



# Eben Ezer Family Newsletter

VOLUME 16  
ISSUE 1

JANUARY 2026

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It's hard to believe 2025 has come to an end and we have moved into 2026! It's been a little over 1 year now since Eben Ezer took a giant step beyond our original campus, and branched out into other towns, by acquiring 4 other assisted living communities!

It's been a good, extremely busy, year adding the additional team members, training and bringing the new AL communities into the systems that were already established at Eben Ezer. We have all been learning how to work together in new ways. All of the AL communities received some updates to their physical spaces throughout the year as well.

We have turned the corner and we are now ready to embrace the next phases of our expanded growth! I am so grateful for the hard work and dedication of our team as we navigated through this past year! The Board and Administration recently did some work on the organization's core values, mission statement, and purpose, looking at the organization from a wider perspective. We will be rolling out the small changes soon as we start planning for improved reliability, financial stability and successful growth in census.

2026 is going to be an awesome year and I can't wait to watch how Eben Ezer grows.

~Shelly



Gods Work. Our Hands.

Resident Services Extensions

Heather Johnson, Resident Services Manager ext. 9257

Chris Garfield, Social Worker ext. 9252 (Deaconess/Elim & Madsen)

Melissa Bledsoe ext. 9239 (Sommerlyst & Madsen)

Life Enrichment Coordinators ext. 9222

Cassandra Rohn, Beautician—ext. 9221

Angela Vonarx Kellogg, Beautician—ext 9221

**If you are interested in communicating with your loved one via technology (facetime, skype, duo, facebook, etc.) please reach out to the Social Services office to set this up. We understand how hard it is not seeing your loved one, we would like to help with this.**

**Alzheimer's Support Group**

TUESDAY, JANUARY 13TH, 2026 Noon—1:00 pm — Dahms-Talton Legacy Living

1620 Riverview Ave, Ft. Morgan, Colorado

Kindly RSVP at (970) 842-2861 x 9246 or text 970-370-0856

- Would you like to gain a better understanding of Alzheimer's Disease and dementia?
- Be around those who understand your struggles or who have similar experiences.
- Learn more about caregiving resources and options available.
- Ask questions about specific caregiving struggles.
- Take this opportunity to be a part of a supportive community whether you wish to share your experiences or simply listen.

This support group can provide emotional support for individuals with a loved one that lives in a nursing home, at your home, or for those who provide care from a distance.

# The Eden Alternative Domains of Well-Being

**Well-being is a human right.**

**IDENTITY** - being well-known, having personhood, individuality, having a history

**GROWTH** – development, enrichment, expanding, evolving

**AUTONOMY** – liberty, self-determination, choice, freedom

**SECURITY** – freedom from doubt, anxiety, or fear, safety, privacy, dignity, respect

**CONNECTEDNESS** – belonging, engaged, involved, connected to time, place, and nature

**MEANING** – significance, heart, hope, value, purpose, sacredness

**JOY** – happiness, pleasure, delight, contentment, enjoyment



## MEANING



TO FIND OUT MORE VISIT [WWW.EDENALTERNATIVE.ORG](http://WWW.EDENALTERNATIVE.ORG)



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>Blessings in a Back Pack</b> <small>Providing The Future Of A Better Education</small> 3:30 Wednesday's Location TBD			1 HAPPY NEW YEAR! 2 MOVE & POPCORN MPR	3 2. WHAT MOTIVATES YOU ACTIVITY AR	
4 9:30 Worship Service ASC 2 Margaret AR	5 10 SPAGHETTI DAY! MAKE SPAGHETTI SENSORY - AR	6 TECHNOLOGY DAY IN2L Activities throughout the day!	7	8	9 MOVIE & POPCORN MPR	10
11 9:30 Worship Service ASC 2 Richard Fairchild AR	12	13	14	15 NATIONAL BAGEL DAY! 10 Bagel and juice activity AR	16 MOVIE & POPCORN MPR	17
18 9:30 Worship Service ASC 10 SALON DAY SR	19	20 NATIONAL COFFEE BREAK DAY!	21	22	23 MOVIE & POPCORN MPR	24
25 9:30 Worship Service ASC	26	27 NATIONAL CHOCOLATE CAKE DAY 2 Bake a Cake!	28	29 NATIONAL PUZZLE DAY!	30 MOVIE & POPCORN MPR NATIONAL STORY TELLING DAY	31 NATIONAL HOT CHOCOLATE DAY

## BRUSH SUPPORT GROUP & EDUCATION OPPORTUNITIES

Caring for a loved one with Alzheimer's can be overwhelming, but you don't have to do it alone. Join the Brush' Alzheimer's Caregivers Support Group for a safe and supportive space to share experiences, gain helpful resources, and connect with others who understand your journey. Meetings are held monthly and are open to all caregivers seeking support.

**When: Second Tuesday every other month (even months)**

**Time: 11:30 a.m.- 12:30 p.m.**

**Place: Eben Ezer  
122 Hospital Rd. Brush CO 80723**

**Time: Noon- 1:00 p.m.**

**Place: Dahms-Talton Legacy Living  
1620 Riverview Ave. Ft. Morgan**

**RSVP 970-842-2861 ext. 9246**

**ALZHEIMER'S ASSOCIATION**

## Ft. Morgan SUPPORT GROUP & EDUCATION OPPORTUNITIES

Caring for a loved one with Alzheimer's can be overwhelming, but you don't have to do it alone. Join the Brush' Alzheimer's Caregivers Support Group for a safe and supportive space to share experiences, gain helpful resources, and connect with others who understand your journey. Meetings are held monthly and are open to all caregivers seeking support.

**When: Second Tuesday every other month (odd months)**

**Time: Noon- 1:00 p.m.**

**Place: Dahms-Talton Legacy Living  
1620 Riverview Ave. Ft. Morgan**

**RSVP 970-842-2861 ext. 9246**

**ALZHEIMER'S ASSOCIATION**



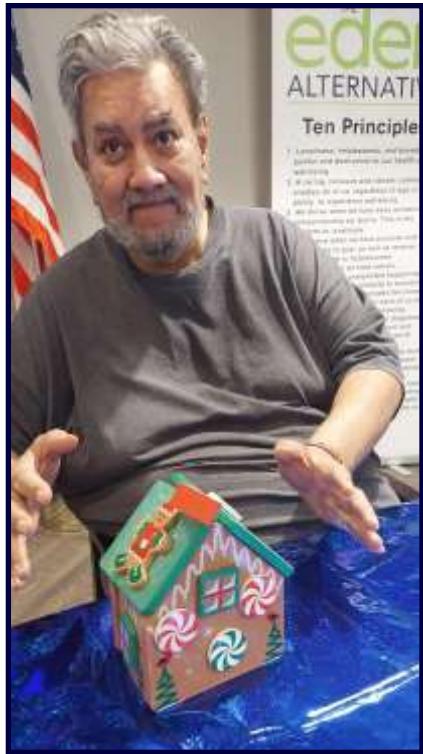
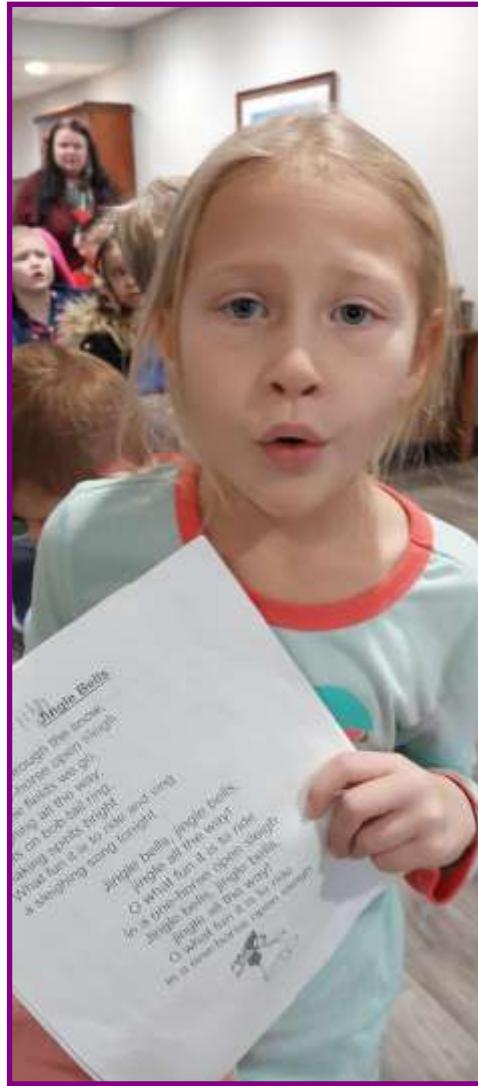
BETHANY NEIGHBORHOOD HAD FUN ON  
CHRISTMAS DRESSING UP AS SANTA'S ELVES!!











**CAROLERS,  
GINGER-  
BREAD  
HOUSES,  
VIEWING  
THE  
LIGHTS,  
CHRISTMAS  
FUN!!**



*LOTS OF CHRISTMAS  
FUN & EVENTS!!*