

Eben Ezer Family Newsletter

VOLUME 16
ISSUE 7

JULY 2026



Eben Ezer

INSIDE THIS ISSUE:

Message from CEO	1
Chair Yoga	2
Resident Services	3
Alzheimer Support Group	3
Eden Philosophy	4
Adopt a Flower Bed	5
Support Groups	6
Eben Ezer Gift Shop	7
Schedule of Events	8
Water Fun Day	9
Family Movie Night	10
Talent Show	11
Happenings in Pictures	12-16

CEO Report—July 2026

"The Lord is not slow to fulfill his promise as some count slowness, but is patient toward you, not wishing that any should perish, but that all should reach repentance." ~ 2 Peter 3:9

Celebrating Independence at Every Age

Each July, we gather with family and friends to celebrate Independence Day, a time to reflect on the freedoms we cherish. At Eben Ezer, this season also reminds us that independence is something worth celebrating at every stage of life.

As we age, our definition of independence often changes. It may no longer mean doing everything on our own. Instead, it becomes the freedom to make our own choices, maintain meaningful relationships, and continue living with dignity and purpose. Every day, our team strives to honor the individuality of each resident by respecting their preferences, encouraging their interests, and supporting the choices that make life meaningful.

One of the greatest privileges we have is getting to know the remarkable stories of those who call Eben Ezer home. Our residents have served their country, raised families, built careers, strengthened communities, and lived lives of faith and resilience. Those experiences continue to shape who they are today, and we believe they deserve to be honored every day.

Our goal is never to take over someone's life—it is to walk alongside them, providing the support that allows them to remain as independent as possible. This reflects our mission: *Founded in faith, our mission is to empower our team and those we serve to grow together as a community that celebrates aging.* It also reflects one of our core values, ensure choice, recognizing that every individual deserves a voice in how they live and receive care.

As we celebrate Independence Day this month, I encourage all of us to recognize the independence found in everyday moments—a resident choosing how to spend the day, enjoying time with family, participating in a favorite activity, or simply sharing laughter with friends. These moments remind us that purpose, dignity, and independence continue throughout every season of life.

Thank you for the trust you place in Eben Ezer. It is an honor to serve your loved ones and to partner with your family in creating a community where every individual is valued, every choice is respected, and every day is an opportunity to celebrate aging with meaning and purpose.

Wishing you and your family a safe and joyful Fourth of July.

~ Shelly

Gods Work. Our Hands.





Join the FUN!!

Chair
Yoga *Classes*

4th MONDAY of Each Month

Sun Room

2:45 pm

Resident Services Extensions

TBD, Resident Services Manager ext. 9257

Chris Garfield, Social Worker ext. 9252 (Deaconess/Elim & Madsen)

TBD ext. 9239 (Sommerlyst & Madsen)

Life Enrichment Coordinators ext. 9222—Katie; Brenda; Makayla

Cassandra Rohn, Beautician—ext. 9221

Angela Vonarx Kellogg, Beautician—ext 9221

If you are interested in communicating with your loved one via technology (facetime, skype, duo, facebook, etc.) please reach out to the Social Services office to set this up. We understand how hard it is not seeing your loved one, we would like to help with this.

Alzheimer's Support Group

TUESDAY, JULY 14, 2026; Noon—1:00 pm — Dahms-Talton Legacy Living

1620 Riverview Ave, Ft. Morgan

Kindly RSVP at (970) 842-2861 x 9246 or text 970-370-0856

- Would you like to gain a better understanding of Alzheimer's Disease and dementia?
- ♦ Be around those who understand your struggles or who have similar experiences.
- ♦ Learn more about caregiving resources and options available.
- ♦ Ask questions about specific caregiving struggles.
- ♦ Take this opportunity to be a part of a supportive community whether you wish to share your experiences or simply listen.

This support group can provide emotional support for individuals with a loved one that lives in a nursing home, at your home, or for those who provide care from a distance.

The Eden Alternative Domains of Well-Being

Well –being is a human right.

IDENTITY - being well-known, having personhood, individuality, having a history

GROWTH – development, enrichment, expanding, evolving

AUTONOMY – liberty, self-determination, choice, freedom

SECURITY – freedom from doubt, anxiety, or fear, safety, privacy, dignity, respect

CONNECTEDNESS – belonging, engaged, involved, connected to time, place, and nature

MEANING – significance, heart, hope, value, purpose, sacredness

JOY – happiness, pleasure, delight, contentment, enjoyment



IDENTITY!!

JOY!
*THE LUAU IS A
FAVORITE
ANNUAL EVENT
ON THE BRUSH
CAMPUS!!*



TO FIND OUT MORE VISIT WWW.EDENALTERNATIVE.ORG



EBEN EZER

CALLING ALL COMMUNITY
GROUPS, CLUBS, YOUTH
GROUPS OR FAMILIES
LOOKING FOR A COMMUNITY
IMPROVEMENT PROJECT

**THE EBEN EZER NEIGHBORS
INVITE YOU TO THEIR CAMPUS
TO BE PART OF ADDING BEAUTY
TO THE PLACE CALLED HOME**

You could be part of -

Serving others

Connecting with Older Adults

Intergenerational engagement

Bringing JOY to neighbors on the campus



**HORTICULTURE
OPPORTUNITY**

**COMMUNITY INVOLVEMENT
OPPORTUNITY**

**ADOPT AN
EBEN EZER
FLOWER BED**

FOR MORE INFORMATION
CONTACT: SHAIRE CHAVEZ

970-842-2861 X9246

www.ebenezer.org



BRUSH SUPPORT GROUP & EDUCATION OPPORTUNITIES

Caring for a loved one with Alzheimer's can be overwhelming, but you don't have to do it alone. Join the Brush' Alzheimer's Caregivers Support Group for a safe and supportive space to share experiences, gain helpful resources, and connect with others who understand your journey. Meetings are held monthly and are open to all caregivers seeking support.

When: Second Tuesday every other month (even months)

Time: 11:30 a.m.- 12:30 p.m.

Place: Eben Ezer

122 Hospital Rd. Brush CO 80723



ALZHEIMER'S  ASSOCIATION®



Ft. Morgan SUPPORT GROUP & EDUCATION OPPORTUNITIES

Caring for a loved one with Alzheimer's can be overwhelming, but you don't have to do it alone. Join the Brush' Alzheimer's Caregivers Support Group for a safe and supportive space to share experiences, gain helpful resources, and connect with others who understand your journey. Meetings are held monthly and are open to all caregivers seeking support.

When: Second Tuesday every other month (odd months)

Time: Noon- 1:00 p.m.

Place: Dahms-Talton Legacy Living

1620 Riverview Ave. Ft. Morgan



RSVP 970-842-2861 ext. 9246

ALZHEIMER'S  ASSOCIATION®

**EBEN EZER
GIFT SHOP**

OPEN

WEDNESDAY'S

10:00 AM - NOON

•



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Junior volunteers Tuesday/Thursday 9:30-11:30 and 1:30–3:30 Wed/Fri 9:30 - 11:30 and 1:30 -3:30		1 3:30 Men's Discussion Group BDR	2 5:30ot- Rodeo Outing Brush Faigrounds	3 9:30 Movie/popcom MPR 1:30 Bingo SR	4
5 9:15 Worship Service MPR	6	7	8 3:30 Men's Discussion Group BDR	9	10 1:30 Bingo SR	11
12 9:15 Worship Service MPR 2 Richard Fairchild AR	13 1:30 Bingo SR	14	15 10 Water Day West Grass Area 3:30 Men's Discussion Group BDR	16	17 1:30 Bingo SR 6 Family Movie Night AR	18
19 9:15 Worship Service MPR	20 1:30 Bingo SR	21	22 3:30 Men's Discussion Group BDR	23	24	25
26 9:15 Worship Service MPR	27 1:30 Bingo SR 2:45 Yoga with Megan SR	28	29 2:30 Jr. Volunteer Talent Show	30	31	



SPLISH SPLASH LET'S HAVE A BLAST!!

**WEDNESDAY
JULY 15
2026
10AM**

WEST GRASS AREA

**COME COOL OFF WITH US
ENJOY WATERMELON AND COLD DRINKS!**



Eben Ezer Family Family Movie Night

Friday July 17, 2026
6pm Activity Room



Come and enjoy a movie and
popcorn with your loved one!
Bring your favorite movie snack!!

Please call 970-842-2861 with questions

★
Popcorn and drinks will be provided



Junior Volunteer and Neighbor Talent Show

**July 29, 2026
2:30pm**

Activity Room

**Enjoy an afternoon of
connection, meaning, and joy!!**

**If you have a talent,
please share it!!**

Call 970-842-2861 with questions

Petting Zoo





ANNUAL LUAU PARTY!!





