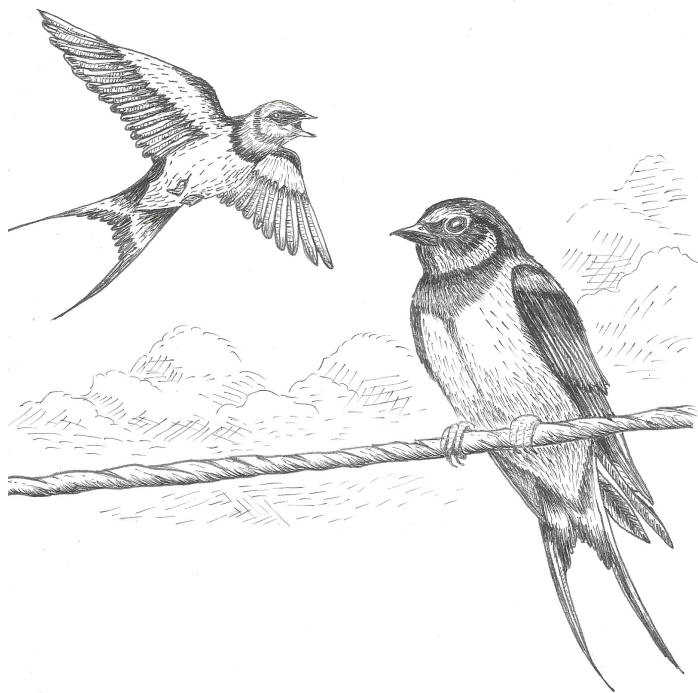


THE WAY

April 2026



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Vehicles for happiness

It's a sure sign of a consumerist society when the markers of the season are the next big TV ad. Christmas for some, starts when the big COKE lorry hits our screens, or the John Lewis ad. For those of a certain vintage, 'The Wonder of Woolies' can jerk tears of nostalgia. (For our younger readers, 'Woolies' was our pet name for 'Woolworths', the long defunct department store. You doubtless feel the same for B&M, which effectively, and in some cases literally, replaced it.)

However, in our locality here in Upper Eden, juggernauts of another kind mark the coming of the Easter season. Lovingly restored commercials pack the Co-op and Grand Prix car parks, and if you find yourself enjoying a new perspective on a journey you have made hundreds, maybe thousands, of times before, the chances are you're travelling somewhere between The Fat Lamb and Brough, upstairs on a 1959 **Bristol Lodekka**. This was a bus built by Bristol Commercial Vehicles, which was the first

production bus design to have step-free access from passenger entrance throughout the lower deck. Just imagine life before that!

You see, I have done my research, but then again, after 28 years of the Easter vehicle rally, you possibly already knew that. If not, you can now stun the proud owners of '59 Lodekkas with that knowledge when you meet them. You're welcome.

Inside you can read more details about the forthcoming event, of which buses are only a part, and enjoy the fun on Easter weekend.

(the Ed)

Brough & Stainmore Art Group

Exhibition



 **April 4th - Saturday**
April 5th - Sunday
April 6th - Monday

 **10am - 4pm** 
Masonic Hall
North Road
Kirkby Stephen
CA17 4RH

Stainmore Parish Hall – A Growing Community Space

Work continues steadily on the refurbishment of Stainmore Parish Hall and it is lovely to see the building gradually becoming a more comfortable and usable community space again. As improvements progress, the hall is increasingly being used for a range of friendly local activities and meetings.

Our regular Dominoes, Chat & Craft, and Gardening Group gatherings continue to bring people together each week. These groups are always welcoming and provide a relaxed way to spend time with neighbours, share interests and enjoy a cup of tea and conversation.

The Gardening Group is also looking ahead to the summer and has begun planning a number of garden visits, which should provide plenty of inspiration and enjoyable days out.

We will soon be announcing the date of our Spring Volunteer Garden Morning, when work will begin again on developing the community garden beside the hall. We very much hope people will come along and lend a hand — whether for the whole morning or just a short while. Refreshments will be available and we plan to

finish with a simple lunch together as a thanks to everyone who helps. Keep your eye out on our Facebook page for more information.

New faces are always welcome at all of our groups, and as the refurbishment progresses we hope to be able to offer space for fitness and wellbeing activities in the near future as well, making the most of the hall's lovely countryside outlook.

If you would like to find out more about any of the activities at the hall, please get in touch:

Email:

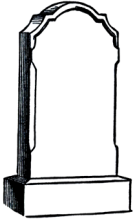
stainmoreparishhall1@outlook.com

Tel: **07968 851660**

We look forward to seeing more members of the community making use of this shared space.

April Diary Dates

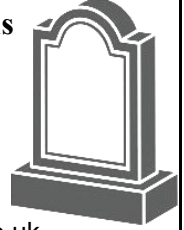
1 st Wed	Dominoes	7.30pm
1 st Wed	Chat and Craft	1-3pm
8 th Wed	Chat and Craft	1-3pm
10 th Wed	Gardening Group Wilkinson House	7-9pm
15 th Wed	Chat and Craft	1-3pm
22 nd Wed	Chat and Craft	1-3pm
29 th Wed	Chat and Craft	1-3pm



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Brough and Stainmore Art Group

Finding Your Inner Artist

Brough and Stainmore Art Group meet regularly every Thursday morning (9.30 am -12.30 pm) and Tuesday evening. A friendly and sociable group, surprisingly talkative for artists, although it is possible to paint quietly in the background as well. The spring focus is the preparations for the annual 'Easter Rally Exhibition' (Saturday 4th – Monday 6th April) featuring work from all artists from the less experienced to professionals.

There are also excursions and workshops run throughout the year, as well as some painting opportunities in different and more unusual venues. If you are interested in joining the group, please email: **broughandstainmoreartgroup@gmail.com**.

Charity Collections Update

A quarter of the year gone already – doesn't time fly when you are enjoying yourself!

Thanks to our caring community we have been able to take another absolutely full car load of clothes to the Salvation Army and household items to the Care and Share charity, both in Blackpool. Spectacles are on their way to Africa, stamps to the RNIB and other items we have taken to Age Concern in Appleby. Everyone is a winner!

We have also had a huge response to our request for toiletry items, socks and underwear, etc. for Ukraine. Thank you to everyone. A Trustee from Hope and Aid Direct came to us in early March and took another car load with him to the depot down south where it will all be packed up and

loaded onto their lorry.

Although it is only April we need to start thinking again about sending little Christmas bags via the Hope and Aid Direct charity to children in Ukraine. Next month I will repeat the list of items to put in little bags in the hope that there will be the usual fantastic response from our community. Difficult to believe it is now four years since the war started.

Remember the outer porch door is always open for you to leave your items in there, should we happen to be out, and if you are unable to deliver to us in Brough just give us a ring and we will collect from you. Many thanks again.

Councillor Graham and Heather Simpkins

heather@heathersimpkins.com
017683 42345

"Longway", New Road, Brough.

The Monday Club

Would you like to play dominoes or cards on a Monday afternoon in the Schoolroom of Brough Methodist Church? We meet from 1.30 to 3.30 and everyone is welcome. The cost is only £3 per person and we enjoy refreshments and lots of chat as well.

If you have any questions, just ring or email me: 017683 42345 or

heather@heathersimpkins.com

WOW

The WOW (women of wonder!) craft group meets every Friday afternoon from 1pm to 3pm in the Schoolroom of Brough Methodist Church. You can bring whatever your current project is, or you can take part in the different craft activities we try out from time to time, or you can just sit and natter. We are a friendly, chatty group and we would love to see you there. All this plus refreshments for only £2.50.

If you would like to know more, just contact Krissie on

krissie.pipe@outlook.com or 017683 41923.

Brough Methodist Chapel library

This is a FREE community library for everyone to use. It is situated in the Chapel in High Street and is open on Mondays and Thursdays from 9.00am to 3.30pm.

You may take as many books as you like – just bring them back when you are ready to take some more.

The variety is enormous including craft and gardening books, fiction and non-fiction and of course a number of children's books too, so there is clearly something for everyone.

This is a wonderful facility to have within our community so don't hesitate to use it.

The Kirkby Stephen and Upper Eden Community Newsletter is available in Great Musgrave. Copies can be collected from the noticeboard by the village institute.

What's Happening at Kaber Village Hall?

Kaber Village Hall has had a wonderfully warm and welcoming start to the year, with familiar faces returning and several new ones joining us at recent coffee mornings and community events. It's been lovely to meet neighbours who've discovered us through *The Way* - thank you for helping spread the word! (*Our pleasure – Ed.*)

We've got a great line-up of activities running up to the end of June, with something for all ages. Everyone is welcome - come along, bring a friend, and enjoy a relaxed community atmosphere.

Upcoming Events to end of June 2026

4 April – Easter Family Bingo

16:00–18:00

18 April – Coffee Morning

10:00–11:30

3 May – The Big Brunch

11:00–13:00

16 May – Coffee Morning

10:00–11:30

7 June – Salad & Sweet Lunch

12:00–14:00

20 June – Coffee Morning

10:00–11:30

We look forward to seeing you

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Warcop Village Show

Sunday 5th July, 2026, 1-4pm

Warcop Parish Hall

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Brough Methodist Church

Coffee Morning

Saturday 18th April 2026

**10.00am - 11.30am
in the schoolroom**

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Rescue Team

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coffee/tea and biscuits.

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EASTER RALLY 2026

In its 28th year, based in Kirkby Stephen, Brough and the surrounding area, the rally is a fabulous, free, fun weekend for the whole family, celebrating vintage automobile culture and local produce in our picturesque area.



This year's rally is packed with exciting activities and attractions for all ages :

- Vintage Bus Rides : experience the charm of the past with a vintage bus ride through the stunning Cumbrian countryside. Donations are welcome, making it an affordable outing. Buses will travel from Brough to Kirkby Stephen and onto the Fat Lamb via Stainmore Railway Station.
- Exhibitions of vintage vehicles. Whether you want to exhibit your own classic car or simply admire others, there's something for everyone.
- Local produce stalls. Browse stalls featuring an impressive selection of local produce, food, and drink. Support local vendors and indulge in a variety of foods that celebrate the regions local delicacies.
- Activities for children. The rally is designed to be family-friendly, with plenty of activities to keep younger visitors entertained. From games to crafts, children will have a blast while making memories with their families.
- Food and drink. Enjoy a hearty meal or a refreshing drink at various food stalls.

A community celebration - The Cumbria Easter Rally is more than just an event; it's a celebration of community spirit and local heritage. It brings together people of all ages to appreciate the beauty of vintage vehicles and the richness of Cumbrian culture. The perfect way to spend your Easter weekend.

Last year saw a record number of visitors, around 13000, and provided a much needed boost to the local economy. We encourage the people of Brough to have their own stalls and fill the streets.

One highlight of the weekend is the road run. Starting from the Grand Prix site in Brough at 4.30pm Saturday. It's amazing to see crowds lining the two-hour route over fell, dale and village.

We are hopeful that all the display vehicles will take to the roads at 3pm on Sunday to bid farewell until next year.

Looking forward to seeing you

Local football

Mixed results for Brough FC

Two wins and two defeats this month for Brough football club.

On 21st February, at home vs Staveley the lads had a comfortable 5-0 win. Goals coming from Harry Jones, Callum Holmes and Ben Collinson. Man of the match was Harry Jones, that magic left foot was on fire all afternoon.

28th February, Brough travelled to French fields to play Eden Valley Reserves, coming away with a 7-0 win. Ben Collinson scoring a hat trick, Matt Capstick scoring two and Dante

Cousin and Ian Wells also scoring. Man of the match went to the clubs current top scorer Ben Collinson. Ben has now scored 25 goals so far this season.

The following two fixtures both ended in defeat for Brough, first losing to Cartmel 3-0 and the following Saturday losing to Greystoke 5-0.

This week the lads hope to get back to winning ways away at Windermere.

Brough Football club is having a duck race on Saturday 4th April, 12pm, starting at the Wilding in Brough. Everyone welcome. Cash prizes!

Pennine YFC

Successful Brek-feast

Pennine YFC would like to say a huge Thank You to everyone who attended their Big Breakfast on the 1st March At Brough Memorial Hall. The event was a great success, with local businesses supplying produce for the event. We would like to thank every business that supported us, without whom it wouldn't have been possible. The quality produce given by them didn't go unnoticed by customers who were giving raving reviews.

Money raised will be split between the two charities being supported by Pennine YFC this year - The Great North Air Ambulance and The MS Society.

A heartfelt thank you also to Hilary, Janet and Maria from Fell and Dales for their incredible cheffing in the kitchen. Thanks also to all members who helped out keeping the event running as smoothly as possible and also to all who donated raffle prizes.

We are very grateful to have such a brilliant community!

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Brough Parish Council

Hope for a long-term clock solution

The most recent meeting of Brough Parish Council was held on Thursday 15th March.

Brough clock:

Representatives from Smith of Derby have re-attached the clock faces and undertaken work to ensure that the clock has now been re-installed, as it had been prior to its initial removal for refurbishment. Smith's Director of Quality and Technology and another colleague brought in from Dorset, were very positive about the prospects of this work being successful, and the clock has been working properly since its repair. The performance of the clock will continue to be monitored and when the Council is satisfied that it is working properly, arrangements for annual maintenance will be made.

Lighting:

The easier to re-install footway lights have been sorted, while others which require more work to re-fit, will be installed soon.

Tennis court:

There was some discussion about maintenance of the tennis court surface and members agreed to keep this under review.

Brough Memorial Hall:

The Chair of the Parish Council along with the clerk and Cllr Birkbeck as the Council's representative on the Memorial Hall Board of Trustees, reported positive and constructive discussions when they attended a recent trustees meeting.

Cumbria Easter Rally:

The Parish Council agreed to support the Easter Rally again this year with a contribution of £200.

The next Parish Meeting will be held on Thursday 16th April 2026 in The Methodist Church, High Street, Brough, CA17 4BY at 7.00 pm
Information is also available at brough-cumbria.info website

Editor's Note: we would like to thank Brough Parish Council for their recent kind donation towards the costs of producing The Way.

April 2026 Church Services for St. Michaels, Church Brough & St Stephen's, Stainmore

CHURCH BROUGH

Sunday 5th April Easter Day
10.30 am Holy Communion (plus Easter Eggs!)

Sunday 12th April
10.30 am Holy Communion

Sunday 26th April
10.30 am Holy Communion

St Stephen's, STAINMORE

Sunday April 5th
No Service

Sunday 19th April
2.30 pm Holy Communion

All are welcome to join us!

The BIG INTERVIEW – The Outfitters

The Outfitters Cafe Bar



The more you know about the early days of The Outfitters, the more unlikely its success becomes. Opened during lockdown as a takeaway, then as an outdoor restaurant in the rain when restrictions lifted, Dan McSweeney's and Gavin Hall's bar/restaurant/bistro/fun house, has been serving up for a whole five years. But then, with 80 years between them in the hospitality trade, perhaps it isn't so surprising. Host with the most, Dan, has been talking to The WAY.

The WAY (TW)

It's a Monday morning Dan, and you're open Thursdays to Sundays. Are you enjoying a day off?

Dan (DMc)

Not really. Monday is cleaning, till about lunchtime. Tuesdays is deliveries. Wednesdays I deep clean behind the bar. I could do everything on a Monday but I try to spread jobs at an easier pace across the three days when we're closed.

TW:

It was quite a leap from two decades of running a 23-bedroom hotel in Blackpool to The Outfitters in Brough. How did you end up here, and know this new venture

would work?

DMc:

It just happened really. Gavin and I had a cottage in Pump Square in Brough for 5 years before we opened, and the old outfitters shop had been for sale all that time. So we had an idea about what we could do with the premises, but we had no certainty that it would succeed. We just hoped and went for it.

TW:

The experience you both have must have guided you.

DMc

Well my mum ran a pub, and I joined the hotel trade aged 16, and Gavin's background is very similar

to mine. So we'd both worked in hotels round the country before we had our place in Blackpool. Gavin's always been a chef. I have done some cheffing but mostly I always did front of house. Our hotel had a bar/bistro as well, so we've kind of recreated that here.

TW:

So The Outfitters isn't a concept as such?

DMc

Not so much – just the sort of place we'd like to go to. We have a house in Spain and we try to make it rather like the sort of place you get in France or Spain – alcohol, coffees, snacks, meals, games, karaoke nights – it's a little bit of everything. We get some of our old customers from Blackpool to visit sometimes, and they walk in and say "Oh it's just like the old place."

I can't really say why it's worked here, but I have total faith in Gavin as a chef. I have worked in some big hotels where you can be as nice as you want out front, but if the food's not up to scratch, it just doesn't work as well. But the food's the heart of the business, and I love what I do, and we both work hard at it, so I think that's what works anywhere.

TW:

Are you super-critical customers?

DMc:

No – we just love things simple and well done. We go to the Talbot Arms in Settle regularly and its offering is similar to here. I'm not looking for fancy, just decent home-cooked food.

TW:

Well when retirement comes it sounds like you'll have fully earned it, but for now keep doing what you do, and thanks for talking to The WAY.

‘Spring Song Recital’

May 4th 2.30 pm

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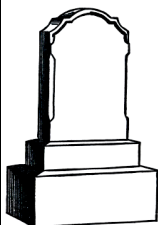
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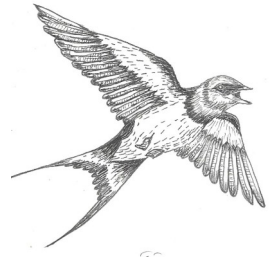
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One Swallow doesn't make a Summer

April is the month when the Swallows return from their long 6,000 mile journey from South Africa, hopefully marking the start of warmer weather. Last year I saw my first Swallow on 3rd April. However, as the saying goes 'One Swallow doesn't make a Summer', and it's not until the end of April when both Swallows and House Martins are back and Swifts are starting to arrive, that we can really look for the start of summer.



Swallows, House Martins and Swifts: how to tell the difference between these three aerial acrobats? They all have curved pointed wings and forked tails. The Swallow has a glossy blue-black head and back with a pale cream belly and a red throat. Its most distinctive feature is the long forked streamer-like tail. The House Martin has similar dark upper parts with white underneath but with a distinctive white rump. Its forked tail is much shorter. Swifts are the real aerial acrobats spending most of their lives on the wing. They are dark sooty brown all over, with long pointed boomerang shaped wings and very short forked tail. No sign of any white patches. Swifts are the last to arrive - at the end of April and beginning of May.

METHODIST CHURCH TIMETABLE

5 th April	Warcop	10.30 am	Burton
12 th April	Warcop	10.30 am	J Worsfold
19 th April	Warcop	14.00 pm	C H Watson
26 th April	Warcop	18.30 pm	S Radford HC
5 th April	St Michaels	10.30pm	
12 th April	Brough	10.30am	
		18.30pm	LA Ramnath CX
19 th April	Brough	10.30am	T Taylor
26 th April	Brough Sowerby	10.30am	J Betts
5 th April	Brough Sowerby	10.30am	Askew HC
12 th April	Brough	10.30am	T Taylor
19 th April	Brough Sowerby	10.30am	H Radford
26 th April	Brough Sowerby	10.30am	J Betts

THE WAY needs *You!*

THE WAY is a valuable community resource which is entirely put together by volunteers and always needs contributors in various capacities.

A few minutes of your time per month could go a long way.

IS THIS YOU? Email: thewayeditor305@gmail.com if interested

Brough Memorial Hall News

Many thanks to all those who came and supported the second of our Brough Memorial Hall Quiz Nights at the beginning of March. Another night's fabulous entertainment and fun was again overseen by quiz master, Richard Want, ably assisted by Cathy on scoring. Thank you both. Richard had responded to requests to tweak the quiz format, including an opportunity for each team to choose a joker round, and a tight battle for winning place ensued!

Refreshments followed the same popular arrangement of last October, a sharing platter of Appleby Creamery cheeses and biscuits, pickles and chutneys for each table. Many thanks to Ryan and Laura Bothroyd for all their hard work preparing and presenting the food. The quizzers roundly agreed that, once again, it was sensational.

Thanks should also go to the other Memorial Hall committee members whose organisation made the event possible and successful. The night raised an amazing sum in aid of the Memorial Hall funds: over £1000.00

More QUIZZES DUEMark your diaries for JUNE 19th and October 9th.

More immediately, the next event where we hope to raise monies for the upkeep and improvement of the hall, will be the Vintage Vehicle Rally over Easter weekend. We would really appreciate your support.

There may still be time for you to offer help: a spot of home baking of biscuits or cakes; digging out a couple of quality items for the bric-a-brac stall; a few hours of your time on the days to help serve refreshments; or just turning up to buy a bacon buttie, a soup and coffee or cuppa and cake to swell the coffers...

All enquiries:

info@broughmemorialhall.co.uk

Warcop Parish Hall

Events at Warcop Parish Hall in April 2026

Thursday 2 nd April	Foyer Café 9am, Post Office 9-10am Soup and Pud, 11.30-1pm
Thursday 9 th April	Foyer Café 9-11am, Post Office 9-10am
Saturday 11 th April	Coffee Morning, 10-11.30am
Thursday 16 th April	Foyer Café 9-11am, Post Office 9-10am Cinema – Calendar Girls (12), 7.30pm
Thursday 23 rd April	Foyer Café 9-11am, Post Office 9-10am
Thursday 30 th April	Foyer Café 9-11am, Post Office 9-10am

March Quiz Night in

Brough

A huge thank you to everyone who came to the quiz night at the memorial hall in Brough on March 6th. 15 teams, 90 people - a whopping turnout and a successful fundraiser for the Hall. For the disappointed 900 or so of you who couldn't get there, here's a snapshot of what you missed.

Answers on P23

1. Who is the current Celebrity Traitors Champion?
2. On his mother's side, who was Andrew Mountbatten-Windsor's auntie?
3. In a social media gaffe last year, disgraced comedian Russell Brand re-posted a hoax theory, that a famous female 70s sitcom star had assassinated JFK. Who did he name?
 - a) Mollie Sugden (Are You Being Served?)
 - b) Penelope Keith (The Good Life)
 - c) Prunella Scales (Fawlty Towers)
 - d) Wendy Craig (Butterflies)
4. Following the departures of Tess and Claudia from "Strictly...", who are the only two original stars of the show still involved?
5. Who is leader of the UK Green Party?
6. Ozzy Osbourne bid farewell to this life in 2025, just 17 days after his final gig in July. Which football stadium was it held in?
 - a) Molineux
 - b) St Andrew's
 - c) Villa Park
 - d) Wembley
7. Who is the mayor of Greater Manchester?
8. Which singer had the Christmas Number 1 song in 2025?
9. Where did Eurovision 2025, and the Women's football Euros final, take place?
10. Which countries won each contest?
11. In November 2025, the company Nvidia became the most valuable company in the world – valued at \$5trillion. What does Nvidia make?
12. Due to cocoa content falling below a certain threshold, only one of these bars can still be called chocolate. Which one?
 - a) Club
 - b) Penguin
 - c) Toffee Crisp
 - d) Twix
13. Which country won a record number of gold medals at the Winter Olympics and topped the medal table?
14. Which uninhabited island off the west coast of Scotland supplies all the granite used for the sport of curling?
15. According to The Met Office, when is the first day of Spring?
16. Which seasonal flowers are known by the Latin family name "*Galanthus*"?

With Spring erupting into life, and some outbreaks of decent weather, The WAY brings a seasonal poem.

The Allotment

(Kathryn Jaine)

On my allotment the peas are revolting
Refusing to climb and flower
The bees are waiting for them
They land and whisper to the stubborn
leaves
Yearning for the scent of nectar.

On my allotment the courgettes riot
Insisting that they need the space
I have given to the carrots
They smother and smooth with yellow
trumpets
Triumphant in their glory.

On my allotment the weeds are defiant
Mocking in their verdant prime
Repeat offenders, unrepentantly
criminal
I persist in my attempts at green
removal
Resist the call of environmental
napalm.

At my allotment unearthed clay pipes
Scattered seedlike in the earth whisper
The accumulated knowledge of long
passed gardeners
Listening, I learn the pleasure of
patience
The mighty powers of repetition and
perseverance.

Next to my allotment the travellers
gather
Long piebald noses reach over the wall
To steal the tops of fruit bushes
Wheelbarrows mysteriously wander
Reappearing after a gentle word.

Under my allotment a mole is
chuntering
Working its way through the woodchip
Trying to dig through the weed barrier
membrane
Getting crosser and crosser until it
disappears
Through a hole I cut for a currant.

At my allotment I know that I will
Find peace (and frustration
sometimes!)
I will be part of an ancient,
Unchanging ritual: the exchange of my
labour
For the bounty of the harvest.

ADVERTISING

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by return email.

Mother's Day, 2026

Today is Mother's Day 15th March 2026. I had been hoping for a change in the weather, and at times it looked promising, but then it would revert to wind, rain, and bouts of snow. Still, Spring is coming. Birds are singing, and the frogs arrived, sparking excitement. They only stayed a few days before the weather worsened. I still don't have frogspawn yet.

Meanwhile, my Forest Garden is developing well, thanks to my new gardeners, Ian and Leo, who've been helping with the heavy work of digging into the stony ground. We've planted several unusual soft fruit bushes, including Chokeberry, Honeyberry, Jostaberry, Sackatoon, Goji Berry, Aronia Berry, and Lingonberry. I'm looking forward to hopefully seeing and tasting them in the future. All are supposed to be hardy.

In my polygreenhouses, the apricot trees are covered with white blossom. I've been busy pollinating them with a small artist brush, as there are no bees or insects around to do it naturally. If the weather behaves and avoids

prolonged frost, I should have a bumper crop of apricots this summer, like last year. But if there's a late frost, even with fleece covering, I could lose them all.

Our latest project is building a dead hedge along the west side of the orchard to protect the garden from harsh westerly winds and snow. It's currently just a wire fence, so we're gathering materials to get started. Neither Ian, Leo or I have attempted anything like this, so it's all trial and error, but we've done a lot of research. We haven't seen any dead hedges made in such a windy area, so we'll see how it turns out.

Meanwhile it is seed sowing time indoors. Far too early here for outdoor sowing which happens later in April or May when the soil warms up. Remember in the North we are weeks behind the South. My daffodils are still thinking of opening up. However, if you have the room undercover the hardy brassicas etc. can be set off but tomatoes, cucumbers, peppers etc. need to be indoors in the warmth of the house. Just like me with the weather today.

Royal Flowers Revival Due

The weather has been quite variable lately, so here we are looking forward to Easter and the (hopefully) settled days ahead. If you are passing our Institute, look out for the display of daffodils which were planted for the Queen's Silver Jubilee in the shape of ER. Hopefully they will be in full flower before too long.

Here are a couple of dates for your diary, but other events may turn up along the way, so keep an eye on the Musgrave community page on Messenger.

The final winter social will be at Sat March 28th at 7pm. £1 per person and bring along a main or a pud to share.

ART&CRAFT EXHIBITION 2026

WARCOP PARISH HALL

Saturday 2 May – Monday 4 May
10am – 4pm

Annual exhibition of Paintings, Drawings,
Sculpture,

Ceramics, Photography & Crafts by local
artists.

Original artwork, prints and cards for sale

Competitions, raffle & activities for children

Art & Craft demonstrations & Workshops – see
www.warcopparishhall.co.uk

Foyer Café serving delicious food and drinks each day

Admission: Adults £2.50 - Children free

All proceeds to Warcop Parish Hall

Sunday 7th August -

Annual Duck Race on the Church
Field followed by BBQ in the
Institute.

Sunday 30th August -
Annual Summer Show

The Institute is a lovely place for your event, whether it is a birthday party, anniversary, or a wedding, with its beautiful outside space and fantastic views over the countryside towards Roman Fell and beyond. We also have free wifi available for your use. It is a great venue for craft and art clubs, and the snooker room is also well used.

If you would like to hire the Institute for your event, please contact David Ewin on musgravevillagehall@gmail.com, or

David Ewin 07745030672
Lorraine Plews 07966067869

Warcop Parish Hall Cinema

Thursday 16th April

Calendar Girls (12)

Doors open: 7.15pm

Screening: 7.30pm

Tickets on the Door £5

Refreshments Served

CINE NORTH

Training That Saves Lives

In rural areas like the Upper Eden Valley, emergency help can take time to arrive. That's why our Community First Responders (CFRs) play such a vital role - local volunteers trained to deliver immediate lifesaving care during 999 medical emergencies.

Alongside responding to calls, we offer basic life support and defibrillator training for local groups, clubs, and organisations. These practical sessions build confidence, strengthen community resilience, and help more people feel prepared to act in an emergency. In return, we ask for a donation, which goes directly towards keeping our team operational.

As a volunteer run group, we rely on fundraising to maintain essential equipment and support the community defibrillators we all depend on.

If your organisation would like to book training, or if you're interested in volunteering as a CFR, please get in touch.

Visit <https://uppereden.org.uk>, find us on Facebook at Upper Eden Community First Responders, or contact Bryan at palphreyman@gmail.com.

Together, we can ensure local people have the skills and support needed when every second counts.

QUIZ ANSWERS

1. Alan Carr
2. Princess Margaret
3. Penelope Keith
4. Craig Revel-Horwood & Anton Du Beke
5. Zak Polanski
6. Villa Park
7. Andy Burnham
8. Kylie Minogue
9. Basel, Switzerland
10. Austria, England
11. Microchips
12. Twix
13. Norway
14. Ailsa Craig
15. March 1st
16. Snowdrops

WHO BRINGS YOU 'THE WAY'?

The Way is staffed entirely by volunteers as a community resource and discussion magazine, featuring information and articles about Brough and surrounding areas, events, pastimes etc, involving or affecting local people.

Article suggestions:
thewayeditor305@gmail.com

Editor -	Richard Want
Graphics / layout -	John Ockerby
Finance / Distribution	Janet Jenkins
Finance-	Jo Owen
Advertising -	Joan Lennox
Printing	Andrew Miller
	Janet Jenkins
	Eleanor Featherstone
Contributors -	General population

Growing For Change

Growing Well is a local mental health charity that provides a day service to local residents. With free minibus transport and a free lunch, those struggling with their mental wellbeing are supported through therapeutic outdoor activities in a safe and friendly environment. We encourage people to unearth new confidence, skills, and purpose. People can be referred by any professional or can easily refer themselves – either through our website

www.growingwell.co.uk or calling **07512316564** to enquire.

Our site is in Tebay (at Tebay services northbound), but we provide free minibus transport so we can reach people in Kirkby Stephen, Brough, and other surrounding areas (where possible). Our minibus would collect people in the morning and drop them

back off in the late afternoon (times vary per location). People are welcome to use their own transport if they wish.

Individuals who are struggling with their mental health attend one day a week, for up to 12 months. There's no requirement to commit to the full 12 months, we just ask that people give it a try. Our site grows primarily vegetables but also soft fruits, and trees. Everything is grown from seed so people who use our service can be part of the full growing process (seed sowing, crop care, harvesting). We provide our crops to Westmorland services and the hotel so there is a real purpose to our horticultural activity. Individuals would see a mental health support coordinator every 6 weeks to work towards personalised goals.

There's obviously much more to our service, but hopefully this gives everyone a brief idea (in a nutshell).
Join us in the field!

CHURCH SERVICES

St Columba's, Warcop with St Theobald's, Musgrave

April 2026

- 3rd 2.00pm Good Friday Reflection, St Columba's Church, Warcop
- 3rd - 7.00pm The Crucifixion, music by Stainer, St Cuthberts, Milburn
- 5th - 9.30am Holy Communion, St Columba's Church, Warcop
- 12th - 9.30am Morning Praise, St Columba's Church, Warcop
- 19th - 9.30am Holy Communion, St Columba's Church, Warcop
- 26th - 9.30am Morning Praise, St Columba's Church, Warcop
followed at 10.30am by the 2026 APCM.
- 26th 2.00pm Holy Communion, Bleatarn Chapel

A Millennium Ago...

As indicated by its placenames, a thousand years ago, much of the area of Upper Eden had been fairly open land – ie: not thickly wooded. Norse settlers found the areas further along the Eden to be already populated, when they arrived by boat from Ireland, which was already relatively overcrowded. They settled at Coupland, Sandford, Warcop, Helbeck, Rookby, Heggyscale and on Stainmore, defying the whins and thorns.

A fragment of the *whins* survives on Kaber Rigg. By the time they got to Brough Sowerby, they were desperate, settling in a “...strange, sour, undrainable land...”.

The Angles in Northumbria were also expanding westwards at this time, and were keen to see what lay beyond the Moors. They discovered and settled at Brough, which was then named after the Roman fort there – “Verteris”. The first recorded reference to Market Brough didn’t come until 1672. The westward-bound Angles also settled at Barras (meaning “House on the Hill”), Kaber, Flitholme, Langrigg (first recorded in 1686), and Great and Little Musgrave. Woodland is indicated by “Thwaite” names, and thorns grew out and above Augill. At the time, wolves and wild boar would have been commonplace in the wooded areas.

(Thanks once again go to Jeremy Godwin)

St Stephen's Church South Stainmore

Restoration Fund Started For South Stainmore Chapel

The church of St Stephen's on South Stainmore has launched an appeal to cover the cost of restoration work, which is urgently needed . Emergency work has already been started on the roof, guttering and drainage. There is also a need for work on the chimney stack which needs taking down and capping to prevent water ingress in various places.

The total cost of the work would be over £10,000, and this is where we are hoping readers might consider donating.

More details to come in the May issue of The WAY. In the meantime, [how can you help us?](#)

Please could you contact :
mrsrachelmilburn@gmail.com

...or send a cheque payable to Brough with Stainmore PCC, to our treasurer at the following address: -

Stephen Barnes - Westwood Garth,
Brough Sowerby. Kirkby Stephen, CA17 4EG, or to:

Rev Judy Polkinhorn, Rob Ridding, Kaber. Kirkby Stephen, Cumbria. CA17 4ER. (Tel 017683 41473)

You can donate at our 'Gift day' coffee morning at St Stephen's church on Sat 4th April (10.30-12.00)

DIARY DATES

APRIL

1 st Wed	Domino Drive	Stainmore Parish Hall	7.30pm
2 nd Thurs	Soup & Pudding	Warcop Parish Hall	11.30am
4 th Sat	Easter Transport Rally	Buses running	10am
4 th Sat	St'more Art Grp Exhibition	Masonic Hall, K Stephen	10am
4 th Sat	Football Club Duck Race	The Wilding, Brough	12noon
4 th Sat	Bingo	Kaber Village Hall	4pm
4 th Sat	Easter Rally Road Run	Brough	4.30pm
5 th Sun	St'more Art Grp Exhibition	Masonic Hall, K Stephen	10am
5 th Sun	Easter Transport Rally	Buses running	10am
6 th Mon	St'more Art Grp Exhibition	Masonic Hall, K Stephen	10am
10 th Wed	Stainmore Gardening Grp	Wilkinson House	7pm
11 th Sat	Coffee Morning	Warcop Parish Hall	10am
16 th Thurs	Cinema	Warcop Parish Hall	7.30pm
18 th Sat	Coffee Morning	Brough Methodist Church	10am
18 th Sat	Coffee Morning	Kaber Village Hall	10am

MAY

2 nd Sat	Art & Craft Exhibition	Warcop Parish Hall	10am
3 rd Sun	Big Brunch	Kaber Village Hall	11am
3 rd Sun	Art & Craft Exhibition	Warcop Parish Hall	10am
4 th Mon	Art & Craft Exhibition	Warcop Parish Hall	10am
4 th Mon	Spring Song Recital	St Columba's Warcop	2.30pm
7 th Thurs	Soup & Pudding	Warcop Parish Hall	11.30am
9 th Sat	Coffee Morning	Warcop Parish Hall	10am
16 th Sat	Coffee Morning	Kaber Village Hall	10am
17 th Sun	GNAAS Bag Collection	Brough Memorial Hall	12noon

WEEKLY EVENTS

Mondays: Brough Monday Club, 1.30 – 3.30pm in Brough Methodist Church Schoolroom

Mondays and Thursdays: Brough Methodist Chapel Library, 9am – 3.30pm in the Chapel

Tuesdays: Craft Group, 6.30 – 8.30pm in Kaber Village Hall

Wednesdays: Craft & Chat, 1 – 3pm in Stainmore Parish Hall

Thursdays: Foyer Café, 9 – 11am in Warcop Parish Hall (with butcher, and Post Office 9-10am)

Fridays: WOW Craft Group, 1 – 3pm in Brough Methodist Church Schoolroom

NEXT ISSUE SUBMISSIONS...

Anything to contribute?

All articles need to be with us **before 15th April** for inclusion in the **May** edition.

Please email us at **thewayeditor305@gmail.com**

Any format is acceptable, but please keep 'Copy' to 350 words max

We reserve the right to edit copy where necessary

Note that the editor's decision is final.



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Appleby Medical Practice	017683 51584
Cumberland Infirmary, Newtown Road, Carlisle	01228 523444
Penrith Community Hospital, Bridge Lane, Penrith	01768 245555
Westmorland General Hospital, Burton Rd, Kendal	01539 732288

VETERINARY SURGEONS

Pendragon Vets, St Luke's Rd, Kirkby Stephen	017683 71359
Old Hall Veterinary Centre, Appleby	017683 51507

SCHOOLS

Brough Community Primary School	017683 41284
Warcop C of E Primary School	017683 41471
Kirkby Stephen Grammar School	017683 71693

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GENERAL

Upper Eden Visitor Centre, Kirkby Stephen	017683 71199
Community and Council Centre, Kirkby Stephen	01768 812775
Public Library, Kirkby Stephen	01768 812045
St Michael's Church Hall Bookings; Tucker Dobson	017683 41439
Memorial Hall Bookings; info@broughmemorialhall.co.uk	

CLERKS TO PARISH COUNCILS

Brough	Mr. Andrew Bedford	07469 966839
Musgrave/ Warcop	Mrs. Heidi Strong	07810 523186
Stainmore	Miss Janet Walton	07966 248501
janetwaltonstainmore@yahoo.com		

CLERK TO PARISH MEETING

Brough Sowerby	Bryan Palphreyman	
bspmclerk@gmail.com		07713 031087