





## Free Bike Safety Check and 'An introduction to road riding' Group Ride

Have you a bike growing dust in the shed?

Do you have a bike that needs a health check or repairing?

Would you like to feel safer and more confident riding on roads?

## Tuesday 5 August 2025 - 13:30-15:30: Free Bike Safety Check!

Bring your bike in for a free session with some of the UK's leading, qualified cycle mechanics. We'll get it roadworthy and ready to ride – you only pay for any parts needed.

## 15:30-16:30: Join Our Group Ride – 1 Hour in the Stunning Cumbrian Lanes

All bike types and abilities welcome! Enjoy a relaxed, social ride with a GPX route provided. Please note: riders take part at their own risk and are responsible for their own safety.

For further information and to book a spot, please email info@bikeinn.co.uk Call: 01768 347979

Location: Brough Memorial Hall, Brough CA17 4AS

