. Article of patchwork
- 100. Hand knitted article
- 101. Homemade baby card
- 102. A crocheted article
- 103. Homemade cushion cover
- 104. Homemade article (hand or machine sewn)
- 105. Homemade bag
- 106. Homemade felted article
- 107. Homemade lampshade
- 108. A needlework picture (framed or unframed)
- 109. Handmade item from Willow
- 110. Homemade garment for a baby
- 111. Any other article of craft (excluding all kinds of needlework or knitting)

## Christmas GNAAS Bag Collection & Coffee Morning at Warcop

The December bag collection at Warcop Parish Hall was a great success and raised substantial funds for the vital air ambulance charity. Around 50 people attended and they were entertained with Christmas music by the Eden Bells handbell group, who also received generous donations. Mince pies and tasty festive rolls were served. The Trustees of the Hall recently agreed to add all proceeds from the twice-yearly Air Ambulance Coffee Mornings to the GNAA and **£158** was raised and was sent to the charity.

An incredible **101** filled bags were delivered to the hall and this, plus the Coffee Morning proceeds, translated into over £1000 for the GNAA, our highest total yet!

Thank you to all who brought bags to the Hall, those who helped in the kitchen or serving, and those who donated so generously. The next collection at Warcop will be on the **11<sup>th</sup> July 2026**.

David Keetley, Organiser

## An update on Upper Eden Rotary Club

### Disaster support and polio elimination

After my message in September, we have received expressions of interest in membership from a number of people so I thought I would let you know what we have been up to in the last 4 months or so.

The period has been quite busy with a variety of events taking centre stage. We had two big fund-raising events in Newbiggin-on-Lune village hall which allowed us to make a significant donation to the Great North Air Ambulance and to Shelterbox, which helps people in areas of natural or man-made, disasters.

Rotary International is committed to ridding Polio from the world and has been very successful in doing so. World Polio Day was on the 24<sup>th</sup> October and, whilst the news is generally good, regions in conflict have seen more cases which intensifies our drive to do more. Upper Eden has a long history in supporting this project.

During our normal meetings, we had several excellent talks on the Antarctic, the Fleetwood flood of 1977 and the work of a counter-terrorism officer in Interpol.

The annual Co-op raffle took place to help provide a box of biscuits for Christmas for those over 80 in our area (apparently about 220). This linked into the Christmas light switch-on in Kirkby Stephen which was thoroughly enjoyable and many thanks to all of the Young Farmers who got involved.

So, if this has piqued your interest at all, please get in touch. Not just for membership but also, if you have a local project that we could help with accomplishing. I hope to be shortly contacting local businesses of all sizes about corporate membership so if for some reason I miss you out, please let me know.

Happy New Year to one and all,

Shaun Mason

Contacts

[www.upperedenrotary.org.uk/](http://www.upperedenrotary.org.uk/)  
[www.facebook.com/upperedenrotary](http://www.facebook.com/upperedenrotary)  
07703 061476

Extracts from the minutes of Brough Parish Council meeting held  
15<sup>th</sup> January 2026.

Repairs

Cllr Ellwood agreed to remove several planters which had collapsed.

Brough Clock

Smith of Derby has fitted a new escapement cog and reinstalled the monitoring equipment. However the clock is now running slow and it seems that each new repair leads to a new problem. The Chair of the Parish Council will be writing to Smiths to express the Council's concerns regarding the poor performance of the clock since it was reinstalled in the clock tower and seeking comment on the next steps.

Budget and Precept 2026/27

Members considered a draft 2026/27 budget based on a 0% increase in the Council's share of taxpayers' Council Tax bills for the fourth year running.

Pump Track

The Council has received £5,000 from the Westmorland and Furness Council 0-19 Fund, and £2,500 from the Appleby and Brough Place Action Group which means that the Pump Track project can proceed at an estimated cost of £6,690 to the Parish Council. Work due to begin in the New Year, weather permitting.

The next Parish Council meeting will be on Thursday 19<sup>th</sup> March 2026 in the Methodist Church, High Street, Brough, CA17 4BY at 7.00pm.

(To see a full copy of these minutes see website **brough-cumbria.info**)

**CHURCH OF ENGLAND CLERGY**

Rev Canon Brendan Giblin      revbgbiblin@gmail.com      017683 39168

Rev Judy Polkinhorn      Brough with Stainmore      017683 41473

Rev Andrew Burrell      Warcop      andrew.f.burrell@outlook.com

**METHODIST MINISTERS**

Revd. Stephen Radford      50 South Road, Kirkby Stephen      017683 71202

Rev Ros Watson      The Wraes, Garbridge Lane, Appleby      017683 51244

**CHURCHWARDENS (CHURCH OF ENGLAND)**

St Michael's, Brough      Contact Rev Judy Polkinhorn      017683 41473

St Stephen's, Stainmore      Mrs Toni Bryce-Forshaw      017683 41215

St. Columba's & St Theobald's      Mark Blackett-Ord      mblackettord@5sblaw.com

## DIARY DATES

### February

4 <sup>th</sup> Wed	Lunch Club	Br Sowerby Chapel	12md
4 <sup>th</sup> Wed	Craft & chat	Stainmore Parish Hall	1pm
4 <sup>th</sup> Wed	Domino Drive	Stainmore Parish Hall	7pm
4 <sup>th</sup> Wed	Warcop & Sandford WI	Warcop Parish Hall	7.30pm
5 <sup>th</sup> Thurs	Foyer Café	Warcop Parish hall	9am
5 <sup>th</sup> Thurs	Soup and Pudding	Warcop Parish Hall	11.30am
6 <sup>th</sup> Fri	Whist Drive	Kaber Village Hall	7.30pm
11 <sup>th</sup> Wed	Craft & Chat	Stainmore Parish Hall	1pm
12 <sup>th</sup> Thurs	Foyer Café	Warcop Parish Hall	9am
12 <sup>th</sup> Thurs	Gardening Group	Stainmore	7pm
14 <sup>th</sup> Sat	Coffee Morning	Warcop Parish Hall	10am
18 <sup>th</sup> Wed	Craft & chat	Stainmore Parish Hall	1pm
19 <sup>th</sup> Thurs	Foyer Café	Warcop Parish Hall	9am
19 <sup>th</sup> Thurs	Cinema	Warcop Parish Hall	7.30pm
20 <sup>th</sup> Fri	Domino Drive	Warcop Parish Hall	7.30pm
21 <sup>st</sup> Sat	Coffee Morning	Brough Methodist Ch	10am
21 <sup>st</sup> Sat	Coffee Morning	Kaber Village Hall	10am
22 <sup>nd</sup> Sun	Cinema	Brough Memorial Hall	3.00pm
25 <sup>th</sup> Wed	Craft & Chat	Stainmore Parish Hall	1pm
26 <sup>th</sup> Thurs	Foyer Café	Warcop Parish Hall	9am
27 <sup>th</sup> Fri	Quiz, Pie, Peas & Pud	Warcop Parish Hall	7.30pm

### March

1 <sup>st</sup> Sun	YFC Big Breakfast	Brough Memorial Hall	9am
7 <sup>th</sup> Sat	Quiz, Pie & Peas	Kaber Village Hall	7pm
14 <sup>th</sup> Sat	Soup & Sweet (BAS)	Brough Memorial Hall	12md

### April

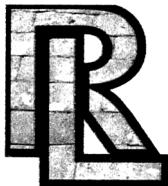
8 <sup>th</sup> Wed	First Aid Training	Brough Nursery
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### May

2 <sup>nd</sup> Sat	Art & Craft Exhibition	Warcop Parish Hall	10am
3 <sup>rd</sup> Sun	Art & Craft Exhibition	Warcop Parish Hall	10am
4 <sup>th</sup> Mon	Art & Craft Exhibition	Warcop Parish Hall	10am

### July

11 <sup>th</sup> Sat	GNAA Bag Collection	Warcop Parish Hall
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## **USEFUL CONTACTS**

### **DOCTORS and HOSPITALS**

Upper Eden Medical Practice	017683 71369
Appleby Medical Practice	017683 51584
Cumberland Infirmary, Newtown Road, Carlisle	01228 523444
Penrith Community Hospital, Bridge Lane, Penrith	01768 245555
Westmorland General Hospital, Burton Rd, Kendal	01539 732288

### **VETERINARY SURGEONS**

Pendragon Vets, St Luke's Rd, Kirkby Stephen	017683 71359
Old Hall Veterinary Centre, Appleby	017683 51507

### **SCHOOLS**

Brough Community Primary School	017683 41284
Warcop C of E Primary School	017683 41471
Kirkby Stephen Grammar School	017683 71693

### **POST OFFICE**

Kirkby Stephen	Monday– Saturday	8.45-5.00pm (Sat 9.00-1.00)
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### **GENERAL**

Upper Eden Visitor Centre, Kirkby Stephen	017683 71199
Community and Council Centre, Kirkby Stephen	01768 812775
Public Library, Kirkby Stephen	01768 812045
St Michael's Church Hall Bookings; Tucker Dobson	017683 41439
Memorial Hall Bookings; <a href="mailto:info@broughmemorialhall.co.uk">info@broughmemorialhall.co.uk</a>	

### **CLERKS TO PARISH COUNCILS**

Brough	Mr. Andrew Bedford	07469 966839
Musgrave/ Warcop	Mrs. Heidi Strong	07810 523186
Stainmore	Miss Janet Walton	07966 248501
	<a href="mailto:janetwaltonstainmore@yahoo.com">janetwaltonstainmore@yahoo.com</a>	

### **CLERK TO PARISH MEETING**

Brough Sowerby	Bryan Palphreyman	
	<a href="mailto:bspmclerk@gmail.com">bspmclerk@gmail.com</a>	07713 031087