

### July & August 2025



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### **Cover Story**

In Cumbria we are used to seeing Border Collies, balanced on the back of quad bikes or crouched, like coiled springs, waiting commands. They are probably the most important members of the farming work force. It's difficult to imagine life without them.

Queen Victoria's passion for the breed generated a change from a solely working dog to fashionable pet. Her black collie, Sharp, lived for 15 years and was her constant companion. He's buried in an elaborate tomb in the grounds of Windsor Castle. The name, collie is thought to come from the Scottish word "colley," meaning black... makes sense if you think of the word colliery and collier.

By late 19th and early 20 centuries, breeders focused on creating dogs with a long, narrow head and a thick, flowing coat. The breed now comes in various colours, including sable, white, and tricolour. James Rebanks calls them "fancy dogs" says they are versatile but not durable, less able than a "fell" dog, implying the dog's intense energy and eagerness can lead to fatigue and a faster burn-out than other breeds. He's crossing his collies with kelpie, looking for the added strength and endurance needed over the rough terrain.

A working dog can run as much as 80-100 miles a day and then do it

A working dog can run as much as 80-100 miles a day and then do it again tomorrow.

Rebanks observes "Without a sheepdog, you're no shepherd. You're just a bloke running around waving your hands. Sheep are faster than you, cleverer, and they're on their own terrain. To manage 500 sheep you'd need 200 shepherds. But with 20 dogs you can get away with five or six people."

So when you find your canine friend curled up in an armchair...or your bed, just remember he's been "run off his feet all day", just creep quietly out and let "sleeping dogs lie" and go and curl up in his kennel as a token of your gratitude.

### And on the subject of Dogs...

"Outside of a dog, a book is man's best friend. Inside of a dog it's too dark to read."

Groucho Marx



### Welcome to July & August ■ Output Description The state of the state of

Well here we are....Summer. Not sure if it's just me but are the years getting faster? This year seems to have just begun and here we are, over half way through....phew!

☆ It's just a reminder to enjoy the days...whatever the weather.

Reminds me of something I experienced years ago. I was lucky enough to be having a cruise in the Caribbean and, upon docking in Grenada; a number of people were offered a tour of the island at a good rate. It transpired that the driver was called Dave. The chap in front of me was also called Dave and was celebrating his 40<sup>th</sup> Birthday. Next on the mini-bus was me...marking my 50<sup>th</sup> Birthday....and I'm called Dave. Behind me was a man who was on the cruise to celebrate his 60<sup>th</sup> Birthday...and, you guessed it, he was called Dave. There was one more man on the trip and so we asked him his name....

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ື້ພູ....it was Robert....so we jokingly told him that he couldn't come along.

☆ But that's not why I started this tale. While we were touring the beautiful island, the weather took a turn for the wet...and, as quick as a flash, is Dave the driver said "Liquid Sunshine"...and I smiled. It really IS how if you look at it isn't it.

ฟ We live in a wonderful area.

୍କିଂ So enjoy your summer....whatever the Cumbrian weather decides to ଙ୍କ be.

#### Dave

A quick shout out to the new team members helping with printing duties; 'Thank you' ...there'd be no magazine without you. And you wouldn't get to see the magazine if the distribution team didn't beaver about getting it to you. If you'd like to help us, in printing, distribution, a editor...or anything, then please email thewayeditor305@gmail.com

### Did you Know....?

Did you know lemons contain more sugar than strawberries

Did you know 85% of plant life is found in the ocean

**Did you know** that more than 300 million years ago, the Meganeura was considered the largest insect on Earth. The dragonfly-like creature had a wingspan that stretched around 2.5 feet!

**Did you know** armadillos have 4 babies at a time and are all the same sex

#### Summer Months at Wilkinson House

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\*July and August, to me, are the Months when I take stock of what I have achieved and managed to grow and keep alive. I remove the compost from pots which contents haven't germinated or died and use it as a mulch in the garden and stack the pots out of the way. I don't do second crops as the climate is not suitable and the growing season very short, therefore put all my energy looking after the ones I have managed to grow and make sure that I get to eat everything at their peak. This mainly involves checking for slugs, caterpillars, aphids, no holes in netting to let birds or rabbits in to eat everything.

With the weather being so hot and dry early on, a lot of my crops will be a bit later as they struggled (as I did) with the conditions but I am pleased to say they are recovering and I should have plenty to keep me going by harvesting regularly and either eating straight away or freezing as soon as possible, or making jams and chutneys for the winter months. I have known some allotment holders who have managed to grow lots of fruit and vegetables just to let them go over their best unpicked or allowed them to be all eaten by birds etc. What a waste of both time and energy.

\*July and August are also the months to go and look around other people's gardens, especially nearby, for ideas and of course pleasure. We should also take the time to sit and enjoy our own gardens (tidy or not) or just walk around and be proud and happy of what we have achieved and not just look at what needs doing. However, you could dead head a few plants on your way round and pull the odd weed but it is not compulsory to do so.

\*An update: - My Fig tree, I thought had died after the move in October, has finally put on some new leaves and tiny figs. So, plants can come back to life as I have said before.

\*Mary Wilson

\*

### 🌣 And in Health News....

Don't eat liquorice before bed, it makes you dream about all sorts

\*\*\*\*\*\*\*\*\*\*\*\*\*

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### **Garden Jobs for July & August**

Cut Lawns weekly

Succession planting for salads, Carrots and Beetroot

Feed Tomatoes and Cucumbers weekly with High Nitrogen Feed

Don't forget to keep on top of weeding

Plant Brassica

Seed leeks into open drills for winter.

If large garden consider watering system to save water and make workload lighter.

Dig new potatoes

Turn compost

Prepare for winter projects

Turnips can be sown up until around mid August, but this is also a good month to plant out turnip seedlings that have been sown in modules. Turnips are best sown direct and then thinned. Sow seeds sparingly because, although they're tiny, they have a high germination rate and subsequent growth is rapid. Thin in late August or early September. Fleece or mesh help keep pigeons, butterflies and cabbage root fly at bay.

### Norman English—Great Musgrave

I bake bread quite often and a couple of months ago, as a birthday present, I had a 'Master Class' on Sourdough bread with Mike Hall of Brough. Mike's been kind enough to create a small article to help bread makers who are having problems. So...from Mike, :

### Baking bread is as much an art form as it is a science

If things go wrong. don't worry, remember what you did and think about some points below and try again.

Instant success is not always the best teacher.

If dough isn't rising very much or the dough is too tight: There could be several factors to address.

Water / liquid amount (add small fingertip amounts at mixing time)

Tired yeast with not enough sugars left in the final rise / proof

Too much salt, which inhibits the yeasts growth

Temperature of final rise / proof (cooler takes longer and the yeast may not have the energy, too warm excess expansion and weak crumbly bread)

<u>Do not</u> use excessive amounts of flour on the work surface or on hands as this also finds its way into the mix.

Use the best quality flour possible, some flours and older ones have less amylase in them (assists production of fermentable sugar from starch in flour)

Enjoy your baking!

### Mike Hall

### Coffee, Lunch, Chat...

Pensioners' Lunches at Allison's Café, New Road, Brough Thursdays 3rd, 17th & 31st July plus 14th & 28th August 12md - 1pm Two courses for only £7 per person including tea or coffee.

To book your place, pop in or call 017683 42800

## Brough Sowerby Lunch Club First Wednesday of the month 12-1pm at Brough Sowerby Chapel

A choice of soups, bread, & puddings, followed by tea/coffee & biscuits.

All homemade. Everyone welcome.

Contact Debbie 07891 681798 or Margaret 017683 41223

### Soup and Pudding at Warcop Parish Hall Thursdays 3rd July 11.30am – 1.00pm Admission £7.00

Come and join us for lovely homemade soup and pudding. £7 per person, including tea or coffee.

### South Stainmore Coffee Morning at St Stephen's Church First Saturday of the month 10.30am - 12 noon

Only £2 for unlimited Tea, Coffee, Juice, Biscuits and Chatting Everyone welcome! Proceeds to St Stephen's Church

### Great North Air Ambulance Coffee Morning at Warcop Parish Hall Saturday 12th July 10 - 11:30 am

Tea, Coffee & Biscuits £1.50 with unlimited refills. Bacon, Sausage & Veggie Sausage rolls available to purchase. Everyone Welcome!

### Stainmore Parish Hall - Dominoes - 2nd July & 6th August ....and the first Wednesday of every month at 7:30pm

£3 to include freshly made egg and ham sandwiches. A homemade scone and a slice of delicious cake, with your choice of hot or cold drink.

### **The Butterfly Story Continued**

We have now reached the peak of the Butterfly season with the maximum number of species to be seen.

You may not be aware of the fact but vast numbers of butterflies migrate here from the continent.

Indeed, some years, most of the Whites you see are migrants. The Painted Lady though is perhaps the greatest traveler, originating in North Africa and arriving here via a couple of broods in Spain and France. Their offspring then migrate back to Africa in Autumn. In what are known as Painted Lady Years, millions arrive on our shores, then disperse throughout the land. This year the



shores, then disperse throughout the land. This year though, it looks like a normal year with just a few to be seen.

I noticed during the hot weather in the middle of June, with a southerly airflow, dozens of Red Admiral arrived, again probably in one hop from France.

We are lucky here in having the only large colony of Scotch Argus in England, resident in Smardale Gill Nature Reserve. These lovely insects can be seen in their hundreds in the middle of August, particularly if you take the track left, just before the viaduct. It may be busy though, as people from all over the country head here to spot these rare butterflies (they are much more common in Scotland).

By the end of August though, all will be almost over and we are left with just a handful of species, most of which are feeding up in preparation for their winter hibernation.

I do hope you enjoy your butterfly spotting this Summer.

Peter Boardman

### **Inspirational Quote of the Month**

This month's inspirational quote is by Nelson Mandela who served 27 years in prison, split between Robben Island, Pollsmoor Prison, and Victor Verster Prison. Amid growing domestic and international pressure and fears of racial civil war, President F. W. de Klerk released him in 1990 (Wikipedia)

"The greatest glory in living lies not in never falling, but in rising every time we fall." - Nelson Mandela

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### **Yoga Class**

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Sadly the Crossword plays havoc with the printing process...but here's the next best thing: a quiz....with a place to commit to your answer. Enjoy © See page 25 for answers to quiz and Anagram

Question	Your Answer
1 Which fruit is known as the "king of fruits"?	
2 What vegetable is also known as a Zucchini?	
3 The piece of plastic at the end of a shoelace is called?	
4 In which country did table tennis originate?	
5 Which fruit has its seeds on the outside?	
6 How many time zones are there in Russia?	
7 Which famous graffiti artist comes from Bristol?	
8 When was the London underground opened?	
9 Who invented the World Wide Web, & when?	
10 Who invented the iconic Little Black Dress?	
11 What happened on July 20th, 1969?	
12 Until 1923, the Turkish city of Istanbul was called?	
13 What is a group of cats called?	
14 What is the most northerly town in the UK?	
15 Which German word means lightning war?	
16 What does a Brannock Device measure?	
17 What's the capital of Canada?	
18 What's the smallest country in the world?	
19 Name Disney's first film?	
20 Which month in the UK is the longest?	

### **Anagram of the Month**

"earth revs"
Hint 'at this time of year on the farms'

### Buy Local, Buy Brough

Since its modern inception twenty years ago, (thanks to the persistent efforts of the late Marion and Dave Williams) the Brough Market, held in Brough Memorial Hall, has seen numerous stall holders, producers, makers and crafters set up their tables inside and outside and lay out their goods to tempt residents and visitors alike with a range of wares. From meats and cheeses, breads and cakes, vegetables and jams to books, fused glass gifts, hand knitted and stitched creations, photographic goods and bespoke silver jewellery, these are but a few of the offerings Brough Market has provided in the last ten of those years whilst I have been a village resident.

Whatever the weather - and we've seen some humdingers in our time - those who provide this service have been there on the 3rd Saturday of every month with welcoming smiles, cheery words, refreshments and, most importantly, GREAT quality products for you to browse and buy. Though the names of the participatory stalls have altered and evolved, the constant has been the high quality of what can be bought each month. We aim that this should always be the case.

With that in mind, we would like to thank again Margaret Tyson with her legendary jams and pickles for her 'Guest Appearance' at last month's market. Fabulous quality. This month we are pleased to announce that Tony (Bowland Butchers outdoor bred and reared pork, lamb and beef) was able to return, following his surgery in May, and that Leanne (Sweet Temptations) made it back safely from her last month's hen celebrations and was, once again, delighting us all with her fantastic bakes.

Next month, we will welcome Laura Robinson of Martindale Muscovies and Waterfowl Egg Company and hope she might become a regular stall-holder. Watch this space! All the usual suspects were also present and currently we are expecting a full house again in July. We hope to see you there - all browsers are always welcome.

### And now this.....

"Behind every great man is a woman rolling her eyes". Jim Carrey

"I didn't fail the test. I just found 100 ways to do it wrong." Benjamin Franklin

"Even a stopped clock is right twice every day. After some years, it can boast of a long series of successes." Marie Von Ebner-Eschenbach

"Honest criticism is hard to take, particularly from a relative, a friend, an acquaintance, or a stranger." Franklin P. Jones

Warcop Village Show

Sunday 13th July, 2025
1-4pm at Warcop Parish Hall
Baking
Preserves and Wine
Handicrafts
Photographs
Horticulture and Flowers
Children's Section
Miscellaneous Section

30p entry for each class—Children's entries free
Entry forms with details of the classes in each section from:
www.warcopparishhall.co.uk or collecting from the Parish Hall
Email: wizzylois1@btinternet.com
Ring: Caroline on 017683 42900

### **PC Tips & Advice**

I fix and advise on Windows computers for free...it's a hobby, like most people do puzzles.

Here is a tip that all computer users, PC's and 'Macs', can observe: If you've ever been on a comparison website or just wish to query a website, for example about car or holiday insurance, then they want to know everything about you including, it feels like, your inside leg measurement and what you had for breakfast. This just puts you off because you just know that they're going to flood your email with junk you never asked for. So here's a little trick that works for 99% of such sites:

When they ask your name then just make one up....so you're now 'Joe Bloggs' or 'Jane Doe' and enter that where it asks for it. Then, when asked about your email address (nosey blighters) just put, for example joe@bloggs.com or Jane@Doe.com or whatever your chosen name is.....and they'll let you pass because they're really just looking for the '@' symbol.

Then when asked about a phone number just put your local exchange in eg 017683 and then a series of 1's or 2's until it lets you pass. So the number could be 017683 111111

Put your real age in or at least very near it. If you're now looking for travel insurance you can happily put down the fact that you've had everything under the sun without fearing that you made a mistake and the insurance companies will record it forever.

And when you've finally found the deal that suits then just go to the insurer that gave the best offer and put the correct info in. Sounds messy but once you've done it once it will feel very easy...and you won't forever get the comparison sites bombarding you with offers that you'd turned down once. Dave

### 

### **Actual Complaints received by Thomas Cook**

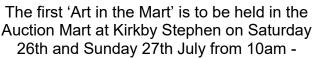
- 1."They should not allow topless sunbathing on the beach. It was very distracting for my husband who just wanted to relax."
- 2."On my holiday to Goa in India, I was disgusted to find that almost every restaurant served curry. I don't like spicy food."
- 3."We went on holiday to Spain and had a problem with the taxi drivers as they were all Spanish."
- 94"We booked an excursion to a water park but no-one told us we had to bring our own swimsuits and towels. We assumed it would be included in the price."
- 5."The beach was too sandy. We had to clean everything when we returned to our room."
- 6."We found the sand was not like the sand in the brochure. Your brochure shows the sand as white but it was more yellow."
- 7."It's lazy of the local shopkeepers in Puerto Vallarta to close in the afternoons. I often needed to buy things during 'siesta' time -- this should be banned."
- 8."No-one told us there would be fish in the water. The children were escared."
- 9."Although the brochure said that there was a fully equipped kitchen, there was no egg-slicer in the drawers."
- 10."I think it should be explained in the brochure that the local convenience store does not sell proper biscuits like custard creams or ginger nuts."
- 11."The roads were uneven and bumpy, so we could not read the local guide book during the bus ride to the resort. Because of this, we were unaware of many things that would have made our holiday more fun."
- 212."It took us nine hours to fly home from Jamaica to England. It took the Americans only three hours to get home. This seems unfair."
  - 13."I compared the size of our one-bedroom suite to our friends' three-bedroom and ours was significantly smaller."
- 14."The brochure stated: No hairdressers at the resort.' We're trainee hairdressers and we think they knew and made us wait longer for service."

### And not disconnected from the above....

"Remember, when you are dead, you do not know you are dead. It is only painful for others. The same applies when you are stupid."

— Ricky Gervais





4pm both days! The working pens will be filled with artists wares to show and buy!

If you're an artist of any genre interested in taking part please contact Karen McSkimming by email at artfulregards@btinternet.com for an application form. If you're not an artist, pop it in your diary. This is taking part over the same weekend as the popular 'Dales Festival' weekend. See you then!

### Christian Aid Week May 11th to May 17th

A very active week in May to support the work of Christian Aid which strives to assist people on the brink of survival. This year focussed on indigenous farming communities in Guatemala which are severely affected by the ravages of climate change.

The week began with a united service in Kirkby Stephen Methodist Church to celebrate 80 years of Christian Aid and to launch this year's appeal. Envelopes were distributed either by volunteers or with "The Way" magazine. There was a concert by Upper Eden Community Choir which was very well attended and there was a discussion forum with sixth form students at Kirkby Stephen Grammar School.

There was such generosity throughout the area which resulted in a total of £3701.98 for Christian Aid.

Individual areas donated

BroughSowerby £476.59
Brough (Retiring collection) £100
Warcop £55.00
Sandford £45.90
Winton £118.86
Hartley £368.00

Thanks to all involved proving that "Seven Days can make a Difference" to people we will never meet but who share our world.

Liz Botterill and Rosemary Turner, Area organisers of K.S. Christian Aid Group



### ST MICHAELS CHURCH, BROUGH 'SONGS OF PRAISE'

Do you have a favourite Hymn?

Maybe something special to you or
your family? Maybe it's something you
sung at school, at Messy Church or at
your wedding?

Come and join us for an evening of singing, celebration and fun. Kids suggestions welcome too!

Please choose your favourite and email me mrsrachelmilburn@gmail.com or message me

WE WILL JOIN TO SING THEM ON SUNDAY 7<sup>TH</sup> SEPTEMEBER 2025 AT 6.30PM IN CHURCH

### REFRESHMENTS SERVED AFTERWARDS

Further details from Rachel 07890756760



### 

20th July 1969 Moon Landing – Apollo 11 lands on the moon. Neil Armstrong and Buzz Aldrin became the first humans to walk on the lunar surface. The landing took place at 20:17 GMT in the Sea of Tranquillity

r<u>25th July 1814</u> George Stephenson builds the first practical steam locomotive, named "Blücher", in 1814. It was used to haul coal wagons at Killingworth Colliery

r<u>3rd August 1492</u> Columbus Sets Sail on his first voyage from Palos de la Frontera, Spain. He was sailing with the ships Santa Maria, Pinta, and Nina.

**22nd August 1485** Henry Tudor becomes King of England and Wales, starting the Tudor dynasty. Henry, son of Edmund Tudor, earl of Richmond, and Margaret Beaufort, was born nearly three months after his father's death. His father was the son of Owen Tudor, a Welsh squire, and Catherine of France, the widow of King Henry V.

### UPPER EDEN HISTORY SOCIETY

Do you have the financial background to assist an active local society?

Upper Eden History Society is seeking someone with book-keeping skills for a vital, but not very demanding, volunteer role.

We meet in Kirkby Stephen and hope to celebrate our fortieth birthday next year, with a full programme of talks planned for October 2025 to April 2026. However, our current long-serving treasurer is retiring. Without a treasurer to carry out the proper and legal management of our finances we are concerned that the society may not survive long enough to celebrate that milestone birthday.

If you think you could take on this role please contact Anne Taylor, Chairman, by email: at241@cam.ac.uk or by phone: 01768 371518.



### The Monday Club—Brough

Would you like to play dominoes or cards every Monday afternoon in the Schoolroom of Brough Methodist Church? Or maybe you

prefer a game of scrabble? We meet from 1.30 to 3.30 and everyone is welcome. The cost is only £3 per person and we enjoy refreshments and lots of chat as well.

If you have any questions, just ring or email me: 017683 42345 or heather@heathersimpkins.com

### Brough in the time of James II,1687-88

James II was openly Roman Catholic and deeply suspect to his subjects thereby, to whom he was also a cold fish. Meanwhile, Thomas Denton, a Sedbergh gentlemen and a dissenter was riding around Cumberland and Westmorland making notes on each place's past and present. This was safer than politics. He was in his 40's, an Oxford graduate, and a (Cromwellian) Colonist.

Of Brough, he says "There are 2 little towns here, vis the street town or high road over Stainmore, and the Church town, where the castle stands which was also rebuilt by the said countess" ie. Lady Anne Clifford. Most of Brough's people "held their lands and houses under the Lord of the Manor (Lord Thanet, Lady Anne's son-in-law), as did Brough Sowerby. In Brough Parish is Helbeck, where the lord was one of the Blenkinsops, and had been since the early 14th century when the first such came from wild Blenkinsopp Castle west of Haltwhistle, and married the last of the line, a daughter living at Helbeck. In 1657 most of Helbeck was sold by Thomas Blenkinsop to Thomas Burton, a Cromwellian. His son Francis sold the hall and its land (the demesne) to Major Arthur Scarfe of Winton, another Cromwellian, pre 1687. Richard Burton sold Helbeck Manor in 1687 to George Baker of Crook in County Durham. Winton is in Kirkby Stephen Parish, a puritan hotbed. The rest of Westmorland was Royalist, whom the Puritans fined and reduced, hence these sales. Jeremy Godwin

### We need a time machine....quick

Nick in Sandford suggested an article showing what prices were like in years gone by...so here it is. Mind you, it depended where in the UK you lived....for example beer could be much more expensive in London than 'up North' Just another reason to live up here...if ever we needed one ☺️ All these prices are typical for the times....I'm sure that this will cause some debate. All prices in 'New Money' ie not £.s.d and are gleaned from various websites.

Year	Bread/Loaf	Beer/Pint	20 Cigs	Petrol/Gall
1960	5p	8p	25p	28p (6.2p/l)
1970	8p	11.5p	27p	31p (7p/l)
1980	36p	35p	75p	£1.28 (28p/l)
1990	50p	£1.10	£1.65	£2 (44p/l)

### Editors Monthly Ramble.....It's only words....

Words confuse me....sometimes a little bit and sometimes an awful lot. For example you'll see, as you drive around our lovely part of the world, signs that declare "Squirrels – Drive Slowly"....and I think to myself "well, of course they do, their legs are only short and they can't press the accelerator pedal very well".

Red Squirrels

Drive slowly

And hard on the heels of that thought I wonder whether it's actually a warning to squirrels themselves....in that some of them, especially the young ones, drive much too fast. The little rascals....who's insuring them?

So yes....words can be difficult. Then there are the different 'formats' for words ie verbal or written. It is said that 55% of communication is body language, 38% is the tone of voice, and 7% is the actual words used. So, if one writes a masses

and 7% is the actual words used. So....if one writes a message it can be seen that perhaps 93% of the communication may be lost.

There's no substitute for standing in front of someone while you're chatting because you'll get the body language and nuances of language that are completely missing in written form.

All this is just a way of understanding why what I write from time to time seems like rubbish. It's not because it IS rubbish (honest) but because it's really difficult to communicate via the written word.

And then we introduce 'Malapropisms', named after the character 'Mrs Malaprop' in the play 'The Rivals' by Sheridan in 1775:

His driving was erotic due to the icy roads. (that's probably 'erratic'... possibly one of those dashed young squirrels)

"it's all a bit of a damp squid" ....well, most squids will be damp, the actual phrase is 'damp squib'...and a squib can be a firework that, because it's damp, doesn't go off very well and is therefore a disappointment

"In lame man's terms" when explaining something in a way that an ordinary person ie a 'lay man' would understand. He doesn't really have to have a limp.

And my favourite word? ....I'm glad you asked. It's 'Yet', a word full of hope and possibility. Try adding it:

I can't play this piano.....Yet

I can't write this letter....Yet

I can't reach this pedal...Yet (possibly written by a trainee squirrel driver) I was going to say that 'Pandiculation' was my favourite word...but that's stretching it a bit

Dave—signing off from The Way. It's been fun while it lasted. Thank you to all concerned and please welcome the new editor  $\odot$ 

Hits of the month from 40, 50,60 & 70 years ago
How can the Eurythmics be 40 years ago?

July 1985 Sister Sledge - "Frankie"
July 1975 Johnny Nash - "Tears On My Pillow (I Can't Take It)"
July 1965 The Hollies - "I'm Alive"
July 1955 Alma Cogan -"Dreamboat"

August 1985 The Eurythmics - "There Must Be An Angel (Playing With My Heart)"
August 1975 The Bay City Rollers - "Give A Little Love"
August 1965 The Byrds - "Mr Tambourine Man"
August 1955 Slim Whitman - "Rose Marie"

### Stainmore Parish Hall Update: A Successful Table Top Sale and Call for Volunteers

We're delighted to share that our recent Table Top Sale at Stainmore Parish Hall was a great success, raising much-needed funds towards the ongoing refurbishment of the Hall. A huge thank you goes to everyone who came along to support us, as well as to all the stallholders who made the event an enjoyable occasion.

As always, the Hall is available to hire for meetings, parties, family gatherings and community events. If you're planning something special, why not consider using our hall? Hiring the Hall helps us maintain this valuable community space for everyone to enjoy.

We are also on the lookout for willing volunteers to lend a hand with some of the ongoing refurbishment jobs — including painting, oiling the wood panelling, gardening and general maintenance. Whatever skills you can offer, we'd love to hear from you. Many hands make light work, and your help would make a real difference in keeping the Hall welcoming and in good repair.

Our regular Dominoes sessions continue to be well attended — everyone is welcome to come along, it's the first Wednesday of the month at 7.30pm

The Gardening Club is also thriving, new members are always welcome, whether you're an experienced gardener or just keen to talk gardening. It's a lovely way to meet people, share tips and ideas and enjoy some time outdoors.

It takes place the second and fourth Thursday in the month.

Thank you again to all who support Stainmore Parish Hall in so many ways.

### The countdown has begun!

Kirkby Stephen's Westmorland Dales Festival is back this year over the weekend of Saturday 26<sup>th</sup> and Sunday 27<sup>th</sup> of July.

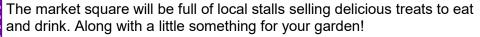
Everyone is welcome at the festival, which celebrates the area's wonderful landscape, heritage and people, with a great mix of entertainment, events and activities for all ages. We aim to keep the majority of our activities free of charge too!

**S**aturday features guided walks, exploring Crosby Garret Fell or the Westmorland village of Ravenstonedale. Or hop on board our Western Dales bus to Hawes and the Dales Countryside Museum, on a day they celebrate "all things sheep". Alternatively, we have many other activities, Jubilee Park's open day and the steam railway. And joining us for the first time "Art in the Mart".

**S**unday, the Festival's second day sees a spectacular family event with something for everyone.

Festival favourites are back the juggler Matt, Stomping Ground and Joining us too are Eden Animal Rescue with one of their famous fun dog shows, so don't forget to bring along your pooch!

The Dales Countryside Museum will be visiting us from Hawes with their Great Big Dialect Hunt, so, we are hoping everyone will bring along their favourite words.



In and around the Parish Church there will be makers, producers and local artists with tempting gifts to peruse and buy. Conservation and community groups will also be on hand to chat to festival goers about their work and how to get involved, all against a backdrop of live music.

Kirkby Stephen East historic station and steam railway; Winton Park Gardens and Kirkby Stephen Club will all be joining in the weekend's festivities too, with a shuttle bus service linking Festival sites. To find out more and to book on any of our walks visit

**\*** 

www.westmorlanddalesfestival.org

It's worth remembering that....

If at first you don't succeed, then skydiving definitely isn't for you.

### Warcop and Sandford WI Press Release

We have been fortunate to have three inspirational speakers in recent weeks. We were looking forward to meeting Jean Coates and her guide dog Karlie and were pleasantly surprised to see two lovely Labrador dogs, as Jean's friends Carol and Gary who are Puppy Raisers brought along Lori. Jean told us the story of working a night shift as a senior midwife and that morning returning to her car to discover that she could not find the key lock and she realised that she was having difficulty to see. She spoke about the difficulty of not only losing her sight but also her career in nursing and independence. It was two difficult years before she could come to terms with realising that she could benefit from having a guide dog and eventually along came Toby. They successfully completed the 2 weeks of training and developed a very close bond, Toby made a huge difference to Jean's life. He retired aged 8 and a half but was able to remain with Jean as her daughter was able to look after him when Karlie came along.

Carol told us about the role of the puppy raisers. The puppies live with the family who will teach basic commands for 12 to 16 months. Puppies are introduced to everyday sights and sounds, traffic etc. familiarising them with many different environments. It's a hugely important role as volunteers are providing the puppy with the essential foundation for its future as a life-changing guide dog.

Karen Edmondson the Senior Interpreter with Cumbria Deaf Association gave us some very useful information about modern hearing aids and how new technology can make a huge difference for anyone who is experiencing hearing loss. Several of us had remarked that we were turning up the sound on the television, having to ask people to repeat conversations and noticing that it was difficult to hear in busy situations. The advice was to contact your GP and request an appointment at the Audiology Department.

Mr Chris Bulloch is our Guest Speaker on 2<sup>nd</sup> July his topic is Community Action Nepal

Valerie Brook

### Did you know....

Shakespeare invented more than 1,700 words. William Shakespeare is known as being one of the greatest playwrights of all time, producing masterful pieces like Romeo and Juliet and A Midsummer's Night Dream. However, in order to create his plays and poems, he sometimes resorted to making up his own words-- some of which we use today!

You can thank The Bard for words like a moonbeam, laughable, eyeball, bump, puking, champion, bedroom, excitement, and zany.....and lots more.

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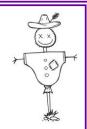
Saturday 23rd & Sunday 24th August

11am – 4pm Maps £2

(Available on the day from the Methodist Chapel)

Ball Race On Both Days at 2pm

Refreshments, Stalls, Table Top Sale &Games
Children's Fancy Dress Competition Sunday at 1pm
At the Methodist Chapel, Brookside
Fun for all the family
All proceeds going to Charity



### **Musgrave Village Institute**

### **Dates for your diaries**

Monday 14th July 7-9pm Computer help workshop, bring along your computer, phone, internet questions. All are welcome, light refreshments will be provided for a £1 donation.

### Sunday 10th August.

Musgrave Duck Race at 12pm. Gather on the Church Field, Ducks can be bought on the day at £2 each, or committee members will be selling them beforehand. The race will be followed by our famous BBQ at the Institute. Please bring your own drinks to the BBQ.

Adults £9, Children 5-11 £4, under 5's free.

Duck race prizes are as follows: 1st -£60 2nd -£40 3rd -£30 4th-£20. Everyone is welcome.

Any donations of salads or desserts would also be very welcome!

### Sunday 24th August, Bank holiday

Musgrave Annual Show Doors open at 1pm

Open to all within a 5 mile radius of Musgrave, with some categories open to visitors as well, No restrictions on children.

Classes for baking, preserves, fruit and veg, flowers and crafts, raffle, tombola, bran tub, outside games, a dog show, and of course, refreshments

The schedules are now available in Steadman's butchers, and in the one stop shop, and other local venues. This is a fun show, we want everyone to enjoy it, why not have a go, you might win! All the details are in the schedules, and all entries and fees should be returned to the post box at the Institute.

If you won a cup last year, please return it as soon as possible, cleaned and labelled with your name, with your show entries, either to Karen at 'The Grange' (07734229222) or to the box at the Institute. Show entries should still go in the post box. Entries close Friday 15th August.

We would love to see you at our events, let's hope for some decent weather, and water in the river!

Lorraine

"All those who believe in psychokinesis - raise my hand"

Steven Wright

### A poem for the Month

It's said that there's a fine line between genius and madness. Here's a chap who straddled that line for most of his life: Spike Milligan





Smiling is infectious You catch it like the flu When someone smiled at me today I started smiling too I walked around the corner And someone saw me grin When he smiled I realised I had passed it on to him I thought about the smile And then realised its worth A single smile like mine Could travel round the earth So if you feel a smile begin Don't leave it undetected Start an epidemic And get the world infected



### **Courgette Soup**

Spike Milligan

This is a favourite of Barbara, a friend of mine. It may seem a little odd to have soup in summer but this is a light and subtle soup ....lovely with some crusty bread. And Courgettes are in season now.

250g potatoes, chopped
500g courgettes, chopped
Bunch of spring onions, chopped
50g cheddar cheese, grated
1 vegetable stock cube (I've found that
Knorr is the best for this recipe)
Nutmeg grated—optional

Simmer potatoes, lightly covered with water and Knorr stock cube, for about 5 mins. Add courgettes, cook for a further 5 minutes. Add spring onions, nutmeg if using. Simmer until all vegetables soft, Liquidise, then add cheese and adjust consistency. Season to taste.

With thanks to Barbara Hill ©

### St Columba's, Warcop with St Theobald's, Musgrave

July

5th-2:30pmMusgrave RushbearingSt Theobald's Church Musgrave6th -10:30amSongs of Praise, open airChurches together Warcop Village Green13th-10:30amMorning PraiseSt Theobald's Church Musgrave

**20th -** 10:30am Morning Praise St Columba's Church Warcop **27th -**10:30 Holy Communion St Theobald's Church Musgrave

August

3rd10:30amHoly CommunionSt Columba's Church Warcop10th10:30amMorning PraiseSt Theobald's Church Musgrave17th10:30amMorning PraiseSt Columba's Church Warcop24th10:30amHoly CommunionSt Theobald's Church Musgrave

31st—10:30am Benifice Holy Communion St Michaels Church, Kirkby Thore

### **Musgrave Rushbearing**

Saturday 5th July 2025

Meet at the Village Institute at 2pm

Join the procession to St Theobald's Church for a short service

Followed by a Cream Tea and Games back at the Institute

Crowns can be collected on or after the 27th June 2025 from: Jackie Featherstone Corner House,
Church Brough 07763126666

You are responsible for your own children for the afternoon.

### Anagram Answer (from page 11): 'Harvester'

Quiz Answers (from page 11)			
1. Mango	8 1863	15 Blitzkrieg	
2. courgette	9 Tim Berners-Lee, 1990	16 Shoe size or feet	
3. Aglet	10 Coco Chanel, 1920s	17 Ottawa	
4. England	11. Apollo 11 landed on	18 The Vatican	
	the Moon		
5. Strawberry	12 Constantinople	19 Snow White, 1937	
6 Eleven	13 Clowder	20 October (31 days plus an hour	
7 Banksy	14 Thurso	extra because the clocks go back)	

"Before you criticize someone, walk a mile in their shoes. That way, you'll be a mile from them, and you'll have their shoes." — Jack Handy

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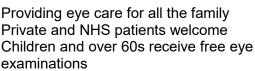
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### Thank You

A huge thank you to our community. We have had another month when items have been left in our porch. We have found everything a new home and will continue to do so.

We had another trip to Blackpool in June with a full car of clothes and household items which we dropped off at the Salvation Army and Care and Share respectively.

We have also heard from the Hope and Aid charity thanking everyone who sends items – a particular mention was made regarding those who knit. We have sent knitted hats, gloves, blankets etc. all of which have been knitted by people in our community. Thank you so much.

We have also taken items to local charities such as Help the Aged in Appleby and Manna House in Kendal.

As always, do keep your items coming – we can always find a new home for them where they are much appreciated.

If you need us to collect just make contact - details below.

### 2025 Christmas Bags for Children in Ukraine

Would you like to be part of this local initiative? If so please read on.



The bags need to measure 13" x 10" roughly and have a ribbon (not elastic) drawstring in the top. I currently have quite a lot of these so if sewing is not your thing just let me know how many you would like.

#### **Contents:**

A ball (tennis or a little bouncy one)

Bag of sweets (not chocolates)

Little notebook, pencil(s), crayons, rubber, pencil sharpener

Soap, flannel, toothbrush and toothpaste, Hair brush or comb

A Christmas card saying something like "Happy Christmas from your friend in Cumbria, England"

These items will fill the bag nicely. They will also suit either boys or girls. Hats, gloves/mittens, scarves, socks etc. are being sent separately as an ongoing need so they don't need to be included and the bag wouldn't be big enough anyway.

A minimum donation of £1 per bag would be perfect.

They will be collected from our house (in Brough) by a volunteer from Hope and Aid and taken south to be loaded onto the lorry. All donations will therefore be given direct to the charity to help towards the cost of transport.

THEY NEED TO BE WITH US BY 1st OCTOBER SO THEY CAN GO ON THE LORRY IN MID-OCTOBER AND BE READY FOR DISTRIBUTION FOR CHRISTMAS

Councillor Graham and Heather Simpkins heather@heathersimpkins.com ...017683 42345



### **Drop-in Collection for Great North Air Ambulance**

### Sunday 3rd August 2025 at Brough Memorial Hall at the usual times of 12 noon to 1pm and 5pm to 7pm.



A reminder that we cannot accept household textiles (bed linens/curtain/ towels) CDs/DVDs, books, homeware, electricals, crockery but welcome clothing, shoes, handbags, belts, coats, old mobiles/tablets/laptops, small inkjets.

Good bed linen, towels and kitchen equipment can be left with Graham Simpkins or brought in a separate bag.

Thank you. If you need bags call Ruth Morrison on 017687 20440 or email ruthmorrison045@gmail.com..



Great North Air Ambulance Bag Collection & Coffee Morning - Saturday, 12th July, 10am - 11.30am at Warcop Parish Hall



Please donate your unwanted items to support the Great North Air Ambulance charity and help them to save lives in our rural area. They need £4.5 million per year to maintain the service. All proceeds from this re-cycling go to them and so far we have raised over £6,300 from our collections. Visit www.greatnorthairambulance.co.uk for more information.

Do then join us for a cuppa and a chat at our Coffee Morning with teal coffee and biscuits, bacon rolls and veggie alternatives! Everyone Welcome!

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andrew.f.burrell@outlook.com Rev Andrew Burrell Warcop

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Revd. Andrew Sterling The Wraes, Garbridge Lane, Appleby 017683 51244

### CHURCHWARDENS (CHURCH OF ENGLAND)

St Michael's, Brough Contact Rev Judy Polkinhorn 017683 41473

St Stephen's, Stainmore Mrs Toni Bryce-Forshaw 017683 41215

mblackettord@5sblaw.com St. Columba's & St Theobald's Mark Blackett-Ord

Methodist Church Services July & August
Brough, Brough Sowerby, Warcop & Appleby

6th July Sunday

10:30am Local Arrangement Brough

10:30am Local Arrangement Brough Sowerby

10:30am Songs of Praise (on Village Green) Warcop

13th July Sunday

10:30am Mrs H Radford Brough

10:30am No service—to Brough Brough Sowerby

10:30am No service—to Soulby Soulby

20th July Sunday

10:30am No service—to Brough Sowerby Brough

10:30am Rev S Radford (Holy Communion) Brough Sowerby

10:30am Mr H Hutchinson Warcop

27th July Sunday

10:30am Rev J Betts Brough

10:30am Rev T Taylor Brough Sowerby

10:30am No service—to Appleby Warcop 5:30pm Connexion Service Appleby

**3rd August Sunday** 

10:30am Local Arrangement Brough

10:30am Local Arrangement Brough Sowerby

10:30am Local Arrangement Warcop

10th August Sunday

10:30am Mrs J Worsfold Brough

10:30am Mr D Askew Brough Sowerby

Revs J & L Riley (Holy

10:30am Warcop

17th August Sunday

10:30am Local Arrangement Brough

10:30am Local Arrangement Brough Sowerby

10:30am No service—to Dufton Warcop

24th August Sunday

10:30am Mr D Askew Brough

10:30am Mrs J Worsfold Brough Sowerby

10:30am No service Warcop

6:30pm Connexion Service Kirkby Stephen

31st August Sunday

10:30am No service—to Penrith Brough

10:30am No service—to Penrith Brough Sowerby

10:30am No service—to Penrith Warcop

Penrith Methodist

11am Cumbria Circuit Service Church

Diary Dates				
July	•			
2nd Wed	Dominoes	Stainmore Parish Hall	7:30pm	
3rd Thurs	Soup & Pud	Warcop Parish Hall	11:30am	
5th Sat	Musgrave Rushbearing	Musgrave Institute	2pm	
10th Thurs	Gardening Club	Stainmore Parish Hall	7pm	
12th Sat	Air Ambulance Coffee morning	Warcop Parish Hall	10am	
13th Sun	Warcop Village Show	Warcop Parish Hall	1pm	
14th Mon	Free Computer Help Workshop	Musgrave Institute	7pm	
24th Thurs	Gardening Club	Stainmore Parish Hall	7pm	
26th Sat 27th Sun	Art in the Mart	Auction Mart Kirkby Stephen	10am to 4pm	
26th Sat 27th Sun	Westmorland Dales Festival	In and around KS Parish Church—see notices	10am to 4pm	
August				
6th Wed	Dominoes	Stainmore Parish Hall	7:30pm	
10th Sun	Gt Musgrave Duck Race followed by BBQ	St Theobald's Church	12 noon	
14th Thurs	Gardening Club	Stainmore Parish Hall	7pm	
26th Thurs	Gardening Club	Stainmore Parish Hall	7pm	
September				
3rd Wed	Dominoes	Stainmore Parish Hall	7:30pm	

All articles need to be with us **before 20th August** for inclusion in the September **edition.** 

Please email us at **thewayeditor305@gmail.com**Any format is acceptable, but please keep 'Copy' to 350 words max
We reserve the right to edit copy where necessary
Note that the editors decision is final



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If you'd like to find The Way online then 'Google' The Way Brough and the top result should be: https:// www.brough-cumbria.info/the-waymagazine

When you click that link you will be taken to a page that lists all the editions of The Way for approx the last 5 years and the latest will be at the top

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DOCTORS and HOSPITALS		
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Appleby Health Centre	017683 51584	
Cumberland Infirmary, Newtown Road, Carlisle	01228 523444	
Penrith New Hospital, Bridge Lane, Penrith	01768 245555	
Westmorland General Hospital, Burton Rd, Kendal	01539 732288	
VETERINARY SURGEONS		
Pendragon Vets Ltd, St Luke's Rd, Kirkby Stephen	017683 71359	
Old Hall Veterinary Centre, Appleby	017683 51507	
SCHOOLS		
Brough Primary School	017683 41284	
Warcop C of E Primary School	017683 41471	
Kirkby Stephen Grammar School	017683 71693	
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Warcop Thursday only	9.00 - 11.00am	
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