Eben Ezer Family Newsletter

VOLMUE 16
ISSUE 9

SEPTEMBER 2026

Eben Ezer

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CEO Report—September 2026

"The Lord is not slow to fulfill his promise as some count slowness, but is patient toward you, not wishing that any should perish, but that all should reach repentance." ~ 2 Peter 3:9

REIMAGINING DAILY LIFE

Many nursing homes rely on traditional activity calendars and large-group programming that sometimes misses the mark on true engagement and meaning for residents. Team members are sometimes overburdened, creativity is stifled, and life enrichment is often siloed to a single activities department.

Eben Ezer has partnered with The Eden Alternative in a new three-year grant to address a critical possible gap: the need to redefine and redesign life enrichment in a way that activates every staff member, values resident preferences, and integrates spontaneity, relationships, and purpose into daily life.

By embedding coaching, practical tools, and team-driven innovation, this grant project helps nursing home teams adopt a shared model of scheduled activities and every day enrichment full of meaningful connection, autonomy, and joy.

At Eben Ezer we have always believed in the benefits provided by a rich activity driven way of life. The Life Enrichment team (formerly Activities team) is fully staffed and dedicated to drawing on the intentional support the grant with The Eden Alternative will provide. The team is new, but fully committed to build confidence and a strong working relationship among themselves and the greater Eben Ezer team.

The first step of the grant is focused on listening to the voice of the neighbors to gather information that can be used directly in planning, while also giving the team practice facilitating resident conversations in a way that goes beyond asking which scheduled activities people want.

The Life Enrichment team will refine the practice of taking the input and knowledge of the people living on each neighborhood to create neighborhood-specific calendars and community-wide calendars that includes a balance of small

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Gods Work. Our Hands.

group activities, one-to-one experiences and more independent larger group social program offerings.

The Life Enrichment team will be receiving additional and on-going training specifically on engaging neighbors living with dementia. This is an important area for continued coaching, particularly because engagement may need to look very different depending on a resident's cognitive, communication, sensory, and physical abilities.

The grant focuses mainly on the skilled nursing area of Eben Ezer, but the implementation of best practices and learned skills is applicable to all communities within the Eben Ezer umbrella. At Eben Ezer we value our ongoing relationship with The Eden Alternative and we are excited about the outcomes from this grant opportunity.

~Shelly



BHS PEP RALLY

Come cheer on the athletes
October 1, 2026
11am
Front Area near the water fountain

WEAR YOUR FAVORITE TEAM COLORS



Resident Services Extensions

Ty Saint-Laurent, Resident Services Manager ext. 9257

Chris Garfield, Social Worker ext. 9252 (Deaconess, Madsen, Elim)

Sandy Maynard ext. 9239 (Sommerlyst, Bethany, Elim)

Life Enrichment Coordinators ext. 9222—Katye; Penny; Andrew

Angela Vonarx Kellogg, Beautician—ext 9221

If you are interested in communicating with your loved one via technology (facetime, skype, duo, facebook, etc.) please reach out to the Social Services office to set this up. We understand how hard it is not seeing your loved one, we would like to help with this.

Alzheimer's Support Group

TUESDAY, September 8, 2026; Noon—1:00 pm — Dahms-Talton Legacy Living

1620 Riverview Ave, Ft. Morgan

Kindly RSVP at (970) 842-2861 x 9246 or text 970-370-0856

- **Would you like to gain a better understanding of Alzheimer's Disease and dementia?**
- **Be around those who understand your struggles or who have similar experiences.**
- **Learn more about caregiving resources and options available.**
- **Ask questions about specific caregiving struggles.**
- **Take this opportunity to be a part of a supportive community weather you wish to share your experiences or simply listen.**

This support group can provide emotional support for individuals with a loved one that lives in a nursing home, at your home, or for those who provide care from a distance.

The Eden Alternative Domains of Well-Being

Well –being is a human right.

IDENTITY - being well-known, having personhood, individuality, having a history
GROWTH – development, enrichment, expanding, evolving
AUTONOMY – liberty, self-determination, choice, freedom
SECURITY – freedom from doubt, anxiety, or fear, safety, privacy, dignity, respect
CONNECTEDNESS – belonging, engaged, involved, connected to time, place, and nature
MEANING – significance, heart, hope, value, purpose, sacredness
JOY – happiness, pleasure, delight, contentment, enjoyment



ART CLASS!

MEANING!

TO FIND OUT MORE VISIT WWW.EDENALTERNATIVE.ORG

EBEN EZER



CALLING ALL COMMUNITY GROUPS, CLUBS, YOUTH GROUPS OR FAMILIES LOOKING FOR A COMMUNITY IMPROVEMENT PROJECT

HORTICULTURE OPPORTUNITY

COMMUNITY INVOLVEMENT OPPORTUNITY

THE EBEN EZER NEIGHBORS INVITE YOU TO THEIR CAMPUS TO BE PART OF ADDING BEAUTY TO THE PLACE CALLED HOME

You could be part of -

Serving others

Connecting with Older Adults

Intergenerational engagement

Bringing JOY to neighbors on the campus

ADOPT AN EBEN EZER FLOWER BED

FOR MORE INFORMATION CONTACT: SHAIRE CHAVEZ

970-842-2861 X9246

www.ebenezer.org


Come and enjoy
guitar
and
singing
with
Carl
LIVE
MUSIC
GOOD
PEOPLE
GREAT
TIMES
September
7th and 16th,
10am
Sommerlyst
Great music. Good company. Everyone welcome!

OCT
2nd
5PM



JOIN EBEN EZER

FOOTBALL FANS

WE WILL PROVIDE HOT DOGS AND DRINK
BRING A SIDE TO SHARE!

BEET DIGGER STADIUM

1600 MILL STREET, BRUSH CO.

SAVE THE DATE

Arbor Assisted Living
A Place Called Home
Family Christmas Dinner

Friday, December 11, 2026

Eben Ezer

INVITATION COMING SOON!



Eben Ezer

FRIDAY, DECEMBER 11, 2026

SAVE THE *date*

DAHMS TALTON ASSISTED LIVING

A PLACE CALLED HOME
CHRISTMAS DINNER

INVITATION COMING SOON





Eben Ezer

FRIDAY, DECEMBER 4, 2026

SAVE THE *date*

EBEN EZER
SKILLED NURSING

A PLACE CALLED HOME
FAMILY CHRISTMAS DINNER

Invitation Coming Soon


EBEN EZER
GIFT SHOP
OPEN
WEDNESDAY'S
10:00 AM - NOON
Made with PosterMyWall.com







Mon	Tue	Wed	Thu	Fri	Sat
	1 Letter Writing Day 9:30 Manicures (D/E) 10:30 Ladies Group BDR 1:30 Baking (M) 2:00 Letter Writing	2 9:30 Wreaths 3 Men's Discussion Group (BDR) 1:30 BINGO (SR) 3:00 Walkabouts	3 10 Men's Bible Study BDR 1:30 Thirsty Thursday w/ Games 3:00 Leaf Impression Craft	4 9:30 Movies and Popcorn 1:30 Bingo (SR) 3:00 Friday Movement	5 Neighbors Choice (Puzzles or Card) 1:30 Bingo (SR)
6 9:30 Worship Service Neighbors Choice (Puzzles or Card)	7 LABOR DAY 9:30 Neighbor Meeting (B) 10 Carl Stitt - Sommerlyst 1:30 Bingo (SR) Color, Puzzles	8 9:30 Manicures (M) 10:30 Ladies Group BDR 1:30 Baking (D/E) 2:00 Make a Journal	9 9:30 Wreaths 1:30 Bingo (SR) 3:00 Men's Discussion Group BDR 3:00 Board games	10 10 Men's Bible Study BDR 1:30 Pine Cone Craft Thirsty Thursday 2:30 Tea Party 3:00 Patio Social	11 9:30 Movies and Popcorn 1:30 Bingo (SR) 3:00 Garden Cleanup	12 10 Bingo SR 2 Keyboard Music by Jimmy SR
13 9:30 Worship Service 2 Music by Terry and Carol MPR	14 9:30 Neighbor Meeting (D/E) 10:30 Coffee Chats 1:30 Bingo (SR) 3:00 Sunset Appreciation Club	15 9:30 Manicures (B) 10:30 Ladies Group BDR 1:30 Baking (B) 2:30 Games	16 10 Carl Stitt - Sommerlyst 1:30 Bingo (SR) 3:00 Men's Discussion Group BDR 3:00 Walkabouts	17 10 Men's Bible Study BDR 1:30 Halloween Craft Thirsty Thursday 2:30 Hot Chocolate 3:00 Cards or Dominos	18 9:30 Movies and Popcorn 1:00 Bingo (SR) 3 Ice Cream and Piano with Margaret MPR	19 Neighbors Choice (Puzzles or Card) 1:30 Bingo (SR)
20 9:30 Worship Service Neighbors Choice (Puzzles or Card)	21 9:30 Neighbor Meeting (M) 10:30 Armchair Workout 1:30 Bingo (SR) 3:00 Bowling (SR)	22 9:30 Manicures (D/E) 10:30 Ladies Group BDR 1:30 Baking (D/E) 2:30 Games	23 10 Resident Council SR 3:00 Men's Discussion Group BDR 3:00 Armchair Workouts	24 10 Men's Bible Study BDR 1:30 Craft Thirsty Thursday 2:30 Apple Cider 3:00 Pom Poms	25 9:30 Movies and Popcorn 1:30 Bingo (SR) 2:30 Sing a-long with Cathy MPR 3:00 Walkabouts	26 Neighbors Choice (Puzzles or Card) 1:30 Bingo (SR)
27 HOMECOMING WEEK 9:30 Worship Service Neighbors Choice (Puzzles or Card)	28 Yoga with Megan 9:30 IN2L Workout 10:30 Walkabouts 1:30 Bingo (SR) 3:00 Bird Watching	29 9:30 Manicures (M) 10:30 Ladies Group BDR 1:30 Baking (M) 2:30 Games	30 9:30 Wreaths 10:30 Bowling (M) 1:30 Bingo (SR) 3:00 Boardgames	October 1 Team Color Day 11 Pep Rally -Front CY 1:30 Craft – Football Signs	October 2 Jersey Day 1:30 Bingo (SR) 6pm Eben Ezer tailgate and 7pm Football Game	

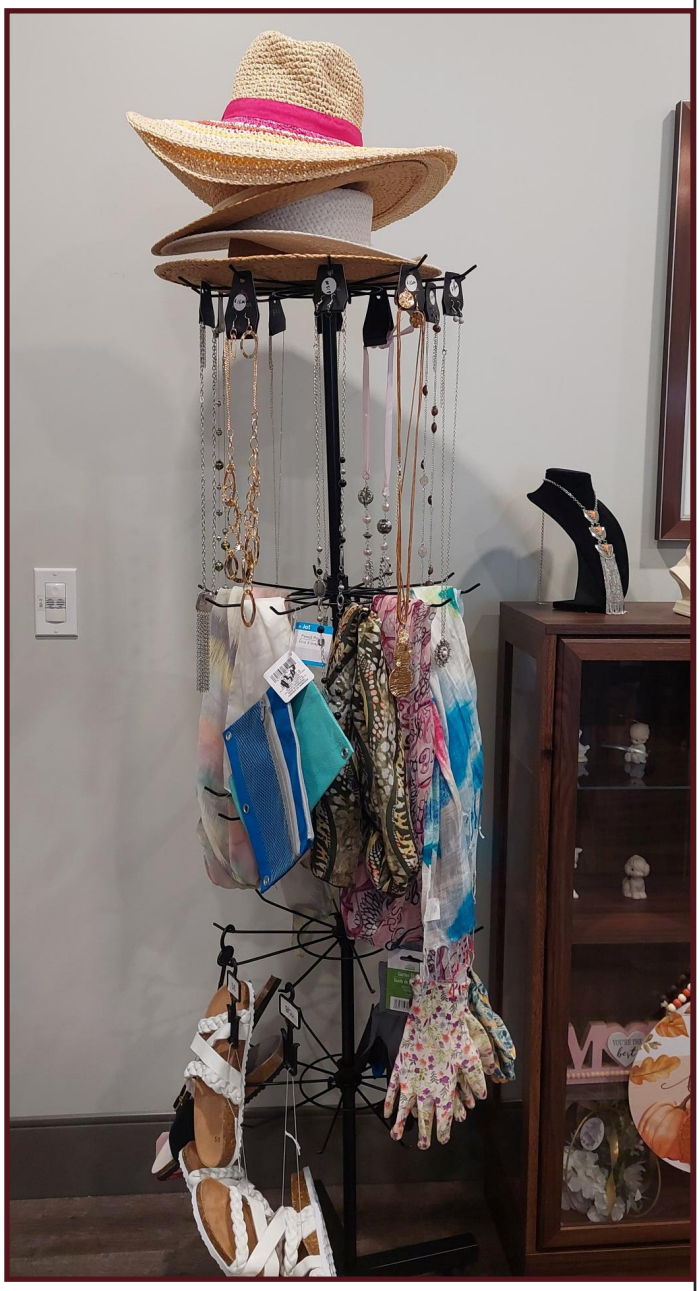
Art with Jr Volunteers

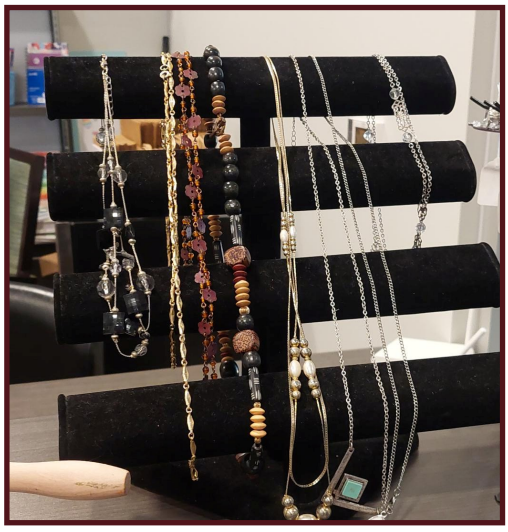














GIFT SHOP GOODIES

FUN TIMES!!





